



"Here's another fellow who likes Grape-Nuts Flakes—he couldn't even wait to open the package!"

"Put it away, Doctor, you're making my mouth water for that malty-rich, sweet-as-a-nut Grape-Nuts Flakes favor!"

"But, my dear fellow—as you enjoy their delicious taste, you must never forget that Grape-Nuts Flakes supply such praise-worthy nourishment as carbohydrates for energy, proteins for muscle, phosphorus for teeth and bones, iron for the blood, and other food essentials."

STERLING W. I.

The September meeting of Sterling W. I. was held at the home of Mrs. Thomas Beiger, on Sept. 11, with an attendance of 17 members and one visitor.



YOU CAN STILL MAKE Cake!

Low on sugar, eggs, butter? You can still make cake, if you use Swans Down!

Milled from the heart of fine Canadian wheat, Swans Down is sifted again and again, until 27 times as fine as ordinary flour.



SWANS DOWN CAKE FLOUR



The answer to a press photographer's prayer is the new U. S. Secretary of War, Robert Patterson. The expressions of his mobile, photogenic face are as varied as the weather.

Escape From Heartbreak

By Margareta Brucher

CHAPTER XXXI

Valerie saw Phoebe Pester again before the end of the show. The designer came to her dressing room, and said, "I wanted to tell you that I meant exactly what I said—I want you to model at my Palm Beach show."

"Yes—it is wonderful," said Valerie, half-heartedly. "Helene, seeing her troubled face, suddenly frowned. 'Say what's the matter with you? You don't act a bit excited. Here you get this swell chance and you look as though you'd assumed the national debt.'"

"I'm just tired, I guess. 'So—and—'—do I need to be? Come on—let's get dressed, then go someplace and celebrate.' Valerie was in no mood for celebration, but she made no objection, not wanting to spoil things for Helene."

"What's wrong?" Terry asked suddenly. "That's what I've been asking," said Helene. "This is the hit of the show. She gets a grand job. But look at her. She makes me weep. Valerie tried to smile. 'There's nothing wrong, Terry. I'm unconvinced. 'Where are you bound now? Let me take you wherever you're going. I was hoping I could ask you to have dinner with me, but I've got to dash off on an assignment.'"

"I think I'll go home and don't mind, Helene. Let's put off our celebration." "Okay," said Helene. "I'll run along. See you tomorrow." A few minutes later, Terry and Valerie were seated together in a taxi.

"Now then—tell me what's troubling you," he said. Valerie, however, had an impulse to pour out the whole story—to tell him of Phil and their hasty marriage. What would he think of her? Remembering what he had said once about impulsive marriages that ended in disaster, she was afraid to tell him—afraid of his condemnation.

"It's reaction, I guess," she said. "I was so keyed up over the show. I've worked so hard and so long, and have been so anxious to make good. Now that I have—well, I just feel let down somehow." "Sure that's all?" "Yes." Terry reached over and covered her hand with his. "If that's all, you'll soon get over it, dear. The small turn of endearment almost unnerved her. The slight contact caused her to burst into tears. She bit her lip, struggled to keep control of her feelings.



KIDDIES SIGHT DESERVES GOOD LIGHT



Terry's love, she had almost forgotten. She might not be free to marry him if Phil had died if there had been no annulment! "What's the matter?" asked Terry, anxiously. She drew away from him. "Terry, then her courage failed her again. Why spoil this moment of happiness? Soon—soon, she'd tell him. But not tonight. Not tonight. (To Be Continued.)"

D.D.T. Limitations

The new insecticide, DDT, has been tried experimentally in connection with warehouses and other buildings where food products, seeds, and other materials are stored. The results have been somewhat varying. "If DDT is to produce a residual effect—that is, to remain active on the places sprayed," two conditions are necessary," says H. E. Gray, Division of Entomology, Dominion Department of Agriculture.

"These conditions are: first, a comparatively large proportion of the insects must come in contact with the walls and ceiling of the building on which the DDT deposit is made; second, these surfaces must be reasonably free from dust so that the insects can come in close contact with the DDT deposit. In many storage and warehouse buildings, these conditions are not realized."

In the case of terminal elevators, for instance, the role of DDT as a residual spray does not appear to be an important one. Mr. Gray points out. When grain bins are filled, a deposit of dust is laid down on the upper walls and ceiling which prevents the insects coming in close contact with the material. In flour mills and other locations where the major portion of the infestation is within the machinery or storage bins, effective control is not likely to be secured through an application to the walls and ceiling of the building. If DDT were applied to the interior of the storage bins it would probably be removed in a relatively short time by the friction of the moving parts of the machinery and the material passing over the treated surfaces.

At the same time there might be a hazard to human beings resulting from the incorporation of the DDT into the food product. As yet, not enough is known about the poisonous effects of DDT to higher animals to assume that no hazard would be involved in this use. Consequently, it is recommended that DDT should not be used in the interior of many storage and warehouse handling food products.

