

Women's Realm :: Social and Personal :: Fashions :: Literature



Purity Flour: "If you don't want to lose Purity Flour's the one you should choose. For pies and all pastries, for cakes and for bread, Use Purity Flour and you'll come out ahead."

PURITY MAID SAYS: "Everything runs by rule. When you get around to time for a thorough housecleaning, you follow a system of rules that you've found best. It's the same with baking. You follow rules. Number One rule followed by Canada's best cooks is to bake with Purity Flour—and here's why: Purity Flour is milled from Canada's finest hard Western Spring wheat. From this wonderful wheat it gets the utmost in food value and in flavor. It is always uniform in strength. Everything you bake is better because of the excellence of Purity Flour. Just try this rule. Here's a recipe to start on:

DEVIL'S CAKE: 1/2 cup butter, 1/2 cup boiling water, 2 cups brown sugar, 1 1/2 cups Purity Flour, 2 eggs, 1 teaspoon baking powder, 1/2 cup cocoa, 1/2 cup sour milk. METHOD—1. Cream butter and sugar; add brown sugar, 2. Dissolve cocoa and soda in boiling water and combine with Mixture No. 1. 3. Sift flour with baking powder and salt and add, alternately, with milk to Mixture No. 2. 4. Bake in slow oven of 400 degrees for 25 minutes.

FUDGE CAKE: 1/2 cup butter, 1/2 cup boiling water, 1 1/2 cups brown sugar, 1 1/2 cups Purity Flour, 2 eggs, 8 squares grated chocolate, 1/2 cup milk, 1 teaspoon soda, 1 teaspoon vanilla. METHOD—1. Cream butter and sugar; add brown sugar, 2. Dissolve chocolate and soda in boiling water and combine with Mixture No. 1. 3. Sift flour with baking powder and salt and add, alternately, with milk to Mixture No. 2. 4. Bake in slow oven of 400 degrees for 25 minutes.

SUNSHINE SALAD: 1 package orange-flavored prepared jelly powder, 1-3/4 cups canned pineapple syrup with water, 2 tablespoons lemon juice, 1-2 cup thoroughly drained canned pineapple dice, 1-2 cup shredded raw carrot dice, 1-3/4 cup thoroughly drained orange slices (optional), 3 tablespoons silvered blanched almonds (optional). Dissolve jelly powder in pineapple syrup and water, according to package directions. Add lemon juice. Chill, with occasional stirring, until the mixture begins to thicken. Add remaining ingredients. Turn into wet or oiled individual moulds. Chill until firm. Unmould in beds of crisp lettuce or watercress, garnish each salad with cottage cheese or white cream cheese and accompany by thick salad dressing.

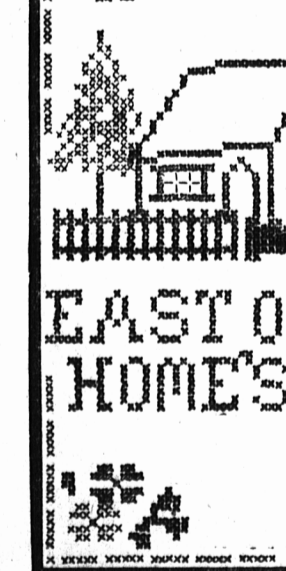
TRAVEL KIT FOR MOTORISTS: If you're leaving on a motor trip and want to buy yourself a present, or want to give one to motorist friends, consider the new motor case. It is a pillow size slide-fastened case of upholstery fabric, which opens to hold a comb, military brush, clothes brush, nail file, orange stick, soap and full-size towel. Minard's kills pain.

Listen to "CAVALCADE OF DRAMA" CFCY(630kc) 10.45 a.m. EVERY MON., WED., FRIDAY

PURITY FLOUR Best for all your Baking

Heat together one tablespoon of butter, 3 tablespoons of sugar and one teaspoon water. When this is bubbling in a frying pan, add eight small or four large panslips cut up, which have been cooked until nearly tender. Turn them about until they become glazed and golden brown.

