Woman's Realm / Social and Personal / Fashions / Literature

Modern Etiquette

By Roberta Lee

Q. Can a friendly letter be too long
A. That all depends upon the contents of the letter. Between intimate friends, a long, newsy, interesting letter is always welcome. A letter relating troubles, aches, ills and accidents is always too long, whether two pages or ten.

Q. When a woman guest comes to visit for a week or two, what is the best way to introduce her to one's friends?
A. The afternoon tea party is very popular for this purpose.

Q. Should the sexton of a church where a wedding is held be paid, and if so, by whom?
A. Yes; by the parents of the bride.

How Can I!!!

By Anne Ashley

Q. How can I clean a white wool sweater?
A. Rub the sweater well with flour. About three cups will be required if thoroughly rubbed until it penetrates each fold. Shake out well and hang on the line while a good stiff breeze is blowing.

Q. How can I treat a bruised finger which has been hit with the hammer?
A. Hold the finger in water as hot as can be borne for a few minutes. This will draw out the inflammation almost immediately.

Q. How can I prevent raisins from going to the bottom of a cake?
A. This can be prevented by rolling the raisins in butter before placing them in the batter.

HOME LIFE NOT 100% PERFECT!

Ex-Servicemen Find Rich Food and Lack of Exercise Bring Penalty

After the strict routine of army life many servicemen — women too — find themselves "out of condition" soon after returning to civilian life. They feel irritable and "slowed-down" — until they realise that rich home food and lack of exercise are clogging the system with toxic waste.

Now, like thousands of others who discovered a favourite British method of keeping fit and trim despite rich, heavy food, many take Bile Beans nightly. For all-vegetable Bile Beans tone up the system by stimulating the liver. So take a tip from those who know—ask your druggist for Bile Beans, "The Remedy that Wakes Up Nature". BILE BEANS, largest-selling liver pills in Great Britain —over 7 million boxes used last year. 55

Cook's Corner

FISH CROQUETTES

4 tablespoons shortening
½ cup flour
2 cups milk
¼ teaspoon salt
1 teaspoon Worcestershire sauce
2 cups cooked fish
1 tablespoon butter
1 tablespoon flour
¼ cup milk
1 cup peas
Lard, shortening or cooking oil

METHOD: Melt the 4 tablespoons shortening or lard and blend in the flour. Gradually add the 2 cups milk and cook, stirring constantly until the mixture is thick. Season with salt and Worcestershire sauce and add the cooked or canned fish, which has been boned and flaked. Chill until cold and set.

Melt the tablespoon butter and blend in the tablespoon flour. Add the ¼-cup milk, and cook, stirring frequently, until thick.

Add a dash of salt and then the peas. Set this aside until cold and thick also.

When the fish mixture is cold and firm, mould into flat round cakes. Place 1 tablespoon of the creamed pea mixture on one of the fishcakes and cover with another of these. Press into a ball and flip into bread crumbs, then in slightly beaten egg, and again in crumbs.

Fry these cakes in deep, hot fat. Have the fat heated to 390 deg. F. or unil hot enough to brown a day-old 1-inch cube of bread in 40 seconds. You will notice that the fat is hotter in this than with the fish fried in butter. The reason for this is that with the croquettes the filling is already cooked, and all that has to be done is to brown the outer coating.

When the cakes are nicely browned, remove from the fat and drain on unglazed paper. These are nice served with a white sauce or a tomato sauce, or you might serve with tartar sauce.

