

Woman's Realm :- Social and Personal :- Fashions :- Literature



The Housewife And Her Activities

God gives each man one life, like a lamp, then gives...

CHINA CABINETS POPULAR

Closed-door china cabinets stress mirrored-glass back panels and glass shelves...

CODDLED EGGS

Many means have been suggested for cooking eggs in such a way that the yolks will be cooked and the whites will not be overcooked...

SMALL BRUSHES HANDY

Small brushes, such as discarded tooth brushes, if not too worn, are handy for polishing and cleaning...

FALLEN LEAVES

Be careful where you burn the leaves you have gathered from the lawn. Do not burn them too close to your private hedge as a healthy hedge can easily be destroyed that way.

THE CLOTHES BAG

If you have been away for the summer no doubt you have been using a clothes bag for your...

A Morning Smile

A Yorkshire lad and his lass have spent the day together. On their return the girl's mother asked how she had enjoyed herself.

REMEMBER MALE ELEMENT WHEN IMPROVING HOME

In most families the matter of home decoration is the woman's prerogative but only a foolish woman plans a totally feminine house in which a man will feel out of place.

A room filled with soft frilly ruffles is dainty and lady-like, but it is hardly a room to make a man want to stay around and read the evening newspaper and spill ashes.

REDHEAD AND LEGEND

It began in nursery days. "Faith, then, 'tis no use blamin' her for the temper, she w'ld red hair an' all!"

So bad behavior and red hair went together, writes Mrs. Stanley Wrench in the London Morning Post. According to Biddy, a red-haired girl became a shrew, or one of those with the come-hither-in-the-eye, and hard to tell which was worse.

In later life Malory's Fifteenth Century work and the stories of Arthur in the Mabinogion led me on a search, hoping to sew together shreds and tatters of superstition and half-remembered sayings, and in Brittany I came across the same belief that a red-haired woman is a mix-or worse.

From Ploermel and by way of Trehorreuc I had gone past the old water mill into the heart of the Val sans Retour, where Merlin, the Wizard, was tempted by Elaine. The place is full of legends, and in the Val des Fees is Merlin's grave.

THE LADY OF THE FOUNTAIN This Forest of Brecland is well known to artists and poets; fairies are supposed to haunt the glades, and I was told by a Breton woman that only a red-haired woman would be able to see "The Lady of the Fountain" if she dared to visit the spring at midnight. She crossed herself hurriedly.

Then, near one of the little lost sanctuaries in the forest, a peasant did the same at mention of Merlin and Elaine. It is certain that dread of some supernatural enchantment

Late that night Jane knocked on Joe's door. "Ere," she said, "tak thi sixpence back. Ah doubt if th' can afford it."

A girl fresh from the West Highlands, visited a sister living in Glasgow. At the outskirts of the town she stopped at a toll-bar and began to toss the smartly with her knuckles on the girl's action, and curious to know what she wanted came out, when she very demurely interrogated him as follows:

"Is this Gleasca?" "Yes."

"Is oor Peggy in?" "No, she's not."

Question a film producer as to his ideas of mix. Flaming red hair and grey-green eyes go well together. Women novelists have immortalized the type, little dreaming they were modernising something older still than Malory, some primitive myth, perhaps, of a solar deity, a piece of pagan symbolism.

Yet Queen Elizabeth, wise woman as well as mermaid, wore a red wig when wishing to look her best. Was it not Laura's red hair that attracted Petrarch? He first saw her in church, wearing a mantle of green over which fell her shining tresses, which he has immortalized in his sonnets. We know so little about her, although she is believed to have been a married woman living near Avignon; but, remembering that story of her tomb discovered in the Chapel of the Shoemakers, in Avignon some years ago. The charm of Petrarch's red-haired Laura remains!

HELEN AND CLEOPATRA There was Helen of Troy, too, beautiful temptress, who according to legend, had red hair. That scene on the balcony, when the Trojan War found excuse for the woman who brought about the Trojan War springs to mind. So, too, does that of Cleopatra, "Serpent of old Nile." Helen was lovely beyond compare, according to Homer; some authorities tell us Cleopatra was plain. Her voice was exquisite, she had charm, and if the legend of red hair is true, she had that magical quality which so often binds like a spell.

