

Woman's Realm :- Social and Personal :- Fashions :- Literature



FOR THE WOMAN READER

POTTED DAFFODILS

Three bulbs planted in a pot of earth. Darkness and waiting. Sprouts— Then light and sun. Buds poking up. Stretching their necks. Longer each day. Now, daffodils! Who can fathom The mystery Of the earth And the miracle Of the bloom?

—Jessie Findlay Brown

THE WISE MOTHER

Every child should be taught from the very first to be tidy. Instead of poor, tired mother clearing away the toys, the child should be set to do it himself. He will quite enjoy the lesson, especially when mother shows an obvious delight in the neat and orderly cupboard, and will quickly learn that it is just as easy to be tidy as untidy. And at the same time teach your kiddies to handle their toys gently, so that they do not get broken before they have been enjoyed. It will help them to become less clumsy in many other ways too.

CLEANING OAK

Nothing is more satisfactory for cleaning and preserving antique oak than linseed oil. Two or three times a year it should be thoroughly rubbed into the wood with a soft wooden duster. Only use a small quantity of oil; it is the rubbing that will bring out the beauty of the wood. In between-times ordinary furniture polish can be used for keeping its surface bright.

THOSE TIGHT SCREWS

When screws are difficult to move and there is no oil available, let a few drops of vinegar fall on to the screw head and on to the woodwork surrounding it. Leave it to soak in for a short time, and you will find the screw can be moved quite easily.

MASSAGE AFTER SPRAIN

The importance of early massage after strains and sprains cannot be too strongly emphasized. Unless the bruising and outflow of fluid into the surrounding tissues is completely removed there is great danger of a form of rheumatism resulting.

This is easily understood. If an accumulation of this sort remains, it is apt to become fibrous, thus limiting the movements of the joint in addition, the pain caused by contraction persists for a considerable time.

After sprains and strains you should get busy with a good liniment.



Chapped, rough Skin!

'Vaseline' Petroleum Jelly is most effective for healing chapped hands and faces; rough, red skin; for cracked, chapped lips or for giving relief from windburn and head colds. Keep a jar handy on the bathroom shelf. You'll find it useful in dozens of ways; heals bumps, scratches, cuts and burns; soothes baby's tender skin.

BE SURE YOU GET THE GENUINE LOOK FOR THE TRADEMARK VASELINE WHEN YOU BUY.

If you don't see it you are not getting the genuine product of Chesbrough Mfg. Co., Cons'd., 5520. Chabot Avenue, Montreal.

ment which should be rubbed in at the earliest possible moment. It is better for a second person to give the massage. Unless your skin is tender, bathe the affected part in hot water before massaging. This increases the power of the liniment.

VALUE OF TACT

Good manners may truly be said to have their basis in consideration for other people. But while tact certainly comes under the heading of good manners, it needs also that touch of subtlety which is the dividing line between courtesy and diplomacy.

Diplomacy is often obvious and may be recognized, but true tact is inconspicuous and as a result social asset, alas! rather rare. The dictionary describes tact as an intuitive—perception of what is fitting especially of the right thing to do or say adroitness in dealing with persons or circumstances.

Few people have that gift of intuitive perception. It comes sometimes with experience and understanding, but mercifully it may also be cultivated. Tactlessness, like bad manners, is quite often sheer lack of thought or consideration, even sometimes lack of concentration. The worst faux as may well be made because someone has lost the thread of a conversation, or simply is not attending to the matter on hand.

The tactless person is, then, often the careless or inattentive person. If you have not naturally that intuitive perception, your road to tactfulness must be paved with more thought and consideration for other people. There are also a few broad rules for the girl who has an unhappy knack of "putting her foot in it."

Meal-times, particularly formal meals, often prove traps for the unwary; possibly because, in their desire to keep the conversational ball rolling, people sometimes choose their subjects haphazard or carelessly, without due regard to other people's possible prejudices.

Meal-time Topics

They are right enough to insist on talking at meal-times. The most banal small talk is better than uncomfortable silence. No, it is not the small talk which we must complain of and which sometimes get us into trouble. It is the large talk, the "highbrow" or deeply serious talk! Meal-time topics should be light as far as possible. The deep problems of life are not to be discussed while we fill the inner man!

Religion when we are with comparative strangers should be taboo. It is so easy to tread on other people's toes. Very frank or very scientific or very specialised talk should be avoided unless we know our company well. It is more than bad manners to talk above another person's head.

