

Woman's Realm / Social and Personal / Fashions / Literature

DOROTHY DIX SAYS—

Hints To Bridegroom

Set Keynote For Marital Happiness Early By Showing Appreciation, Patience

"Son," I should like to say to every prospective bridegroom, "I know you think that just being married to you is all the fun that any woman could possibly want, and that when you have fed and clothed your wife you have done your full duty to her."

"Now, being a good provider is one of the major virtues in a husband, but it doesn't cover the whole premises, and if you want to keep your wife contented you must feed her on white hyacinths as well as corned beef and cabbage. Don't you think that the love-making that you did during your days of courtship is going to last the balance of her life. You have got to keep it up. Before you were married there were plenty of men who told her how beautiful and wonderful she was. You have to pinch-hit for all of them from this time on, so don't be sparing with your flattery."

"Get off on the right foot when you are married. The first six months establishes the man's status in his family and decides whether he is going to be the head of the house, or just the poor simp who pays the bills. Don't be dictatorial. Don't be tyrannical. But don't let your wife and your wife's mother rule the roost. No wife has any respect for the husband she can henpeck."

CO-OPERATE
"Take the trouble to teach your bride how to be the kind of a wife you want. You are marrying a mindreader, and it is unfair to blame an ignorant young girl for not knowing by intuition all of your tastes and habits and desires. If you want your wife to be a thrifty manager, teach her how to run a budget and pinch pennies. If you want her to be a companion to you, chum up with her. If you want her to be a good cook, plan menus with her and compliment her when she devises a new dish."

"Encourage your wife to have interests outside of the home. That will give her something to think about besides your faults and shortcomings. And, if she has the reforming complex, it will give her a chance to take it out on someone other than you. Also it will give her something to talk about besides how hard she has to work and how troublesome the children have been."

"Show your wife some appreciation. Don't take all of her work to make you comfortable as no more than your due. Don't clobber down a good dinner without a word of praise. And don't forget to say 'thank you.' You are your wife's public. Think how discouraged you would be if you never got the glad hand after you had worked yourself to death pulling off a good performance."

"Do something every day to show your wife that you are trying to make her happy, even if it is nothing more than taking her window shopping. It is the motive that counts with her. If she knows that you would love to give her a mink coat, she will cheerfully wear her last year's jacket. And as long as you are interested in holding her hand, she will consider it a privilege to work it to the bone for you. It is easy to manage a woman if you know how and are willing to take the trouble."

Household Scrapbook

By Roberta Lee

Alcohol

Any mixture containing alcohol will dissolve the shellac on polished furniture if spilled and not removed at once. It should be wiped off immediately then the spot rubbed thoroughly with sweet oil.

The Coffee Pot

The inside of the aluminum coffee pot can be cleaned nicely by slicing a lemon into the pot, with plenty of cold water, then letting it boil for a few minutes.

Starch

Add a pinch of salt to the hot starch and it will give a high gloss.

How Can I!!!

By Anne Ashley

Q. How can I prevent clothing from sticking to the varnish of a chair?

A. Rub the chair with a cloth dampened with turpentine, and follow with a cloth wet with linseed oil. Rub thoroughly with both applications.

Q. How can I keep a half lemon fresh when a recipe requires only half?

A. It will keep until a use is found for it if it is pressed firmly on a small dish, cut side down, and placed in the refrigerator.

Q. How can I make the cover of the ironing board smooth and tight?

A. Tack or fasten the cover on the board while it is wet, and it will be absolutely smooth and tight when it dries.

FIRST. Always



KING COLE COFFEE

VACUUM PACKED

Modern Etiquette

By Roberta Lee

Q. Is it obligatory that one answer a wedding invitation?

A. If the wedding invitation includes an invitation to the reception, it must be answered promptly. If just an invitation to the marriage ceremony, no answer is required.

