

# Woman's Realm / Social and Personal / Fashions / Literature

## A Job Only You Can Do

**Price Control Questions And Answers**

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are prepared by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q Can one store charge 16c for a pound of lard and another store one back away, 20c for exactly the same lard?

A Yes, this is quite possible. Because ceiling price is the maximum price charged for a commodity of the same size and quality in the SAME store during the basic period. So, it is to Oct. 11, 1941, ceiling prices vary in different stores. Thus each store has a ceiling price for each article which must not be higher than that charged in the same store during the basic period. Price increases have been authorized in some exceptional cases, where costs were out of line with the basic period price. If your retailer tells you a price increase has been authorized, he must show you the authorization if you ask to see it.

## Living & Leisure The Woman's Realm

### THE WORTHWHILE THINGS

There's so much more than budgets and brooms and china and chairs . . . in rooms even stairs . . . in a house . . . are usually more than steps to a door on the second floor . . . there's so much more in sensing than seeing the beautiful, bountiful blessings of being.

There are dreams . . . new and old of paths to be explored . . . new trails untraveled . . . dreams of destiny forever stored with the fabric of life left untraveled.

There's no much more in the world to bless . . . it's strange . . . we're satisfied with less.

—Ted Malone.

### ACHIEVEMENTS

There is seldom harm in a man who boasts ingeniously about his achievements. Usually he is the first to admire the achievements of others. But beware of the man who, under a mask of modesty, hugs a vast and secret self-satisfaction. He will grudge you everything you achieve.

### FRESH FISH DRIVEN INLAND BY WARFARE

There never was a better time for Canadians who live inland to get acquainted with Canadian salt water fish, according to the Dominion Department of Fisheries.

People who have lived near the coast often scorn the fish that is obtainable on inland markets. Let them try it now and see if it doesn't taste more like the fish they remember eating at home in the Maritimes or on the West coast.

Fish is no longer being kept in storage for weeks or months—there isn't enough of it. Many fishing boats and fishermen have gone to war and when the boats come into port nowadays their cargo is forwarded quickly, under ideal conditions, to meet current demand. The fish available on inland as well as coastal markets today are ocean-fresh and hence more delicious.

Take particular care of precious rubbers and gashoses. Clean thoroughly after using; with soap and water, if necessary. Store in dark, clean, cool place. Where gashoses are partly cloth, dry carefully, or it may mildew.

A little starch added to the water in which mirrors are washed will remove soil and give a polish to that glass.

## THE COOK'S CORNER

### PLAIN LAYER CAKE (Sugarless)

Two-thirds cup shortening, 1 cup light corn syrup, 2 eggs, 2 cups flour, 3 teaspoons baking powder, 1-4 teaspoon salt, 2-3 cup milk. Melt shortening and mix thoroughly with corn syrup. Add beaten egg-sift flour, baking powder and salt, and add alternately with milk. Bake in 2 layer pans in moderate oven of 350 degrees F. for 20 to 30 minutes.

### DEVIL'S FOOD

One-half cup corn syrup, 1-2 cup maple syrup, 1-2 cup cocoa, 1-2 cup boiling water, 1-2 cup melted lard or cooking oil, 1 egg, 1-4 cups flour, 1 teaspoon baking soda, 1-2 cup sour milk. Dissolve cocoa in boiling water, mix with corn syrup and maple syrup. Add melted lard or cooking oil. Add egg, well beaten. Add sifted flour alternately with sour milk, in which soda has been dissolved. Bake in square loaf pan or in layers in moderate oven of 350 degrees F. for 20 to 30 minutes. Frost with Mocha frosting.

Mocha Frosting  
One egg white, 4 tablespoons maple syrup, 1 tablespoon strong black coffee (whoever has strong coffee these days!), 1 square chocolate. Combine egg white, maple syrup and coffee in top of double boiler. Cook over rapidly boiling water for 7 minutes, beating all the while with egg beater or electric

## A Morning Smile

### ENGLISHWOMEN IN ITALY

Two Englishwomen, one the relative of a distinguished Admiral, returned to London from Rome over three weeks ago. They tell this story, (as related by the Evening Standard).

Two soldiers sitting opposite them in their carriage, puffed their smoke with obvious deliberation into the women's faces.

When one of the women commented on the rudeness of the men, the soldiers got up and went out. Soon an officer entered saluted, and apologized for the incident.

"My men came and told me about it," he explained. "Until you spoke they thought you were German."

### SPOILING IT ALL

"Good morning!" said Mrs. Binks, entering the baker's shop. "Permit me to compliment you on the lightness of your bread!"

The baker rubbed his hands and smiled.

"Thank you, ma'am!" he said. "It is my aim to bake the lightest bread in this town."

"And you do it," said Mrs. Binks. "If it gets much lighter it will take two of your pound loaves to weigh sixteen ounces!"

Remove from heat, add melted chocolate slowly and continue heating until mixture stands in peaks.

