Woman's Realm / Social and Personal / Fashions / Literature

Lenten Meditation

From The Times, London

THE TRUE AND THE FALSE

Truth is many sided. For convenience of thought it is put into separate compartments, such as scientific truth or religious truth. The writer of the Book of Wisdom, concerned with the truth about God and a right conception of the ultimate meaning of life, appears to dissociate the attainment of truth from intellectual processes. "The, that put their trust in Him shall understand the truth."

As there are many ways of thinking about truth, so there are different ways of achieving the knowledge of it. Truth may be arrived at by speculation, by intuition or by research. But there is also truth which is received through the channel we call revelation. Trust, as the condition of knowledge, does not mean mere belief in God, for theism can be a cold and uncreative creed; it means the commitment of the soul to Him in love and dedication. It implies fellowship, communion with God — a relation in which God's Spirit has freedom of access to the soul. God's Spirit is the spirit of truth. The simple worshipper may apprehend reality in a far deeper sense than is possible for him whose approach to religion is exclusively on the intellectual plane. This is not, indeed, to disparage the intellect in religion, for God is to be loved with the mind; it is rather to exalt that simpler approach which is possible for all, learned and unlearned alike.

Such a conception of truth is therefore not primarily that of mental illumination. Its purpose is not only to inform and clarify the mind, but to enable men the better to live in harmony with God's will. It has a dynamic and severely practical quality which the academic approach may easily lack. Knowledge and cooperation with the Divine will are closely bound up with each other; which is evidently what our Lord meant when He said, "If any man will do his will, he shall know of the doctrine"; that is, he who desires to travel the road to God shall see the road clear before him; he who with sincerity wishes to make his life truly worthy of a child of God shall not lack illumination on his path. He will not only "understand the truth" he will be able to distinguish the true from the false, the genuine from the substitute. "He that followeth me shall not walk in darkness, but shall have the light of life." This does not imply that he will always be free from perplexity, but it does mean that there will always be a star to guide him.

As men learn to see life sub specie aeternitatis, or rather, as they are determined by God's help to do His will, so they will know ever more clearly what that will is, not only for themselves but for the world; and still more, they will deepen their knowledge of Him "whom to know is life eternal."

THE COOK'S CORNER

RHUBARB MERINGUE PIE (SUGARLESS)

Two cups chopped rhubarb, 1-2 cup boiling water, 2 egg yolks (use whites for meringue with corn syrup), 1 tablespoon butter, 1 tablespoon flour, 6 or 8 1-2-grain saccharin tablets. Melt the tablets in the boiling water and pour over the chopped raw (but not peeled) rhubarb. (You will have to decide between 6 or 8 tablets yourself—my family liked the pie with six —another family famous for its sweet tooth liked the pie I made containing 8.) Mix together the yolks, butter and flour and stir into the rhubarb and water until well mixed. Pour into pastry-lined pie plates and bake at 350 deg. Fahr for 35 minutes; cover with meringue made by beating leftover whites stiff and slowly folding in 1 tablespoon at a time 6 tablespoons corn syrup; bake in slow oven until meringue is brown. Best served cold.

Happenings Of The Week

H. R. H. Princess Alice while at Oshawa for the week-end was the guest of Colonel and Mrs. R. S. McLaughlin, at "Parkwood." On Sunday Her Royal Highness visited her grandson, who is attending Trinity College School at Port Hope, and after dinner at "Parkwood" she received a number of Oshawa citizens at an informal evening gathering. Miss Vera Grenfell, lady-in-waiting, accompanied Princess Alice.

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The arrival of the first present from Occupied Holland for Princess Margriet, the new daughter of Princess Juliana and Prince Bernhard, of the Netherlands, was disclosed in London on Monday. Aneta News Agency said the present is an exquisitely executed small spoon wrought from Netherlands silver coins. These include a 1941 kwartje, (25 cents) bearing the head of Queen Wilhelmina and forming the end of the handle. A number of these were minted by patriotic employes of the Netherlands Mint despite the drastic German ban on the use of the name or image of the Queen. They were put into circulation before they were discovered by the occupation authorities, who threw the ring-leader into a concentration camp. The spoon is 4 3-8 inches long, and its bowl is shaped from a guilder also bearing a reproduction of the Queen's head.

