

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Milady Beautiful

By Lois Leeds



BEAUTY QUESTIONS ANSWERED

Pimples Under the Skin

Dear Miss Leeds—(1) Could you tell me what causes hard and red lumps to appear on my forehead and the side of my nose? They do not come to a head but are very hard and sore. (2) Is a commercial soap all right to use on a tender face?

F. G.

Answer—(1) The lumps under the skin are a form of acne and are caused by a sluggish skin or improper diet. Be especially careful about your diet and also try to tone up the skin through bathing and massage. Exercise in the open air will also do wonders toward waking up a sluggish skin. At night give your face the following treatment: Cleanse thoroughly with cold cream. Wipe off the cream and wash the face with soap and warm water. Leave a thick lather on for a few minutes and then rinse well. Dash on some cold water, dry carefully and then pat in a skin tonic made of one ounce of rose water, one ounce of cologne water and thirty grains of sulphate of zinc.

(2) The soap you mention is very good. However, if I were you I would try some pure milder soap for a time to see if it helps toward remedying the condition of your skin.

LOIS LEEDS.

How to Bleach Freckles

Dear Miss Leeds—I would appreciate a great deal if you would help me solve the following problem: (1) Is milk good for erasing freckles? If not, what is? Mine are dark and I hesitate to try any of the patent medicines. How about lemon juice?

(2) My legs have been getting very stout. I massage them with my hands every night but it doesn't seem to help any. What can I do to make them thinner? (3) I have a number of tiny pimples under my skin. They are on my nose and cheeks. How can I remove them?

A. N. K.

Answer—(1) Sour milk or buttermilk is often used as a bleach for freckles which are not of the stubborn variety. I suspect, however, that yours are rather stubborn, and the following bleach proves quite effective for these: four ounces lactic acid two ounces elderflower water, three ounces glycerin; a tiny pinch of borax. If this proves too strong for your skin dilute with more elderflower water or rose water. Yes, lemon juice may be used as a bleach also.

(2) In order to reduce your legs you will have to go through some relaxing, shaking, stretching and kicking exercises every day. Give about an equal time to each. It may take several months before you notice any decided improvement, but if you keep up this program every day a gradual improvement will be sure to result. If you wish definite information in regard to the various exercises please send stamped, self-addressed envelope with a request for my leaflet on "How to Reduce."

(3) Your problem is the same as that of F. G.'s whose letter appears above, and I suggest that you follow the same treatment I have suggested for her. If the pimples seem to come to a head under the skin, prick them open with a sterilized needle and press out the white matter inside. After this use an antiseptic wash such as a boric acid solution.

LOIS LEEDS.

NORTH WINSLOE CONCERT

On Thursday, Dec 19th, a very delightful Christmas concert was held in the Winsloe Hall by the teacher and

A Friend to Women



Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO. Lynn, Mass., U.S.A. and Cobourg, Ont., Canada.

For The Cook

SCALLOPED SWEET POTATOES AND APPLES

Butter a pudding dish, and arrange in it layers of sweet potatoes which have been previously boiled, peeled and sliced. Alternate these with layers of peeled and sliced sour apples. Sprinkle each layer plentifully with bits of butter and brown sugar. Cover the dish with soft bread crumbs which you have browned in butter. Bake about 30 minutes.

Etiquette

By Roberta Lee

Q. If after a dinner there is no entertainment such as bridge or music, how long should one stay?

A. From one to two hours after leaving the table.

Q. What are some suggestions for an inexpensive present for a girl?

A. The usual gifts to a girl are books, flowers, baskets of fruit, and candy.

Q. Should a woman ever assist a man, with whom she has been dining, with his coat?

A. No; the waiter or butler assists the man with his coat, or he puts it on without assistance.

Household Hints

By Roberta Lee

Artificial Flowers

Artificial flowers can be freshened by trimming off all ragged edges and shaking over the steam from a boiling teakettle, taking care not to get the flowers wet. If faded, they can be retouched with dye, or with oil paints.

