

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

These are the gifts I ask of thee,
Strength for the daily task;
Courage to face the road;
Good cheer to help me bear the
traveler's load.
And for the hours to rest that come
between,
An inward joy in all things heard
and seen.
—Van Dyke

CAMP'S HEADLINER

The college girl shops in Boston
are showing a casual, all-purpose
trouserknicker that in greece camelliana.

Home Service

Your Dreams Tell Truth
About You



Unconscious Speaks In Sleep

Smiling in her sleep. Perhaps
she'll laugh at that "funny dream"
when she wakes up. Or feel puzzled,
or even sad.

Why do dream experiences so
often haunt you? Psychologists say
it's because dreams express your
most secret hopes, fears and desires.
Often they are warnings of inner
conflicts which threaten your hap-
piness.

Your ludicrous dream of finding
yourself undressed on Main St.
probably shows you're secretly shy
and self-conscious. You stand in
your own light!

That terrifying drop from a high
building or the top of a cliff may
mean that you fear your security is
threatened in some way.

On the other hand, a dream of
flying airily over housetops and
streets may symbolize your relief
at having broken an unhappy en-
gagement or resigned from an un-
congenial job.

Express trains, wild animals, the
sun and the moon—dreams have
decide on dressed for the
party, jot down phone numbers
and dress sizes of girls in a small
book. May come in handy.

5. Determine amount to be spent
on trousseau — both linen and
clothes. Buy such things as lin-
en and linen now. Save clothes
buying until later as the styles will
be newer.

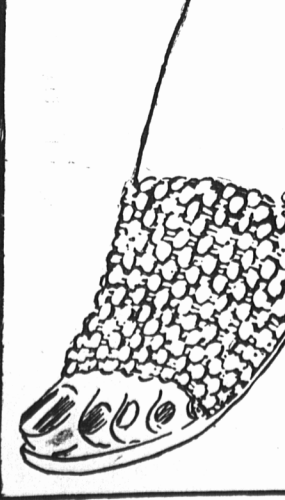
6. Make wedding guest list —
your fiancé is involved here too.
So have him give you his com-
plete list of guest suggestions.

What May Be Done
TWO MONTHS AHEAD

1. Check plans made to date.
2. Choose stationery and order.
3. If you have not done so be-
fore, choose your china, crystal
and silver — your friends will ap-
preciate it.

4. Finish shopping — linens, sil-
ver. Start looking for clothes.

KNITTED SLIPPERS



DESIGN NO. 830

These sandals knitted in moss stitch are ideal for lounging or beach
wear. It requires little time to make. Pattern No. 830 contains list of
materials needed, illustration of stitches and complete instructions.

To order pattern: Write, or send above picture with your name and
address with 15 cents in coin or stamps to Needlework Bureau, Charlot-
teton Guardian.

To Charlottetown Guardian,
Needlework Department.

Design No. 830

NAME _____

STREET ADDRESS _____

CITY _____

PROVINCE _____

A Delicious Mealtime Beverage



Postum has a delicious satisfy-
ing flavor that every member
of the family will enjoy.

Postum contains no caffeine
or tannin to upset nerves or
stomach. Made instantly in
the cup, either with boiling
water or hot milk. Very
economical.

4 OZ. SIZE MAKES 50 CUPS
8 OZ. SIZE MAKES 100

3. Address wedding invitations and
stamp ready for mailing.
What May Be Done
ONE MONTH AHEAD

1. Get invitations into mail the
first week.

2. Buy clothes; have wedding
dress fittings.

3. Acknowledge each gift as it
arrives.

4. Arrange for photographer to
take pictures at last fitting of
gown.

5. Purchase bridal party gifts
and make plans for luncheon at
which to present them.

6. Read up if possible and re-
check plans. Last week should
be free of details so that your
friends may see you at your best!

What To Do
ONE WEEK BEFORE

1. Make sure purchases are all
right and that they fit.

2. Have bridal party lunch and
present gifts.

3. May have tea to display gifts
to friends.

4. Try to spend some time with
your family. Also rest.

5. Have rehearsal day before —
if possible.

6. Park unrushables two to
three days in advance.

7. Dress in ample time — be re-
solute. And then for that im-
portant "I do!"

To cubes with bits of cherry or
mint leaves frozen in them get
color to frosty drinks. Partly fill
the tray with water and freeze.

Add the bits of cherry or mint
leaves, then fill tray with water
and finish freezing.

ANNUAL MEETING OF
MARITIME TRADE BOARD

MONCTON, N. B., Sept. 25 (CP)
According to information received
here from P. MacChare Selanders,
Secretary of the Maritime Board of
Trade, the tentative dates for the
42nd annual meeting of the organi-
zation to be held in Moncton, Oct.
22 and 23, have been confirmed,
and plans are being made to hold
a meeting of the Maritime Trans-
portation Commission on the even-
ing of Oct. 21 with the chairman,
J.D. McKenna, of Saint John, pre-
siding.

Keep Minari's in the home.