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Senator and Mrs Creelman MacArthur and their little son have returned to Ottawa from Toronto, where they spent a short time.

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Mrs. Heber R. Large has gone to Los Angles, Calif., to visit her husband's people.

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Friends here of Mr. and Mrs Roy D. Duchemin of Sydney will be interested to know that they left on Monday night for Ottawa, where Mr. Duchemin will attend the Federal House Sessions as a member of the Press Gallery. Mrs. Duchemin will go on to Detroit, where she will be the guest of Mr. and Mrs. Gus Waltz.

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Mrs (Dr.) V. L. Goodwill was hostess Thursday at a prettily arranged luncheon party at the Charlottetown.

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Mrs. G. A. Thompson and Miss Martha Townsend have returned home to Montague after spending a pleasant winter in the United States where they visited many old friends

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Mrs. Wallace F. Williams has returned to Summerside from a visit to her mother, Mrs. McKay, New Glasgow, who has been quite ill.

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Lieutenant T. Keith Morrow, R. C. N. V. R., and Mrs. Morrow have arrived from Charlottetown, and are spending some time with the latter's uncle and aunt, Mr. and Mrs. A. W. Peterson, in Ottawa

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Britain's afternoon teas have been replaced by knitting and mending gatherings.. Marketing trips are made by bicycle instead of automobile. A go at insects in the vegetable garden takes the place of the occasional golf game. A weekly turn at neighborhood fire watching substitutes for dinner and theatre. Those are the changes war has brought into the daily life of Britain's housewives.

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Mrs. Cyril McGregor, Miss Edith Clarke and Miss Toombs of Moncton, spent the week end with Mr and Mrs. N. H. Farnell in Amherst.

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Several hundred books from the Royal library at Windsor Castle were contributed by the King to the Windsor book salvage drive. Princess Elizabeth and Princess Margaret assisted in sorting the books.

Mr. and Mrs. D. J. Bonnell are having a delightful visit among their old friends in Sydney where they resided for over seventeen years.

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Mrs. McCready's many friends are concerned over her present illness. Her daughter Mrs. Arthur H. Bearisto of Toronto, who is spending sometime with her mother, is being cordially welcomed.

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Mrs. George D. DeBlois entertained the Queen Mary Needlework Guild at her home Thursday afternoon for their regular sewing and knitting. At the previous meeting Mrs. LePage was the gracious hostess at Government House.

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Mrs. (Dr.) T. F. Fullerton, celebrated her 82nd birthday on Wednesday surrounded by her family, flowers and good wishes from her friends among whom she is held in deep affection.

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Mrs. Frank O'Brien of McLeod, Alberta, has arrived to spend several weeks with her parents, Mr. and Mrs. George W. Gardiner, Grafton Street. Mrs. O'Brien is being cordially welcomed by many of her old school chums.

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Mr. Athol Roberts of Highfield, has had the honor to be chosen Valedictorian for the class of 1943 at Acadia University.

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Mrs. George T. Stone and young daughter arrived Thursday from Halifax, to join Mr. Stone, and have taken up their residence at 18 Euston Street.

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Honoring their leaders, Mrs. William Bilson and Miss Bertie Hayes, the Sunbeam Mission Band of Douglas Avenue Christian Church, Saint John, N. B., held a social gathering in the Sunday school room on Monday night. The mothers of the members were also guests. On behalf of the 52 members present, Miss Claire Chambers, the Mission Band president, presented to Mrs. Bilson an umbrella and read an address of appreciation. To Miss Hayes she presented a chest of stationery. Mrs. Bilson and her sister Miss Hayes are leaving soon to reside in Charlottetown, where Rev. William Bilson has accepted the pastorate of the Church of Christ.

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Farewells were said to Lieut. Wilfred Duffy R. C. N. V. R. who left Thursday on return to duty after a delightful holiday with his parents, Judge and Mrs. Gavin Duffy.

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Mr. and Mrs. F. W. Andrew of Gladstone, Michigan, are spending a few weeks visiting at the home of Mr. and Mrs. W. H. Smith and Mr. and Mrs. J. B. Andrew.

