

Woman's Realm Social and Personal Fashions Literature



SORE?
LAME?
FULL OF TWINGES?

These signs say...
"STOP Muscle Fatigue!"

Doing prolonged or violent work these days? Your muscles are bound to feel it! When pain strikes, pat on Sloan's Liniment to help restore your aching muscles. Your muscle structure is extensive and muscles work on oxygen. By patting on Sloan's Liniment, you help stimulate the blood supply around the tired muscles. The new blood brings vital oxygen, and sweeps away old blood, heavy with fatigue acids. Stabbing muscle pain disappears faster, when you apply Sloan's Liniment.

SLOAN'S LINIMENT

HOUSEHOLD SCRAPBOOK

By Roberta Lee

Home Facials
When ice is used after the home facial, do not allow it to remain on the skin more than five minutes. And the ice should be wrapped in a piece of muslin, so it will not come in direct contact with the skin, except when treating a double chin.

Curling Cheese
Before curling rich cheese dip the knife blade in boiling water. By doing this the cheese can be cut into even thin slices without sticking to the knife.

To clean a foot
Place a piece of zinc on a very hot fire. The vapor from the zinc will remove the scurf.

PLANTWOOD, England — (Reuters) — Possibility that radar and atomic energy might be used in post-war devices for crime detection was mentioned by W. W. Thornton, assistant police chief constable of Lancashire, addressing northern police superintendents.

Stop wearing another woman's corset!

She also can't determine the slight curves... only your individual measurements can. Turn to Charis... she designs ALL your measurements. A Goddess. Charis Corsetry prescribes your corset from as many as 77 models in a size. No wonder Charis creates every curve of your body, molds your figure into smoother lines.

Charis PERSONALIZED CORSETRY

MISS M. J. POWER
194 Dorchester Street, Phone 5912, Charlottetown, P. E. I.

A JOB ONLY YOU CAN DO
Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Board of Prices and Trade Board from housewives in this region. The answers are provided by the Board's Readers. For some who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee.

Q. Do we still need a six month's notice to vacate? Our house is to be sold at auction to settle an estate.
A. If you are well-behaved tenant (that is, paying your rent and otherwise behaving as a well-behaved tenant should) you cannot be asked to vacate.

Q. Since being discharged from the army about two months ago I have bought a house with the intention of living in it. I have since heard that I cannot put my tenant out indefinitely. Is this true?
A. It is the ruling that you cannot ask a well-behaved tenant to vacate the house you own, as it has been purchased since you were inducted into the armed forces.

PAY LESS FOR FINEER COCOA

CROWN'S PERFECTION COCOA

ONLY 27¢ A TIN

WHY PAY MORE?

Dorothy Dix Says—

Vet Gets Unwifely Wife

Wounded GI Should Leave Woman Who Neglects Domestic Duties

DEAR MISS DIX: My wife was 20 and I was 31 when we got married. I was in the service but am now back home, discharged because of a wound. I am very unhappy. My wife spends every day at her mother's and I have to go there in the evenings and take her home in the car. She refuses to cook me any meals and I never have a hot dog. She won't give me any spending money and I never have a cent in my pocket. She doesn't keep the house tidy, or the baby clean, and if I want any clean clothes I have to wash them myself.

I left a nice home, a nice car and good parents to marry her. My father and mother told me I was better acquainted with her, but I wouldn't do it, and now I am in this fix. So my advice to all boys is to find out what kind of a person a girl is before they marry her, and if she is a lady don't look at her. What would you advise me to do?

DEGRADED VETERAN

ANSWER: Well you certainly are finding that the battle on the home front can be even fiercer than it is on the firing line. Apparently your wife wants to drive you away and she is trying to starve you out, so why don't you go back to your parents until you can recover from your wound and get some way by which you can support yourself and the baby? If you have no trade, now is the time to learn one at some Government school which are trying to rehabilitate the men and put them on their feet so that they can be independent.

But why do you have to ask your wife for money when you must have your allotment? Surely if you are silly enough to turn that over to a wife who takes all and gives nothing, and even begrudges you the bread that is baked with your money, you deserve what you get.

DEAR DOROTHY DIX: I'm a young girl in love with my stepfather. I cannot understand why he is twice as old as I am. I am terrified that my mother might find out what is between us. What shall I do?