Illness should be avoided also, particularly when its discussion admits of gruesome details. In this connection reticence should be more respected than it often is. We may inquire kindly enough of our neighbor's illness. We learn, perhaps, that matters are serious and we express our sympathy. There the matter should be allowed to rest unless our neighbor's wife elects to tell us more. So often people insist on asking what is wrong, sometimes before other people, sometimes even at meal-times! It is a safe rule not to ask people "what is wrong" in a question of illness. They will tell you if they want to, and if they intend telling you they are possibly waiting for a favorable opportunity.

The Right Moment

Light intervention turneth away wrath. Your joke may not be an inspired one. But it will do its good work if you offer it lightly enough assuming that the situation so far only needs light treatment.

The next moment the situation may be lost. Words have run too high, old gentleman are nigh to apoplexy, argument has become a brawl, and the lovers have quarrelled. Your chance of being a truly tactful person has gone. You sat silent and watched and heard the world taking itself too seriously and you did not laugh and show it the error of its ways.

A Morning Smile

Teacher: "Now, Tommy, how many times have I told you to get to school on time?" Tommy: "I don't know, teacher: I thought you were keeping the score."

Molly is a practical-minded little maid with an affection for animals. The other day she heard her parents telling about a relative who had to have his arm cut off in consequence of a tiger's bite. She only said: "What a pity! The poor old tiger might just as well have had it!"

What bird can carry the greatest weight? A crane.

Why are the cook and the kitchen fire such great chums? They generally go out together.

When Your Daughter Comes to Womanhood Give Her Lydia E. Pinkham's Vegetable Compound

Most girls in their teens need a tonic and regulator. Give your daughter Lydia E. Pinkham's Vegetable Compound for the next few months. Teach her how to guard her health at this critical time. When she is a happy, healthy wife and mother she will thank you.

THE COOK'S CORNER

Oat Cookies This same filling is useful to put between those nutty deliciously full-flavored cookies that are made with rolled oats.

2 cups quick oats 2 cups pastry flour 1 1/2 cups brown sugar 1/2 cup hot water 1 cup butter or other shortening 1/2 teaspoon salt 1/2 teaspoon soda

Mix the toasted oats, the pastry flour and salt; cream shortening and sugar well and rub into the dry mixture. Dissolve soda in the hot water and stir in gradually. Pack in loaf pan, chill thoroughly, slice thin and bake in a quick oven.

Bran Cookies

Another nutty-flavored brown cookery everyone should enjoy. They need

1/2 cup shortening 1 cup white sugar 1 tablespoon cream 2 eggs 1 1/2 cups pastry flour 2 teaspoons baking powder 1/2 teaspoon salt 2 cups bran 1 teaspoon vanilla

Cream shortening, work in sugar, add well beaten eggs and cream. Mix and sift the baking powder and salt with the flour, mix these dry ingredients well with the bran and combine thoroughly with the first mixture. Add Vanilla. Pack closely in pan, chill and slice; bake at 400 degrees F.

In 54 Countries



"It's smoother," they say, "it goes on so evenly... doesn't cake... doesn't grain... stays on beautifully... agrees with my skin." Thus do beautiful women of 54 lands justify Pompeian's 30 years of beauty research. You, too, will love Pompeian Beauty Powder. Your dealer has it in 5 harmonious shades. If any Pompeian product does not give complete satisfaction we will gladly refund your money.



PARIS TORONTO NEW YORK LONDON Sales agents: Harold F. Ritchie & Co. Ltd. 10-18 McCall St., Toronto

Dorothy Dix' Letter Box

Foolish Man Who Doesn't See That Others Gauge His Success by the Appearance of His House—Only Cure for Interfering Mother

Dear Miss Dix—We live in a little town in which we belong to a number of orders in which both hold offices, and both of us are popular. Now here is the trouble: My husband finds money for everything he wants, but none for giving us a decent home. We still live in the little shack in which we moved when we first came to this place. There is not a window or door in it that fits nor a modern convenience nor comfort, nor have I a whole piece of furniture. I cannot entertain as the other women do and I am ashamed to ask anybody to my house, but when I talk about giving up my offices and breaking away from the crowd my husband says I am crazy and am trying to ruin him. If we could not afford a better home, I would content myself with his, but we can. What can I do? DOWN-HEARTED.