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In home-made gowns and minus silk stockings, 200 British debutantes celebrated the biggest social event of their lives last Saturday night—war or no war. They attended the annual Queen Charlotte's birthday ball, London's unofficial coming-out party, and — it being wartime — the only one the girls will have. Although they are members of some of Britain's wealthiest and most aristocratic families, many wore rayon and cotton stockings, because silk virtually is unobtainable in Great Britain now. But they joked about it. One deb who had saved a precious silk pair for this occasion confessed she had been afraid they would "run" when she curtsied to the nobility. Some admitted they had made their white ball gowns themselves. They will be worn only the once, and one girl said she thought it a shame, "what with clothes so scarce." Their escorts all were in uniform, and more than one arrived late after being held up by military matters. what would normally have been a banquet, Britain's wartime regulations permit only a three-course meal costing approximately $1 which doesn't go very far in the fashionable hotel where the party was held. Still, there was the traditional Queen Charlottes birthday cake, and the guests didn't appear to mind that the cake was made of dark flour and contained very little sugar. The ball is a charity affair given annually for Queen Charlotte's Maternity Hospital. Queen Charlotte, daughter of King George IV of England and wife of King Leopold of the Belgians, died in childbirth in 1917.

Italy—American 9th air force pounds Messina, Sicily, in heaviest raid, hitting railway yards, oil tanks and ferry terminal.

Japan—Russo-Jap fishing agreement signed; renews Japanese privileges in Soviet waters.

Use Minards For Sprains

Dorothy Dix Says—

COSMIC URGE TOWARD WOMAN FIRST ESSENTIAL IN MARRIAGE

Wife Feels Bad Bargain Made In Learning Man Only Lukewarm Before Trip To Altar

DEAR DOROTHY DIX—I am a man of 27 and single, and until a few months ago I intended to stay single the balance of my life, but I have met a girl who has attracted me strangely. Maybe it is love, only if it is I never thought that love was like this. Just a companionableness. Then I found out that she cared deeply for me, but that she is engaged to another man who can give her all the luxuries that I can't and never will be able to give her.

Now, suddenly, I seem to care quite terribly for her, but I can't decide if it is because I really love her, or because she belongs to someone else that I want her. Another angle is my extreme selfishness that

makes me feel that I might chafe under the restrictions that married life naturally imposes. The girl has put off her marriage for a yeor so that we might try to decide what is best to do. Can you see any solution to the problem? I swear that I am just going round in circles. TOM D.

NO WEDDING BELLS HERE

ANSWER—And my advice to you Tom, is to keep going any way that doesn't lead to the altar, for evidently you have only a platonic affection for the girl, and that isn't enough to marry you, especially when you haven't anything to offer her but love in exchange for all that the other man can give her.

If you were overwhelmingly, passionately in love with her that would compensate for the fine establishment, the ease and luxury that she would sacrifice for you, but when she found out, as a woman is bound to find out, that you only had a lukewarm liking for her, she would feel that she had made a pretty bad bargain, and regret it.

Evidently you are not strongly predisposed toward matrimony, anyway. You have no cosmic urge toward your own woman, your own children, your own hearthstone and that type of man is not easily domesticated. He always hears the call of the wild and even the most silken of marriage fetters gall him.

So my advice to you is to stay single until Old Dan Cupid hands you a blow that will knock you out for keeps. Wait until you find some woman that you won't have to debate whether you love or not. You will just know that you can't live without her. Wait until you don't dread the bondage of matrimony — until you look upon it as a blessed privilege.

In the meantime you will always find plenty of women you will like as well as you do this girl, intelligent, companionable women who will have the same interests that you have, and you can have their society without assuming their board bills and shopping tickets.

DEAR DOROTHY DIX—I know a man who is good and kind and a splendid provider for his family. His table literally groans under the good food, yet his table manners are so horrible that instead of enjoying a meal it is an ordeal to his wife and children. He gulps his coffee. He mops his plate. He chews with his mouth wide open so you can hear him in the next room.

All of this mortifies his family so that they never invite a guest to the house. His wife has corrected him, not once, but a hundred times, until he, himself, says that it has gotten almost unbearable. She has appealed to his self-respect, the reputation of his family, but all to no avail. What can she do? D. E. R.

