



WATCH THESE DANGER SIGNALS!

HEADACHES, dizziness, coated tongue, loss of appetite, lack of energy, a general feeling of "blues"—these are the most frequent danger signals of constipation.

Look out for them. Don't let them make your life miserable. Start tomorrow eating Kellogg's ALL-BRAN—a delicious ready-to-eat cereal. As pleasant as it is healthful. What a relief it will be after taking unnatural, habit-forming pills and drugs.

Two tablespoonsfuls of ALL-BRAN daily are guaranteed to prevent and relieve both temporary and recurring constipation. In severe cases, eat it three times daily.

Milk or cream brings out the delightful nut-like taste of

Kellogg's ALL-BRAN. And with milk or cream, important vitamins are furnished. ALL-BRAN is equally tempting with fruits or honey. Sprinkle it over other cereals.

Use it in cooking—for making delicious bran muffins, breads, in omelets, etc. ALL-BRAN also has iron, the builder of good, rich, red blood. At all grocers in the famous red-and-green package. Made by Kellogg in London, Ontario. The original All Bran.

Kellogg's ALL-BRAN

TO EUROPE from HALIFAX "ASCANIA" April 13 to Plymouth, Havre, London "SCYTHIA" April 20 to Galway, Cobh, Liverpool

SMILES



"Frosting water-tumbler is a simple process when the temperature is low."



He: I proposed to her last night. She said "no" and I said "good night!"



"So yo' wants to marry mah daughter, eh? Can yo' support a wife, young man?"



Mrs. Justwed: Gerald, will you do me a favor, dearest? Mr. Justwed: What is it, Lovey? Mrs. Justwed: Look in the cook book and find how long it takes to boil fried potatoes.

The DOOM TRAIL by ARTHUR D. HOWDEN SMITH

W.N.U. SERVICE

(Continued)

At first they paid no attention to us. They were preoccupied with the extraordinary hysteria which had gripped them. They apostrophized the moon. The women flung themselves upon the False Faces, for it was deemed an honor to receive the attention of these priests of evil. The men worked themselves into an excess of debauchery. Groups formed and dissolved with amazing rapidity. Individuals, wearying of each other, ran hither and thither, seeking partners who were more pleasing or attractive to them.

But at last a portion of the drunken mob turned upon us. An old woman with wispy gray hair and shrunken breasts beat Ta-wan-ne-ars on the flank with a smouldering brand. Boiling whatever of man there was in him smothered in the brutishness the rum had excited, carefully inserted a pine splinter in the quick of my finger nail. I gritted my teeth to force back the scream of agony, and managed to laugh how, I do not know—when he set it alight.

"The brother of Ta-wan-ne-ars is a great warrior," proclaimed my comrade, swift to come to my help. "Red Jack and his friends cannot hurt Ormerod. We laugh at you." Boiling ripped out his knife and angled toward the Seneca's stake. "I'll make you laugh," he spat wickedly. "I'll carve your mouth wider so you can laugh plenty when we begin on you in earnest. Think this has been anything? We—"

A yell of mingled fear and laughter interrupted him. False Faces and warriors, women as well as men, were pointing toward the background of the pines. "Ne-ar-go-ye, the Bear, is come to play with us," they cried. And others prostrated themselves and called: "Qua, Gá-go-sa Ha-nun-as-taceta."

For the second time that night I twisted my neck to peer behind my stake, and sure the sight which met my eyes was weirder even than the white figure of the Moon Maiden. There within the circle of the fire-light stood Ga-ha-no again. But 'twas a vastly different Ga-ha-no. On her head she wore a bear's mask, with the fur of the neck and shoulders falling around her body to the ga-ka-ah which draped her loins. In each hand she gripped a knife, and her white limbs staggered under her pretense of the unsteady gait of a bear walking erect.

The False Faces began their chant the drums rumbled crazily, and she wavered forward, arms flapping like paws, head poised absurdly upon one side. The savages, keen to appreciate what they knew, applauded uproariously such faithfulness to nature.

12:50 PM L.S.T. After a heavy meal Pep-o-mint Life Savers will help your digestion.

WILMOT VALLEY AND VICINITY

Miss Hope Jardine, a student of Mt. Allison, Sackville, is the winner of the championship of the Girls' Cattle Judging Clubs at the Amherst Winter Fair. Her picture appears in the latest issue of the Farmer's Advocate.

Owing to the recent long thaw, the roads in this vicinity are almost impassable and has effectively precluded any further hauling of potatoes to markets. Several of the large growers in this district have already disposed of their crop, but many have still considerable quantities to be moved.