Nothing. Unless you have the courage to go out and rent the kind of house that you know you can afford and buy the kind of furniture you need and also can afford and then tell your husband that he can come along and live comfortably with you and pay for it, or else you will take in boarders and pay for it yourself, but for you are tired of living in a dog kennel and don't propose to do so any longer.

I knew a woman who had a husband like yours and she followed this plan, and, after throwing a few fits, the husband went along as meekly as Mary's little lamb, and was as proud as punch of his new home and the standing it gave him in the community.

If you are afraid to try this scheme, why don't you get some of his fellow lodge members, especially those he looks up to, to kid him about the kind of house he lives in? Often a man will listen to what other men say when he turns a deaf ear to his wife's entreaties. Anyway, if you can sell him to the idea that it reflects upon him, and shows that he is less successful than other men to live in a tumbledown old house, you will move him out of Poverty Flat to Prosperity Row.

I can never understand a man not wanting to own his own home and not taking an interest in making it as comfortable and beautiful and attractive as he can. For there is no thrill greater than possessing a little bit of the good earth; there is nothing more interesting than planting trees and shrubs and flowers, and watching them grow; there is nothing that gives such a sense of comfort and security as to know that your house belongs to you, that it is your castle with which you may do as you please, that it is a safe shelter against the storm and stress of the world. It gives a feeling of permanence to know that you are anchored, that you are not going to move on the first of next October or next May and that no rent collector is coming every month beating on your door.

To own your own home is the outward and visible sign of success. It is the badge of good citizenship and it brings some of the purest happiness that the human heart ever knows.

And to a woman her home means even more than it does to a man. Its four walls make her world. There her life works itself out. It is the scene of her activities. It encompasses her desires and aspirations.

Show me the woman who is interested in her home, the woman who keeps it as neat as a pin, the woman who is always trying to beautify it and make it a little prettier and more comfortable, the woman who takes a pride in her cooking and her kitchen, and I will show you a good wife and mother. The sort of woman who is a real helpmeet to her husband and who raises up children who are an honor and credit to her and the community.

But show me a woman who takes no interest in her home, who has no pride in it and who gets away from it every minute that she can, and I will show you a woman who poisons her family on bad cooking and whose children grow up into hoodlums because they are reared on the street.

It is strange but true that men do not realize how much a woman's home means to her, nor do they realize the value that a woman sets on her belongings, nor how her happiness is bound up in chairs and rugs and draperies. If they did, they would not be, as they so often are, so niggardly about buying new furniture.

DOROTHY DIX.

Dear Dorothy Dix—I have three grown children and one of the best husbands in the world, but my home is made miserable and we are all turning into grouchies by my mother, who lives with us. She makes our every minute miserable by her fault-finding and cutting remarks about everything we do and leave undone. She thinks she should dominate our entire lives and we should obey her just as if we were little children, and she is furious if we leave her at home at all or fail to take her everywhere we go. My nerves are simply worn out with the strain. What shall we do? PERPLEXED.

A family should be run for the greatest good for the greatest number, and if there is one member of it who breaks up the peace and happiness of all the rest then he or she should be as gently and painlessly removed as possible. (Continued on page 5)

What the Fashionables are Wearing

By Annabelle Worthington



skirt for this cunning frock. At the same time they are simplicity itself to press into place, after the frock's frequent visits to the wash tub.

While the original model was in French blue linen with blue and white polka-dotted dimity contrast, the style is one that lends itself to many colors and materials.

Yellow plique with white swiss dotted in yellow, is cute idea.

Wool jersey, gingham checks, plique and batiste prints are sturdy materials.

Style No. 447 is designed in sizes 2, 4 and 6 years. Size 4 requires 1 1/4 yards and 35-inch material for dress with 1 1/4 yards of 35-inch material for blouse.

Price of Pattern is 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

No. 447. Size Name Street Address City

And how charmingly the plaits provide sufficient fullness to the

TESTED RECIPES OF TEMPTING INTEREST. SIMPLE SAVORY Start with sausages... Sausages, sliced onions, canned tomato soup. Place in baking dish the required number of sausages, previously browned with onions and a cup (or less) of tomato soup. Season and put on to cook while you mix the following: 1 cup flour, 1 teaspoon baking powder, 1/2 teaspoon salt, 1/2 teaspoon Colman's Mustard, 1 egg, 1 cup milk. Beat this mixture well and pour over the partially cooked sausages. Bake until nicely browned—and there you are. A really delicious and nourishing luncheon for four people—at reasonable cost. Simple Savory makes possible a real economy in the family food budget. And its flavour, so subtly appealing, will be the cause of much favourable comment—provided you have not overlooked that 1/2 teaspoon of Colman's Mustard in the recipe. Colman's D.S.F. Mustard AIDS DIGESTION

