

# Woman's Realm / Social and Personal / Fashions / Literature

## Living & Leisure

### The Woman's Realm



He thinks it's OOMPH! know its energy!



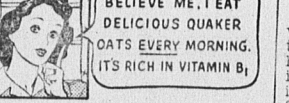
It started with our little Phoebe when we were told, "Don't trifle with her feeding. Start her off every day with a bowl of Quaker Oats."



Try to keep anything good from Jim. "That's for Phoebe," I said. "That's for me," he replied. And it's had him singing at breakfast ever since!



As for me—I eat Quaker Oats for its great nourishment. Jim thinks I have "oomph" but it's just plenty of vitality and a sweet disposition.



BELIEVE ME, I EAT DELICIOUS QUAKER OATS EVERY MORNING. IT'S RICH IN VITAMIN B1.

Babies, even in their first years, and growing children need many food factors for normal growth and development. Vitamin B1 is one of these factors necessary to normal nutrition. Quaker Oats is a rich and thrifty source of Vitamin B1. Among grain foods it is extra rich in Vitamin B1. It is also rich in vegetable proteins—which can aid in building muscles. Delicious, easy to prepare—just plenty of vitality and a sweet disposition.

## QUAKER OATS

**BIG WOOL YIELD**  
BUTTE—(CP)—The estimated value of wool produced in Montana in 1940 was \$8,684,300.

**DINING ROOM HELD WASTEFUL**  
In the average small home, a dining room or breakfast room is usually an extravagance in space according to architectural authorities.

The kitchen can be laid out to include breakfast eating space with little or no extra cost, and the living room plan can be arranged to supply dining space, either in one end or in a special bay that will be one of the features of the house, both from the inside and the outside.

Space and money expended on a separated dining room or breakfast room in the typical small home are much better utilized for a convenient, fully equipped modern home laundry, planning experts declare.

First-floor space is preferred, adjoining the kitchen, but if this arrangement is not feasible the household laundry can be set up in the basement—can even be included as part of the heater room for further economy.

A piece of gum camphor kept in the drawer with your silver will keep it shiny and nice for a long time.

### TRIBUTE TO A QUEEN

"London Bridge is falling down, My fair lady"....  
Be it said to your renown That you wore your gayest gown. Your bravest smile, and stayed in town When London Bridge was falling down.  
My fair lady!  
Chicago.  
—Mary A. Winter.

Steel sheets are "pickled" by immersion in acid in order to remove the scale, or iron oxide formed during the hot-rolling of the sheets.

Honey 3,300 years old, found in the tomb of an Egyptian monarch, is said to have retained its characteristic aroma.

Brides originally made their wedding cake themselves, as evidence of their skill in the culinary arts.

Eire has a plan for charging defence soldiers 10 cents for each birth certificate to create a child-care fund.

There are about 200 million million million molecules in a drop of water.

Charles II. of England, once suppressed coffee-houses and denounced them as centers of sedition.

Oregon was the first state in the Union to tax gasoline. The first tax was levied in 1919.

An ammonia water solution is the best bath for cleaning corrosion from storage battery terminals.

The 1941 crime of the Japanese war lords is that they're spoiling every man's private dream of a South Sea island paradise.—Boston Globe.

### NEW HEMS

A new hem may be made on the worn window shade by cutting off the worn part and forming a new hem for the stick by using glue instead of sewing it. If the shade is old the machine stitching will frequently cut through the material instead of stitching. This would necessitate another hem being turned up and that in all probabilities would mean the shade would be too short for the window.

A California man has invented an electrically operated machine that uses three rotary towels removed 100 times a minute to smooth concrete floors and pavements.

What's better on a cold day than pork and sauerkraut! Try a picnic pork shoulder which you've had boned and sewed on three sides, then stuff with sauerkraut to which you add a grated raw potato, and roast it 35 to 40 minutes per pound.

Fine vegetable cut-outs, dress up soups. The vegetables give color as well as extra flavor. Cut carrots, slices and flatten green peppers into fancy shapes with small cutters. Boil five minutes in salted water, drain and they are ready for the soup. These can be made in advance as they will heat up when added to the hot soup.

More than half the population of England has dark hair, though they are regarded as a fair-haired race.

Featherweight corsets in pearl-escant pastel colors achieve what the experts are pleased to call the new, flexible, sea-siren silhouette.

### NOT SO COSTLY

Do not buy draperies so expensive that you feel you should use them for the next ten years. You will soon tire of the monotony and wish you had not paid so much for them that it would be extravagance to change them. There are lots of good materials reasonably priced that would make the home attractive for a few years, when a change for something different and up-to-date could be made.