To-Day's Popular Design By Carol Aimes



HOME'S BEST SAMPLER DESIGN NO. 631

It always gives me pleasure to read your letters a king for these money samplers. This one is a favorite. We have kept it very simple (8 crosses to the inch) so that youngsters as well as adults will enjoy working it. Equally effective in all black or colors. The pattern includes transfer of the design, material requirements, color chart and directions for finishing and framing. To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlotteville Guardian, Needlework Department, Design No. 631

THE COOK'S CORNER

SALMON CAKES

1 half-pound can salmon, 2 cups mashed potatoes, 1 slightly beaten egg, salt, pepper, Scraped onion (optional). Flake the salmon coarsely, retaining its liquid and crushing and adding the bones. Prepare the potatoes by peeling, boiling, then draining very thoroughly and pressing through a ricer; then mash to measure. Cool potatoes, add salmon, slightly beaten egg and seasonings to taste. (A little lemon juice may be included with the seasonings.) Shape mixture as flat cakes, keep cool until shortly before serving time, then brown richly in a frying pan in a generous amount of very hot fat. Serve very hot, with suitable sauce.

ENGLISH ORANGE PUDDING

One-half cup butter, 1 cup sugar, 2 eggs (well beaten), 1-1/2 cups buttermilk, 1 cup bran, 2 cups flour, 1 cup seeded raisins, 1 orange grated rind and juice, 1-2 lemon, 3-4 teaspoon soda, 1 teaspoon baking powder, 1-2 teaspoon salt. Cream butter and sugar and add eggs, buttermilk and bran. Sift dry ingredients and add to first mixture, combining thoroughly. Stir in raisins and the grated orange and lemon rind. Turn into greased pan (8 by 12 inches is a good size) and bake in a moderate oven (375 degrees Fahrenheit) 25 to 30 minutes. When pudding is baked, pour over it the fruit juices, combined with the 1-2 cup of sugar. Serve hot with whipped cream or hard sauce. Note: Dates may be substituted for raisins, if desired.

FRIGIDARUM OF ROME EASY TO DUPLICATE

The frigidarium, or cold room, of the ancient Romans can be duplicated on a modest scale in the 20th century home, according to insulation engineers. Wall-off a basement room with double-thick insulation, they advise. This can be done with one of the many color-panels now offered. This includes ivory, wheat, apricot, sky blue and apple green. The double protection will keep the basement room cool all day.

TIPS WORTH REMEMBERING

Dark sunglare glasses will diminish the pollen coming in contact with the eyes of sufferers from hay fever. Hay fever is usually worse between 8 and 8 a.m., because the summer temperature at that time opens the flowers and liberates the pollen. Dust, feathers, and orris root are irritants of hay fever. Calcium should never be taken with meals - If it reaches the tummy - with your food, it is of no value.

The woman with a too-large chest measurement should never wear accented waist dresses, nor bias-cut skirts, nor high round necklines, nor light-colored bodices. Draped bodices, "swagger" length jackets, dark bodice tops, square, low and V-shaped necklines are most flattering. Drinking of water can be just as fattening as sometimes it is s'nderizing. Water clogging is a common cause of unnatural overweight, and a dry diet can often cure the trouble.

Alaska's only woman gold mine operator is Miss Grace Lee, whose holdings are 84 miles northwest of Fairbanks in central Alaska. She leased the mine about five years ago. She has lived in Alaska 15 years. Eye embroidered cottons over dark slips are unusually popular. The shirtwaist dress continues important. Satin jersey is a most suitable "packing" fabric for travelling. Lime green with bright red is a new color combination. Short coats have been the biggest hit in summer styles. STRENGTH OF WALLS MUST BE MAINTAINED

When heating or cooling equipment is to be installed in a house care must be taken to maintain the structural strength of the walls and partitions. When framing members are carelessly cut, floors will sag and the plaster will crack. Steel ties may be used to combat this situation or

