

PEPS

will promptly STOP Your CHILD'S COUGH

WHEN a child starts coughing mother's duty is to give the little sufferer a Peps tablet, and thus prevent any weakening of the lungs. As the tablet dissolves in the child's mouth, the soothing medicinal fumes given off pass through the tender breathing passages straight to the lungs and bring immediate comfort and relief.

Peps contain no opium or other harmful drugs, and can be given to a child (either whole or crushed to a powder) with the assurance of absolute benefit.

One little Peps at night will clear the breathing passages and let the little one's sleep be unbroken by coughing fits. A Peps before starting for school in bad weather is also an invaluable safeguard for the children's throats and chests. All dealers, 50c. box.

FREE TRIAL
Send this advert., name of paper and l.c. stamp (for return postage) to Peps Co., Toronto and free trial package will be sent you.

THE WESTERN GUARDIAN

—SHOP from Holman's Catalog.

—THE ANNUAL MEETING of the Kensington Dairy Association, will take place Thursday, Jan. 25, at 1.30 p.m. J. O. Profit Secy.

—LINES OUT.—Some of the Telephone lines were damaged by Saturday's storm, one of the lines between Summerside and Kensington was put out of commission, but was repaired on Monday.

—SACKVILLE DATE.—Arrangements are being made to have the Sackville hockey team play the Crystals in Summerside the night after Sackville plays in Charlottetown if possible.

—DEATH REGRETTED.—The death took place in Summerside on Saturday last of Mrs. Lemang Arsenault, a deeply respected resident of Emerald Bay at the age of 76 years. The funeral took place Monday afternoon at St. Paul's Church, Summerside, thence to Catholic Cemetery. Rev. J. J. McDonald, officiating.

—FIRE SCARE.—The people of St. Eleanor's got a scare on Monday night when a call of fire was given out in the village. Fortunately, however, it was only a fire on fire at Mr. Roger Muirhead's residence and no damage was done, the roof being protected from the shower of sparks by a very thick coating of snow and ice.

—WEDDING BELLS.—The marriage took place in Summerside on Wednesday last, Rev. G. S. Mitchell officiating of Geo. Fred McRae of Alberton and Miss Mabel F. McCherrill, daughter of Mr. and Mrs. Christopher McCherrill of Alberton. Their many friends will wish Mr. and Mrs. McRae a full measure of happiness.

—HOCKEY.—An interesting game of hockey between two local teams that of Brace & McKay's clerks, vs. Holman's clerks was played at the Crystal Rink on Wednesday evening. The latter won with a score of 6 to 3. After the game both teams repaired to the Capitol restaurant where a sumptuous repast was held and a social hour spent.—H.

—WINDOWS BLOWN IN.—During the heaviest blizzard and snow storm that has been seen in Summerside for years, Saturday last, two heavy plate glass windows, one in the furniture department of R. T. Holman, Ltd., and another in the large store of Sinclair and Stewart's were blown in. Boards and other material was used after the accident to close them in again until new ones will arrive.

—PLEASANTLY REMEMBERED.—Mr. Geo. W. Warren, who recently resigned the clerkship of the Summerside Baptist Church, after thirty five years of faithful service was waited upon at his home on Thursday evening last by the Deacons and members of the Baptist Congregation. An appreciative address was read Mr. Warren by Major Schurman and Mr. Colin Schurman on behalf of the congregation, made the presentation of a beautiful wicker rocker and a fur cap and collar. Mr. Warren who was taken by surprise, expressed feelingly his appreciation of the thoughtfulness shown. After refreshments were served.



Betty Compson
Paramount Picture
To Have and to Hold
A George Fitzmaurice production

AT THE PRINCE EDWARD
Wednesday and Thursday, January 24th and 25th

—Mr. and Mrs. J. J. McLellan and Mrs. Alfred Brown, Cross Rivers, spent the week end with Mr. and Mrs. J. D. McLellan, Big Hill.—N.

—Mrs. Harry Grady and Miss Clark who were visiting their parents, Mr. and Mrs. J. H. Lacke, Summerside have left on return to their home in Saskatchewan.