A Sick Room Deodorizer

An economical deodorizer for the sick room can be made out of a pint of vinegar boiled with one quart of myrrh.

Crab Meat

Try serving currant jelly with crab meat. It is a most delicious combination.

pupils of the North Winsloe School assisted by local talent, Miss Evelyn Woolner was greatly assisted on the musical members by Misses Margaret Cudmore with the violin. The children all took their parts splendidly and were well applauded. Mr. R. W. Younker was the very efficient chairman, and Mr. Claude Craswell as Santa Clause brought delight and happiness to all. The proceeds of the concert are to be devoted to a school library. The following programme was carried through in detail:—

To break the prejudice against the idea, cremations are being offered in Glasgow, Scotland, at \$20 each.

A zig-zag puzzle was made the subject of a sermon by Rev. Dalton-Golding in Stroud, England, recently.

Dorothy Dix Letter Box

Is it Courageous or Selfish of This Girl to Leave Her Mother for the Man She Loves? — Can Life be Planned at 21? — Placating Prospective In-Law

Dear Dorothy Dix—I am 25 years of age and am madly in love with a promising young engineer. My father babled and petted my mother, shielded her from any contact with the world, and since his death I have gone on with his protection faithfully and well. My mother spends her day partly in bed, partly on the sofa, going out very little and seeing only the people who come to her, but our family physician says that there is nothing the matter with her and that all that she needs is plenty of exercise.

I have always loved my mother and been friend and companion to her and she thought I would stay by her side always. Therefore she is violently opposed to my marriage, but I just can't give up the man I love. Will you please tell me if I will show courage or mere selfishness by marrying the man I love. Would a higher courage keep me with my mother? A. M. H.

Answer:

Go on and marry your man with a clear conscience. It would be a wicked and an idiotic thing for you to sacrifice your happiness and that of the man who loves you, for the whim of a selfish, neurotic old woman who in all of her life has never thought about anything but her own pleasure and her own comfort.

Your mother has had her life. Yours is yet to come. Judged by any standard of fairness, your welfare is much more important than hers, and if she was a real mother, with a real mother's tenderness and affection for you, she would want you to take your happiness instead of standing in the way of it.

One of the most pathetic things in the world is the futility of sacrifice, for nearly always it is made in vain. So often noble-hearted men and women put away their hearts' desire, or shut the door of opportunity in their own faces; or go through years of patiently endured misery for the sake of helping some one else, and then find out that all of their sufferings, all of their self-abnegations, did no good. The one for whom they gave so much would have been better off without the costly offering that was laid on the sacrificial altar.

Particularly is this the case in the sacrifices that children make for parents. I have known a girl, like you, who gave up the man she loved because her old mother couldn't bear to leave the old home in which she had lived so long, and wanted Sally to stay in it and bear her company. I have heard that same mother reproach her daughter for being an old maid, and I have seen them grow poorer and poorer until they scarcely had enough to eat, whereas if the girl had married her sweetheart she would have been a rich woman able to give her mother every luxury.

I know a young man, a mechanical genius, who was climbing to the top in a big company that handled machinery, whose parents wept upon his breast and told him it was his duty to come back and pay the old farm out of debt, until they softened him down so he gave up his good job and came back, worked himself almost to death at an uncongenial occupation and failed, but if he had refused to make the sacrifice they demanded he could have bought them half a dozen farms.

It is a terrible thing of a fresh young life, full of hope and promise, being sacrificed to the selfish caprice of an old person yet it is done every day. Young hearts are broken and lovers separated, because parents have narrow, fanatical religious creeds. Talented young people have their ambitions thwarted because mother and father have ignorant, stupid, provincial ideas about going on the stage, or studying music or art. Boys and girls are kept from taking their parts in the great world because mother doesn't want any one but Mary to make her tea, and father won't have any one but John help him sell groceries. Surely at such sacrifices the high gods must laugh and weep.

