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Women fly to Eno's when Headaches threaten

NEVER GRIPE OR SICKEN

Cascarets

FOR LIVER AND BOWELS

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JEWELER OPTICIAN

142 Richmond St.

Grand Division S.O.T

The first quarterly session of the Grand Division of the Sons of Temperance of Prince Edward Island was held in Temperance Hall, Springfield on Wednesday, February 11th.

There was a business session in the afternoon with a public meeting in the evening.

The afternoon session was opened in due form with the G. W. P. Rev. R. H. Stavert in the chair. Other good officers present were: Grade Treasurer, D. N. McKay; G. Chap., F. W. E. Haslam; P. G. W. P., Peter Sinclair.

The following were appointed: Pro tem G. W. P., Theo Haslam; G. S., J. E. Haslam; G. Con., Peter Sinclair; G. S., Harry Weeks; P. G. W. P., Wellington Haslam, Ruth Howard, G. Organist.

Quite a large number of delegates were present from the following Divisions: Fredericton, Springfield and North Wilshire.

After the following committees had been appointed, Stavert of the Order, Peter Sinclair, D. N. McKay, Harry Weeks, Alice Bertram, Edna Abbott; Prædential, Frank Bertram, Ruth Howard, Finance, W. Haslam, Program, R. E. Howard, J. E. Haslam, Ruth Howard, F. W. E. Haslam.

Three new members were received into the G. D. by R. E. Howard, Frank Bertram, Nelson Matheson. The reports of the several grand offices were then submitted.

The G. W. P. Rev. R. H. Stavert in his report gave an outline of the temperance situation from world wide view point. He showed how that during recent years and especially during the time of the war, much had taken place to teach people the awful folly of trifling with the intoxicating liquors for beverage purpose. How that public sentiment is gradually growing stronger against such a custom and how because of these and other reasons there was much to encourage all temperance workers.

The United States, are leading the world in the vanishing of the saloon and Canada is also making great strides along this line. It will not be long we believe before the saloon will be gradually eradicated in our own Canadian homeland. It was very sad indeed to note how that the Government at Ottawa was so under the control of the liquor traffic that they were compelled to abolish the war time measure before peace had been publicly proclaimed.

Thus violating the terms of the agreement regarding these measures O Canada! when, oh when, are we going to have in our legislative halls, men of the true type, men whom the spools of office cannot buy, men whom the lust of office cannot kill, men of opinions and a will, men of honor, men who will not lie, men who live above the clouds in public life and private thinking, men who can down the demagogue with all his treacherous flatteries without winking.

When we can get men of this type to govern our land and the power of the liquor traffic will count for naught.

The G. W. P. went on to show that while we have a prohibitory law in force on P. E. Island there is undoubtedly great need of some temperance organization such as the Sons of Temperance to carry on the work of pledging our young men against the use of intoxicating liquor. It is a commendable fact but nevertheless true, that a great many young men and boys throughout the Island, are tipping the bottle every fact that intoxicating liquor is harder to get than in days gone by, seems to make the drinking of it in the eyes of the verdant youth a more clever feat than it used to be.

There is certainly great need of education along these lines. To all earnest workers there comes a call to help.

The G. S., Jas. F. Profit being unavoidably absent, his report was read by D. N. McKay. This report showed that there are quite a number of active Divisions at the present time in the Island. The membership of some of these Divisions is increasing. The Grand Treasurer's report submitted by D. N. McKay showed the finances to be in splendid condition at present there is on hand a balance of \$88.56. After the various reports had been received adopted and handed to the proper Committees to be dealt with.

G. W. P. announced that the resignation of the G. S. Jas. T. Profit had been handed in to the G. D. After some discussion resignation was reluctantly accepted and J. E. Haslam was elected to take his place and latter was duly installed in office by the G. W. P. Considerable time was spent in discussing a forward movement in the order. Various plans were devised and adopted. It was agreed that a certain style of button be prepared to be worn by our returned men in the lapel of their coats. The selection of the style of button was left to the G. W. P.

The report of the several com-

Rainy Days Brighten Up

—says Bobby



after I've had a dish or two of

POST TOASTIES

making movies in Canada

Making movies is a pioneer industry in Canada. And it has remained for a group of earnest business men to organize a company to make movies in Canada. The startling feature is not high-salaried stars, but the magnificent scenery of Canada. The cast is wholly Canadian, the first film, "The Law of the Yukon," purely Canadian, and the author is Canada's favourite poet, Robert W. Service. The probable cost of the first Canadian film is estimated at half a million dollars. Charles Miller, the greatest director of out-of-door pictures, and Canadian, writes graphically of "Making Movies in Canada," complete in the March issue of EVERYWOMAN'S WORLD.

EVERYWOMAN'S WORLD

On Sale To-Day!

20 CENTS PER COPY ALL NEWS STANDS

minutes were received and adopted. The invitation intending the G. Division to meet with Shamrock Address of Welcome, Rev. R. H. Stavert, and the following programme was well rendered with Miss Maud Haslam presiding at the Organ.

Opening Chorus, Temperance Massais; Remarks by Chairman, Rev. R. H. Stavert; Reading, Ellsworth Mayne, encore; Address of Welcome, Peter Sinclair; Solo, Ethel Enman, encore; Reply Address of Welcome, Rev. R. H. Stavert; Male Quartette, F. W. Haslam, R. E. Howard, H. B. Haslam, Geo. L. Haslam, encore; Reading, Nelson Matheson, encore; Solo, Stavert; Reading, Ethel Enman, encore; Address Rev. R. H. Stavert, Intermission and sale of candy. Collection; Solo, R. E. Howard, Duke, R. E. Howard, F. W. E. Haslam.