Q. Should soup be sipped from the side or the spoon?

A. Always from the side.

Q. Is it always obligatory that men shake hands with one another when being introduced?

A. Always, unless it is very inconvenient to do so, such as reaching across a table.

Cook's Corner

BEETS WITH ORANGE SAUCE

Unusual and very delicious is this sauce for the glowing red beet-root. A nice change, quite worthy of a special occasion. Too. Servings—4 or 6.

- 3 cups diced cooked beets
- 1 teaspoon grated orange rind
- 3-4 cup orange juice
- 2 tablespoons lemon juice
- 1-4 teaspoon salt
- 1 tablespoon granulated sugar
- 2 tablespoons corn starch
- 2 tablespoons cold water
- 2 tablespoons butter

Prepare the diced cooked beets—they may be either fresh or canned.

Measure orange rind into saucepan and add orange juice, lemon juice, salt and sugar; combine well and heat to boiling point.

Measure corn starch into a small bowl and blend in the cold water; stir into boiling mixture and cook over low heat, stirring constantly, until smoothly thickened. Add the beets and butter to the hot sauce; stir and cook over low heat, stirring occasionally, until beets are heated through and there is no raw flavor of starch in the sauce—about 10 minutes longer.

The Stars Say—

By Genevieve Kemble

For Wednesday, October 27

OWING to conflicting aspects of major planets there may be obstacles or frustrations to the recognition that may be successfully manipulated by shrewd, careful and determined efforts of a sustained and systematic nature. Superiors could be impressed by these honest attempts and constructive ability. Ingenuity and exceptional skill might attract aid from unexpected sources, with enhanced prestige, expansion and merit promising recognition, perhaps honors and promotion.

Those whose birthday it is may find themselves in a difficult or blocked situation in which their own shrewd grasp of frustration may be turned to excellent account. Shrewd and clever tactics with persistence and diligent efforts could win over the opposition and make way for hearty cooperation, tangible rewards for merit and perhaps promotion. Increased popularity and prestige, with expanding opportunity, could find happy reactions on the personal and domestic life.

A child born on this day should possess many talents and exceptional abilities.

That Body Of Yours

By James W. Barton, M. D.

WHY FEW DOCTORS DIE OF DIABETES

It is known that there are many cases of diabetes among physicians. This may be hard to understand as doctors know more about how to take care of themselves than any other group or class. One explanation may be that doctors have irregular hours and often, when they miss a meal, they more than make up for it at the next one.

However, some years ago a careful investigation disclosed that doctors who had diabetes were the best of all types of diabetics in that they were more careful of their diet, more regular with their injections of insulin, and that their death rate from diabetes was the lowest.

In "Hygeia," the health Magazine, Dr. E. P. Joslin, Boston, the noted authority on diabetes, tells of his investigation of the life history of 300 doctors who were his patients. "Today doctors literally refuse to die of diabetic coma; in fact, only two doctors (3.3 per cent) in the group of 300 have died since the discovery of insulin in 1922, and of these two deaths one occurred before 1925."

If doctors will not die of diabetic coma, why should their patients continue to die of diabetes? "All those who were afflicted with diabetes profited greatly by the discovery of insulin, but diabetic doctors benefited most of all. The use of insulin lowered the general diabetic death rate of my young adult patients by 80 per cent, but the death rate for my young diabetic doctors dropped more than 90 per cent."

Why is the death rate in diabetic doctors lower, much lower, than in other groups?

The simple fact is that the doctors know that diabetes is caused by the destruction of a part of the pancreas which manufactures insulin; so they regularly inject enough insulin, obtained from animals. Doctors know that if they inject the insulin they are safe, but not otherwise. Unfortunately, many diabetics fail to inject the insulin, and also eat too much starch food. This brings on an attack of coma, and it is during the coma — unconsciousness — that death occurs.

DIABETES

How much do you know about diabetes? Send today for Dr. Barton's interesting booklet on this ailment entitled "Diabetes." Just enclose 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

IGLOOS TO SKIN TENTS

When their snow houses melt in spring, eskimos live in skin tents.