When heating or cooling equipment is to be installed in a house care must be taken to maintain the structural strength of the walls and partitions. When framing members are carelessly cut, floors will sag and the plaster will crack. Steel ties may be used to combat this situation or

When heating or cooling equipment is to be installed in a house care must be taken to maintain the structural strength of the walls and partitions. When framing members are carelessly cut, floors will sag and the plaster will crack. Steel ties may be used to combat this situation or

When heating or cooling equipment is to be installed in a house care must be taken to maintain the structural strength of the walls and partitions. When framing members are carelessly cut, floors will sag and the plaster will crack. Steel ties may be used to combat this situation or

MADAM INSISTS ON DOUBLE ACTION 25c POUND Barbour's ACADIA BAKING POWDER Makes Biscuits Lighter... Whiter...more Flavoursome.

THE HOUSEWIFE AND HER ACTIVITIES

Truth is within ourselves; it takes no rise From outward things whatever you may believe. There is an inmost centre in us all Where Truth abides in fulness. -Robert Browning.

To wash doekin gloves, put them on the hands, wash in mild, lukewarm soap suds, rinse, putting a little soap into the last rinsing water. Dry in a moderately warm temperature with a clothespin in each finger.

MAKING OLD FOWL TENDER: Fowls that are rather "elderly" can be made as tender as chickens if rubbed with lemon juice, then wrapped in buttered paper. Steam for 2 or 3 hours, according to size. The fowls may be roasted after being partly steamed.

TWO-PURPOSE NOOK: A built-in kitchenette in the nursery serves a twofold purpose. It keeps the kitchen fire free from the problem of preparing special food for the child, and, in addition by keeping the child's dishes and utensils separate it is an added safeguard to health.

Too much flour will make a cake dry and crumbly, bread solid and heavy, sauce thick and pasty. Pin or sew a tiny bag of lavender to your bedroom curtains; this will result in a delightful smell of lavender pervading the room. Press a drawing-pin into the bottom corner of curtains at open windows. This prevents them blowing outside and getting dirty. Make the hems on your casement curtains of equal length, so that they can be reversed and the rings or hooks sewn on opposite ends from time to time. This prevents them becoming worn in one place only.

RHEUMATISM: The quick way to get rid of the twinging pains of rheumatism is by using Paradol. No disagreeable after effects - no upsetting of digestion - quick, pleasant relief. 35 cents. DR. CHASE'S PARADOL

YOUR INDIVIDUAL HOROSCOPE By FRANCES DRAKE (Copyright, 1939, King Features Syndicate Inc.) Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Thursday, Nov. 2, 1939 MARCH 21 to APRIL 20 (Aries) - Avoid indecision and uncertainty, you born before April 4. You born after April 3; move cautiously in all business deals and heart interests. Confusion is in the air. APRIL 21 to MAY 20 (Taurus) - An early start will make it easier for you to accomplish today. Vibrations are friendly. Seek favors, if you really want they will help. Keep your mind on whatever you are doing. MAY 21 to JUNE 21 (Gemini) - Plan for tomorrow. You can advance through unusual means, and particularly through the assistance and favor of the opposite sex. Romance and marital affairs in the foreground. JUNE 22 to JULY 23 (Cancer) - Artistic matters, scientific experiments, correspondence, social gatherings to promote public welfare and teaching head the favored list today. Born before July 8? Exert a little more effort. JULY 24 to AUGUST 23 (Leo) - Watch your personal interests there may be a tendency to carelessness this Thursday. Don't neglect important details for whom you think are bigger matters. Don't let anyone, no difference who he or she is, persuade you to do what isn't honest. AUGUST 23 to SEPTEMBER 23 (Virgo) - Friendly vibrations on whole, but you will have to help

