

Woman's Realm Social and Personal Fashions Literature

Lenten Meditation

From The Times, London

SABBATH MADE FOR MAN

The tendency to turn religion into an ethical code or a set of rules seems to be well-nigh universal. This is not difficult to understand, for when problems of conduct arise an accepted set of rules, if sufficiently comprehensive, helps to relieve the strain of uncertainty and to remove the necessity of difficult decisions. But there is always the danger not only of depriving religion of its creativeness and spontaneity but also of encouraging a feeling of satisfaction with one's moral achievements; for if the code is strictly adhered to and the rules kept, there will seem to be no further ideal to live for. For a man's heaven will no longer "exceed his grasp."

Such a religion places its emphasis rather on the outward act than the inner motive. Our Lord shows very clearly His independence of formal rules in His treatment of the Sabbath. When He was challenged by the Pharisees, who complained about the behaviour of His disciples on the Sabbath, He replied: "The Sabbath was made for man, and not man for the Sabbath." It was this tension between rule and freedom which brought our Lord into perpetual conflict with the Pharisees. We see to-day an apparently irreconcilable contradiction in the current philosophy which can be designated roughly by the terms "fascism and democracy." The former is based upon a dogmatic trust and despotism of the individual and of his capacity for responsible living; the latter upon the belief in his ability to live a responsible life in which a man has liberty, not indeed to impinge upon the liberty of others, but to live his own life and to practise his own religion according to the light of his own conscience.

St. Paul does indeed speak of "the law of Christ," but this law is the law of love; and the fulfilling of it, according to the Apostle is not submission to certain rules but the bearing of one another's burdens. He removes the word law into an entirely new category of thought. For him the law of Christ is not strictly a law at all, it is a motive by which a man may live. And as he lives by it all his relationships are transformed; he is set free from the bondage of self-regard and egoism. This higher law of love transcends all legal conceptions of religion. To enter into such freedom—and here is one of the paradoxes of religion—a man must accept the sovereignty of God in his own life. It is only as he dedicates himself unreservedly to God and His service that he can enter into the meaning of that profound freedom whose service is perfect freedom.

A Morning Smile

A pretty and well-made actress was receiving golfing lessons from a professional. To his amazement he soon discovered she could play quite well.

At last he said: "Well, it's a strange thing, but although your stance is shocking your form is pretty good."

"Is it?" said the actress, smiling.

Living & Leisure The Woman's Realm

"Why wilt thou sail afar By cape and yellow bar, Seeking for stones of lustre manifold, When in God's mystic light Thy cottage pants tonight Are one clear flame of diamond and gold?"

HINTS ON ETIQUETTE

When rising from a dining table it is considered better form to allow the chair to rest where it is, rather than to push it back into place.

FEAR SHOWS IN EYES

The pupils of the eyes dilate when a person is afraid, but become smaller when he is angry.

RED HAIR TOPS POPULARITY LIST

CHICAGO—If mildy appears with purple, green or other weird colored tresses, don't get the idea she has been captivated by a new style—it's merely the fault of her homemade hair dyes.

Mc. Hoefer, hair tinting specialist who has seen dozens of ladies with purple or even green hair, said today: "homemade hair dyes, patent medicine hair restorers and improper application of dyes will turn hair weird colors."

Hoefer offered these casual warnings to amateur hair dyers: Women who dunk their locks in a mixture of brewed walnut shells are liable to turn out mahogany headed.

Too much sage tea will turn blond or gray hair green and too much bluing will bring a purple tinge.

Hoefer said red currently is the most popular hair shade, although blond tresses are going strong. The day of the brassy blond and the platinum bleach has passed in favor of a more subtle type of tinting, he added.

THIMBLES USED FIRST IN EGYPT

Thimbles are said to have been first used in Egypt. Coarse thimbles were carved from the backbone of a fish by nineteenth-century Eskimos and used to sew thick hides; iron thimbles were used in fourteenth-century Spain; silver and gold ones were owned by the women of Peru in the eighteenth century; Chinese thimbles were made of embroidered cloth in the nineteenth century; silver thimbles decorated with delicate filigree work and set with

burquoises are mementoes of eighteenth century England, and a modern Alaskan thimble has pictures of elk and a resplendent midnight sun painted on enamel.

FLOWERS IN WINTER

Rambler roses, marigolds and polyanthus were gathered in a garden in Kent, England, in the middle of winter.

Varnished dark woodwork will have a fine gloss if washed with cup of kerosene to a large pail of warm water and kerosene. Add a warm water.

HINTS ON ETIQUETTE

Listen to what your companion is saying; don't let your attention wander. Inattention is tasteless and will soon make you unpopular.

Buy BEST YEAST

Best for Baking Best for Health!

FRESH FROM MARITIME PLANT

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have been asked by our readers.

DEAR DOROTHY DIX—I am a girl of 19. Good-looking and have a nice job. I am engaged to a boy who is 20 and I love him very much, but he will soon be drafted. At present he is unemployed, has never kept a job, says if he can get along without working, why work. He drinks and flirts with girls, but he gets mad when I mention any of my boy friends.

