

Woman's Realm :- Social and Personal :- Fashions :- Literature



Faded Curtains Become New Again With Easy Tintex

Restores Gay Color to Home Decorations... at Trifling Cost! Away with the drab, cheerless colors of winter. Bring on the gay, cheerful colors of Spring with Tintex.

Tintex World's largest selling TINTS and DYES

GARDENING YOUR GARDEN SHOULD BE HANDLED WITH GLOVES

When you answer that spring is to come into the garden, don't forget your gloves. Digging in the dirt is good for everything but your hands.

ANNUAL BEDDING DAHLIAS

European growers, particularly English plant breeders, have taken the dahlia in hand and instead of the huge types so popular with American gardeners are developing the dahlia downward in stature and size of bloom.

Married—If You Want to be Happy Though Dorothy Dix Advises Considering Partner Before Self

Most People Try to Get More Than They Give in Marriage, but the Happiest Husbands and Wives are Those Who are so Absorbed in Showing Appreciation of Each Other That They Have no Time to Question its Validity

When men and women get married each strives to get the better of the bargain. Each is concerned with what he or she shall get, not with what he or she shall give, and each desires to get more than he or she gives.

And after marriage this same spirit of desiring to receive instead of to give still persists. I get thousands upon thousands of letters from men and women complaining of their wives and husbands and telling what poor miserable failures their mates are, but I have yet to get a single letter from a man or woman admitting that he or she is at fault, and that he or she is an utter failure as a husband or wife.

A man will say that he drags the ball and chain of a mortgage that is breaking him mentally and physically because he is bound to a woman who does not understand or sympathize with him and with whom he has nothing in common.

But he will never say that I know I have been a bad husband to my wife because I absorb myself in my work and have given her no companionship. Or because I have been cold to her and have never taken the trouble to pay her any of the attentions women love.

A woman will complain that her husband is cold to her and never shows her any affection. Or that he is silent and grouchy. Or that he never stays at home on evenings. Or that he philanders.

But she never admits that she is a poor makeshift of a wife who lets herself go grouchy and slovenly and who has thrown away all the attractions, physical and mental, with which she lured her husband into matrimony. Nor does she admit that she is a poor housekeeper who feeds her husband on poisonous food.

No. When a marriage is a failure the man blames the woman and the woman blames the man and neither blames himself or herself for the catastrophe. The husband feels he was cheated because he did not get an ideal wife who was sweet and amiable and broad-minded and thrifty and affectionate, and who knew how to handle him with gloves.

And the wife beats upon her breast and laments that Fate has double-crossed her because her husband did not remain a perpetual lover and have an angelic disposition and make enough money to indulge her in everything she desired. And neither one pities the other one because he or she did not get his or her heart's desire in a life partner.

Perhaps this wish to get more than they give in marriage explains why there are so many unhappy and dissatisfied husbands and wives. Because in marriage it is more blessed to give than to receive and only those find happiness for themselves who bestow it upon another.

It is even better to love than to be loved. For we grow weary and bored with the affection we do not return, but when we love we keep forever on our toes, alert, alive, absorbed in trying to please the adored one, and every kind look, every tender word, every handclasp or kiss is a thrill and sends fire along our veins. It is never the one in a married couple that sends fire along our veins.

The most contented husband is not the man who is married to the best wife. It is the man who is trying to be a good husband to some, perhaps, quite inferior woman, but he is so busy being good to her, he is considering her so much more than he is himself, he is working so hard to give her luxuries that he forgets to wonder if she comes up to his ideal, and he is so absorbed in his thoughts of her that he never even casts an eye in the direction of other women.

Nor are the happy wives those who are married to paragons of husbands. They are those women who are so absorbed in being good wives themselves that they find every sacrifice that they make for their husbands sweet, and are happy because they make their husbands happy.

There is this curious law in nature: that the more people do for us, the less we like them, but the more we do for people, the more we love them. And this goes double in marriage. So, if you want to be happy in marriage, be a good husband or wife yourself.

be kept over and divided in precisely the same way. Once started from seed the roots will be ready to set out next spring for early all-summer bloom. The Coltness hybrids are single, from two to four inches in diameter, with good stems and have become popular for cutting.

Even the tall giant-flowered dahlias may be raised from seed to blooming size the same season without difficulty if the seed is started early indoors. In this way the new varieties are obtained. Seed of a fine strain is bound to give fine plants. There may be a fine new variety in your seedling patch and at any event you will have a fine collection of dahlias at small expense from which you may select to propagate a stock of those found most beautiful.

The growing of dahlias as annuals is interesting. The dwarf bedding types have one advantage. They come into bloom in July and August and are not cut down by frosts before doing their full duty as are the magnificent large tall growing types so frequently.

The cooler, moister climate of the Maritimes is the factor above all which gives that part of the Dominion pre-eminence over other sections of Canada in the yield of potatoes.