bring about opportunities for yourself and work with consistency to keep up with competition. Don't worry over health or hygiene, on the right thing about them WITH-OUT WORRY. SEPTEMBER 24 to OCTOBER 23 (Libra) - Favorable rays for both business and personal affairs. Try something new if it shows worth. Use your intuition. Enjoy the company of intelligent, genial folks. -news interesting. OCTOBER 24 to NOVEMBER 23 (Scorpio) - Don't let it be said that you are the one who are prone to long disputes. Be one who tries to bring about truces and reconciliations. Tact and a sense of humor are vital aids. Be attentive. NOVEMBER 23 to DECEMBER 22 (Sagittarius) - You born after Dec. 6 are reminded to be diplomatic with relatives, family and the opposite sex. No needless discussions. Your other Sagittarians are under rays that do not indicate such restrictions, nevertheless be thoughtful, use tact. DECEMBER 23 to JANUARY 21 (Capricorn) - Look out for the fellow who is always finding fault, he'll spoil your disposition if you let him. And while you are attending to big problems, be considerate, too, of the little things that are important. Protect your personal affairs. JANUARY 22 to FEBRUARY 21 (Aquarius) - Excellent aspects for you today, friend. And your pet hobby or avocation is as favored as tedious tasks and general business. Make use of worth while contacts. Read, improve your mind and outlook. Speak concisely and with conviction. FEBRUARY 21 to MARCH 20 (Pisces) - Advice to Aquarians holds for you, too. Get a fresh slant on everyday affairs by studying and researching. Others are observing you. News of interest. Friendly stars.

A CHILD BORN ON THIS DAY will possess vigor, seemingly tireless energy and a strong personality. Should learn early in life to appreciate the same middle course. This child tends to extremes - is either very careful or else careless. Should learn system for the good of its health.

Famous for its DELICIOUS FLAVOR The Great ENERGY FOOD EDWARDSBURG CROWN BRAND PURE CORN SYRUP

Dorothy Dix's Letter Box

Youth Needs to Return to its Respect for Age; Consideration Must be Given Parents Who Have Sacrificed All for Their Children

Dear Miss Dix - My own mother and I have had a violent disagreement on the point of whether my husband's mother should live with me after I am married. She says I must change my views on the subject, or I am doomed to an unhappy marriage. She is sitting beside me now helping me write this letter, and I am getting down here our argument for and against the mother-in-law problem. Back of the argument is this set-up: My fiance had not finished college when his father died. His mother let him finish by paying his expenses. He was 21 when he met me. He was ill for some time and out of work. His mother paid all of his bills and it took about everything she had. Finally he got a good job and then he met me, and we love each other dearly and want to get married. He says his mother makes me feel quite nice looking, educated, but unfitted for any special kind of work.

Now here is the argument: I say a man should not be held to account for money spent on him by his mother. If an able-bodied young man returns to his mother, to whom she looks and I say: "We have a right while we are young to have our love and happiness when we want it. We are reaching out for. Your happiness in the exact way you want it will be at his mother's expense." I say: "When you were young you didn't have your husband's mother cluttering up your life. Mother says: "No, because your grandparents had saved up enough to take care of themselves instead of spending it on their children. Neither your father nor I were sent to college, as you and your fiance were. We did not have the clothes and cars and parties and trips to camps as you had. Your father and I have little or nothing saved up for our old age. It has cost us too much to live and rear a family. You have been prepared to earn your own living. I have not, neither has your fiance's mother."

I said: "Supposing Dad's parents had not saved up for their old age, then what? How would you have welcomed a mother-in-law in your home?" Mother said: "The same as my friends welcomed their mother-in-law - with graciousness and kindness. I love your father. The greatest pleasure I have in life is making him happy. To have mistreated his mother would have made him miserable. To have understood why two intelligent, educated women could not have lived together. It would have been a reflection on both of us to have acted like two adolescent children."