## Dorothy Dix Says—

### CONTENTED WIDOW'S RULES FOR OTHER WIDOWS SEEKING MATES

#### Stop Looking, Don't Act Cheap, Dress Modestly and Keep Talking Restricted

DEAR MISS DIX—I read with much interest the cry of the widows in a recent one of your columns. May I give them a little tip on what to do and what to do to set them on their feet?

To the widows who are looking for husbands I would say (1) Stop looking. Don't show that you are too anxious. Nothing scares a man off like seeing that a woman is pursuing him and likely to catch him. (2) Stop being false. Be yourself. Especially be your age. Don't ape the clothes and manner and conduct of a young girl.

A middle-aged woman trying to be a young girl in her dress is bound to make the angels weep. (3) Don't act cheap. Any man who is considering a woman who is fortyish or more wants her to be dignified.

(4) Don't dress like a fool. Nothing makes a woman look so old and as if she had so little sense as to be dolled in clothes that her granddaughter should wear. (5) Be a little reserved. Any man who was considering marrying a widow would be disgusted by a woman who acted like a village cutup.

(7) Use makeup very sparingly. Just enough to take the curse off an elderly skin without making you look like you are painted up like a barn-door. (8) Don't talk too much, as some women do. It is the best sign of age of 40 the change in their voices makes a group of them sound like a bunch of cackling hens. (9) Stop worrying about getting a second husband.

If your first husband was a good man and you were a good wife, you are content. Any man who is considering a woman who is fortyish or more wants her to be dignified.

CONTENTED WIDOW.

### GUIDE TO WINNING SECOND MATES

ANSWER—Since an ounce of experience is worth a ton of theory, I advise all widows who wish to marry again to cut out this article and paste it on their mirrors where they will see it every time they put on their complextions.

It contains all the law and the prophets on how to get a husband, and to add anything to it would be like gliding the lily and painting the rose.

But why widows whose husbands have left them a snug little competence are so anxious to rush into marriage, forever remain one of the insoluble mysteries of life. For if a woman has had a bad husband, who was unfaithful to her, or stingy, or grouchy, or cantankerous and hard to get along with, you would think that she would be a burnt child who dreads the fire and that wild horses couldn't drag her to the altar.

And if, on the other hand, she had had a happy marriage to a husband who was good and kind and tender to her, you would think that she would be afraid to push her luck by marrying a second time, well knowing that such husbands are as scarce as hens' teeth.

But it doesn't happen that way. Whether they have been happily married or unhappily married, most widows under 70 are game for a second try.

### SMILES THAT SWEEP AWAY LOVE

DEAR MISS DIX—During my life I have received some bad deals from Fate, but I have acquired an exaggerated ability to smile when I am hurt. I find that the more keenly I am hurt, the more convincingly I can smile. It is a defense mechanism, but it works for me as a liability instead of an asset.

In this way, I am in love with a man who is younger than I am and with whom I am associated in business but he does not seem to respond, and I feel that a strong factor in the situation is that this ability of mine to keep smiling prevents him from realizing how much I care for him.

Would it be better for me to let myself go to pieces in order to show him how I feel about him, or am I right in keeping my head up and remaining calm, which he may misinterpret?

ANSWER—All the men I have ever known like cheerful women and have a perfect horror of women who make scenes, so I don't believe that if you let yourself go to pieces and wailed and wept over this gentleman's indifference to you that it would get you anywhere.

Skill, you never can tell how a man will react to any situation. It might be that he would be so moved by your exhibition of affection that he would pat you on the back and say: "There, there, little girl, don't cry. I'm yours." Or he might flee from you. But, at any rate, you would have had a showdown and found out whether you would have to call upon your defense mechanism and put on the smile that won't come off to hide your broken heart, or whether you could grin like the Cheshire cat because you had found out that your youthful love returned your affection.

DEAR DOROTHY DIX—I don't know how it happened, but quite a few years ago I became an amateur shoplifter. There is no excuse for it. I have a good husband and am very happy with him. I have very good friends. But I just can't help stealing. Maybe it is because I am very poor at budgeting my money and I cover up my spending by pretending that the things I steal are bargains.

After my mother died I quit for two years because I thought that God was punishing me for stealing by taking her. Then I went back to it. What shall I do? Shall I tell my husband about it? He could make me do anything he wanted me to do, but I love him so much I can't live without him and suppose he would cast me off? Please try to understand me and help me.

AN UNWILLING SHOPLIFTER.

(Continued on Page 3, Col 1)

### WINDOW SHADES ARE OF THREE TYPES

Every once in a while the careful housewife casts a questioning eye at the ordinary tan shades soiled and spattered by rain, and no longer quite adorning her windows. The question in her eye is "how shall I clean them?" First of all, decide what type they are.

Ordinary window shades are of three types: (1) fibre made with water colors; (2) cloth (muslin or percale) made with water colors; (3) cloth (muslin or percale) made with flat oil finish. The reason soiled and rain spots are hard to remove from window shades is that the action of the sun through the glass bakes the soiled dirty spots into the finish of the shade. If shades with a water-color finish are cleaned two or three times a year with ordinary wallpaper cleaner, longer life for them will be assured. Those with a flat oil finish should be washed with a soft sponge and extra-soapy, all-pure soap suds. Open the shades on a flat surface, clean a small area, at a time, then wipe dry with a clean cloth so that shade does not soak up the dirt. When the entire shade has been cleaned, wipe again with a clean dry cloth. Be sure the material is dry before rolling the shade.