GARDENING Seeds sown early often disappoint, but careful preparation and intelligent management help to prevent this. The object here differs from gardening in the open, and the method varies accordingly. These plants are to be transplanted once or twice, and the first aim should be to get a good root system that will carry the plant through these disturbances. Therefore, force root growth by providing light, fibrous, fairly rich soil in beds where plants are to grow. If you are so fortunate as to have a thoroughly arable loam soil that does not form hard clods or crusts it should serve well as a basis for your mixture. Add nearly as much sand, and about the same volume of leafmold, neutral peat, one of the prepared humus products, or the finest parts of an old and thoroughly rotted compost. If your garden soil is clay the proportion in the mixture should be reduced from a third to a sixth or even less. Break Up Clods In preparing soil for seeding in pots or shallow boxes it is easy to get rid of most of the lumps and clods, either by sifting it through a screen, or by shovelling it repeatedly from one heap to another and brushing away the coarser lumps that roll down the sides of the pile. For topping off the seedbed, sift a few handfuls through window screening. Fill the bottom of the box or pot with a layer of pebbles, coal ashes, bits of charcoal or the like that will provide drainage and will also permit water to spread through the box when it is set in water. Cover this drainage material with a layer of the coarser material sifted from the leafmold or old compost. Cover this with an inch and a half of the mixed soil; press it down with a flat board, and scatter over the surface a thin layer of the fine sifted soil. Sow the seed according to directions, covering with the fine sifted soil. Water the pot or flat by immersing it in water until moisture shows at the surface. PROHIBITED PINE TREES Five-leaved pines from all countries, and certain two-leaved pines from Europe have been scheduled by the Dominion Department of Agriculture on the prohibited list of entry into Canada. This measure is calculated to prevent the entry of the White Pine Blister Rust and certain insect pests. GRASS OF MANY NAMES Kentucky Blue grass is a native of all countries of the world outside of the tropics, being found in Europe, Northern Africa, Siberia, North America, Australia, and the most southern parts of South America, says the Dominion Department of Agriculture. It has all sorts of names in the various languages of the world, and in the English language is known as the grass, June grass, spear grass, English grass, green grass, bird grass, smooth-stalked grass, meadow grass, and common meadow grass. The most important breeds of turkeys are Bronze, White Holland, and Narragansett. Other breeds are Bourbon, Red, Black, and Slate. There is little difference in the hardness of any of the breeds, says the Dominion Department of Agriculture, and the flesh of all turkey is very similar in texture and flavour. ALFALFA THE WANDERER About 500 B.C. Alfalfa was brought from Persia to Greece, from whence it spread first to Italy, then to Northern Africa. The Arabs carried the plant to Spain in the seventh century A.D., and later it was introduced to France. The Spaniards brought it to Mexico, South America, and western United States; British and other colonists took the plant to the eastern parts of North America. ALL TURKEY FLESH SIMILAR IF you're troubled with stomach distress, gas, and your blood needs enriching, there's nothing so good as Dr. Pierce's Golden Medical Discovery. Mrs. Elizabeth Stewart of 129 S. Caroline St., Hamilton, Ont., says: "I used to have such awful stomach distress. I had indigestion most all the while, and was continually bloated with gas. At times I had heartburn that made me feel miserable and I would become dizzy-headed frequently. But Dr. Pierce's Golden Medical Discovery built up my system and entirely rid me of the stomach distress. I am pleased to speak well of the 'Discovery,' as I have had no stomach trouble in years." Sold by druggists. Write Dr. Pierce's Clinic, Buffalo, N. Y.

EASTER—Give a YARDLEY Gift What other Gift can be more fitted than the Yardley Lavender, what other has the same winsome charm—as fresh and lovely as springtime itself? Give a Yardley Gift—in perfume, powder or cream or in one of the many Yardley Gift sets. Lavender Perfume, 35¢ to \$12.00. Complexion Powder, \$1.00. Cream, 50¢. Toilet, 35¢ each, Box of 3, \$1.00. Bathing, 50¢ each. Gift sets, 85¢ to \$10.00. At all good Drug and Departmental Stores YARDLEY—LONDON Toronto New York Paris