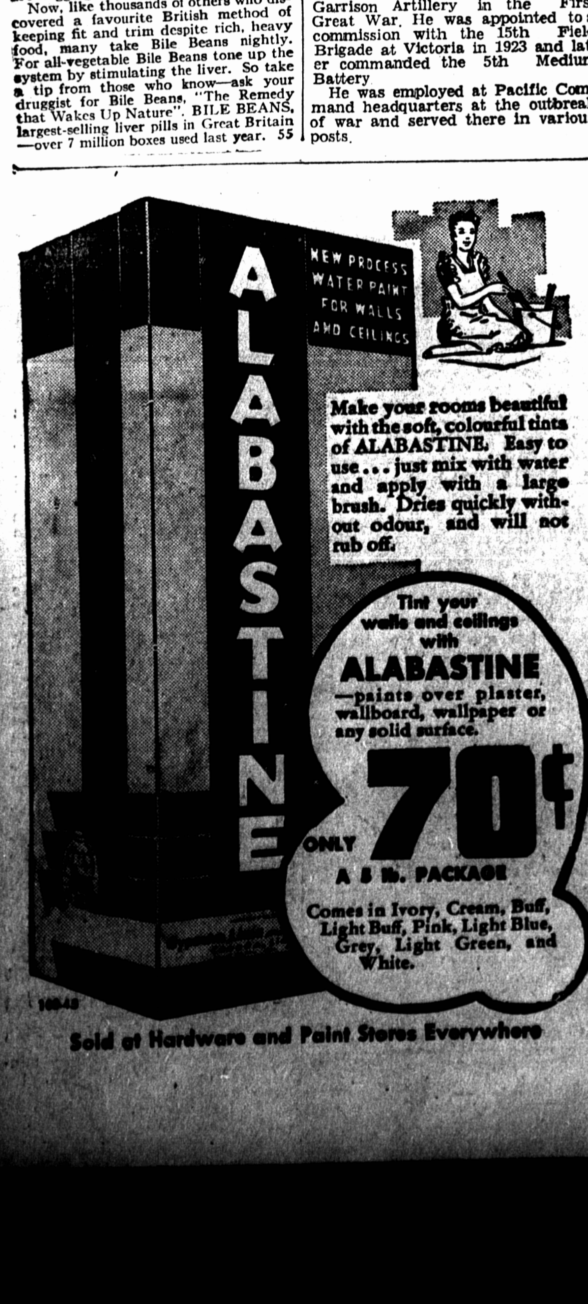
If you like you may leave out the creamed pea filling, and form the fish mixture into cone shapes like ordinary croquettes.

COL. BATTEN RETIRES

OTTAWA, April 15 —(CP)—Retirement of Col. C.T. Batten, 50, officer in charge of fixed defences at Pacific Command since 1944, was announced today by Defence Headquarters.

Col. Batten was first commissioned on leaving London University in 1917 and served with the Royal Garrison Artillery in the First Great War. He was appointed to a commission with the 15th Field Brigade at Victoria in 1923 and later commanded the 5th Medium Battery.

He was employed at Pacific Command headquarters at the outbreak of war and served there in various posts.



Ellen's Diary

By an Island Farmer's Wife

Monday brought the strangeness of bird song in the snow and Mr. D.'s return to his work at the house across the lane. He had gone to spend the week-end at his home down the river road, when the sunset painted fairy pastel shades in the West, which were reflected on the pond below. With lamplight that evening James came indoors to announce "that old one up there in the piggery, is planning to keep us all night." And so in the quiet of the early Sabbath, he and Jock received their last batch of "mortgage-lifters" and when the young things had inhaled a few breaths of the good free air, they ushered them kindly but firmly to their warm lunch counter. Mr. C. from the house on the hill, who had come up the shortcut for a Saturday night "kayley" and realizing how tedious the hours can be from midnight to dawn, for he had been occupied with a similar pastime recently, offered to "stay a spell" and evidently took his departure sometime during the early hours of the Sabbath.

* * *

There had been added chores for James. He told me about them, with a neglected air, for at the time I had gone easily via the stairway down sleepy lane without the necessity of any sedative nor of counting frisky ewes leaping any imaginary fence. My pillow was saturated with sleep. James it was, who numbered and called sheep, but wide-awake and about midnight. He recounted this incident sadly for there was a noticable sliver of skin missing from the bridge of his nose. In the darkness he had come in contact with a gate "all on account of you, Ellen—I'd let them eat every confounded rose bush about the place." There was also, he said a visit to the stable to milk Mary, the jersey, to obtain a warm supplementary food for the wee pigs, in the sty. Under the heading of "things for the house" I had bought a sturdy feeding nipple for just such an occasion, on our recent trip to the city. There was also, after the waiting period had elapsed, the matter of removing the new-comer's baby teeth not all of them but only the most sinister. All, I suspect by the light of the kitchen lamp, and not one protest, came upstairs to disturb my dreams.