### GREY SUITS ARE SPRING FAVORITES

NEW YORK—A number of our better dressed have cast their vote in favor of grey suits for spring, and accordingly are featuring a large selection of grey suits ranging from classic link button tailcoats to short little froon or bolero jackets and peg-top skirts. Almost universally these suits are shown with crisp bow-tie houses of white or possibly yellow pique or with foamy lace-trimmed jabots. Many of them have striped or plain white pique revers and cuffs.

Save every little bit of fat. When taking chops or other meats off frying pan or broiler hold on fork till the fat drips off.

Pressing the folds of sheets, pillow cases and other flat linens when ironing is harder on the fabric than actual wear and should be avoided.

## WHY Do Certain People Have So Much PEP?

Doesn't it feel swell to wake up in the morning clear-eyed, refreshed, just rarin' to go? Yet so many people, especially over 40, get up tired all over, never really feel their best. Why is this?

The reason can often be traced to a very common cause—a sluggish system clogged to clean out your system, get back pep and sparkle that is rightfully yours. You can do this simply and so gently with the aid of the 4-way vegetable action of Bile Beans, the small, purely vegetable laxative pills that work on stomach, liver, bile, upper and lower bowel.

For a pepper, brighter tomorrow, try Bile Beans tonight and prove for yourself their amazingly gentle action. Made in England—over 7 million boxes sold yearly, proof of exceptional popularity. Only 50c at drugists.

## Home Service

Perhaps You, Too, Make These Bridge Blunders



The bidding mistakes that infuriate partners, lose games—what are they? Well, here are a few of them. Check and see if you are guilty.

Your opponents make a three-no trump bid, you have a smattering of honor strength—and you double! That's hair-trigger doubling—and it's risky.

Chances are your opponents' redouble and make several overtricks, because in addition to having all suits stopped, they probably have a long six or seven card minor suit not stressed in the bidding.

You hold in Spades, the Ace, Jack, 6, 4, 3—in Hearts, King, Jack, 7, 2—in Diamonds, nothing—in Clubs, King, Jack, 10, 8. Yet you pass! A bad piece of under-bidding. Though you haven't 2½ honor tricks, your 5-4-4 distribution, plus jacks and one 10, make a bid compulsory.

And do you make unnecessary jump bids? Do you take second when you shouldn't? See your bridge page booklet tells what to avoid, helps you to win games, be a popular partner.

Send 20c in coins for your copy of "How to Improve Your Bridge" to the Charlottetown Guardian Home Service, Address. Be sure to write plainly your name, address and the name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

TRULY, there's nothing like the wonderful new Pearl White Naptha Soap. Women everywhere are cheering this old favorite that now offers these extra values:

**Faster Suds.** The way new Pearl acts when it comes into contact with water—even hard water—is simply marvelous. It gives rich, lasting suds. Real energy suds—made for work and lots of it!

**Quicker Action.** Yes! New Pearl works like magic. Its lively suds get after dirt and grime in a hurry—helps speed up washday.

**Washes Cleaner.** Even the dirtiest kind of clothes—play suits, work-shirts, overalls—come cleaner when Pearl is on the job. White clothes come white as snow . . . washable colors bright and cheery.

**Fresher Odor.** You'll love the fresh fragrance of new Pearl. And you'll love the sweet, clean-smelling wash it gives, too.

**New "Keep-Fresh" Wrapper.** New Pearl comes in a laminated waxed wrapper that keeps the soap fresh! And the new Pearl costs no more! Get Pearl White Naptha Soap in time for this washday. Use it for dishes and all cleaning. It's so wonderfully economical.

Have you seen  
**Pearl**  
in her new dress?  
A COLORFUL, WAXED, KEEPS-FRESH WRAPPER

## Needlecraft For The Home

**A DEAR LITTLE DRESS**  
Easy to Make in a Pretty Tub Fabric

Particular young ladies are just as interested in the fashion high lights as any grown-up. Think how pleased that little maid will be if you make her this darling dress with its ruffled Peter Pan collar and its gay flaring skirt. She will be all ready to go to a birthday party or to go out and skip rope.

Style No. 2690 is designed for sizes 2, 4, 6 and 8. Size 4 requires 1 3-4 yards 35-inch fabric with 3-8 yard contrasting.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Style No. 2690.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

**COPENHAGEN'S FLATS**  
Ninety per cent of the inhabitants of Copenhagen, Denmark, live in apartment houses.

**YOU WOMEN WHO SUFFER FROM HOT FLASHES**

If you suffer hot flashes, dizziness, distress of "irregularities" blue spells, are weak nervous or irritable due to the "middle age" period in a woman's life—take Lydia E. Pinkham's Vegetable Compound. It's proved thousands upon thousands of women to relieve such symptoms. Made in Canada. Pinkham's Compound is worth trying!

2690  
Size 4