—Mrs. McClure of Bradabane, underwent a successful operation in the P. C. Hospital on Wednesday last.

—Her many friends will be glad to know that Mrs. John W. Hogg, of Summerside, who underwent an operation in the P. C. Hospital is improving.

—Mrs. Andrew McDonald who has been visiting her parents Mr. and Mrs. Emmanuel McLellan, Richmond, left for her home in New York last week.—N.

—Miss Jessie McIntyre, Bayside, was among those unfortunately aboard the Car Ferry while adrift in the Straights on Thursday. She was on her way to Boston, Mass.—N.

—Many friends are glad to see Mr. Creelman McArthur, M. L. A., home again having successfully undergone a serious operation at the Royal Victoria Hospital, Montreal.

—Mrs. Roy Huestis of this town who was recently attacked with a case of appendicitis has been removed to the P. C. Hospital where her many friends will be pleased to know that she has passed through a successful operation and is again on the high road to recovery.—H.

—Miss Florence Seales, arrived home Thursday to visit her mother Mrs. Henry Seales, Summerside.

—Mrs. Captain Goodwin, of Summerside, who recently underwent an operation in the P. C. Hospital is progressing satisfactorily.

—Master J. Desmond Gaudet, son of Mr. J. P. Gaudet of Richmond, was successfully operated on for tonsillitis at the P. C. Hospital last week.

—His many friends will be glad to hear that Mr. D. R. Morrison of Summerside is now making favorable progress towards recovery at the P. C. Hospital.

—Mr. Gordon Dalziel of New Annan, has returned to his home after a successful operation in the P. C. Hospital.

—Mr. Neil McPhee, Big Pond, is visiting Cross Rivers the guest of Mr. Linus McNeill.—N.

—Mr. Edmund Doucet, the operator of the Motion Picture Machine at the Capitol Theatre, has entered the Prince Co. Hospital where he will undergo a course of surgical treatment for his arm which has recently been painful as well as inconvenient.—H.

A real whole wheat porridge

Children like a whole wheat porridge better than any other porridge—and it is so easy to make it, hot and tasty, out of Shredded Wheat.

Place the Biscuits in a small saucepan, add salt and enough water to cover the bottom of the pan; stir and boil until it thickens. Serve with milk or cream.

A hot dish for those who do not like porridge is made by simply pouring hot milk over the Biscuits, adding a little cream and a little salt. Nothing so good for youngsters as these little loaves of crisp, oven-baked shreds of the whole wheat.

Shredded Wheat contains all the bran you need to stimulate bowel movement.



Shredded Wheat

A hot dish for the cold days

the Maritime Chairman of the Children's Division Committee.

One or two of the points touched on by Miss Harrison regarding the work of the department was that the ideal was to have all children of all parents of each church in its membership, instead of only half of them as at present, and it was found that when children were not attending Sunday School the chances were they were not getting religious training in their homes.

The R.E.C. had a standard appropriate for each of the four classes in the children's section, the cradle roll, beginners, primary and juniors. For the beginners, the children of four to five years, the standard was that the child should manifest love, reverence and trust in God, should associate God with its daily life, should have training in worship suited to its understanding and needs and should have opportunities for helpfulness and acts of kindness. For these reasons stress was laid on the equipment for the beginners and a separate room was desired. For the juniors a little more advanced standard was set and with the ideals for the beginners there went also inculcation of the habit of

daily Bible reading and daily prayer, as well as regular church attendance. She believed the primary class, children from six to eight years of age, received the greatest attention in standard schools. The cradle roll, she thought, should be more emphasized, and mothers' meetings organized in connection with it as a means of closer cooperation between the homes and the school and the church.

A mine in Ohio has been burning 38 years and that's the truth.

Three big U. S. life insurance firms have quit in Europe. Too risky a business over there.

Flapping tongues for women's shoes are stylish. A girl tells us they are reformers' tongues.

The man who names Pullman cars names towns in Asia Minor.

Marie Escobar of Mexico is doing well in grand opera. It is true that she developed her voice while calling for help.

L. ANDERSON'S

Cheap sale will be continued until February 7th, on account of unfavourable weather.