Red hair and temperament usually go together, although when old Biddy called it "temper" she may have been right.

WALNUT HAMBURGER IS RATHER 'DE LUXE' If you want something nourishing yet rather delicate, a variation of the old reliable "hamburger". The recipe serves four to six.

One and one-half pounds ground beef, 3 tablespoons chopped parsley, 1 tablespoon chopped celery root, 2 tablespoons finely chopped onion, 3 slices bacon.

Divide ground meat into six parts. Make 2 round flat cakes out of each part. Press firmly so they will hold their shape in cooking. Combine all the other ingredients, mix well, and spread on top of 6 of the cakes. Cut bacon strips in half, and place half a strip on top of the mixture on the 6 nut-covered cakes. Then on top of each of the nut-covered cakes, place a plain meat cake. Press edges together and broil or panbroil until done.

CLEAR-SIGHTED The best way to clean the lenses in spectacles is to polish them with a piece of fine tissue paper.

Take a piece about the size of a man's handkerchief and keep it for this purpose. The more it is used, and the softer the paper becomes, the better polish it will give.

MOTHERS ARE RESPONSIBLE The family looks to you to aid your doctor in keeping them well. You can help prevent much illness and poor health by guarding them from common constipation.

Most constipation comes from faulty diet—meals low in "bulk." This condition can be corrected so easily and pleasantly.

Kellogg's ALL-BRAN provides the safe way to prevent constipation by putting "bulk" back in the diet. Within the body, ALL-BRAN absorbs twice its weight in water, forming a soft mass which gently sponges out the system.

Kellogg's ALL-BRAN also furnishes vitamin B and iron. It is so much better for your family than constant dosing with artificial pills and drugs.

Two tablespoonfuls daily as a cereal, with milk or cream, or in recipes, are enough for the average person. Three times daily in severe cases.

Sold at all grocers—and guaranteed by Kellogg in London.

Remember King Cole pure tea IS GOOD FOR YOU BECAUSE—It is mildly and safely stimulating.

THE SILK ENIGMA By J. R. WILMOT (Copyright)

(Continued) "Perhaps there is another way," said Sen Yat Soh, smiling, touching the concealed belt beside his chair. Ling Foo came in answer to it, and stood just inside the room.

Ling Foo bowed. "I will acquaint His Excellency of your visit, sir." The Chinaman moved as though to close the door, but Graves anticipated that move and had the toe of his boot ready.

"This looks good to me," whispered Beck. "I wonder who His Excellency can be? Never heard of him."

A smile played intriguingly about Sen Yat Soh's lips. The alarm he had experienced when Ling Foo had brought in the card was evaporating. All they were looking for was a young man. That was good—very good.

"I take it—Mr. Beck, that this young man for whom you are looking is—how do you say?—wanted by the police?" "I'm not certain," Beck admitted, shrugging.

A "strong" flour that goes farther PURITY FLOUR Best for all your Baking

Dorothy Dix Why Not Resort to Letter? The Next Time You Feel a Family Squabble Coming on, Don't Fly Into a Battle of Words; Take up the Pen and Write Letters to Each Other

We have schools of correspondence for teaching law, medicine, stenography, building airplanes, music, art and whatnot, but nobody has started a school of correspondence for settling family differences by mail.

Yet I can think of no other innovation that would fill such a long-felt want, and do so much to promote domestic harmony and stop divorce. Every thoughtful person interested in the preservation and protection of that sacred institution, the family, has long recognized that its greatest enemy was the daily spat between husbands and wives.

Now deplorable and demoralizing as a family fight is, its worse feature is that it gets nowhere and settles nothing, because the participants are never able to stick to the main issue. The row may begin over whether the wife really needs a new dress and has nothing to wear, when she has a closet full of clothes as can be proved by anybody who will take the trouble to go and look at them.