BADGERED INTO DEFIANT REFUSAL

ANSWER—I should say that the best thing to do would be to let the poor man alone and to stop badgering him about his table manners. Probably he has been nagged about them until he has got his back up, and he is determined to eat as he pleases, just to show that he won't be henpecked and chickenpecked. Eating with his knife and sopping his gravy is a gesture of defiance and a proclamation of personal liberty.

Therefore if the wife will drop her criticisms and let her husband think that she has given up the fight, the chances are that he will profit by some of the corrections that he has heard a million times and modify his faults at the tible. But if he doesn't, why not just accept the inevitable and try to make the best of the situation instead of geting morbid over it?

After all, bad table manners are not a capital sin. They may get on your nerves, but they don't break your heart. It isn't as bad to have a husband who gobbles his food as it is to have one who doesn't provide any food at all for his family.

It isn't as bad to have a husband who gulps his coffee as it is to have one who is always finding fault with it and wondering why you can't make a decent cup. It isn't as bad to have a husband whom you can hear eat as it is to have one who is buying eats for flappers. Don't let your husband's manner of eating wreck your home. Good manners and good principles are more important than table etiquette.

But what a lesson this story should teach mothers about their importance of teaching children how to eat properly, for we are judged by our table manners.

DEAR MISS DIX—I have been married twice. My first husband I divorced after three years of hell and drunkenness. My second husband died. Now a man eleven years younger than I am wants to marry me. I am extremely well-off. The young man has nothing to offer, except companionship, no savings, or home. His family object. Would you marry him? WORRIED.

ANSWER—You have had one unhappy marriage. Why chance another? A rich widow has a right to be suspicious of the motives of an impecunious boy eleven years younger than she is when he comes a-wooing. She can hire a companion more cheaply.

I think you had better let well enough alone, for there is nobody who can have a better time than a widow with a fat pocketbook.

Living & Leisure

The Woman's Realm

MEMBER OF THE FAMILY

He coaxed and coaxed. For weeks
young Nick just kept the pressure up
Until his Mummie did consent that
he should have a pup.
But since it came it's such a care
his mother's often said,
"When I allowed the thing in here
I was quite off my head."
But it is such a friendly mite . . .
a cuddly little chap
With soft brown eyes and wagging
tail, who nestles in your lap,
That just last week I noticed, when
wee Rex was kind of sick,
She seemed almost as much concerned as if it was young Nick.

AS A FARMER

Lloyd George, who recently reached his eightieth birthday, is now taking life easy on his farm at Churt, in Surrey. He is no longer engaged in literary work, but he occasionally makes notes for speeches. His main work now is adding to the nation's food supply. Hundreds of tons of potatoes and other vegetables, 50 and 60 tons of tomatoes in a season, and enormous quantities of fruit are grown on his farm. Some 200 acres are given over to fruit production, and this last season 9,000 bushels of apples were sold. There is a rustic building on the roadside where a notice board says that the products of Bron-y-de farm and orchards are sold there. Local inhabitants buy them and tradespeople travel miles with their vans and lorries to collect produce.

CARE OF ENAMEL

Consumer Information Service in Ottawa points out that porcelain enameled utensils will last longer if the following rules are observed by Canadian housewives:

Care should be taken not to drop or bang the utensils against hard surfaces.

Cold water should not be poured into them while hot.

After boiling point is reached, the element should be turned to "low."

Foods allowed to burn on utensils are particularly damaging and shorten their life.

When contents stick to the surface, the utensils should be soaked in warm suds. They should never be cleaned with harsh abrasives.

NOW FOR SLACKS

Mme. Chiang Kai-Shek's slacks have caused the Wellesley College faculty to drop an anti-slacks campaign among the students. It was disclosed to-day. China's flirst lady strolled over the campus in navy blue slacks, oxfords, and a turban for a half hour recently looking eagerly for landmarks which have vanished in the 26 years since she was a Wellesley girl. She was gay as a schoo! girl as she walked with Lieut.-Commanler Mildred McAfee, president of Wellesley.

LOOKING AHEAD

It often takes a war to put a new slant on an old adage. As for people who cross bridges before they reach them, women are classed as the world's greatest offenders. But the latest angle comes in a letter from a young woman to the Rationing Administration, W. P. T. B., which reads: "I plan to be married in the late spring or early summer and I woud like to obtain sugar to do some preserves. Is it possible for me to get preserving sugar under these circumstances?" Seems to be a case of counting her jars before she's hitched.