### EASILY FOUND

Place a row of tacks at the back of the medicine cabinet and on these suspend the eye dropper, thermometer, tweezers, etc., and other small articles so hard to find when left on the shelf among the various bottles of medicine.

### INSULATION BOARD DOES AWAY WITH PAPER

It has been estimated that more than a third of all new single family residences are now being sheathed with insulating board.

When insulating board is used for sheathing it usually is not necessary to apply a building paper. This is because the board itself has been manufactured to reduce all infiltration of air dirt and moisture to a minimum.

Because of its strength and flexibility, insulating board may be bent around arched alcoves and circular stair walls without having to be scored or broken.

Builders consider this a distinct advantage because every break in the plaster base is a potential crack in the plaster.

### SANDALS AT PLAY

One of the fast-increasing favorites in footwear, is the cut-out sandal, originally designed for beach wear, because of an ankle-type process, these sandals are also splendidly comfortable for lounging and country strolls (where there are no potholes to get in the sandal; and if one should get in it can be shaken out without removing the shoe).

Patriotic themes are becoming even more important. It isn't a sailor dress or a middy blouse, it's a good hat, an officer's cap or at least an emblem on your sleeve, hat or purse that shows your colors.

Black, on the color scene, and gold, in accents, with red, gold or white.

Watch capes this season! Their military air makes them very smart right now, for day-time or evening. Many have epaulet shoulders and standing collars. You'll see them in all shades, but especially in navy and cadet blue.

### CASUAL COATS TO BE VIVID

Like color? Like casual coats? Then you'll be happy as a lark about the coats fashion designers have created for you this Spring. Color, color and more color tells their story with casual and sports coats headed for their keen interest.

It is an alluring cocktail he offers to you, daughter, but don't take more than one sip of it. If you do, it will go to your head and make you do foolish things, because the professional lover only asks for your heart, not for your hand. He is particularly dangerous for girls who have few dates.

Then there is the sympathetic flirt who preys on young married women. He knows that women adore wallowing in pity and he hands it out to them in gobs.

Even while he is drinking his wife's milk he is making his wife strong for the job she does not dull, insensate clod who does not appreciate her, and that he is the only one who understands her.

Many a woman has divorced her husband and lost a good home by listening to a parlor waltzer who charmed her away from her husband, but whose sympathy didn't cotton to her ears.

Then there is the married flirt. Stuff cotton in your ears, daughter, so that you will be as deaf as the proverbial adder of the Scriptures when a married man begins telling you how lonely he is; that

The perennial popular reefer in single breasted and 2-button double breasted style adds new notes in belted backs, inverted back pleats, inset back belts. They also show easier fit through the waistline, although they still retain their flattering flared skirts. Box coats that top suits so comfortably and smartly are practically new-looking with straighter, crispier back lines, slim or bell sleeves, easy fitting armholes and smooth natural shoulders.

## Dorothy Dix Says—

### WORLD IS FULL OF FLIRTS, SO GIRLS MUST BEWARE

#### The Only Real Way You Can Tell If A Man Is In Love Is When He Pops The Question And Follows With A Wedding Ring

A great many girls ask how they can tell when a man is in love with them. Well, the only reliable way of ascertaining the state of a man's affections is the wedding-ring test. Unless he pops the question and offers to assume your board bill and shopping ticket for life you may be certain that his attentions are without intentions. Because a man monopolizes your time and drives every other man away is no sign that he is in love with you. He may enjoy your companionship when he can get it without paying for it. He may like your mother's cooking and find it cheaper to be hauled about in your car than to pay for a taxi. But it is no indication that you have even scratched his heart, to say nothing of having made a permanent dent in it. Don't delude yourself into believing that you can gauge the state of a man's affection by the expression in his eyes. It is the light that lies and lies and lies. That deeper, soulful gaze may mean undying devotion or it may merely indicate that he was born in Mississippi. And, above all, don't fool yourself with a great silent passion for you and that the reason he doesn't speak is because he is too timid. No man ever hesitates about asking for the thing he wants.

Don't take love-making too seriously. Don't let your little heart go plipat when a good-looking lad tells you that you are the girl and asks where you have been all this time that he has never met you before.

It is just his line, and it isn't even sportsmanlike to expect him to make good on it. He will be saying the same thing to generations of girls until he is 80.

The world is full of men flirts, daughters. Study their tricks and their manners and you will be able to tell at sight which one is a good prospect, and on which one a girl wastes her time and her lipstick.