On light sandy loams, potash is an important element of plant food for the corn crop; and, unless the land is heavily manured, the application of a complete fertilizer having a fairly high content of potash may be desirable.

Statistics and experience of the best Canadian farmers show that crop yields in Canada are, generally speaking, very much below the possible maximum.

FOR THE WOMAN READER

TRUE REST

Rest is not quitting. The busy career. Rest is the fitting Of self to one's sphere.

'Tis the brook's motion, Clear without strife, Fleeting to ocean, After this life.

'Tis loving and serving, The highest and best; 'Tis onward, unswerving, And this is true rest.

NEW SALAD

Chopped leeks, chutney and romaine, served with tart French dressing, make a diverting salad for spring days, particularly with roast beef or steak.

ORIGIN OF 'NAVY'

About a century and a half ago, the advantages of using canals rather than horses for transporting goods were fully realized and such waterways were being made all over England. At that time canals were known as 'inland navigations', and soon the large bodies of men employed to dig them became known as navigators—shortened into navies.

SILLY SUPERSTITIONS ABOUT BABIES

What do you do with a baby's fingernails? This question is not so foolish, for only a short time ago I heard an old woman protest when a young mother got out the scissors "Oh, don't! If you cut them, you'll make him a thief. You never cut them the first time."

SAVORY MEAT LOAF FOR ONE-DISH DINNER

Choice cuts of meat may give you pride when you serve them. But for all-around enjoyment, give men and children a good, tasty, savory meat loaf!

FUR RUGS

Motor rugs and cushions which are made of fur should not be overlooked, during spring cleaning, as such articles harbor dust, which is not properly removed by brushing. Take the articles out of doors on a fairly windy day and beat them thoroughly.

DISCARDED CLOTHING

When so many people are in actual want this year, it seems unfair to keep perfectly good things hanging in your closet that you may happen to want some day, but probably never will.

Once a Week

When he is still older, say four years old, once a week is a good schedule. In hot weather oftener, perhaps. Children, of course, have different types of hair. Some can stand more washing than others.

Teeth Require Care

And now about the teeth. We are now told to use a small soft tooth brush on the baby's mouth after he has ten teeth. Use it gently up and down. Never irritate the gums.

HOME NURSING HINT

What is the best way of keeping sick children quiet and entertained during a long illness in which per-

A Morning Smile

Towards the end of his Christmas dinner Freddy put down his spoon and pushed away his unfinished plum pudding.

"Why, Fred," said his father, "what's the matter? You look quite mournful."

"Yes," answered Freddy, innocently. "That's just it, I'm more'n full."

A small niece, three-and-a-half years old, often adds an originality to her evening prayer. After a bedtime story, giving a moral on perseverance, she knelt down to say her usual prayer. "God bless Mummy, Daddy, etc. Please make Wanda a good girl, and if at first you don't succeed, please try again."

May I, as a sympathiser with the Average Boy, having been one myself, send "The Average Boy to the Head Masters in Conference." Oh, don't be too hard on the "Average Boy."

To his mother he's even a permanent joy; An dwhen he grows up, he's deemed wise and discreet, For the "Average Boy" is the "Man in the Street."

—Lord Dartmouth in The Times.

Potter & Moore's LIQUID BATH SALTS THE ORIGINAL MITCHAM LAVENDER. Includes image of a woman and a bottle of bath salts.

THE ORIGINAL MITCHAM LAVENDER. Includes image of a woman and a bottle of lavender products.

THE COOK'S CORNER IMPERIAL SALAD. Includes a list of ingredients and instructions.

FABRICO HATS. Includes text about hat styles and prices.

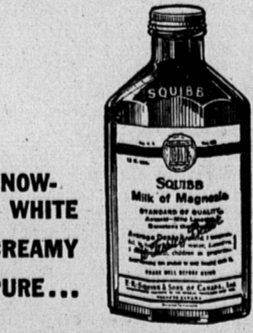
CARAMEL ICING. Includes a list of ingredients and instructions.

WAITING FOR THE CHEER LEADER. Includes text about cheerleaders and a recipe for a sauce.

Daintiness With Chic Styles. Includes text about dressmaking lessons and a pattern.

Try This Simple Way of Making Cream Sauce. Includes a list of ingredients and instructions.

Borden's ST. CHARLES MILK. Includes text about the benefits of the milk and a list of ingredients for a recipe.



a better tasting Milk of Magnesia

Milk of Magnesia is a necessity in every household. But haven't you often wished it were pleasanter to take?

Just try Squibb's Milk of Magnesia. Squibb's is a smooth, creamy preparation, carefully refined and, because of its purity, exceptionally pleasant and refreshing in flavour.

Get a bottle from your druggist. Use it as an antacid, a mild laxative or as a mouth wash, according to your physician's directions. Squibb's purity and efficacy can always be relied upon because it bears the name of Squibb and because it is the standard of quality with physicians, nurses and mothers everywhere.

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