HARRINGTON SCHOOL

Report for September: Grade IX—1. Brian MacFarlane, 2. Sonia Arnfast, 3. Edith Morrow. Grade VII—1. Absent for tests. Grade VI—1. Velda Proude and Audrey MacFarlane (equal) 2. Conley Heron. 3. Christine Phillips. Grade V—1. Christine Phillips, 2. Gre'a Proude, 3. Jackie MacFarlane. Grade IV—1. Enid Carter. Grade III A—1. Pauline MacIntyre, 2. Melvin Dods, (B) 1. Heather Rodd, 2. Barbara Cudmore. Grade II (A) 1. Pearl MacKearney, (B) 1. Norman Dods, (C) 1. Fred Ford. Grade I (A)—1. Terry MacKearney, 2. Kier Jones, (B) 1. Eileen Ford. Perfect attendance: Beasle Rodd, Gre'a Proude, Enid Carter, Fred. Ford. Teacher—June MacDougall

IS YOUR THROAT Sore With Cold?

Your trouble may be due to Bacteria that has lodged in the lining of your nose and throat. You may even be developing Grippe or Bronchitis. What you want most of all is comfort and relief; if so, use Polson's Cough Syrup which contains powerful antiseptics that act effectively upon the germ-infected areas of your nose and throat. The sore, irritable places get soothing relief. Transient congestion is helped. Swollen membranes are reduced. Coughing spasms are relieved and phlegm is loosened. Many weak-throated people find Polson's Cough Syrup gives them welcome relief for their troubles due to cold? Fight off your throat trouble now, knock out your cold and get back to better health again. Use Polson's Cough Syrup. Sold by all dealers in medicine in 35c bottles.

CRAPAUD SCHOOL

Report for August and September: Senior Department:—Grade X—1. Jimmy Nicholson; 2. Gladys Gamble; 3. Juanita Harvey. Grade VIII—1. Dorena Maynard; 2. Glenda Simmons; 3. Doris Parker. Grade VII—1. Jackie Johnston; 2. David Lowther; 3. Betty Bruce. Grade VI—1. Edw. Johnston; 2. Donald Rogerson; 3. John Parker. The following made an average of 90% or over: Jimmy Nicholson, Dorena Maynard, Glenda Simmons, Betty Johnston. Perfect attendance: Gladys Gamble, Glenda Simmons, Dorena Maynard.

Faculty Department:—Grade V—1. Marion Barber; 2. Florence Parker. Grade IV—1. Claire Best; 2. Frances Myers; 3. Joan Gamble. Grade III (A)—1. Arlene MacVittie. Grade III (B)—1. Maed Sherron; 2. Alan Johnston and Rose MacDonald, equal; 3. Janet MacKenzie. Grade II (A)—1. Sheldon MacPhail. Grade II (B)—1. Velma Sherron; 2. Agnes Sherron; 3. Pat Sherron. Grade I (A)—1. Gene Rogerson; 2. Robert Sherron; 3. Bruce Laine and George Sherron, equal. Grade I (B)—1. Sterling Bruce; 2. Jackie MacPhail. Grade I (C)—1. Barrie Dawson; 2. Jimmie Norton. The following made an average of 90% or over: Claire Best, Fazel Sherron, Alan Johnston, Rosie MacDonald.

Back To Civvies



The C. W. A. C. volunteers pictured here are happy in the knowledge that the \$100 clothing allowance on discharge will purchase a complete civilian wardrobe that is both practical and attractive. The budget recommended by designers and stylists includes a basic suit and dress, a date dress, shoes, gloves, bag, 2 hats, and allows for dying and re-modeling the Army greatcoat and uniforms. Here an Ottawa lady, Miss Lucille Trudel, displays 2 attractive light wool dresses for Pte. Grace Ferguson, Crapaud, P. E. I., while Sgt. Dawn Ellis, Ottawa, admires the new-style tuxedo coat. — (Canadian Army Photo)

OUT OUR WAY



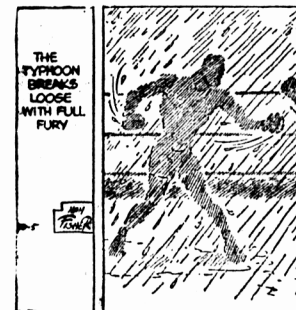
OUR BOARDING HOUSE



With Major Hoople



JOE PALOOKA



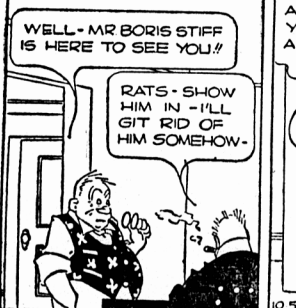
BRINGING UP FATHER



By Ham Fisher



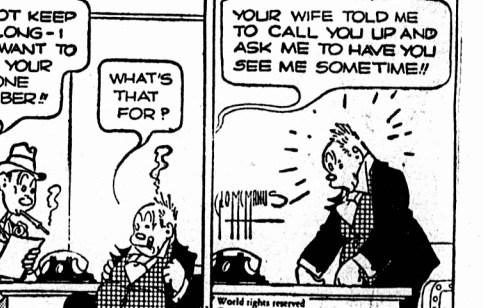
TIPPY AND "CAP" STUBBS



By George McManus



By Edwin



TILLIE THE TOILER



By Webster



By Webster