He has a caressing way with him and a romantic repertoire and is strong for the job she does not dull, insensate clod who does not appreciate her, and that he is the only one who understands her.

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He is playing safe, because if it comes to a showdown he can always hide behind his wife's skirts, and tell you that he cannot marry you because he cannot bear to break up his home and desert his poor little children. Any girl who falls for a married flirt deserves what she gets. But don't let it be you.

All of which sums up into saying: Watch your step, daughter, when you play the love game. Lend your ears when a youth wants to pour sweet talk into them, but filter it through your brain before you let it touch your heart.

Don't believe every man who tells you that you are the One and Only, but never mentions a trip to the moon. Plenty of men swear eternal devotion to a girl just because they think it is the one surefire way to entertain her.

Others do it because they like to dramatize themselves as great lovers. And with others it is simply a habit.

Of course, in the end you have to take a man's word for it about whether he loves you or not, but his words are nothing but pleasant conversation until he pops the question.

### THINGS TO REMEMBER

How many boys and girls know that "royal purple" originated from the fact that purple dye was so expensive only the wealthiest people could afford it? That the oldest university in the world is at Cairo Egypt? The highest mountain known is Mt. Everest, India, which is 29,141 feet, and the hottest place on the globe is said to be at Aden, in southwestern Arabia. That central Siberia is colder than the North Pole. That an echo is sound reflecting from resisting surfaces, just as light reflects from bright ones, and cysters are used in the ocean. That the drum is the oldest musical instrument, and the "Milky Way" is the radiance caused by countless millions of small stars.

They entered and followed the head waiter to a table. The place was well patronized, and the small dance floor was crowded.

When they had ordered drinks, they went out onto the floor. As they started dancing, Tonia remembered that the last man she had danced with was David Warren. The thought was painful.

Michael said, "What's wrong? Did you shiver or shudder?" "Shudder. I just had a bad thought."

"Aren't you enjoying this?" "Oh, yes—I am!" "I too," said Michael. "It's been a long time since I took a girl out. I had decided to be a woman hater, but now you've ruined my resolution."

"A woman-hater? Why, Michael?" "A girl let me down hard. It hurt."

Tonia saw, by the sudden dark intention of his face, that it had. A couple dancing close bumped L. Michael. The man said, "Sorry—it's you, Mike. Hello!" And the girl circled him. "Are you back in the course of the dance, Tonia noticed that several people greeted Michael.

"You're well known," she said, "I used to get about to their table. 'You don't any more?' 'I'm too busy nowadays.' 'I'll tell you about that,' he became engaged, he talked me into

ent; and with squash it requires picking off the male blossoms of the mother variety, so that all the pollen available must come from the other parent variety growing near.

Most gardeners may prefer to leave the technical details to the breeder while they concentrate on growing the hybrid squash and enjoying them. Wait until the soil is warm before sowing squash seeds, and fertilize each hill with a handful of balanced plant food well mixed with the soil. A hill, remember, is not an elevation, but a location, say 4 feet away in each direction from other drills (rows) or hills, so that the squash plant may have to about three plants per hill.

All squashes may be eaten when in the baby stage, and many consider them most delicious then.

With corn, this operation calls for cutting off the tassels of one par-

### Lenten Meditations

"If we with earnest effort could succeed To make our life one long connected prayer, As lives of some perhaps have been and are; If, never leaving Thee, we had no need Our wandering spirits back again to lead Into Thy presence, but continue there, Like angels standing on the highest stair Of the sapphire throne,—this were to pray indeed.

But if distractions manifold prevail, And if in this we must confess we fail Grant us to keep as least a prompt desire, Continual readiness for prayer and praise, An altar heaped and waiting to take fire With the least spark, and leap into a blaze."

### Amateur Glamour Girl

(By JOSEPH CHADWICK)

#### CHAPTER XII

As Tonia wanted to change her clothes, Michael said that he would wait down in the lobby. When he was gone, she was tempted to go into Sally's room and get into some of her own clothes, but she checked the impulse.

When she went downstairs, she wore Sally's best dress and hat and shoes. The smile Michael gave her made her wish that she were wearing a new evening dress that Pierre, the studio designer, had created especially for her. She thought ruefully that Sally was probably wearing it—for Jim Kirby.

Michael had a rooster. It was big and new and shiny—not the sort of car Tonia would have imagined a truck driver would own.

He said, "Maybe you would rather go somewhere and dance." "Anything you'd like, Michael." "We can go to the movies any time."

"Well, yes, we can. Let's dance." He drove out along the beach road. It was a warm, moonlight night.