This Canadian mother understands the importance of wholesome,
Whole wheat bread is used for sandwiches with substantial fill-
ings, egg and peanut butter today, while fresh tomatoes, applesauce,
cookies and milk to drink round off a well balanced lunch. That the
ent in the lower picture. Boy-like they have chosen the highest and

Dorothy Dix Says—

LACK OF SPACE IN HOME KILLS DOMESTIC VIRTUES

Children Leave Parents' Abode To Gain A Little Freedom

A correspondent asks: Why is family life, which should be a bit of
heaven on earth, so often a preview of purgatory? Why are children so
eager to fly the coop as soon as their wings are strong enough to hold
them up? Why do people, who are cooling doves, abroad, act like sore-
headed bears in their own houses? Why, when we sing that there is no
place like home, are we secretly thinking, "and thank God for it?"

Well, there is a plenty the matter with home, and one of the main
things is the lack of space. In the modern home there is not enough
room for the domestic virtues to survive, still less to flourish and bloom.
People are like plants. If you jam 'em so
close that their roots get tangled and their
growth warped only weeds grow. The pretty
flowers are killed out.

Moralists are always wailing over the in-
crease in divorce, and wondering why there are
so many more philandering husbands and wives
than there used to be, and trying to settle the
delinquent juvenile problem, but they think the
real answer, which is space. It isn't that human
nature is any different from what it has always
been. It is that rooms are now 6 x 8 instead of
10 x 12 as they were in our grandfathers'
time. We live in little cubicles in a wall into
which we are packed so tightly that we almost
have to use hydraulic pressure to get the last
bit of in, and flesh and blood simply can't stand
it.

It gets on our nerves, and makes us cross and cranky and resentful of
those with whom we are forced to live in too close contact. We could
easier forgive them for some great wrong they committed against us than
for having used our cold cream or swiping our razor blades. It's prac-
tically impossible to love anybody who is always under foot; and it's be-
cause we have no privacy, no solitude, no place in which to go to work off
our grouches, that so many husbands and wives quarrel and part. And
it's because we send our children out on the streets in order to get rid of
them that we have to pay them out of their scrapes when they grow
up into hoodlums.

ALL VANITY DESTROYED

The next thing that is the matter with family life is that it ignores
the amenities of civilization. It is the only place in the world where
people feel they don't have to be even commonly polite or considerate of
the feelings of others. It's significant that our choicest faults are lab-
ored in "home truths." Nothing is so devastating as the canor of a near-
relative, and when our brothers and sisters get through telling us of our
faults and peculiarities, the cockiest of us hasn't one shred of vanity left
in his system.

Oliver Wendell Holmes once said, that families broke up and moved
far from each other because they wanted to keep the Browns from being
browned to death, and the Smiths from being Smithed into the insane
asylum. And perhaps the Joneses fled from their kits and kin to keep
from being told home truths.

It is a chronic grievance with fathers that their sons are so seldom
willing to follow their professions or go into their business with them.
"Tom ought step into a law office," says the lawyer, "but no, nothing will do him but to be an
aviator."

"I've spent my life building up this big grocery business for Sam and
thinking how I would enjoy having him with me, but he has gone to study
medicine and it will be years before he can make a living," moans the
business man. Mother weeps and wails because Mary insists on setting up
a little flat with a couple of other girls instead of staying in her luxurious
home. And parents can't understand these vagaries of their children.

THEY SEEK FREEDOM

But the reason is plain. The children leave home to gain a little
freedom which they know they will never have as long as they are under
their parents' roof, for Papa and Mama never find out that their chil-
dren have grown up and are intelligent men and women capable of shaping
their own lives.

"I bought her a dog,"
"A dog?" he echoed disbeliev-
ingly. "Does she know it—has she seen it?"
"Of course; it's down in the car."
"But Erica didn't want a dog."
"Does she like it?"
"She's mad about it."
"How on earth did you manage
it?"
"I suppose because to begin with,
it hardly seems like a dog—
"What is it, a Pomeranian?"
"An edge crept into his voice—dis-
partly, and partly disappointment."
"How clever of you to guess," she
said, agreeably. "You've almost hit
Herron?"

Erica caught sight of Paige's com-
panion and her face clouded. She
smiled. "Hello," he said, and put
his hand lightly on her shoulder.
"Was it awfully bad?"
"No, it wasn't, thank you," Erica
quickly answered.

Michael Herron knows about the
Pekingese puppy, said Paige out-
ly. Erica darted a swift glance at
her. Paige lifted an eyebrow in the
unmistakable equivalent of a wink.
"Perhaps he'd care to see it," she
continued complacently.

CHAPTER XII

Michael Herron wasn't especially
anxious to see Pekingese puppy
and besides, with Erica's presence
there was, as usual, an uncomfor-
table tension in the atmosphere.
"I've got to catch a train to Nor-
folk," he demurred.

"Oh, please—" Erica broke in un-
expectedly.
Michael Herron looked as if he
could scarcely believe his ears. The
pleased color came up into his
cheeks. He caught Paige's eyes above
Erica's head. "You've done marvels,"
he seemed to say.