* * *

"Seventeen!" Jamie repeated after me, when I told him the number of them by 'phone and he chuckled so heartily that both Jeanie, who happened to be in the kitchen at the time, and I laughed as well, Jamie's counting does not extend so far, and we wondered at his amusement. Two of them have bestowed upon me, I suppose, in recognition of long service as female assistant at several phases of husbandry at Alderlea. These in the light of my busyness, I am thankful to relate have what James calls "an unearthly look" about them. But if it should happen that they survive and develop to one day reach "the weight" then we will be assured of our pork supply. I may say, mine invariably are destined for the barrel with only one alternative. If they come up to certain requirements they may then be added to the herd of younger matrons.

* * *

White sea gulls with wide spread wings and weird cries came inland today to remind me that of late, I had been wondering about their absence. Spring could not come as it ordinarily does to The Island, if the sea gulls did not follow the river up to Alderlea. The hill tops bared some in the sun's rays and great lazy drifts of pearly-white clouds floated in the blue of the sky. Summery shadows came back to the pond and the westering sun lit up the weathered grey of the mill's gables. Trees waited quietly on the hills for the week-old moon that presently hung graciously above the earliest stars.

* * *

Life about the place followed "the even tenor" we have adopted for the time. Jock went with Rob to the woodlands and James picked up the odds and ends of work about the buildings and made a satisfying an snug pattern of them by night fall. There were minutes out for a brief nap, to make up for recent wakeful nights and to look in on Mr. D. He has taken it up on himself to decorate the new stairs in the wee bit house across the lane. He came over to join mine husband at lunch "if you can call it that" James apologized to Mr. D. "bread 'n butter 'n molasses and a few pieces of cake. Ellen's getting quite shameless about the meals she offers now. "You know" he went on leaning an elbow on the table and looking earnestly toward Mr. D. "there's not a great deal you can do with a person who has lost his sense of shame." But they forgot my shortcomings as they began to chat of Mr. D.'s week end. It seems, he called to visit the new-comers, who had recently settled on an adjacent farm and pretty soon James was deep in the farm prospects for the season at hand. They talked of potatoes and beef, and hawgs and horses until Mr. D., who had returned on foot and then polished and decorated all day, yawned openly an guessed he "would make tracks." James has been out to see that all their cares are comfortable for the night, and now as he blows out the lighted lantern he wonders "what would it be, Ellen, the cat was dragging into the shed —I couldn't get near enough to see." Well, whatever it was, and how would I know? it is quite time to "drag" ourselves to bed.

Until tomorrow — Diary —Goodnight.

$7,000 Postal Theft Reported In Montreal

MONTREAL, April 15 —(CP)— Postal authorities today reported to police that thieves broke through a wall last night to get at a safe in the east-end post-office branch at Amherst and St. Catherine Streets and escaped with $7,000.

Only a few weeks ago a similar robbery took place at a west-end post-office branch at University and St. Catherine Streets when $5,000 was taken.

Dorothy Dix Says—

Youthful Marriages

Obligations Too Fraught With Burdens For Boy of 17

DEAR MISS DIX: I am 17 years old and have just graduated from high school. I am madly in love with a girl of my own age and we intend to be married at once. I think that there is nothing better than for a couple who love each other to be married and have children while they are young so that they may enjoy a happy family in the flower of their youth rather than wait until they are middle-aged.

Don't you agree with me in this?

AN UNDECIDED YOUTH.

ANSWER: I certainly do not. I think that there is nothing truer than the old proverb that "a young man married is a young man marred," and that for a boy of 17 to take unto himself a wife is for him to commit a crime not only against himself, but against the poor, silly little girl who accompanies him to the altar.

SELDOM SUCCESSFUL

Of course, miracles happen now and then, and once in a blue moon, a child-marriage escapes going on the rocks, but statistics show that young marriages are rarely successful. They end in divorce far oftener than do the marriages of mature people. I get thousands of letters a year from the unhappily married and practically every one of them begins: "I married too young."

