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MONDAY, JUNE 1, 1925

FOULING THE HOME NEST

If our Liberal friends would content themselves by advocating duty free importation from the United States giving such reasons as they might have for the faith that is in them it would be quite tolerable and no one would find any fault, except with their judgment.

In the course of a debate in the House of Commons on May 12 (Hansard p. 3228) Mr. W. B. Snowball, Liberal member for Northumberland, N. B. in fulsome language commended Acting Finance Robb on having reduced the duty on gasoline engines. He would, with equal fulsomeness, have commended any other reduction or increase proposed by the machine.

Mr. Snowball was promptly brought to book by A. W. Neill, M. P. (Independent) British Columbia who, in effect, told Mr. Snowball he didn't know what he was talking about. Mr. Snowball's statement regarding Canadian made engines will not, we feel sure be corroborated by independent fishermen. The engine making business both in Charlottetown and New Glasgow was given a mortal wound by the Robb tariff.

WHERE ARE THE GIANTS?

In a recent issue of The Guardian reference was made to the men who guided Canada through the most crucial period in its history up to the present, namely the confederation of its separate colonies and the continental railway. These men were giants, giants in intellect, giants in unselfish devotion to their country, giants whom difficulties could not daunt, nor opposition, nor self-interest deter from the path they deemed best in the making of the Canada of their vision.

Before the leaders of a generation ago, whose names are still household words in every province, welded the separate elements of British America into the confederated Canada of today, physical chaos reigned. Order was restored and a new Canada was handed down to posterity.

The physical chaos of pre-confederation days, after a period of order and hope and promise, has given place to political—perhaps intellectual and spiritual—chaos. Where are the giants to whom we may look for restoration? Certainly not in "the seats of the Mighty." Never since confederation has there been such an inflexible, shiftless government at Ottawa as at present, a government that has lost the confidence of everyone except those who hope to make something out of it for them-

selves or their friends, a government that has held office for four years by alternately adopting and abandoning policies to meet the needs or the threats of different constituencies, a government that has nothing to commend it except its death-grip on office.

Canada is sadly in need of strong, honest, capable men at the head of its affairs and if such are not forthcoming very shortly, it will be too late. Staggering under an ever increasing load of debt, increasing through reckless and dishonest expenditure, expenditure designed to purchase support, the country is now only patiently awaiting the general election, wickedly delayed in order to enable the hirelings to drain the last dollar out of the almost bankrupt treasury. We certainly need giants.

EDITORIAL NOTES

In meeting cars on the country roads gentlemen always dim their headlights. Others should be taught to do this also.

Our roads, with very few exceptions, are now a credit to the province. Curiously the exceptions are in the vicinity of Charlottetown.

Autoists are again reminded that full glare headlights are illegal in the city. Some one is going to explain in the police court what has gone wrong with their dimmers.

Rhubarb, herring, mackerel, cod, strawberries, raspberries, potatoes, blueberries, Christmas trees—these are Prince Edward Island's crop rotation. Strawberries come next.

Motor parties are now the order of the day and their coming is the real precursor of summer, and are equally welcome whether they come from south of the border, across the continent or from the ends of our own province. Let 'em all come.

Our fish markets are now supplied with all kinds of fish with the exception of our greatest of all fish, trout. Anyone who wants these must catch them himself. According to law. Of course he may get some one to throw them at him and so technically evade the law, but this is not always convenient.

Children of all ages are still courting death playing on the streets, to the terror of all autoists who are hourly expecting a tragedy. The tragedy will occur in all probability and then there will be a fuss and someone will be blamed. Those who are to blame are the parents and the police who permit it.

"Motor Trips" is the name of a new guide book for motorists and includes every place of importance, big or little, in Eastern America. Canada figures conspicuously and Prince Edward Island is given a short but comprehensive write-up. The publishers are the Guide Publishing Company, Hartford, Conn., who will gladly send the book to any address for a dollar.

The province of Quebec is costing the rest of us a good deal. The other day, about one o'clock in the morning, when most of the members were asleep or absent \$5,000,000 was voted for expenditure on Quebec Harbor improvements. The size of the House at the time is indicated by the vote, 75 for and 57 against. A significant fact is that all the Conservatives and all the progressives present voted against it and all the Liberals present voted for it. Quebec's "solid 65 Liberals" were probably all present. Opposition to this expenditure was on the ground that the improvements demanded were not urgently needed at present and that the finances of the country could not afford such an outlay but majorities rule and, whether needed or not, the country must pay.

Notes By The Way

Parliament made but slow progress last week. After a session of four months the principal measures promised in the speech from the throne are still pending in the House of Commons, except the promised bill to limit the powers of the Senate. That has been shelved until a conference of all the provinces shall be called to consider and report upon it, which means that no further action can be taken during the present session.