"I'm sorry I pulled that boner—not recognizing you at first," he said.

"That's all right. I wouldn't have recognized you if I hadn't been forewarned," said Tonia.

He glanced at her grinning. "I guess I do look different. Clothes make the man!"

"And the woman," Tonia added, thinking how true that was in Sally's case—and in her own case. "You don't object to going out with a truck driver, do you?" he asked.

"No. Why should I?" "I don't think I could be choosy. Do you?"

He looked at her again. "Why not? You're nice. You're easy to like."

"But you don't say I'm beautiful."

"When I first saw you tonight, I thought you were. It's those glasses. Do you mind my saying that?"

"No—it pleases me. I never thought to blame my looks on my glasses."

"They drew up before a white mansion that stood close to the beach. There were a lot of cars parked about. Smartly dressed couples were entering the wide, lighted doorway. Orchestra music sounded from within."

"They entered and followed the head waiter to a table. The place was well patronized, and the small dance floor was crowded."

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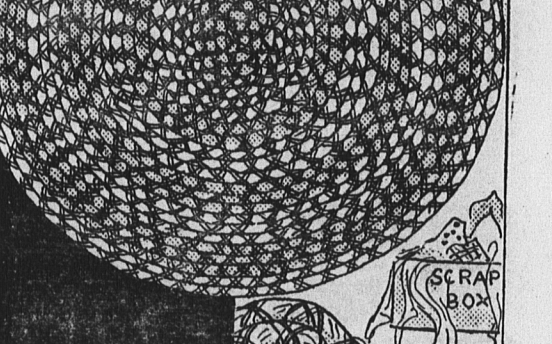
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NAME \_\_\_\_\_ STREET ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

When I was driving that truck for a purpose. In an aerodynamic engineer but, after the sabotage at the plant, the management asked me to play detective for a while. In the role of a truck driver, I associated with the workers, but I didn't find a thing. That fellow Donovan was our man, but he was too clever for me."

"What was the sabotage?" asked Tonia.

"Some important machinery was ruined delaying production on some war planes. Such things are happening all over the country now. There's a network of spies and saboteurs. Lately, some plans disappeared from the designing room. They were either lost or stolen, with the chances strong that they were stolen."

"Do you think Donovan did that?" "Probably." "Are you going to go on playing detective?" "No. I'm back in my regular job. I'm working on a new and radically different combat plane."

"Have you always been in that kind of work?" "Except for a year in banking. I was frowned. 'One year of it was all I could stand. I hated it.' 'How did you happen to go into it at all?'"

Michael's face clouded. "There was a girl. Her father practically owned the bank. When she and I became engaged, he talked me into

giving up aircraft designing for banking. Just before she and I were to be married, we quarreled because I wanted to quit the bank. Then, I found her in the arms of another man. I blew up and walked out. I didn't get over her, but here I am."

Tonia said, "Yes—here you are." She was strangely glad that he was there. She liked Michael Shant—liked him a lot.

(To Be Continued)

### A Morning Smile

WOMEN ARE LIKE THAT "Mrs. Williams always asks the price of anything new that I happen to be wearing," said Mrs. Brown. "Rather a cheek, don't you think?" "Decidedly," replied Mrs. Black. "What has she been trying to find out recently?" "She wanted to know how much I paid for this dress."

"What an inquisitive creature she must be. How much did you tell her?" "Teacher—Willie, how do you define ignorance?" "Willie—it's when you don't know something and some one finds it out."

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## Squash Bred in New Way Wins All-American Award

Vegetables we know as squashes may actually be pumpkins; but squash or pumpkin, it is pretty sure to be one hundred per cent American. Both were being grown by the Indians when Columbus crossed the ocean.

We have not improved much on the Indian variety, but this year an All-American award was won by a Yankee product, christened Yankee hybrid.

As the illustration shows, this is a straight necked squash with a 7 inch neck before the buke, which means more quality flesh. Of great interest to students of plant breeding is the way this new variety is produced. It is one of the few F1 hybrids and is bred by methods resembling those used to produce hybrid corn.

To produce F1 hybrids, one must cross two different parents seeking to combine in the offspring the good qualities of both. F1 hybrids are usually endowed with exceptional vigor and uniformity. But while it is easy to perform this cross on one pair of plants, there are few plants families so constructed that a field crop of F1 hybrids can be grown, because most plants fertile themselves, and will continue to do so unless an operation is performed on each individual, a procedure usually too expensive for a field crop.

With corn, this operation calls for cutting off the tassels of one par-

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