Downstairs, the chauffeur was no-
where to be seen, and the car stood
parked halfway up the block. Erica
ran ahead to open the door and
Paige saw her start back, with utter

THE COOK'S CORNER

FRUIT CHUTNEY

6 Medium ripe tomatoes.
6 medium peaches
6 medium pears
6 large onions.
3 green peppers.
2 to 3 tablespoons salt.
2 cups white wine vinegar.
2 1-2 cups Crown Brand Corn
Syrup.
1 1-2 cups white sugar
1 tsp. pickling spices (in small
cheese cloth bag).

METHOD: Wash, blanch and peel
tomatoes and peaches. Chop coarse-
ly and add coarsely chopped pears
and onions. Add chopped green
peppers, salt, vinegar, Crown Brand
Syrup, sugar and bag of pickling
spices. Place all in a large preserv-
ing kettle, mix well, and boil gen-
tly for 1 1-2 to 2 hours, stirring oc-
casionaly. Remove spice bag, stir
your mixture into hot sterilized jars.
Seal, cool, and label. Store in a
dark dry, cool place.

YIELD: Approximately 4 pints.

TOMATO CHILI SAUCE

12 medium ripe tomatoes.
4 medium green peppers
2 large onions.
4 medium apples
1 1-2 cups Crown Brand Corn
Syrup
1 1-2 cups brown sugar
2 cups vinegar.
2 tabspoons salt.
2 tablespoons ground cinnamon.
1 teaspoon dry mustard.
1 teaspoon celery seed
1-2 teaspoon ground cloves.
1-2 teaspoon allspice.
1-8-1-4 teaspoon cayenne pep-
per.

METHOD: Wash and peel tomat-
oes, cut in small pieces. Add green
peppers, chopped fine; onion peeled
and chopped, and apples peeled and
cut fine. Put in kettle with Crown
Brand Corn Syrup, brown sugar,
vinegar, salt, mustard and spices.
Cook two hours over moderate heat
for until thick and transparent.

YIELD: 4 pints.

To their fathers and mothers they are still toddling infants in rompers
who have to be held by the hand and told to eat their spinach and
that they must go by-by at 7 o'clock. John and Sam know that in their
fathers' offices they would be only glorified errand boys, probably without
a definite salary, certainly without any authority, and no chance to show
what is in them. And Mary knows that as long as she is at home Mother
will feel that she has a perfect right to read her letters and listen in on
her telephone calls. She'll run through a questionnaire about everything
she has said and done and thought for the previous twenty-four hours. And
because Mother's tyranny is prompted by love doesn't make it easier to
endure.

For all of its faults, family life has its redeeming virtues. Home is
the one spot in all the world to which our thoughts turn back in our
wanderings. It is the Shangri-La of our dreams, and we even come to
love those who have told us home truths when we live far enough away
from them.

"I have a couple of magnificent
Danes, but I keep them in a kennel
now, poor devils."
Paige saw Erica standing in the
doorway. "Here's Erica," she said.

Erica caught sight of Paige's com-
panion and her face clouded. She
smiled. "Hello," he said, and put
his hand lightly on her shoulder.
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and, remember, "Hand-knits" wear longer! MAKE YOURS FROM THE NEW LUX KNITTING BOOK

Knit this jacket for baby—hand-
knitted woolly garments wear
longer. 115 patterns in the NEW
Lux Knitting Book—four books
in one—112 pages of test-knitted
designs—things for everyone. To
get your copy, mail the coupon
below with 1 large Lux box top
and 15¢. Send for your New Lux
Knitting Book AT ONCE.

MAIL THIS COUPON TODAY!

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Toronto
Name _____
Address _____
Town _____
Province _____

(Continued on page 6, Col. 1)

You Women Who Suffer From HOT FLASHES then CHILLY FEELINGS

If you—like so many women between
the ages of 38 and 52—suffer from
hot flashes, weak, dizzy, nervous feel-
ings, distress of "irregularities," are
tired and depressed — start taking
Lydia E. Pinkham's Vegetable Com-
pound at once. It's one of the most
powerful medicines you can buy
that's made especially for women.
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Needlecraft for The Home

WHY NOT MAKE THIS
Thinking about outfitting that
girl of your for school? Here's a
design for a darling frock with a
dickie to keep it always neat.
Style No. 3575 is designed for
sizes 8, 10, 12, 14 and 16. Size 12
requires 2 1-2 yards 35-inch fabric
with 1-4 yard contrasting.

To order pattern: Write or send
picture with your name and ad-
dress with 20 cents in coin or
stamps to the Needlecraft Bureau,
The Charlottetown Guardian,
Needlecraft Department,
Style No. 3575

Name _____
Street Address _____
City _____ Province _____

A Morning Smile

Mandy—Ah wants a quawl of
sanctified milk.
Grosce—Whut yo' all means is
peddled milk.
Mandy—Look here, small one,
when Ah needs inflammation Ah'll
specify.

"Now," began the architect, "if
you'll give me a general idea of the
kind of a house you need—"
"I want something," replied the
husband, "to go with a door-
knocker my wife brought home from
Java."



3575
SIZE 8-16