ANSWER: Many young girls mistake infatuation for love. It is the first stirring of sex within them. But it runs their lives all the same, whether they marry some boy they think they are in love with, or whether some heel of a man takes advantage of their ignorance to seduce them.

Your stepfather must be the lowest cad in the world if, under the cloak of a relationship that would be sacred to any man of honor, he makes love to you.

Have you a grandmother or aunt who would take you in and save you from the danger that threatens you? If you have, go to her at once. There is not time to lose.

DEAR MISS DIX: I am 20 and deeply in love with a girl of 16. We want to get married, but her parents are against it, not because they disapprove of me, but because they think she is too young. What do you advise us to do?

ANSWER: I urge you to wait. No girl of 16 is old enough to take upon herself the responsibilities of marriage. She is too young and inexperienced to know what real love is and the boy she has a crush on today, she wouldn't have on a bet tomorrow.

Wait for the girl to grow up. Give her emotions time to jell. You won't want a wife who will be tired of you in a couple of years and wishing she had stayed single so she would be free to run around with the other girls and have good times.

Every woman has to have her girltime of life—her playtime—and if she doesn't get it before she is married, she is apt to take it afterwards. And what was innocent enough for an unmarried girl makes tragedy for a wife.

Teen-age marriages are seldom happy ones. They end in divorce often than any other marriages. And what makes it sadder than the disappointment and the disillusion of the young husband and wife is the little baby who is the real victim of every broken home.

MODERN ETIQUETTE
By Roberta Lee

Q. Is it correct for a young man to include his visiting card with a box of flowers or candy that he is sending to a girl whom he knows well?
A. Yes; but he should draw a line through the "Mr."
Q. When one is the recipient of a gift from a group of persons, is it necessary to write a note of thanks to each one?
A. No; only one note of thanks is required.
Q. What is the proper way to eat omelette at the table?
A. Omelette can be held with the fingers when possible; otherwise, use the fork.

COOK'S CORNER
PASTRY

3½ cups pastry or 3 cups all purpose flour
¾ teaspoon salt
1 cup lard
6 tablespoons cold water (about) sift flour and salt. Cut in shortening with pastry blender or two knives. Make a well in the center of the mixture and add water gradually, working it in by using cutting motion with knife. Lift dough onto pastry board, pat, and roll out.

If desired, pastry may be chilled thoroughly before rolled out.

CHAPPED LIPS
Mentholatum brings quick relief of chapped lips, sore throats, and other ailments. Excellent also for head colds, chapping and bruises. Jars and tubes, 25¢.

MENTHOLATUM
Gives COMFORT Daily

HOW CAN I!
By Anne Ashley

Q. How can I make a substitute for starch?
A. Borax water is an excellent substitute for starch when stiffening sheer collars or voiles. Use a solution of weak gum arabic for silks and crepes.
Q. How can I make candles last longer?
A. Place them in the refrigerator for a day or two before using, and they will last twice as long and will not trickle down the candlestick so readily.
Q. How can I bring out all the light in blonde hair?
A. Use a solution of a level teaspoonful of borax added to a gallon of water as a rinsing water.

DISAPPEARING DUST
Dust will settle in the most exasperating places: baseboards, crevices, wood carvings, bric-a-brac. An ordinary two-inch paint brush is just the ticket for whisking it away.

POWDER PUFFS last longer than you think. If you wash them, swish through good lukewarm suds, rinse carefully, and when dry use a soft brush to raise the nap. Keep puffs always fresh and dry too.

ELLEN'S DIARY

By an Island Farmer's Wife

It was in the quiet of yesterday that I realized a whole year had come and gone since Judy's arrival at Alderley. Hour by hour, day by day as even the longest war-year presently passed. There was the late Autumn when snow shed their leaves and she helped the other seasoned veterans at the turnip-harvesting—and never complained of aching muscles. Winter came and there was wood to be fetched to the box, through snowy paths for the old range and the evening drink carried to the youngsters—so regularly that James remembering it, you could tell the time by her going, and there were pleasant excursions for her to the corner-store and to the maining with the other youngsters on Kristy's Pond. Spring gave her bride-to-be's showers and other social delights and the household which is not so bad in retrospect and the sets and the planting—and V-E Day for all of it. Judy's Summer had much that was good together with the white-washing when like Jamie she would insist: "Mrs. Ellen, come and see!"