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers who [illegible] questions to ask on price control are invited to send them in writing to the Women's Reginald Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q. Is it permissible for church organization to continue to hold afternoon teas (at which tea is served) for the purpose of raising money?

A. Yes, but no extra allowance can be made for special supplies of tea at these affairs. If tea is served, it must be taken from individual rations.

Q. The tenants in my flat have certainly ruined the wallpaper in the kitchen. Can I force them to have it re-decorattd?

A. This does not come under the Wartime Prices and Trade Board regulations but under the landlord and tenant laws. If you had a lease, you should be able to take action against the tenant. You should see your own solicitor about the matter.

Q. I am planning to make up 8 quarts of jam and jelly. How much sugar will I require?

A. You are allowed 1-1-2 lbs of sugar for each quart; you will require, therefore, 12 lbs. of sugar.

10. Q. How do I list these amounts on my application card?

A. You will notice that your application card reads: "I, holder of Ration Book No ——— make application for ———pounds of sugar for canning and jam and jelly making. This will make ———quarts of canned fruit ———quarts of jam or jelly." You will fill in the blank spaces. You will also fill in the blank which asks the number of persons in your household which you will be feeding. Make sure, too, that you give the serial number of your ration book.

Home Service

Lack of Vitamins Ruins Your Looks

Glowing Beauty Depends on Diet

The radiant, outstanding young woman is likely to be the one who knows her daily vitamin requirement and gets it!

She knows, for instance, that for pep, steady nerves and good appetite she needs 1,500 units a day of vitamin B. So a typical day's meals for her include a slice of whole-wheat bread, an orange, an egg, a pork chop, a potato and a portion of peas.

She doesn't have to peer awkwardly in dimly lighted rooms or blink on suddenly emerging into bright light, for vitamin A keeps her eye adjustments normal. She easily gets her 5,000 units a day from rich sources like spinach, carrots. Such everyday foods also give C and G.

Follow a simple menu plan and you'll get enough vitamins, too! Our 32-page booklet suggests vitamin-rich menus, gives a minimum "Keep Fit Diet," a vitamin requirement table and a list showing vitamin units in everyday foods. Explains what each vitamin does for [illegible], tells 10 ways to preserve them [illegible].

Send 15c in coins for your copy of "Vitamins to Keep You Fit" to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address, and the name of booklet.

Name

Street Address

City Province

51 JOBS FOR YOU

Look over the list. It is your duty, girls, if not doing essential work, to take one of these jobs through the Canadian Women's Army Corps. Ten thousand of Canada's finest young women have already joined up—so that more men might fight Hitler. You can and SHOULD do likewise. For many more girls are needed—1500 more in Nova Scotia and Prince Edward Island. Don't overlook your responsibility in this matter. Not only will you be serving your country in her crisis—but you will also be assuring the best possible post-war career for yourself.

CHOOSE A CAREER IN THE C.W.A.C.

Step into a smart uniform, an interesting and important job, good chance of promotion—with pay and benefits equal to a civilian job of $80 to $90 per month. You are eligible if 18 to 45 without dependents, have Grade VIII education and are a British subject. Check over classifications listed below.

Accountants
Bookkeepers
Canteen Stewards
Canteen Helpers
Cashiers
Clerks—
General Office
Pay
Postal
Cooks
Cooks' Helpers
Dental Assistants
Dietitians
Draughtswomen
Drivers L. M. T.
Drivers' Mechanics
Electricians
Hairdressers
Lab. Assistants
Laundresses
Medical Orderlies
Motor Mechanics
Night Vision Testers
Radiographers
Radio Operators
Spray Painters
Store Accountants
Storewomen
Switchboard Operators
Tailoresses
Telephone Operators
Waitresses
Wireless Technicians

HOW TO ENLIST!

Apply to any of these Recruiting Stations: Halifax (Cogswell St. next Hospital), Yarmouth, Kentville, Truro, New Glasgow, Sydney, Charlottetown. Or mail this coupon to C.W.A.C. Recruiting Officer, M.D. 6, Halifax, N.S., for free C.W.A.C. booklet.

NAME.....

ADDRESS.....