And that is perfectly logical and inevitable because teen-age boys and girls are still growing and changing, mentally and spiritually, just as much as they are physically, and they do not know themselves what they are going to be when they are adult. Nothing is farther from the truth than that when boys and girls marry they will grow up together and have the same tastes and habits and points of view. It is pure luck if they develop along the same lines. Of the two who seemed on a par in their teens one may be a star in the twenties and the other a dim wit.

Also, there is a practical side to consider. Few boys in their teens have any way of supporting a family, and no marriage can be happy in which incapable children are wrestling with the problem of how to make a living. And many a boy who had it in him to go far never rises above mediocrity because he is sunk by the wife and babies tied around his neck.

Nor does the early marriage insure the happy family you vision. Very young parents are seldom good parents and they are seldom good husbands and wives because they lack the discipline that life gives us all.

DON'T DO IT, SON. WAIT until you are grown up before you marry.

DEAR MISS DIX: My husband has returned from overseas and here is the trouble with us: While he was in the service I was tied down with our baby, and now that he is back I feel that he should take care of him when he comes home from work, and that when we go out we should take the baby with us. But my husband wants to visit with the men folks and I am supposed to chase after the child. Is that fair?

BEWILDERED WIFE.

ANSWER: You seem to think that your husband was on a pleasant outing while he was in the Army and that you were being simply martyred in having to stay at home and look after the baby. Let me assure you, in case you haven't read anything about it in the papers, that Guam and Iwo Jima were no picnic and that it wasn't any fun sleeping in foxholes and sloshing through jungles and facing death and danger. The men who have had three or four years of that have come back tired and worn and nerve-racked, and their wives should have some sympathy for them and give them a chance to rest up instead of trying to turn them into nurse maids.

DEAR MISS DIX: Here is a problem that confronts many of us teen-agers: How can we get rid of the boys who come to spend an evening with us and stay and stay and stay until they wear out their welcome?

SLEEPY TEEN-AGERS.

ANSWER: If the boys can't take a hint when the talk slows down and you begin to yawn behind your hands, why not appeal to Papa for help? When your Mother was your age, fathers had a system that worked. They would ring a bell that indicated a lad had best be on his way, or they would call down the stairs: "Daughter, is the young man staying for breakfast?" And that would start the procession moving.

Household Scrapbook

By Roberta Lee

Gloves

New kid gloves should not be put on the hands for the first time when in a hurry. If they are carefully put on, the kid will stretch gently to conform with the lines of the fingers and hands. Do this the first time and all other times will be easy.

Grease Stains

If grease is spilled on a dress, rub the hands together until heat is created. Place one palm under the spot and rub briskly with the other palm. The heat will make the stain disappear.

Use of Crumbs

The crumbs that are left over from bread, cake, or muffins are excellent to use as a crust for any baked or scalloped dish.

LONDON, Ont., April 16—(CP)—The western Ontario regional drama festival, last held in 1942, will be revived here May 10-11, it was announced today. Officials said it may be the forerunner of a Dominion Drama Festival at London in 1947.

Several district Little Theatre Groups will compete in the Western Ontario festival with Mrs. L. T. White of Ottawa as adjudicator.

Morning Smile

MISINTERPRETED

The electricians were making some repairs on the local school.

School Boy—What are you doing, mister?

Electrician — Installing an electric switch.

Boy—Well, I don't care. Our family is moving today and I won't be going to this school any more.

RIGHT GIRL

A lovesick Scotsman, wishing to know his fate at once, telegraphed a proposal of marriage to the lady of his choice.