In spite of his faults, I still love him and always will. If I marry him, will he be happy? Would he support me? Would it be best to marry him now and give up my job and follow him, or would it be better to wait until he has a job and follow him to marry him?

WIFE WEARIES OF PARASITIC HUSBAND

ANSWER—Inasmuch as the young man seems to be everything in the world that is undesirable to a girl, you are better to put up with him until after the war. Postpone the wedding as long as you can, perhaps, your good angel will save you by having him fall in love with some other girl while he is away.

If you say you have a good office job. That looks as if you must have a good salary, but how can any girl with a single job in her brain consider for a minute marrying a man whom she knows to be lazy, trifling, a drunkard and a philanderer? Don't you know that if you marry him you will have to support him and believe me, a wife can get mighty tired of a parasitic husband? Don't you know that if he drinks too much at 20 he will be an old soak at 40. Don't you know that if you marry a philanderer he will chase women as long as he lives, and that you will eat your heart out in hopeless jealousy?

How any girl can love such an unlovely character is past guessing. But, anyway, don't marry him.

DEAR DOROTHY DIX—I have been in the service a year and a half. Before I left I became engaged to a girl with whom I had been going for two years. Now I am home on furlough and find that she is going with someone else. I love her very much and I hurt me to think that the fellows here would horn in on a soldier who is in this man's war fighting for them. I think there are plenty of girls for them without their picking on the soldiers who are not able to be here and look out for their own.

ANSWER—Sure you are right, soldier. The least the stay-at-home boys can do is to keep the girls who are waiting for them. But maybe you take this too seriously and the girl just goes around with the other chap because she is lonesome, and you are still in with her. It is pretty dreary for a girl, who has been used to going out a lot, to have to spend every evening sitting around with Mamma and Papa.

Dorothy Dix Says—

KEEPING ON GOOD TERMS WITH MOTHER-IN-LAW PAYS RICHLY

Young Wife Should Turn Spotlight On Older Woman's Virtues, Confide, Seek Advice

DEAR MISS DIX—Will you please write something about how mother-in-law should treat their daughters-in-law? Should a mother-in-law give presents to her married children and then throw her gifts in their faces? Should she feel that she should be told when they do anything they leave the house? Has she the right to help her grandchildren? Should she always be reminding them of their debts?

ANSWER—Well, I suppose that the only perfect mother-in-law is a dead one, but it doesn't seem to me that you have any major grievances against yours, especially as you don't have to live with her.

Considering how much happier you would be if you were friendly with your mother-in-law instead of being at enmity with her, and how much you would care for your husband for you to be on good terms with his mother, don't you think you might try to do this? Don't you think you might try to understand her as a human being and see her as a garrulous old woman who wants to have a fuss made over her generosity, and who is curious about everything you do just because she has few interests of her own?

The reason she reminds you of her presents to you is because she wants you to get out the brass band and smite upon the cymbals while you explain how kind she is to you in And you can stop her from prying into your affairs by confiding in her and asking her advice, which you don't need to take unless you want to. And, of course, she feels she has a right to a say-so about the children. Probably there isn't a grandmother on earth who doesn't feel that way, and who isn't always telling the children's mother what she did for her Johnny when he had the croup, and what Mamma ought to do.

Why, you could have the old lady eating out of your hand if you would just use as much tact in getting along with her as you would in dealing with any strange woman you know. And, believe me, nothing else pays such big dividends in happiness as keeping on good terms with your in-laws.

But if I were giving rules for a mother-in-law I should say: (1) Don't go to live with your daughter-in-law. Live in a hotel or the Poor House if you can't afford a place of your own. The frigid zone is no colder than a daughter-in-law's welcome.

(2) Don't act possessively towards your son. Don't brag of his affection for you. Nothing makes a wife so jealous as for her husband to pay his mother many attentions.

(3) Never question your daughter-in-law about anything that happens in her house. She considers even an inquiry about the weather as prying into her affairs. Never make a suggestion to her. Let her feel that she is incarnate wisdom, and that she never makes a mistake, or uses bad judgment.

If a mother-in-law would do these few things, a daughter-in-law will permit her to help with paying the bills, take care of the children when she goes out, and act as a nurse in all times of illness. It is a great life to be a mother-in-law if you don't weaken!

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THE COOK'S CORNER

MOCK HARE

2 lamb hearts cut in 1-2-inch slices, 2 lamb or veal kidneys sliced, 1 onion stuck with 6 cloves, 1 bay leaf, 2 carrots, 2 potatoes (or more if desired), salt and pepper, dressing made with breadcrumbs, seasoning, chopped onion, pinch of sage, milk to bind. Method: Wash and dry hearts, stuff with dressing and tie with threads. Now fry in dripping sliced kidneys until golden brown. Put all into casserole, add

RATION NEWS

Butter Coupons

Butter Coupon No. 1 in your new Ration Book was valid on March 10th and is good in consumers' hand until April 30th. Butter Coupon No. 2 becomes valid March 20th and is also good in consumers' hands until April 30th.

