

Woman's Realm / Social and Personal / Fashions / Literature

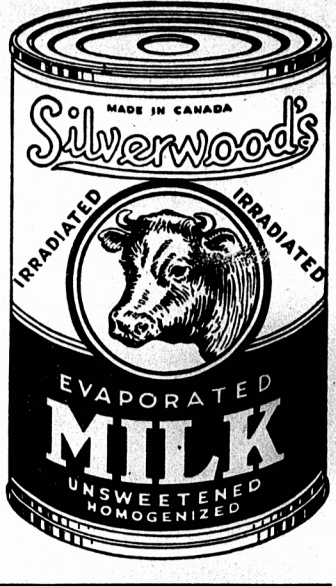
Use Silverwood's Irradiated for Vitamin "D" EVAPORATED MILK

Silverwood's Irradiated EVAPORATED MILK always tastes deliciously sweet and fresh.

The purity and quality of Silverwood's Irradiated EVAPORATED MILK is appreciated by those who use it for tea and coffee, on cereals or for baking.

Its health value is unsurpassed for babies because it is pure whole milk in concentrated form—with all the goodness left in.

Those who know prefer it on your grocer's shelf NOW.



Buy Some To-day
Good Milk makes Good Meals

Living & Leisure THE WOMAN'S REALM

I can remember once a little lad who ran the streets on errands for his pence. And in such useful services was glad. That he to friends could be of consequence.

Of there were those who smiled at his return. And to them for the spirit he had shown. For gratitude is also good to earn. As well they know in money paid alone.

That little lad is now at temples gray. And looking back across his span of years. Remembering all that's happened, this he'd say: "The best of life is being of use appears."

Edgar A. Guest

which you want to keep white. The purpose of this buffer, which should not be yanked out until every step of dressing is completed, is to catch all make-up emulsions that a blouse collar ordinarily picks up.

Once make-up surplus and friction smears are transferred to a paper collar, your blouse is a great deal safer from despoiling stains that make you look untidy before you start out, and that send your white beauties on too frequent trips to the laundry hamper or dry cleaner.

To keep the chopping bowl from skidding around the table, prop it on top of a pan about half its diameter. This steadies the bowl, and you can shift it to any angle you wish to make the chopping easier.

Edgar A. Guest

Cook your lima beans as usual. Drain and season a cup of sautéed mushrooms. Now put in two cups or so of tomatoes. Turn into a casserole. Season with salt, pepper and sweet basil. Cover with buttered crumbs and bake.

Everything has a use—even orange or grapefruit skins left over from breakfast. Boil up small aluminum gadgets, or cups or measuring or tapers with them and you'll see that the metal objects come out sparkling.

By treating dormant lettuce seeds with thionure, an organic chemical, germination is stimulated and takes place at higher temperatures than is practical with untreated seeds.

Concentrations in excess of 0.01 per cent. of carbon monoxide in mines may eventually produce symptoms of poisoning in miners; concentrations of 0.2 per cent. to 0.25 per cent. usually produce unconsciousness in a half hour.

BLOUSE SAVER

Wear a paper collar—made of one sheet of cleansing tissue cut in halves and joined to make a throat encircling band—under that blouse of calla lily splendor.

V-E DAY HASTENS BIRTHS

The V-E Day excitement caused many expectant mothers in London to have their babies anywhere from two weeks to a month ahead of time, maternity wards in the week ended May 18 they were swamped with a record-breaking rush of patients.

Warmer days are ahead! Now is the time to be very sure your deodorant is effective. Be confident of your personal daintiness at times by using a deodorant cream.

MOOT POINT

Girls won't like this news, but Dr. F. Frazer Roberts wrote in the British Medical Journal that there are more clever boys than girls. Dr. Roberts is a Royal Navy consultant in medical statistics.

FOOTWEAR STYLES

The War Production Board in Washington gave its consent today for a return to fancier types of feminine footwear. More plentiful supplies of two-tone spec-tators, reptile shoes and huarachos may be expected to result from the relaxation, the board said. In addition, the agency lifted its ban on

A JOB ONLY YOU CAN DO Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are prepared by the Board Readers. For those who have questions, please send them in writing to the War Time Price Control Board, 1122, Front Street East, Charlottetown, P.E.I.

Q. Is there a ceiling price on fish? I bought several different kinds last Saturday at the market and thought they were very high.

A. Yes, the price of fish is controlled. For Atlantic and Pacific fish there is a set ceiling price. For fresh water fish there is a ceiling on the wholesale and retail price.