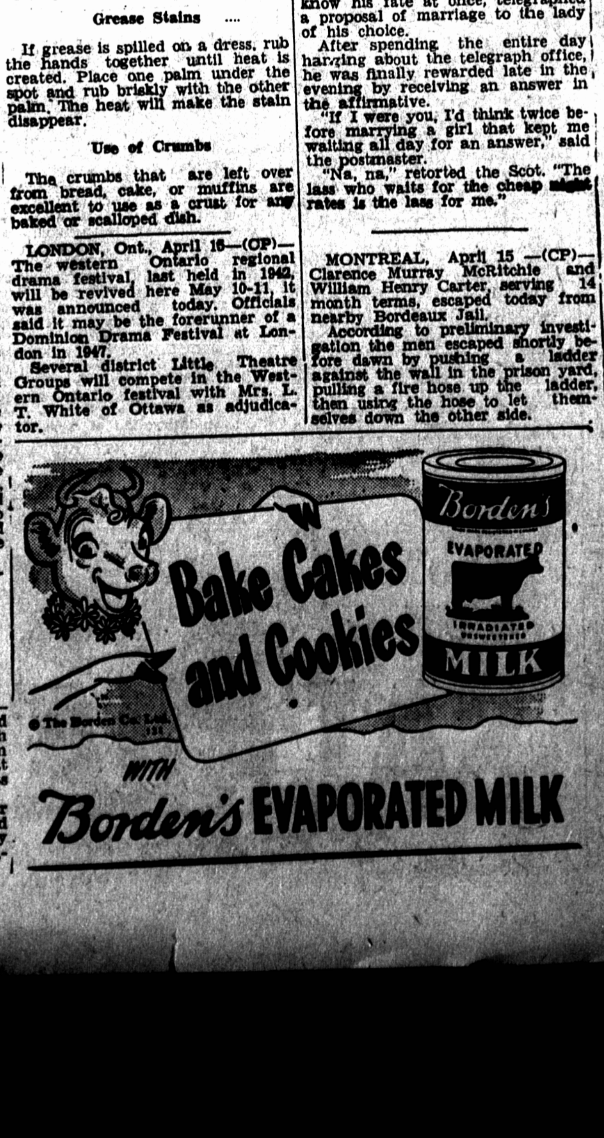
After spending the entire day harrying about the telegraph office, he was finally rewarded late in the evening by receiving an answer in the affirmative.

"If I were you, I'd think twice before marrying a girl that kept me waiting all day for an answer," said the postmaster.

"Na, na," retorted the Scot. "The lass who waits for the cheap night rates is the lass for me."

MONTREAL, April 15 —(CP)— Clarence Murray McRitchie and William Henry Carter, serving 14 month terms, escaped today from nearby Bordeaux Jail.

According to preliminary investigation the men escaped shortly before dawn by pushing a ladder against the wall in the prison yard, pulling a fire hose up the ladder, then using the hose to let themselves down the other side.



LEFTOVERS TRANSFORMED

Last night's leftover roast makes tonight's "Magic" Meat Rolls

2 tbs. soft butter
1 cup chopped leftover meat
2 tbs. chopped onions
2 cups flour
4 tsp. Magic Baking Powder
½ tsp. salt
4 tbs. shortening
¾ cup milk, or half milk and water

Mix meat, onion, butter. Sift together dry ingredients, mix in shortening; add liquid to make soft dough. Turn on floured board; knead lightly. Roll ¼ inch thick, spread with meat mixture. Roll like jelly roll, cut in slices. Bake on baking sheet in hot oven (475°F.) for about 15 minutes. Serve with tomato sauce.

Better English

By W. L. C. Williams

1. What is wrong with this sentence? "You will not appreciate the money except you earn it."
2. What is the correct pronunciation of "language"?
3. Which one of these words is misspelled? Releive, deceive, receive.
4. What does the word "intrusion" mean?
5. What is a word beginning with ra that means "having understanding"?

ANSWERS

1. Say, "unless you earn it." 2. Pronounce lang-gwij, i as in bridge, not lan-gwage. 3. Relieve. 4. The thrusting or forcing of something in or upon. "Its harmony was not spoiled by the intrusion of a single harsh note." 5. Rational.

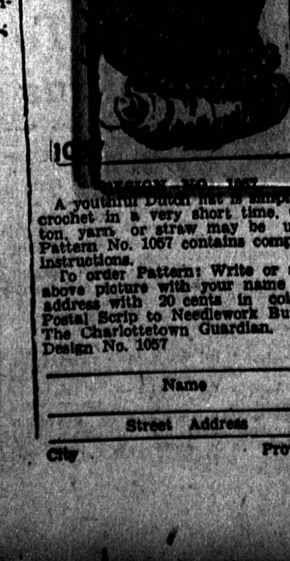
Do You Eat Too Much Rich Food?