Come now! There were all too short wrestles with the lawnmower. Each busy Saturday pointed a way for her Sunday—her best day of all. It was nearing Church time, last evening, her face came before me and I wondered, if then, she were usually curls with fine regard to detail and not too much patience. It was Karoly, who represented the family at our Service, trusting Jamie to James and me—and Rob. What excuse did I have for not assembling myself? Company had come, I know, that, as I chatted, or listened to the flow of conversation about me, my inspiration and peace the rest cannot give. Clever, capable ladies were my guests, of the stuff that (borrowing the quotation) "lowly at home, reversed abroad." Nurses and store-teachers, now farmers and ex-teachers, all ready, willing to pick up their everyday duties, which include so many "with laughter and kind faces." Sending sons and daughters out to college, or to all important positions from homes, where family life had been good, with understanding parents the centre and example there. One charming lady, the mother of a dark-eyed daughter, in the biggest of her heart has become foster-mother to a smaller, round blue-eyed orphan child, so that one day, when the two daughters shall call her: "blessed!"

Early footsteps shuffled the brown leaves that had been heaped about the yards in yesterday's brisk breeze, when the Sabbath's rest gave way to the beginning of this week of work. I saw the place come alive in the stillness of this morning. Very quiet, our surroundings were when James and I came to the kitchen. And then smoke ascended from ours and the nearer house; and came from his bed of straw; the men opened stable doors to receive friendly greetings and in no time, James's wash, the line and articles, including the mailman's wagon on its way to the corner, made this road a fairly busy street.

Jamie and I had visitors this afternoon. Jamie having come to spend the day with us, and to speed up the work of the potato-graduating at Rob's Jamie's period of convalescence is not yet complete. Very pleasant visitors we had, who admired the charm of the countryside continuing to be delightful, and of her heart has become Jamie's. These were hunting-minded ladies, but, of course, not entirely, being extremely well when James and I. They wondered, just from our suitable locality, I suspect, "if there would be any partridge in the vicinity." I thought at the time, these ladies would make a charming old silver top-rail near a patch of stubbles, awaiting their prey. For accents one wore raspberry red—the one of the maples on the hill and I recall blue as intense and lovely as summer sunsets and silvery shade like a dove's wings. "Partridge," Jamie said when our company had gone and a small boy had recovered his "partridge" arm? "And what became of them Jamie?" I asked him. "They flew away!"

We were on our way to the garden then to tidy it for the winter. We uprooted every cornstock, that the congregation seemed unable to repress a tendency to giggle. Afterwards, asking the minister's man what had been wrong, he was told: "Ye see, sir, the minister's name is Sparks, and yonder is his tenth barn."

BUT DIFFERENT

Mrs. Parvaneh — My husband is going to have a full-size statue of himself carved in marble. Mrs. Shoddy — Humph! That's nothing. My husband has a trust every Saturday night.



Good Eating for the Lunch Boxes

ALL-BRAN RAISH BREAD

1 egg
1 cup sugar
1 cup milk or buttermilk
2 tablespoons melted butter
¼ teaspoon soda

1 cup Kelllogg's All-Bran
2 ½ cups sifted flour
1 teaspoon baking powder
14 teaspoon salt
¼ teaspoon soda

Beat egg well. Add sugar, molasses, milk, shortening (melted and cooled) and All-Bran; mix well; let stand until most of moisture is taken up. Sift flour, baking powder, salt and soda together; add to first mixture with raisins; stir only until flour disappears. Bake in greased loaf pan lined with

waxed paper in moderate oven (350° F.) about 1 hour.

Extra good and so different! The rich brown loaf has that heavenly nut-like flavour only Kellogg's All-Bran can give... and that marvellously soft, light All-Bran texture. Perfect for the lunch boxes because it's packed with nourishment and keeps fresh. Chop the recipe now and get Kellogg's All-Bran from your grocer today. 2 convenient sizes. Made by Kellogg, London, Canada. Helps keep you regular—naturally!

Kellogg's All-Bran

Living & Leisure THE WOMAN'S REALM

DON'T LOSE IT

When people lose their temper, it doesn't always stay in just the place they lost it, but travels miles away. And when they find and bind it, it may be it has done a mischief never to be healed unto the farthest sun.

When people lose their temper, it runs and rages far. It strikes at friends as well as foes. Not caring who they are; And when the cruel force is spent, its words and deeds go on. Down many ways, through many days, Unreckoned and unknown.