I said: "I do not love my fiance to the extent of opening my heart and home to his mother." Mother said: "And that, my dear, is the answer to the divorce epidemic among your friends. They do not love their husbands enough to forget themselves and think of him instead. Your husband will grow to hate you if you hurt his mother." I said: "I have youth and sex on my side. It is more powerful than mother love. No man should be tied to his mother's apron strings. My fiance is tied to her apron strings. And youth and sex cannot alone make a happy marriage. There are thousands of other girls besides you with youth and beauty and sex."

I said: "I can make my husband see his mother as a leech, a domestic vampire, and he will make her leave my home after we are married." Mother said: "If your sex power of which you are so proud, can make you influence your husband to be grateful and obedient to his mother, then the day will come when there will be ANOTHER WOMAN with as little conscience as you and maybe prettier and younger who will use HER influence to make him forsake YOU, and you will lose him and your home as you deserve."

My opinions are the opinions of all of my friends. We are ultra-modern and think we have a right to live our lives as we see fit, but my mother's argument has frightened me. Don't you think that age must step aside for youth? Answer: No. I think that youth, that has so much to make it happy, should cherish age. Age, old or young, has a right to live a life of complete selfishness, sacrificing every one to their pleasure and convenience.

In this most interesting and illuminating argument between yourself and your mother, your mother is entirely right and everything she says about the duty of a daughter-in-law to be kind to her mother-in-law, but unhappily there are very few women with strength and generosity of character to stand the wear and tear on nerves and temper of living together. And so it is always wisest, when it is possible, for a daughter-in-law and mother-in-law not to attempt to live together.

Certainly if there was ever a debt of honor it is what your fiance owes to his mother for impoverishing herself to help him in his hour of need, and you should be the first to help him repay it by doing without things you want in order to support her in her old age. But don't try to do it in your own house. You will be miserable, and make her miserable.

To Avoid Cupid's Wiles Don't Smile Back Dear Miss Dix - My age is 51. I am a bachelor and wherever I go I

Hand-Woven "Lovelies" You Can Easily Make

TURN ENDS UNDER FOLD ON DOTTED LINE Weave Ribbon Case for Hankies How dainty - this delightful handkerchief case woven of grosgrain ribbon in bluish pink and snowy white Weave it quickly, easily on a clean breadboard. All you need is 1/2 inch grosgrain ribbon cut into 11-inch strips - 40 white strips, 4 pink strips. Thumbtack half the strips up and down on the breadboard. Then with your fingers weave the other strips over and under, horizontally, as the diagram shows. Weaving, turn ribbon ends under and hem neatly down. Now fold on the dotted line, as in diagram, bringing corners to the centre. Sew a ribbon to each corner, tie in a perky bow and you've a fascinating gift - if you can bear to part with it! So many lovely things you can have when you know easy ways to weave. On an embroidery hoop weave colorful doilies, an evening bag on a cardboard loom. Our 32-page booklet gives complete instructions, diagrams for weaving smart dress accessories - belts, scarves; lovely things for the home - rugs, lamp shades, pillow-tops, place mats, many more. Send 20c in coins for your copy of How To Weave Useful Novels to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

THIS WEEK YOU CAN SAVE 24¢ ON THIS BIG JAR OF NOXZEMA!



Grand for complexion Relieves skin irritation NURSES first discovered how effective Noxzema Medicated Cream is for Pimples, Chapped Hands and other ugly skin irritations from external causes. Today thousands of Canadian women rely on Noxzema to help keep complexions clearer, smoother, lovelier looking. For a limited time only you can get Noxzema Medicated Cream at a saving of 24¢. A large 8 1/2 jar of this dainty, snow-white, medicated cream - for only 59¢! If your skin is marred by blemishes, large pores, roughness, blackheads, etc. try Noxzema. See for yourself why millions depend on this soothing, medicated cream. SAVE 24¢ Special Offer for a limited time only. A large 8 1/2 Boudoir Jar of Noxzema for only 59¢. Get your jar today! On sale at ALL DRUG AND DEPARTMENT STORES

WHICH TROUBLES YOU? PIMPLES LARGE PORES BLACKHEADS ROUGHNESS PAINFUL CHAPPING Any Irritation from external causes

Answer: I can only suggest that you wear a gas mask. That should scare 'em off, but with your facial fascinations you certainly are in danger, so be careful and don't smile back. DOROTHY DIX.