Most People Do and Pay the Penalty!

Authorities say we would feel better and be healthier if we ate far less, particularly rich, fatty foods. Overeating, plus lack of exercise often leads to an overloaded system—a dull, always tired feeling, and eventual "middle-age spread."

By taking gentle, all-vegetable Bile Beans nightly, many keep in trim despite a love for rich food. Bile Beans are so helpful to people who want to be youthfully active that over 7 million boxes were used last year. Ask your druggist for BILE BEANS—the British remedy that "Wakes Up Nature". 48

FLATTERING DUTCH BONNET



1057

DESIGN NO. 1057

A youthful Dutch hat is simple to crochet in a very short time. Cotton, yarn, or straw may be used. Pattern No. 1057 contains complete instructions.

To order Pattern: Write or send above picture with your name and address with 20 cents in coin or Postal Scrip to Needlework Bureau The Charlottetown Guardian.

Design No. 1057

Name

Street Address

City Province

Living & Leisure

—THE WOMAN'S REALM—

When to the flowers so beautiful
The Father gave a name,
Back came a little blue-eyed one
(Timidly it came),
And standing at its Father's feet
And gazing in His face,
It said in low and trembling tones
With sweet and gentle grace:
"Dear God, the name Thou gavest me
Alas! I have forgot."
Then kindly looked the Father down,
And said, "Forget me not."

Anon.

An aluminum dish pan is a pleasure to the housewife as it holds the heat of the dish so long.

Soya-enriched bread is now being used in France to furnish more protein and calcium, lacking in most available diets.

Sonar is new term, paralleling radar, that applies to underwater sound signals which may be picked up by vessels by means of hydrophones on their hulls.

HAIRDRESSER TO QUEENS

Beauticians and hairdressers in the British Auxiliary Territorial Service are having a chance to get a permanent from a suave, young Pole, Sandro Kosiner, who for five years arranged the coiffures of the queens of Italy and Bulgaria, the London Daily Mirror said today. Kosiner's talents—of little value in the British army's Pioneer Corps, in which he is serving—have been called in to serve the vocational refresher course in hairdressing which the A.T.S. offers its girls. This is part of a scheme to help servicemen and women bridge the gap to civilian life.

KEEPING BREAD

Keep bread well covered and cool to prevent moulding or drying out. If there is room in the refrigerator it is an excellent place to store the well-wrapped loaf, otherwise see that the bread box is well ventilated. However, do not keep bread in waxed paper if it is not stored in the refrigerator for the danger of mould increases. The bread box should be frequently washed with hot water and soap, then scalded with [illegible] water, dried and aired in the sun if possible. If bread does become dry it is easily made into melba toast which is so often served in smart restaurants and hotels. Cut the bread in very thin slices and toast in the oven until thoroughly dry and lightly browned. French toast turns stale bread into a special dessert or breakfast dish.

ODD JOB

Five-year-old Ann McEachern, of Columbia, S.C., is a veteran court attache despite her tender years. For two years she has had the job of drawing jurors' names when juries are selected in the circuit courts for Richland county. She gets $2 a day when court is in session. When not actually busy with her duties, Ann just sits quietly and watches proceedings with much curiosity. Ann got her job when her predecessor reached the mature age of six and had to go to school. Children are picked for the job because state law prescribes that it must be given to a person who cannot read.

FROM SPITFIRES TO SAUCEPANS

LONDON — British housewives who gave up their aluminum saucepans and other kitchen utensils to help build airplanes during the critical days of the war soon will be getting them back in the form of aluminum furniture, which British manufacturers now are producing in an effort to beat austerity and supply much needed home equipment.

This furniture made by workers who used to build Spitfires is only one of many new products appearing. Not all are immediately available, but manufacturers hope to have many on sale by the late summer.