In your particular case, A. M. H., your marriage is the remedy that is plainly indicated for what ails your mother. According to her doctor, she is only sick in her mind, and if you go away and leave her she will be compelled to rouse up and do something for herself, and she will do it after she has done a proper amount of howling over your ingratitude in abandoning her. And she will be far healthier and happier than she has ever been.

Think over the number of women you have known who were semi-invalids who were cured by their husband's death when they had to get up and go to work to support themselves.

Don't be the family goat. DOROTHY DIX.

Dear Miss Dix—After observing most of the marriages around me I have made up my mind that I will never marry. But I love children. Do you think I should adopt a couple, or would you suggest getting married regardless? I am 21 years of age. Do you think I might possibly fall in love? I tire very quickly of people and things and would hate to marry and tire of my husband. What do you advise me to do with the balance of my life? C. H.

Answer:

Well, at 21 I shouldn't worry about what I was going to do with the balance of my life. I would just let Nature take its course, and that course will doubtless lead to some nice, slick-haired young man and the altar, and babies of your own.

Also love and a family are a complete cure that tired feeling. The reason you weary so soon now of people and things is because there is nobody for whom you care very deeply and you have not found your life work. When you have a home and husband and children of your own you won't get tired of them. You will find a new and absorbing interest in them every day.

Certainly the examples of married life that we see about us are not very alluring come-ons, but if we waited for sure things in life we would never do anything at all. The shores of life are strewn with the wrecks of those who failed in their attempts.

Observe how few writers, artists, actors and musicians succeed. How many merchants go into bankruptcy. How many factories are closed down. Yet that does not keep other men and women from trying to write, or act, or paint, or starting stores, or going into manufacturing. Perhaps the percentage of failures in marriage is not greater than in any other line of human endeavor.

And don't forget that in marriage, as in everything else, success or failure depends upon how much intelligence and energy we put into our job. DOROTHY DIX.

Dear Miss Dix—I am a young man, 22 years old, earning \$60 a week, and with prospects of making more, and I have saved up enough to furnish a little apartment. My sweetheart's people are very well-to-do and her mother tells her that she should marry a man with money. She is opposed to me on account of my not being better off, but has given me a

What the Fashionable Are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annebelle Worthington



Spanish red tweed in diagonal weave with beige wool jersey bodice is youthfully smart.

Hunter's green wool jersey is sportive, made entirely of the one fabric with exception of lining of jacket which shows definite contrast in aquamarine silk crepe.

Wool crepe, silk crepe, velvet, kasha, canton crepe and tweed-like rayon crepes suitable.

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A Morning Smile

It happened at one of the exclusive midtown New York clubs. Several prominent men, all of whom had been hurt somewhat in the market crash, were discussing the probable drop in brokers' loans.

"I'll bet you there will be a drop of half a billion," said one man.

"What'll you bet?" asked another.

"I'll bet you \$2," was the reply.

"No," said the other fellow, after some hesitation. "Last month \$2 wasn't much, but this month it's a lot of money."

BEDEQUE ITEMS

Bedeque school re-opened on Tuesday Jan 7th, with Miss Martha Robertson Red Pt. in charge, Miss Robertson in this district since school opened in August.

The many friends of Miss Ida Callett R. N. are sorry to hear of her recent illness, and all hope for a speedy recovery.

Mr. Bernard Connolly and Mr. Frederick Murphy were visitors to Tryon 16, 18-years, 36, 38, 40 and 42 inches on derick last.

our marriage if we will wait a year. If we get married before, she says she will not leave us any money, but we told her we didn't want any. What should we do? A VERY PUZZLED COUPLE.

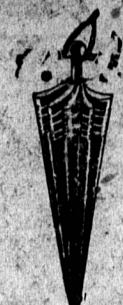
Answer:

Estrangement between a mother and her daughter is always a very sad thing, and inasmuch as you do not want to start out your new life with a family feud on your hands, I should advise you to wait the year.