Or whether the husband really needs to hire a secretary who looks as if she had just stepped out of the Folies, or whether or not his alibi about staying downtown last night is really water tight? All common, honest, time-tried family stuff as good for a row in any household as a nickel is for a ginger cake, and that, heaven knows, it would be grand to have settled once and for all and off the docket.

But do the belligerents fight it out on that line, if it takes all Summer? Not at all. Almost before you can say scat, they have already traced the original cause of the fight and have raked up grievances that have nothing whatever to do with the case. The wife is reminding the husband of the time he came home five years ago from a stag party so lit he couldn't find the keyhole, and of the money he loaned an old schoolmate who never paid it back, and of his sister Ellen, snooty and only inviting her to her second-best teas, because she is married to a millionaire.

And the husband is throwing his wife's no-account brother, who is always borrowing money, in her teeth, and wondering why she never can make coffee that doesn't taste like dishwasher, and laying the blame for little Tommy's adenoids on her playing bridge when she ought to be looking after her children.

When the husband slams the door behind him and starts for the office, and the wife wipes her eyes and turns to the telephone to order the groceries, the question of the new dress and the platinum blonde stenographer are still hanging on the line. All that has been accomplished is that both of the combatants are hurt and bleeding from a thousand wounds.

How easily all of this could be avoided if husbands and wives settled their differences by letter instead of by voice! Then calmly and without heat and anger, each would be able to state his or her case clearly and the arguments therefore, and the recipient of the note could consider it dispassionately, and the matter settled reasonably and intelligently, instead of being left a bone of contention between two people who really never understand each other's thoughts and desires.

It's a pity, of course, that husbands and wives can't discuss subject about which they disagree, without flying into rages, but apparently they can't do it, and such being the case, it would save a lot of tears and regrets and peace-offerings if they would do it by letter instead of by word or mouth.

There is something calming in a sheet of paper that sobers up the angriest and makes them take a second thought before they write down the scaring things they do not hesitate to say. Besides your fountain pen is always empty and by the time you get it filled, you've decided that maybe Sally or Tom was right after all.

Nor are husbands and wives the only ones who could settle their differences better by writing than by talking. It's the only way to deal with adolescents. It's impossible to argue with the young generation without calling them fools and issuing ultimatums from which you have to back down.

But you can write them temperate letters explaining why the things they want to do and have are wrong or unwise, and they will heed your advice without feeling themselves aggrieved or persecuted. It has been said that the pen is mightier than the sword. It certainly is in the home. Try it.

FASHION GUIDES FOR THE HOME DRESSMAKER

Give your wardrobe an unlimited look with these four new hats made at a low price. The pattern includes all four models. The berets achieve a dramatic sweep at exciting new angles. The sidwarping profile models are amazingly becoming to everyone. The off-the-face model is devastatingly youthful. An alluring visay veil will give it glamour for after 5 o'clock parties. These fetching little berets are made of soft felt, suede or velvet. Black, navy, brown, green and wine are the popular colors. An upstanding quill is a nice ornament. The jaunty little catlet will be your favorite for sports and campus of suede, tweed, jersey, etc. Paris has also formalized this esp for your dinner suit by making it of panne velvet, gold metal fabrics and of sequins. Style No. 3160 is designed in one size only. For material requirements see pattern envelope.

Send fifteen cents (15c) in stamps or coin (coin preferred) wrap coin carefully address to: Charlotetown Guardian giving—Style No. 3160 Size.....

Name Street Address ENGLISH TWEED New materials will include, you will be glad to hear, lots of English tweed. Then come heavy woolsens, velvet and corduroy. Trimmings are simple, but there's braid, wide and narrow, narrow strips of fur, and—if you can tell it trimming—velvet or flat fur used on matching woolen coats for sleeves, yokes and fronts.

Crochet Bread, Cake and Roll Doilies by Mayfair. No careful where you burn the leaves you have gathered from the lawn. Do not burn them too close to your private hedge as a healthy hedge can easily be destroyed that way. If the porch chairs were painted this year and seem to get very sticky in the damp weather, try rubbing over the painted surface with a cloth dampened with gasoline. It will take away that stickiness. If you have been away for the summer no doubt you have been using a clothes bag for your...