The funeral of the late Mrs. Garfield MacLean (daughter of Mr. Calvin Reeves, Freetown) was held from her old home on Wednesday afternoon. Despite the very bad condition of the roads, a large concourse of people followed the funeral cortege to Wilmot Valley cemetery where interment took place.

Miss Marion, second daughter of Mr. and Mrs. McMurdo, North Bedouque, is gradually recovering from an attack of cholera. While she was ill, Miss George McFarlane of Fernetwood very capably fulfilled the duties of nurse.

The recent thaw has removed immense quantities of snow and has filled the wells to overflowing, also some cellars are beginning to be flooded as well. However, the ground will not lack moisture as much of the water soaks in, there being but very little frost.

Most of the teachers in this locality attended the Teacher's Convention in Charlottetown last week and as a consequence no school was held.

We are glad to report that Mr. Harry Waugh, Wilmot Valley, and Mr. Fenwick Lefurgey, North Bedouque, are both able to be out once more. We are all glad to see them in their accustomed places.

Much speculation is rife around here as to when the cars will be running. At the present rate in which the snow is disappearing, it would not seem a very long time now. We hope old King Sol will keep up the good work for another week or more.

We regret to report that Mrs. W. A. McMurdo of Kelvin Grove is slightly indisposed, having been ordered to bed for a few days or so. We believe she is making good progress towards recovery.

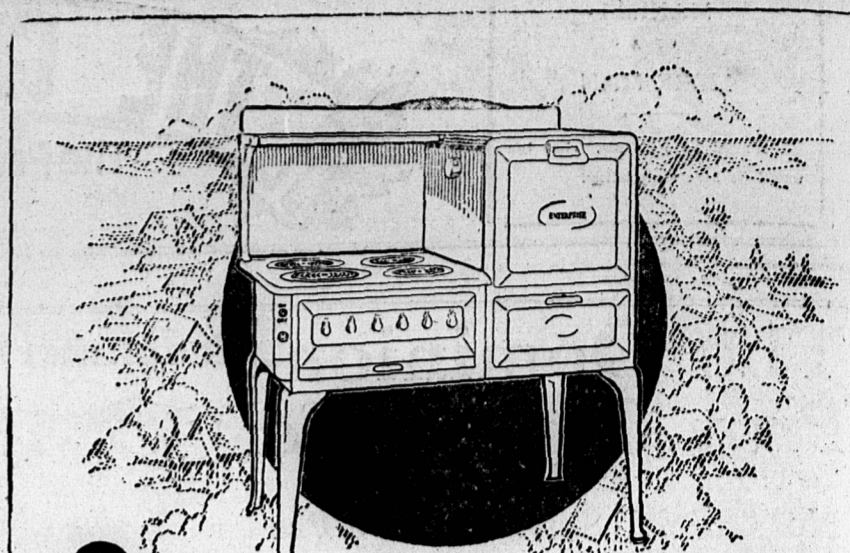
We are sorry to learn that Mrs. Robert Hogg, Wilmot Valley, is confined to her bed once more, but hope she will soon be about as usual.

Miss May Stavert has returned from the Prince County Hospital, where she was undergoing treatment considerably improved in health. Although very weak while there, she was quit pleased with the treatment accorded her by the Hospital Staff.

Mr. John C. Pillman our genial potato merchant has had to "slow up" a little on his purchases of late, on account of the very great shortage of cars. However, now that potatoes are being shipped from the eastern end of the Island, we shall hope to see a complete "clean up" of present stocks. W.

Minard's Liniment for Lambs.

FARM FOR SALE Farm of the late Edward McEwen, situated at Stanley Bridge, on the Campbellton Road, in Queens County, containing 115 acres practically all clear and in a high state of cultivation with good dwelling house and out buildings.



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Department of Public Works and Highways PROVINCE OF PRINCE EDWARD ISLAND TENDERS FOR BRIDGE CONSTRUCTION SEALED TENDERS will be received at this office until noon on Saturday, April 11th, 1931, from any person or persons willing to contract for the construction of any of the following bridges:

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NOTICE

We the undersigned wish to notify our customers that on and after April 10th we will discontinue our credit system and adopt a strictly cash system.

Simon's Above All ACE 10c They had to be Good SIMON'S HAVANA CIGARS

CLEARANCE SALE! As we have received final notice from A. Horne & Co., to vacate the premises now occupied by us we are offering our entire stock of monuments and headstones at greatly reduced prices.