You are both very young, and, although you may not realize it, being engaged is about the happiest time of your lives. You are eating the icing on your angels' food and it is sweet in your mouths and not accompanied by that heavy and surfeited feeling that you will get when you are fed up on the cake beneath it. Now is the time you are giving your real romance without any of the bills and ills of matrimony to dim it.

And, anyway, if you give in to your sweetheart's mother now, the chances are that she will relent and not make you wait out the whole year.

But the lady doesn't know a good thing when she sees it if she doesn't realize that a boy of 22 who has saved up a little money and is making \$60 a week is a better financial risk for the long pull than a youth of the same age who has inherited all his money, and doesn't know how to either make or save. DOROTHY DIX.



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This is your opportunity to secure an attractive Ladies' umbrella — ladies compacts, bobettes, gloves, electric curlers and many other valuable premiums by saving the coupons which are now packed with every package of BLUE BIRD STANDARD and ORANGE PEKOE, TIPPY TIP, QUEEN and ACADIA Brand Teas.

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PROGRAMME

Chorus Xmas is here. "Xmas Greetings" by three girls. "The Day after Xmas" by Ellen Moreside and Keith Cudmore.

Song "Old Xmas Days" by four girls. Recitation by Lowell Younker. Pantomime "Silent Night" by four girls.

Chorus by the school "Old Santa Claus." Recitation by Keith Cudmore. Song "Sleighbells of Santa Claus" by 14 pupils.

Holy Wreath Drill by 6 girls. Recitation by Leth Carter. Solo by Veda Roberts.

Chorus by school "Santa Claus." Monologue A Present for Aunt Jane by Roland Roberts.

"Under the Mistletoe" Vaudeville Saunders and Alton Younker. Dialogue "The Five - Fifteen." Sale of Candy.

Chorus Sleighing Song. Recitation by Clayton Cudmore. Instrumental music by Aletia Cudmore.

Recitation by Ruth Cudmore. Duet by Helen and Roland Roberts.

Song "Come Sing a Song for Santa Claus" - 5 girls. Recitation by Lloyd Carter.

Monologue "Miss Dorothy Enters the Minister" by Alice Younker. Dialogue "Jelly for the Minister." Chorus "Merry Sleighbells." Christmas Tree.

OBITUARY

MRS AUSTIN KILBRIDE

There passed peacefully away at her residence 5523 Gateshead St. Detroit, Mich. on Jan 6th Mrs Austin Kilbride to her eternal reward.

Mrs Kilbride, formerly Mary Hammill, daughter of Thomas and Catherine Hammill, Searletown P. E. Island, was born at Kinkora, Sept. 19th 1894. In August 1921 she married Austin Kilbride, formerly of Portage, P. E. Island. They have resided in Detroit since 1926.

Mrs. Kilbride leaves to mourn besides a sorrowing husband, four children, Leo Seven-years, Brendon five years, Dorothy eighteen months and baby Mary Perle eight days, her father and mother, four brothers John of Detroit, Walter, Russel and Earl of Searletown and one sister Mrs. J. Le Roy Sherry, Detroit. She was fortified in her last moments by her pastor Rev. James P. Welsh. The funeral took place from St. Mathews Church at 9 O'clock Thursday morning, Jan 9th, to Mt. Olivet Cemetery. The pallbearers were John Trainor Bert Sutherland, Otto McKenna, Willard Allan, Peter Murphy and George Vilneff. To Mr. Kilbride and family are extended the sincerest sympathy of relatives and friends in the loss of a loving wife and mother. May she rest in peace.

Character Close-Ups

AN EAR THAT IS LARGE ABOVE AND SMALL BELOW IS A SIGN OF THE PERSON WHO LOOKS OUT FOR HERSELF FIRST AND OTHERS LATER

Advertisement for Cuticura skin cream, featuring an illustration of a woman's face and text describing its benefits for tender skin and silky hair.

Large advertisement for Regal Flour, showing several bags of flour and the slogan 'It's Wonderful for Bread'.