Meeting closed with National Anthem.

Report Many Cases of Rheumatism Now

SAYS WE MUST KEEP FEET DRY; AVOID EXPOSURE AND EAT LESS MEAT

Stay off the damp ground, avoid exposure, keep feet dry, eat less meat, drink lots of water and above all take a spoonful of salts occasionally to keep down uric acid.

Rheumatism is caused by poisonous toxin, called uric acid, which is generated in the bowels and absorbed into the blood. It is the function of the kidneys to filter this acid from the blood and cast it out in the urine. The pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly weather the skin pores are closed, thus forcing the kidneys to do double work, they become weak and sluggish and fail to eliminate this uric acid which keeps accumulating and circulating through the system, eventually settling in the joints and muscles causing stiffness and soreness and pain called rheumatism.

The first twinge of rheumatism get from any pharmacy about four ounces of Jad Salts; put a table-spoonful in a glass of water and drink before breakfast each morning at the same time. This is said to induce uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities.

Jad Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithia and is used with excellent results by thousands of folks who are subject to rheumatism. Here you have a pleasant, effervescent lithia water drink which overcomes uric acid and is beneficial to your kidneys as well.

Y. M. C. A. NOTES

Mr. W. A. Stewart, and R. C. Sid- enius report an interesting time at the Annual meeting of the National Council of the Y. M. C. A., Maritime Division, held at Halifax.

Representatives from all the association points in the Maritime were in attendance. Mr. C. J. Burchell presided and was unanimously re-elected for the chairman during 1920.

Some interesting facts were brought out. \$173,927.46 were spent in Y. M. C. A. service during the year in the Maritime Provinces, while \$48,104.00 were raised in these Provinces.

A total budget of \$31,000 was approved for the Maritime Provinces for the year.

The 1920 budget of the Foreign Department of the International Committee is \$1,468,780.724. Canada's share is \$100,000, and that for the Maritime Provinces \$10,000.

The policy of close co-operation with the churches in policy and programme in all phases of work in which they and the Association have in common, was reaffirmed.

Hospital work for returned soldiers will be carried on as long as may be necessary.

The Halifax Red Triangle Club will be continued until October first at least.

In Nova Scotia only 1.6 per cent of all school boys reach university but the 1.6 per cent provides about

75 per cent of the leaders in all walks of life, hence the importance of doing everything possible to strengthen the work of the Student department.

The co-operative Boys' work with the churches is growing very rapidly and the results are most satisfactory to both church and Y. M. C. A. leaders.

Much regret was expressed at the resignation of Mr. A. S. McAllister as Territorial Secretary. Mr. McAllister leaves shortly for Vancouver, where he becomes General Secretary of the Y. M. C. A. in that city.

A very enthusiastic greeting was accorded Mr. Lou Buckley who has been appointed to succeed Mr. McAllister. Mr. Buckley is a Maritime member and is well known throughout these Provinces.

Messrs. J. A. Clarke, S. A. McLeod, Harold Jenkins, W. S. Lounson, and C. H. Hensley were elected members of the Maritime Division of the National Council.

Messrs. J. A. Clarke, G. F. Hutcheson, H. E. Miller and T. W. Bentley, Kensington; are the Island representatives on the Maritime Boys' Work Committee.

Mr. R. H. Jenkins, and Mr. C. H. Hensley, Summerside are our representatives on the Finance Committee.

Mr. C. H. Hensley on the Town and Country Committee, and Mr. J. A. Clarke also is on the Maritime Student Committee.

DR. DEVAN'S FRENCH PILLS

Reliable Regulating Pill for Women. \$5 a box. Sold at all Drug Stores or mailed to any address on receipt of price. The Seabell Drug Co., St. Catharines, Ontario.

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Restores Vim and Vitality for Nerve and Brain. Increases "gray matter." Will build you up. \$5 a box, or two for \$9, at drug stores, or by mail on receipt of price. The Seabell Drug Co., St. Catharines, Ontario. SOLD AT POSTERIOR DRUG STORES

CATARHAL DEAFNESS AND HEAD NOISES

TELLS SAFE, SIMPLE WAY TO TREAT AND BELIEVE AT HOME.

If you have catarrh, catarrhal deafness or head noises caused by catarrh, or if rhinm drops in your throat and has caused catarrh of the stomach or bowels, you will be glad to know that these distressing symptoms may be entirely overcome in many instances, and at little cost. Secure from your druggist 1 ounce of Parmin (Double Strength) from this home and add to it 1 pint of hot water and a little granulated sugar; stir until dissolved. Take one table-spoonful four times a day. An improvement is sometimes noted after the first day's treatment. Breathing should become easy, while the distressing head noises, headaches, dizziness, cloudy thinking, etc., should gradually disappear under the tonic action of the treatment. Loss of smell, taste, defective hearing and mucus dropping in the back of the throat are other symptoms which suggest the presence of catarrh and which may often be overcome by this efficacious treatment. It is said that nearly ninety per cent of all ear troubles are caused by catarrh and these must, therefore, be many people whose hearing may be restored by this simple, harmless, home treatment.

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have proved their ability to stand up to any and all kinds of work. The present season sees this car forging ahead of all competitors in their class

The New Models show over a dozen improvements—real improvements which add a tremendous extra value to the already popular car.

All the latest equipment has been added this year—Stewart Vacuum Feed System with large tank in rear—Emergency Brake on a lever, same as on cars over the \$2500.00 price—Westinghouse Electric Equipment—Improved Carburetor—and many other features.

See them at the Motor Show next Thursday and Friday.

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ADMISSION FREE - - - - - COME

and compare the cars and spend a pleasant evening.

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