REVIVE WINDOW SHADES WHEN HOUSECLEANING

It won't be long until Canadian housewifes don their dust caps, take down the drapes, and begin early spring cleaning. Window shades, if they are made of a good quality cloth, can be cleaned with soap and water, using a soft-bristled brush.

All traces of soap should be removed with clean water and a sponge, and the shade should be dried completely before re-rolling.

A Morning Smile

The doctor was questioning the negro applicant for a chauffeur's job.

"Are you married?" the doctor asked.

"Nawsah, boss," replied the applicant, "nawsah; Ah makes mah own livin'."

NICE DISTINCTION

A certain London magistrate once had occasion to say to a solicitor who had been unusually long with his cross-examination: "Kindly avoid repeating questions. You are wasting my time."

"Surely Your Worship will allow me some latitude," pleaded the solicitor.

"I don't mind giving you latitude —it's your longitude I object to!" was the retort.

THEY WANT SNAPSHOTS FROM HOME

Send your next film direct to Canada's largest photo finishing studio for developing and printing. Save dealer's profits. Quality work and prompt service is assured you.

Films Developed and Printed 25c 6 OR 8 — ANY SIZE ROLL

FREE Souvenir with each Order

A new customer at Wolfe Island, Ontario writes: "I was so satisfied with results I will tell my friends about the good work Star Snapshot Service does." You will like our work, too.

2 Mounted Enlargements 25c - 4x6" in Easel Mounts

STAR SNAPSHOT SERVICE
Box 129, Post Office A, Toronto
Print Name and Address Plainly on Orders.
Have your favourite Enlargement Coloured by Hand

BLACKHEADS

Blackheads go quickly by a simple method that dissolves them. Get two ounces of peroxine powder from your druggist, apply with a hot, wet cloth gently over the blackheads—and you will wonder where they have gone.

New Spring Coats

Authentic Fashions — New Fabrics — Good Values

See our new arrivals of slimmed . . . untrimmed Spring coats. Beautifully textured herringbones, checks, plaids and flecked Tweeds. Polos, Gabardines. Tricotines. Worsteds. Wool crepes. Superb for dressy wear, walking, business or sportwear. Women's, juniors', misses' and half-sizes.

PRICED FROM 14.95 to 35.95

Smart Accessories

- *BLOUSES*
- *GLOVES*
- *SCARVES*
- *MILLINERY*
- *BAGS*

Thoughtful shoppers will buy earlier than usual to enjoy choice. Don't be disappointed later in the season....

THE GLORIA

COR. QUEEN AND RICHMOND STS.

YOUR EASTER BONNET

Now is the time to ransack the attic, haul the material out of those dust covered shelves and discover every inch and yard of usable material. Fifty per cent of Canada's resources are going into the war effort. That means that Canada's women must make do, make over and make useful every scrap of fabric which they have. The Consumer Branch, Wartime Prices and Trade Board is urging every woman to conserve every bit of material she can. It will be fashionable this Easter to wear a remodelled bonnet. Remember the straw bowlers they wore in the days of "the bicycle built for two." This hat was resurrected from an old trunk in an attic in Northern Ontario; it was of natural straw. But see how striking an Easter bonnet it makes with a coat of black, a perky bow and a wisp of a veil.

Needlecraft

For The Home

A WONDERFUL TWO-PIECE
It's a Natural to Make Up in a Pretty Print

Maybe you wear larger sizes, and maybe you've yearned to wear a two-piece and thought you couldn't. Well, here's the two-piece you can wear, whether you are average size or over, and look very nice in it, too. This one is designed to slim the hip-line, to give ease over the bust-line, and freedom to the hem-line. All the construction lines are simple. Make it, wear it and love it.

Style No. 3500 is designed for sizes 14, 16, 18 and 20 and 36; 38; 40; 42; 44; 46 and 48. Size 36 requires only 3 1-2 yards 39-inch fabric.

Pattern for this style is hand-cut to the United States Standard measurements, and includes chart with step-by-step instructions.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.
Style No. 3500.

Name

Street Address

City Province

3500
SIZES 14-48

NIGHT COUGHS due to colds . . . eased without "dosing". Rub on **VICKS VAPORUB**

APPROVED BY [illegible] GENERATIONS