Q. Last year and the previous year I received a very satisfactory permanent wave at the same Beauty Shop for \$8. This year I was charged \$7.50. They did not tell me of the increase until the work was done, and then informed me they had discontinued the \$8 wave. Are they allowed to change their prices like this without informing the customer?

A. No, hairdressers are not allowed to charge more than they did during the basic period, Sept. 15 to Oct. 11, 1941, for the same or similar service. They are not permitted to discontinue such services as their \$8 permanent wave without special permission from the Board. They are not allowed to allow very good reasons for doing so before permission would be granted. If you are dissatisfied in any way they are supposed to post their complete rates where they can be seen by customers.

Dorothy Dix Says— WIFE DESERVES ALLOWANCE Problem Of Tightwad Husband Difficult To Solve

DEAR MISS DIX: I am a war bride, just married five months and much in love with my husband. He is ideal in every respect, except that he is very tight about money. We are both very anxious to save and have already put away \$800 during the five months we have been married. But it is getting on my nerves to have to go to him for every nickel I spend and have an argument about it.

I have been told by an astrologer that I should handle the money, as I have had experience along that line before I married. It makes no difference to me who handles the money if I just wouldn't have to go to my husband for every cent. What is your suggestion in the matter?

MRS. J. R.

ANSWER: If you don't need an astrologer to tell you that you are a born financier if you have saved \$800 out of a first lieutenant's salary in five months. Evidently you are a predestined Secretary of the Treasury when women get their just dues in the financial system.

However, that doesn't settle your problem of how to get money out of a husband with a Yale lock on his pocketbook. I doubt if anybody in the world can answer that question, yet it is one upon which the whole happiness of your marriage is going to depend. For no wife, in these days, who has been a business woman before marriage and who has known the dignity and self-respect it gives a woman to have been financially independent, is ever satisfied to return to the status of an unpaid slave.

If you cannot make your husband see your point of view in this matter; if every time you have to go to him for cash and explain what you did with the quarter he gave you week before last, you are humiliated as much as if you were rattling a tin cup begging for pennies on a street corner; if your sense of justice is outraged because you know that you have earned the money, that you don't get, a hundred times over by your cooking and washing and scrubbing and if, when you have laid your case before him, he still refuses to give you an allowance for the house and for your own personal use, nothing is left for you but either to accept your lot of penance, or to leave him. No husband who ever solved the problem of what to do with a tightwad

ELLEN'S DIARY By An Island Farmer's Wife

If "a Sabbath well spent brings a fortnight content" than many of us at Alderley have a lovely week ahead. "You did remarkably well," Ellen, Mrs. L. from out the spruce Grove remarked to me last evening as I waited a minute in the porch. When the Service was concluded, "You did remarkably well," she said. Many others must have been likewise minded to me, not only from this and neighboring communities but also from the city and there was a couple "from Boston" so someone whispered to me before the evening Service. "If you come to the r-right spirit it will receive a blessing you will" that's what an old Minister in the Church at St. Island Services yesterday, including me to the old Kirk and early to his Church found only the best of blessings "within these walls."

We had many visitors at Alderley yesterday, very interesting and pleasant and from several "ends" of the island. Some I fancied glanced wonderingly in James' and my direction and disappointed went away. There were those whom I remembered well but whom I had not seen for years. These doubtless expected to find a small slight woman with raven locks and a woman with a chip on his shoulder. These too must have been disappointed. I shall mention our visitors only to show that all island folk, east, west, north or south have much in common. James was not I would say being irreverent when he spoke more than a little of farming and its attendant problems with some of our masculine visitors. Even though Judy said to me "Inch me! I thought this was Sunday," she had found a kindred (if milder) spirit in a young lady near her own age. "Pat" who likes my likes, even to mixing cakes. One lady best above most—the mother of ten, 9 sons and the very last, a fair-haired daughter has three sons in the Services. She and James are kin. Yesterday and for the first, the daughter saw the mill best great-grandfather built, nestling on the stream among the trees. One lady-visitor has "un-finished cleaning" like ourselves; one has a small lad like James and another's eldest is "ready for Grade X exams"—a fledgling about to try his wings. One always attractive lady wisely "is not going to work so hard and another with capable hands and an understanding heart wrote R. N. after her name. One of our lady guests went to the station with Judy when this new day was a babe-in-arms to inspect Mary's calf. She has had no trouble as yet in pointing each member of the family of 6 in the path of learning to which "there is no royal road" and another lady, who from her strait-laced home brought a lobster, said she "didn't know what she was going to make out of the junior" he being of a mechanical bent when she did hope that he, her one and only—would meander along an already attractive path with ever pleasant distraction to a profession. "As the twig is bent" that is what I thought but time works out such problems.