Sugar, Tea & Coffee

You now have two Ration Books—your old one and the new one. After March 31st one of the Sugar, or Tea or Coffee coupons in the old book will be honoured. After that date your old Ration Book should be destroyed. Coffee coupons in No. 2 Book become good as plainly marked on the back of each coupon.

Canning Guide

Every woman should have a Canning Guide. These were delivered to all homes by post.

This column will appear in this newspaper every week to keep you up-to-date on Ration News. Clip and keep for reference.

NO. 2 RATION BOOK

Before you destroy your old book see that the letters and the number shown on the front of the old book are exactly the same as have been written on your new book. If there is any difference in the letters or the figures send both books to the nearest Ration Office at once.

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Get your rolled oats in Robin Hood's Giant New ECONOMY PACKAGE

... has handy built-in pouring spout

YOU CAN TRUST the judgment of thousands of Canadian housewives, in every province, who are now using Robin Hood Oats in the New Giant Economy Package and have declared it a winner. Women who use a lot of rolled oats, like the economy it gives... practically gives them packaged oats at bulk cost price. They like the Pouring Spout which opens only an inch or two of the top and closes tightly again to protect against dust and drying-out. They like the space-saving size on the pantry shelves. They like the way it fits easily into one hand in shopping and handling in the home. They like its every feature and are buying again and again. So will you.

Of course, they like the rich toasty favour of the high quality Robin Hood Oats in the package. Exactly the same oats that have made Robin Hood's family favorite for years. Ask your grocer for the new Giant Economy Package and treat your family regularly to an appetizing breakfast-starter of Robin Hood Oats. You grocer also has Robin Hood Oats in the familiar 48 oz. package.

ME-34

Robin Hood Flour Mills Limited

onion, thinly sliced carrot, bay leaf, barely cover with stock (either vegetable or meatstock) or 1 can consommé or 1 cup water and 1 Oxo cube dissolved. Add thinly sliced potatoes and cover, cook slowly 2-2 1/2 hours. Take lid off pan for last 1-2 hour to brown.

for strength and full-flavor...

BLUE RIBBON tea

ORANGE PEKOE

Home Service

Efficient Touch Typing Can Be Studied at Home

Chart Makes System Easy

The girl who can type well will get along in business. But typing well isn't just a knack, a trick. It's knowing the fast and accurate touch system—which you can start learning at home with a chart of the typewriter keys! As you see in our picture, the chart shows the "guide keys" (A, S, D, F and J, K, L, ;) in black, and the other keys in white. Your fingers always return to these guide keys after typing other keys.

Of course, you know there are four rows of keys. The chart divides these into areas, one for each finger, indicated by the numbers 1, 2, 3, 4. For instance, Number 4, the left little finger, types A (the guide key), Q above it and Z below it.

Your fingers get used to their positions and areas in a very short time. You don't need to look at the keys any more—you can type with eyes on copy!

Our 32-page booklet, a home course in touch typewriting, includes chart of keys and exercises for speed and accuracy. Explains how to operate typewriter; good usage in typing business, social, official letters and tables of statistics.

Send 15c in coins for your copy of "Teach Yourself Touch Typewriting" to the Charlotte-Town Guardian Home Service, Address. Be sure to write plainly your name, address, and the name of booklet.

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ARRID

ARRID is the largest selling deodorant

39¢ a jar

Also in 15¢ and 59¢ jars

Needlecraft For The Home

IF GRADUATION IS AHEAD

Or For a Pretty Summer Frock

For a girl who plans to make her own graduation dress, this is a perfect design—so pretty, so girlish, and if daughter can make it, certainly it presents no problems for mothers. Cottons are preferred for the pattern, and we suggest a pretty dotted swiss with a mainly finish of lace. It's a dress that any girl will love to wear all summer long.

Style No. 2093 is designed for sizes 8, 10, 12, 14 and 16. Sizes 12 requires 2 1/2 yards 35-inch fabric, with 1 1/2 yards ruffling.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Style No. 2093

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How to relieve MONTHLY FEMALE PAIN

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

2093 SIZES 8-14

FRY'S COCOA

Leads in Quality

MEXICAN AND PEASANT LAPEL DOLLS OF WOOL



Woolen lapel dolls are cute little items of adornment and may be made from various scraps in the wool pile. Requires little to make and very easy to do. Makes a very lovely gift. Pattern No. 1208 contains list of materials needed, illustration of stitches and complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlotte-Town Guardian.

Needlework Department, Charlotte-Town Guardian

Design No. 1208

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BRITISH RESTAURANTS

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THE CORN SYRUP

with the Delicious Flavour

A pure, wholesome sweet that's always a treat

If your grocery is temporarily out of stock, this delicious Syrup is worth waiting for. At present the demand sometimes exceeds the much larger quantity now being produced, because many thousands of Canadian housewives have joined the great host of "Crown Brand" users.

CROWN BRAND SYRUP