1. An improved electric cooker with thermostatic oven, quick boiling plates and "simmer" control.

2. Dual purpose washing machine which washes the dishes and washes clothes, rinses them and leaves them ready for iron.

3. An electric rotary ironer which can deal with anything from a handkerchief to a sheet.

4. An electric mixer — heater — grater — chopper.

5. An improved hot water heater which provides instantly six or seven gallons of water for household uses.

6. A combination central heating and cooking stove which heats the house, cooks the food and provides an open fire to sit by — all on 200 pounds of coke or anthracite a week. In summer it can be run on electricity.

Spring seems to come more quickly if you'll rush it with some of the early collections of pretty prints. Rows of tucks, a brief ruffle or a slashed scallop forms the sleeves in brand-new models.

Forges for blacksmiths, modern type, are motor-driven and burn fuel oil.

The average outside temperature in winter on a trans-Atlantic flight is 22 degrees below zero Fahrenheit.

The African chameleon can keep one eye focused on a fly ahead of him that he is stalking, while he turns the other to observe a potential enemy off to one side.

Sap weather, when rock maples yield sap for sugar, comes when days are warm and nights are cold; warm bright days and freezing nights are responsible for the flow of the sap, scientists find.

Home accidents, which kill or seriously injure many thousands of Americans each year, are caused by faulty design, construction, or arrangement in homes and home equipment, or by careless acts.

Although all principal American railroads have long used a standard gauge, in 1871 there were no fewer than 23 different gauges used, varying in width from three to six feet; some two-foot gauge roads were built later.

PAPER MILK CONTAINERS

To answer two fundamental questions about paper milk containers—are they sanitary and are they practical for the fluid milk trade—an investigation was undertaken by the University of Illinois. Bacteriological studies were made of the various processes involved in making pulp and paper, fabricating the containers and paraffining and filling them. Studies were also made to determine the bactericidal action of paraffining.

In investigating the practicability of the containers, tests were made of such features as their strength, resistance to bulging and leakage, ability to keep heat from being transmitted to the contents, the degree of protection afforded against the harmful effect of sunlight on the flavor of milk, and the adaptability of the containers to plant operations. Surveys were also made to get consumer reaction to the paper bottles.

The results of the investigation are reported in detail by Professor M. J. Prucha and P. H. Tracy in Illinois Bulletin 495. They find that paper containers are sanitary and practical. After four years of using glass and paper bottles at intervals, 95 percent of the consumers stated they preferred the paper bottle.

In plant operations they report that among the advantages of the paper bottle are less noise in handling, less water on floors, and less difficulty in maintaining proper temperature. The paper-bottled milk took up less space in storage, was easier to load, and loads were less than half as heavy for the same quantity of milk.

Among the disadvantages it was noted that drops of milk on outside of container were difficult to remove satisfactorily and a silver of paraffin sometimes appears in the milk. It was difficult to detect when bottles were not properly filled and an occasional container will leak.

Needlecraft

—FOR THE HOME—

CHILDREN'S TOYS

With the holiday season so close at hand, why not remember the little folk with such charming presents as this swaggering little duck, and the soft appealing Br'er Rabbit.

No. 3621 is cut in one size, 12 inches high, and requires ½ yard 35-inch, ⅛ yard 35-inch contrasting.

No. 2500 is cut in one size, 17 inches high, and requires ¾ yard 35-inch.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

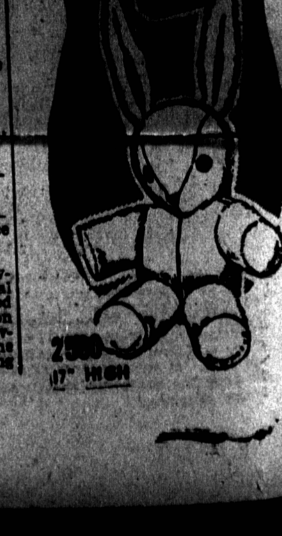
Address Pattern Department, The Charlottetown Guardian.

Pattern Nos. 3621 and 2500

Name

Street Address

City Province



BREEDS QUEEN BEES

Queen breeding in the Bee Division, Dominion Experimental Farms Service, is being conducted chiefly at the Experimental Station at Kapuskasing, Ont. An endeavour is being made to improve the estrain of bees kept by increasing vitality and reduction.