Morning Smile QUEER LITTLE LAD Little Bobby had got hold of the newspaper and was reading the headlines aloud. "Man Imprisoned for Deserting His Wife!" he read at length. Then, after a brief pause for thought he added: "Oh, mum - now I know why dad doesn't leave you!"

ALL FOR NOTHING At the seaside a sailor ventured on a donkey ride. As he was seated very well back on the donkey's quarters, his mates advised him to "shift his seat amidships." "No!" the rider insisted. "This is the first craft I've ever commanded, and if I can't ride on the quarter deck I won't bloom well ride at all!"

BUILD UP THE CHILDREN CHATHAM, Ont. - Mrs. Charlotte Lee of 42 Ingham St. says: "After an illness one of my children was very weak and underweight. I gave him Dr. Pierce's Golden Medical Discovery and his appetite improved and he regained his normal weight and strength. This splendid tonic never failed to help build the children up when they were weak after bad colds. I certainly recommend it to mothers with growing children." Get this famous doctor's prescription, Dr. Pierce's Golden Medical Discovery, from your druggist today.

Today's Short Wave Radio Program (All Time is Eastern Standard) THURSDAY, NOVEMBER 2 BERLIN 6:00 p.m. - News and Economic Review in English. DJD, 11.77 meg., 25.4 m. PRAQUE 6:05 p.m. - Evening Concert. OLR4A, 15.26 meg., 19.7 m. BUDAPEST 7:00 p.m. - Folklore Songs. HAT4, 9.12 meg., 32.8 m. ROME 7:30 p.m. - News in English. Opera Selections; Rosita Jemma Wade. ZEO, 11.81 meg., 25.4 m.; IRF, 9.83 meg., 30.6 m. MADRID 8:25 p.m. - News in English. EAQ, 9.86 meg., 30.4 m. LONDON 8:30 p.m. - Variety Feature. GSF, 15.14 meg., 19.8 m.; GSD, 11.75 meg., 25.5 m.; GSB, 9.51 meg., 31.5 m. BERLIN 9:15 p.m. - German Variety Music. DJD, 11.77 meg., 25.4 m. PARIS 9:16 p.m. - Light Music. TPB11 11.88 meg., 25.2 m.; TPA4, 11.71 meg., 25.6 m. LONDON 11:00 p.m. - News Bulletins. GSD, 11.75 meg., 25.5 m.; GSC, 9.56 meg., 31.3 m.; GSB, 9.51 meg., 31.5 m. PARIS 12:14 a.m. - News in English. TPB11, 11.88 meg., 25.2 m.; TPA4, 11.71 meg., 25.6 m. TOKYO 12:40 a.m. - Brass Band. JZK, 15.16 meg., 19.7 m.

New Fall Fashions And Winter Styles

Tune yourself to the times in a young two-piece outfit. The basque top hugs your ribs, whitens your waist to the vanishing point. The skirt is full and wide. It gives you the season's youthful silhouette, crisp as autumn weather. Make the jacket of warm plaid, the skirt of a solid color to harmonize. Wear them together and with other blouses and skirts you have on hand. Several blouse versions are included in the pattern, for variety in your blouse and skirt wardrobe. Style No. 2998 is designed for sizes 12, 14, 16, 18 and 20 years. Size 16 requires 1-6-8 yards of 39-inch material for jacket; 2 1-8 yards 39-inch material for skirt. Send fifteen (15c) coin is preferred) for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish. Style No. 2998 Size ... ..

CHILD'S COLDS VICKS VAPORUB