The fertilizer-spraying for the potatoes was taken up this afternoon which while actually engaging only James and Judy served to keep us all on our toes. Did I do all comfortably a minute at once a shout would be sent to "come and hold these horses" or "etch a drink" or "keep an eye on this mare" until the rest of us were driven almost to distraction. "Oh, dear" Judy said, returning in the heat from the yard with an empty glass "how long does this continue" For those not engaged in a strenuous form of manual labor, it was indeed a rare day. I saw a yellow butterfly kiss a white lilac and a hummingbird dip its beak into the heart of a columbine-bell. The cows were content to lie in the meadow in the heat of the day and to graze on slight greenling in the field across the creek. . . .

We set out the tomato plants in the garden and the others we had brought from the city, here or there about the lawn. It must have been the lure of the out-doors that made Judy suggest we go up to the top of the hill to see the new grows and get a nice cool drink. Jeanie came with us. The spring is a secluded delightful spot in the "bottom" of the hill across the creek, and beside the mill stream. It is hidden behind a steep bank. Many a pair of water has been carried from it in former years for our own and others needs. But the sun's well beaten paths that once led thither are wiped out by nature's hand. The spring is a wild and almost inaccessible place now. Most of its over-run with growing grass and other water plants. But the water still bubbles fresh and sparkling from its bed of rock, begging all who come, to try its taste. James will have it there's virtue in its clearness. Family tradition has it that once one of Alderley's daughters living away from her native land sent for a draught from the old spring to cure an illness. "And did she recover?" I've asked. But James can not remember. Jeanie and Judy were taken up with initials carved on a nearby poplar. "Who are they Mrs. Ellen?" Judy asked, somewhat surprised. How would I know? The restless leaves perhaps could tell a tale of a plighted troth or other sweet mystery. The letters are black now and grown wide with the passing years. Maybe on a holiday couple angling along the stream, found this intriguing path to the spring a veritable lover's lane.

Judy is at the corner now for tea. Mrs. Ellen—really there's not much left for breakfast. The fertilizer spreading still continues. James with the new mare in a farm-sart place between field and barn ferrying the filled paper sacks—such heavy things. It is an ideal evening for the work. A breath of wind to carry the precious plant-food aside. It falls to spread an even coating. The moon is up shedding its glory on the men and teams lending its lustre everywhere to brighten the night—and help the work. The lilac fragrance is on the air. It's the very night of all for the "green milk" to be sipped or other fairy figures to

CLIMB ABOARD!

FACTORY, railroad, shipyard . . . at thousands of spots all over Canada, men and women were asked which corn flakes they liked best for flavour. And again, 4 out of 5 said Kellogg's . . . a vote that has been the same year after year! Investigators taught Bill boarding a company truck for home. To their question, he said, "You can't beat the flavour of Kellogg's Corn Flakes. They make a swell snack after the day's shift!" Yes, they're grand for breakfast, between meals, for any time of day. Kellogg's Corn Flakes are easy to prepare, easy on your purse . . . save you time, work and fuel. Get a couple of packages at your grocer's tomorrow. Two convenient sizes. Made by Kellogg's in London, Canada.

FOR ANY MEAL . . . FOR ANY TIME OF DAY!

MODERN ETIQUETTE
By Roberta Lee

Q. If the bride is a very young widow, in whose name are the wedding invitations sent?

A. In the name of her parents, or exactly as the invitations to her first wedding were sent. The only exception is that instead of the first name "Mary" the invitation should name "Mary Smith (her maiden name) Wilson (her first husband's name)." . . .

Q. Is it all right to use the office telephone for social purposes?

A. No, if one can possibly avoid it. It is far better to use the home telephone for this purpose.

Q. Is the dinner plate or the service plate the larger in diameter?

A. The service plate is usually one or two inches larger in diameter than the dinner plate. . . .

HINTS ON ETIQUETTE

If you have been "stood up" by your favorite date, don't have a temper tantrum. Work off your feelings by going to a movie, playing some game, singing or playing the piano, and wait for the explanation the young man has before you cross him off your list of friends.

COUNTRY GARDEN FLOWERS

A man from a small town attending a convention in a big city, took in a show which featured the display of the maidenly form to a greater extent than that to which he was accustomed and the next day he made big soaking and dissolving ¼ pound of flax seeds in a gallon of water, and in a container that is surrounded by hot water. Allow the rug to dry not less than 24 hours. If the rug is very thin, be careful not to use enough solution to penetrate to the other side.