The Petersen contract, which was referred to a special committee after strong opposition to it had developed in the House, is still before the committee where the hearing of much contradictory evidence is still going on. Neither the House nor the country has yet been informed as to the amount which the government will propose to be voted to reimburse the depositors in the defunct Home Bank. The trade treaty with Australia is hung up pending a disagreement between the contracting governments over important details. These are all controversial matters any one of which may yet call forth a prolonged debate.

Every day the real business of the session drags heavily on, but almost nothing develops in speech or action, which the newspapers find important enough to record. Talk goes on in a dull fashion and many pages are being added to the official report in Hansard which practically nobody reads. There is no valid excuse for this unprecedented and costly tardiness. The only explanation is to be found in the inefficiency and unreadiness of the government of the day.

The government with its united Liberal and Progressive support, has a large and assured majority. The official Opposition is made up of only about 50 Conservatives in the House of 235 members. In the House and in the Liberal press the majority at every division is made the subject of applause and boastful headlines. That tells the whole story of where the blame lies. Sel-dom has Parliament seen an Opposition so small in numbers. It has in no case unreasonably prolonged a debate or delayed business. Why then has not the government with its boasted majority got on with its measures and the business of the country? Incompetence is a main characteristic of the King Government!

In three provincial elections due this year in Saskatchewan, Nova Scotia and New Brunswick, the fate of three Liberal Administrations is at stake. Being all of one political stripe they had the chance to decide which province should be chosen to lead the way. Saskatchewan was chosen for obvious reasons and there the polling will take place tomorrow. It was the one province in which a Liberal victory is most safely assured and there the election was brought on first in the hope that a Liberal victory there might help the party chances in the more doubtful Maritimes. Saskatchewan in the 20 years since it became a province has been always under Liberal control and Premier Dunning's majority in the late House was very large.

In Nova Scotia successive Liberal governments have held power for 43 years and in provincial affairs the fortunes of the Conservative party have been at a low ebb. Since 1882 when the Liberals gained power another generation has grown up to voting age while the



By James W. Barton, M.D.

SUMMER FOOD

Someone has said that as variety is the spice of life, warm weather means nothing in the life of that individual who wears light underwear in the winter time.

However the majority of people make the change, and it seems sensible enough when we remember that heat is the vital factor always.

In cool weather we want the heat, and in the arm weather we do not want it. Therefore it is getting your own heat supply regulated that is important. And where does all your heat come from? From only one source, that is your food.

Now what I had in mind was that just as when the warm weather comes, you leave off heavy underwear, and put on light underwear, to resume the heavy again with the advent of cool weather, thus adjusting yourself to the heat so it would seem to be just common sense to go into the matter of the actual heat production in your body.

Thus in the cool weather you turn naturally to oatmeal, butter, fats, pork, puddings, and other heat producing foods. If however you continue these into the warm weather, you are going to feel the heat more keenly, and be subject perhaps to some irritating skin conditions.

And so you turn naturally to other cereals than oatmeal, to fruits, and the various vegetables. And about meat? It all depends upon your work. In general it is wise to cut down on the meat in the warm weather, because the majority of people are even less active in the warm weather than when it is cool.

However, if you really do get outdoors and play or work in the summer, you can eat meat in safety. In fact meat, eggs, peas or beans are almost essential when there has been some real use of the body by work or play. And a good general rule would be to cut down your entire food supply ten or fifteen per cent, because the real use of food to most of us, is just to supply heat to keep the tissues of the body alive and well.

However do not go to the other extreme and try to do without food in the warm weather. Remember the processes go on just the same in the cool weather, and only one thing will keep up the strength of your tissues, your body, you yourself, and that is food. Do not try to cut it down too much, or you will feel weak and languid.

The calibre of the Liberal leaders has been sadly reduced and the people have grown tired of the moss-grown policies and tricky expedients of the present weak administration. It is surely time for a change of government and a general political house-cleaning over there. The Conservative party under Hon. E. N. Rhodes, ex-Speaker of the House of Commons are entering upon the campaign with strong hopes and confident of success.

In New Brunswick Hon. J. B. M. Baxter, M. P. for Saint John has been chosen leader of the Conservative Opposition. Dr. Baxter, the unanimous choice of his party, sacrifices his assured seat in the House of Commons in order to lead in provincial affairs. His fine abilities are conceded by friends and political opponents alike throughout the Dominion and no better evidence of courage and confidence in the Conservative cause could be given than the inspiring example he has now set. A vigorous campaign is assured in



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Advertisement for 'The Charlottetown Fox Breeders Protective Association' listing members and their ranches, including Unionvale, Vimy, and others. Includes a 'Character Reading' section about signs of jealousy and a 'Daily Selections' section for Guardian Readers.