When people lose their temper, it still may come again. After the past is forgotten, bringing a load of pain. That never can be lifted. That breaks the heart with woe—Oh, far the road and ill the path Where pride and anger go. —Author Unknown.

When raw materials become available about 85 per cent. of Italy's textile industry is in condition to begin production.

The ordinary dairy cow needs a rest from milking from six to eight weeks if she is to produce the more milk during her next milking period.

Common, a blending agent used in producing 100-octane gasoline, is made at a synthetic rubber plant in Ontario; the output of the plant was over 3,000,000 pounds a month.

BETTER ENGLISH
D. C. Williams

1. What is wrong with this sentence? "She talked like she wished to see you."
2. What is the correct pronunciation of "habitus"?
3. Which one of these words is misspelled? Chemise, chello, chauffeur.
4. What does the word "muntions" mean?
5. What is a word beginning with ind that means "untiring"?

ANSWERS

1. Say, "She talked as if she wished to see you."
2. Pronounce ha-bi-lu-s. First a as in ask, I as in bit, the tu as in nature, final a as in day, accent last syllable.
3. Chello (thought pronounced chello-o).
4. Very liberal in giving. It was a munificent gift to charity.
5. Indefatigable.

COOK'S CORNER
HINTS ON ETIQUETTE

There are two things a bride can do with her engagement ring during the marriage ceremony. She may give it to her maid of honor to keep until the wedding ring is on her finger; or she may leave it at home to be resumed after her arrival for the reception—if that is at her home.

Add mint leaf to a can of peas to make them taste like fresh peas.

IT'S MAXWELL HOUSE COFFEE TIME!

When there's work to be done

THERE'S nothing like a cup of good coffee to speed and lighten work. So pack Maxwell House Coffee in its lunch-box. This rich, full-bodied coffee is extra stimulating because of its threefold goodness.

First... Maxwell House has the FINE QUALITY of choice Latin-American coffees—each selected for its own special quality of flavor, fragrance or vigorous body.

Second... EXPERT BLENDING, a Maxwell House tradition for generations, combines these finer coffees in one completely satisfying blend.

Third... this superb blend is "Radiant Roasted" to bring out every atom of its flavor and goodness.

Enjoy the warming glow and refreshment of Maxwell House always. Make it your regular coffee.

MAXWELL HOUSE COFFEE

NEVER FORGET MAXWELL HOUSE IS SUPERIOR COFFEE

MORNING SMILE

FITTED OCCASION

A church dignitary was asked to preside at the baptism of the latest arrival in the already crowded home of the minister of the parish. The dignitary gave out for the congregational singing one of the paraphrases often used on such occasions in Scotland.

"Let us," he said, "sing from the second verse 'As sparks in close succession rise'."

To his consternation he noticed that the congregation seemed unable to repress a tendency to giggle.

Afterwards, asking the minister's man what had been wrong, he was told: "Ye see, sir, the minister's name is Sparks, and yonder is his tenth barn."

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MECCA PILE REMEDIES

Worth reaching for

Mother KNOWS—that is good for Baby because it's SAFE—Silverwood's Irradiated Evaporated Milk. It is nourishing—it has that fresh flavour babies like — so easily digested.

"Good Milk Makes Good Meals"
BUY SOME TODAY

Silverwood's
Irradiated for Vitamin "D"
EVAPORATED MILK

Needlecraft FOR THE HOME

"SUIT-ABLE" FOR ALL

Just the suit-dress to make for between-season wear and a wise addition to your winter wardrobe. So use and "suit-able" for you with slim, trim lines that do wonders for the figure. Collarless with the new high neckline.

No. 2925 is cut in sizes 12, 14, 16, 18, 20, 40, 42, 44, 46 and 48. Size 36 sends 2½ yards 64-inch.

Send 20 cents for pattern which includes complete sewing guide. Print your Name Address, Style Number mainly be sure to state size you wish. Include postal note or some number in your address.

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IF YOU SUFFER FROM PILES

Get quick results and soothing relief from distressing Hemorrhoids by using either of the special Mecca Pile Remedies—made by the masters of the famous Mecca Ointment.

Two kinds—Number 1, for protruding piles—sold in tubes.
Number 2, for internal piles—sold in jars. 60¢, 1.10

MECCA PILE REMEDIES