L. Anderson

St. Peter's

Bargain Week at

J. M. LADNER'S

ST. PETER'S

JANUARY 25TH TO JANUARY 31ST

We offer the following at reduced prices.

- | | |
|----------------------------------------------------------|------------------------------------------------------------------------------------------------|
| GROCERY SPECIALS | "LAUNDRY AND TOILET SUPPLIES" |
| Ladner's special Tea, regular 45c for 42c | P. and G., Gold, White, Naphtha Soap, regular 8c for 6c. |
| Blue Bird, King Cole, Red Rose, regular 50c for 46c | Shaving Cream, Tooth Paste, Talcum powder, Shaving Soap and Witch Hazel Cream 30 per cent off. |
| Raisins 15 oz. for 16c | |
| Canned Pears, regular 30c for 25c | "DRY GOODS" |
| Canned Plums, regular 25c for 20c | Fancy shirts, work shirts, Pants, Overalls, Boots and Shoes and Horse rugs less 30 per cent. |
| Canned Pine Apple, regular 30c for 25c | |
| Canned Salmon, Pink, regular 20c for 15c | |
| Canned Salmon, kippered, regular 12c for 8c | |
| Cranberries, regular 10c for 7c | |
| Lard per lb., regular 24c for 20c | |

We are not wholesale jobbers, but the above are genuine prices.

All fresh stock No pre-war goods.

J. M. LADNER

St. Peters.

Sick Machinery

If there's anything wrong with your mechanical equipment in our line, we can cure it quickly at small cost.

We rebuild and repair gasoline and steam engines, farm machinery, platform and counter scales.

We build feed boilers for farmers, pneumatic tanks for suburban or rural water systems and we make the celebrated Imperial Gasoline Motors.

Low rates by water and rail. Write us.

BRUCE STEWART & Co. Ltd.
Manufacturers of Imperial Marine Motors



Here's How Lord Leverhulme Does It

Lord Leverhulme of Sunlight Soap fame, though advanced in years is one of the hardest working men in Great Britain. Here's how he plans his day:

4.30 a. m.—Rise and exercise for 20 minutes.

5.00 a. m.—A cup of tea. Receive business reports and make notes for correspondence.

7.30—Breakfast of toast, butter, marmalade and tea.

7.50—Read papers.

8.00—Reply to letters.

8.30—Motor to office.

1.00 p. m.—Lunch in office of cold meat or 2 poached eggs. Cup of tea.

1.15—Sign letters.

1.30—Sleep.

2.15—Work.

5.30—Motor for home.

7.30—Dinner (tea included.)

A superman's routine—made bearable by frequent cups of tea. Tea sustains, restores and refreshes—drink it oftener!

Blue Bird Tea

"BRINGS HAPPINESS."

How to Prevent Biliousness

Doctors warn against remedies containing powerful drugs and alcohol. "The Extract of Roots, long known as Mather Seigel's Curative Syrup, has no dope or strong ingredients; it chases away indigestion, biliousness and constipation. Can be had at any drug store." Get the genuine. 50c. and \$1.00 Bottles.

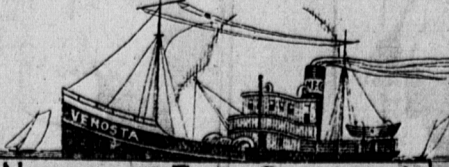
Haddock "A La Mode Acadienne"

Here is a favorite fish recipe of the centuries, handed down from mother to daughter, and now first published through the prize winning recipe of Mrs. A. Doucet, Cape St. Mary, N. S.

Fry 1/2 cup cubed pork in stewing kettle. Add 1/4 cup sauteed onions. Add haddock, cut in four or five pieces. Season and add 1/2 cup water. Cover and cook 20 minutes till done. Drop in cubes of bread and let simmer for a few minutes at back of stove.

HADDOCK—HOW?

At this season haddock leave the shores for the Banks. Yet you can get the best fresh haddock from your dealer now because National Trawlers go wherever the fish are, in any weather, in any sea!



NATIONAL FISH COMPANY
"NATIONAL FISH IS THE NATIONAL DISH"