Q. How can I make a good mouth and tooth wash?

A. By adding a few drops of lemon juice to a glass of water. It removes tartar and sweetens the breath. Rinse with warm water.

Q. How can I keep lemons indefinitely?

A. To keep lemons for a great length of time, place them in a mason jar, cover with cold water, and then seal.

EARLY ENGLISH

The word "castle" was introduced into English shortly before the Norman conquest, and denoted a type of fortress.

MUSK OX VS REINDEER

The musk ox produces, per head, about double the meat of a reindeer, and at least double the milk.

GREEN AND GOLD SALAD

1 tablespoon gelatine
¼ cup cold water
1 cup boiling water
¼ cup sugar
¼ teaspoon salt
¼ teaspoon onion juice
¼ cup mild vinegar
3 hard cooked eggs
2 cups finely shredded leaf lettuce
1 cup cooked asparagus (optional)
Soak gelatine in cold water. Add boiling water, sugar, salt, onion juice and vinegar. Stir until gelatine is dissolved and chill. Lightly grease six individual molds and

HOUSEHOLD GUN BOOK
By Roberta Lee

Protecting the Curtains

Sometimes the curtains beat against the window screens and become soiled. To prevent this, slip them through the window hanger and place the hanger on the curtain rod.

Stains

Grease or cream stains should be removed immediately. Sponged with soap and water, and if this is not effective wash in a baking soda solution or use a cleaning fluid.

Cold Soap

Before adding water, when making cold soap, add 1 tablespoon each of powdered borax and ammonia to the dry lye. The soap will be better.

BETTER ENGLISH
D. C. Williams

1. What is wrong with this sentence? "The chair's leg is broken."
2. What is the correct pronunciation of "prescription"?
3. Which one of these words is misspelled? Allibi, alligator, allude, "theological" mean?
4. What does the word "theological" mean?
5. What is a word beginning with "v" that means "lively in temper or conduct"?

ANSWERS

1. Say, "The leg of the chair is broken."
2. Pronounce first syllable pre, not pe. Referring to the science of God or religion. They became entangled in a theological controversy.
3. Vivacious.
4. Pour a little of the mixture into each, out in half crosswise, remove yolks, mash, season and return to whites. Place one half egg in each mould, cut side down and chill until set. Combine lettuce and asparagus and arrange over egg cover with remaining liquid. Chill until firm. Unmould and garnish with radish roses. Six servings.

COOK'S CORNER

EVERY BOY'S FRIEND AND NO BOY'S SWEETHEART

ANSWER: Well, I don't see what you can do about it if that line of attractions you have does not give the wolves. But you are about the most unhappy because she is too young to be certain of her own mind. She is too young to be certain of her own mind. She is too young to be certain of her own mind. She is too young to be certain of her own mind.

Do you suffer from MONTHLY NERVOUS TENSION?

with its weak, tired feelings?

If functional periodic disturbance makes you feel nervous, tired, restless—at such times—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound is one of the most effective medicines for this purpose. Follow label directions. Buy today.

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HEINZ Condensed Vegetable Soup

Ask your grocer for a FREE copy of the booklet "57 Ways To Use Heinz Condensed Soups."

3 DELICIOUS VARIETIES

- 1 Heinz Condensed Vegetable Soup
- 2 Heinz Condensed Vegetable Soup Without Meat
- 3 Heinz Condensed Cream of Green Vegetable Soup

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MORNING SMILE

A man from a small town attending a convention in a big city, took in a show which featured the display of the maidenly form to a greater extent than that to which he was accustomed and the next day he made big soaking and dissolving ¼ pound of flax seeds in a gallon of water, and in a container that is surrounded by hot water. Allow the rug to dry not less than 24 hours. If the rug is very thin, be careful not to use enough solution to penetrate to the other side.

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MUSK OX VS REINDEER

The musk ox produces, per head, about double the meat of a reindeer, and at least double the milk.

HOW CAN I!!
By Anne Ashley

Q. How can I realize a rug?

A. Stretch the rug tightly, face down on the floor, and sprinkle it with a solution of flax seeds. Soak and dissolve ¼ pound of flax seeds in a gallon of water, and in a container that is surrounded by hot water. Allow the rug to dry not less than 24 hours. If the rug is very thin, be careful not to use enough solution to penetrate to the other side.

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