PRETTY RAG DOLL



DESIGN NO. 1210

This 21 inch doll is not expensive and fun to make for a little girl. Materials utilized may be those from the scrap bag. Pattern No. 1210: contains complete instructions for making the body of the doll and clothes. Needlework Book 20 cents.

To order: Send 20 cents in coin to Needlework Bureau, Charlotetown Guardian, Design No. 1210.

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FOR SLENDERIZED ANKLE BEAUTY... BETTY JEAN FERGUSON ALWAYS WEARS PHANTOM

PHANTOM NYLONS

Canada has chosen its Beauty Queen of the year... glamorous Betty Jean Ferguson of Halifax... and Miss Ferguson, we are proud to say, always chooses PHANTOM Nylons for her own use!... In her many appearances before critical audiences and beauty judges she always feels that, stocking-wise, she is at her best in PHANTOMS!



The DARKER "PENCIL SEAM" SLENDERIZES an exclusive PHANTOM feature... a recognized PHANTOM "first" that is one of the many admirable PHANTOM advantages. SEE PHANTOM'S NEW FALL SYMPHONY OF COLOURS!

Phantom FULL-FASHIONED Hosiery

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Morning Smile

In a bus was a dignified man carrying a pair of women's shoes. He had evidently collected them from the repair shop, and was taking them home to his wife. But he forgot to supply his own packing material.

A man opposite was interested. Finally he leaned over, tapped the dignified one on the knee, and said with a knowing wink: "Not letting 'er gad about, eh guv'nor?"

CHANGE of LIFE?

Are you going through the functional "middle age" period peculiar to women (38 to 55 yrs.)? Does this make you suffer from hot flashes, feel so nervous, listless, tired? Then try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound also has what Doctors call a stomachic tonic effect!

Better English

D. G. Williams

1. What is wrong with this sentence? "Neither John nor Charles are coming."
2. What is the correct pronunciation of "avoidrupois"?
3. Which one of these words is misspelled? Expedite, cosmopolite, procelite.
4. What does the word "implication" mean?
5. What is a word beginning with "fe" that means "the power of bringing forth in abundance"?

ANSWERS
1. Say, "Neither John nor Char-

MAIL BY HELICOPTER

LONDON—(CP)—Britain is making experimental night flights with helicopters for deliveries and collection of mails. These tests are being made following the successful use of helicopters on daylight carriage of mail. During the last

four months helicopters have made 100 deliveries and collections ranging over 270 miles.

MUSHROOMS MOSTLY WATER

Edible mushrooms contain some nitrogenous foods and about 90 per cent water.

Needlecraft FOR THE HOME

TIMELY TOPICS

Doubly delightful is this pattern that makes partners out of a new blouse jumper, buttoned from the neckline to hem for comfort... and a neat round collared blouse, daintily edged for the new feminine touch. Blouse has both long and short sleeves.

No. 2810 is cut in sizes 10, 12, 14, 16, 18, 20. Size 16 jumper, 2 3/8 yards 54-inch; blouse 2 1/4 yards 39-inch fabric. Send 20c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit or zone number in your address. Address: Pattern Department, The Charlotetown Guardian, Pattern No. 2810.

Name _____
Address _____
City _____ Province _____

les is coming." 2. Pronounce av-er-up-pois. 3. As in have, it is in up unstressed principal accent on last syllable. 3. Proselite. 4. Something intimated; a meaning not expressed definitely. "Your implication is that he is guilty." 5. Fe-



2810
SIZES 10 - 20

TWICE the wear in every pair!

- DELICATE SHEERS
- LAST TWICE AS LONG
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Even stockings filmy as a cobweb give you double the wear with Lux! Strain tests proved stockings washed with strong soap or rubbed with cake soap pop runs quickly. But Luxed stockings last twice as long! Like getting an extra pair from out of the blue! Lux all stockings—nylons, silks, rayons, cottons—after every wearing. Leading stocking manufacturers recommend Lux.



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