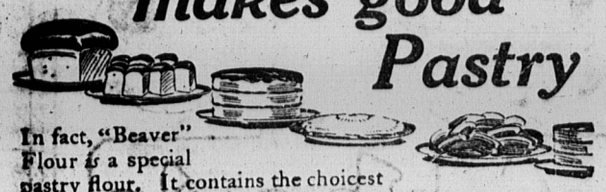
Of Course, it makes good Pastry



In fact, "Beaver" Flour is a special pastry flour. It contains the choicest Ontario fall wheat (the finest pastry wheat in the world) blended with western spring wheat to increase the strength.

BEAVER FLOUR

MILLED OF BLENDED WHEAT

makes the lightest, flakiest Pies and Tarts—the most inviting Cakes, Cookies and Doughnuts—and real homemade Bread, with the delicious, nutlike flavor.

There's no comparison between the tough Pastry and tasteless Bread, made with western wheat flour, and the "good things" made with "Beaver" Flour. Order some.

DEALERS—write us for prices on Feed, Coarse Grains and Cereals. 204

THE T. H. TAYLOR CO. LIMITED, CHATHAM, Ont.

Carter's Little Liver Pills For Constipation

A vegetable remedy that always gives prompt relief in constipation. Banishes that tired feeling altogether and puts you right over-night, stimulates the Liver gently, but quickly restoring it to full and healthy action, and the stomach and bowels to their natural functions. Making life worth living.

Small Pill Small Dose Small Price

Beauty Good

Genuine bears signature

ROSY CHEEKS or HEALTHY COLOR indicates iron in the Blood. Pale or colorless faces usually show its absence. A complexion which will be much helped by CARTER'S IRON PILLS

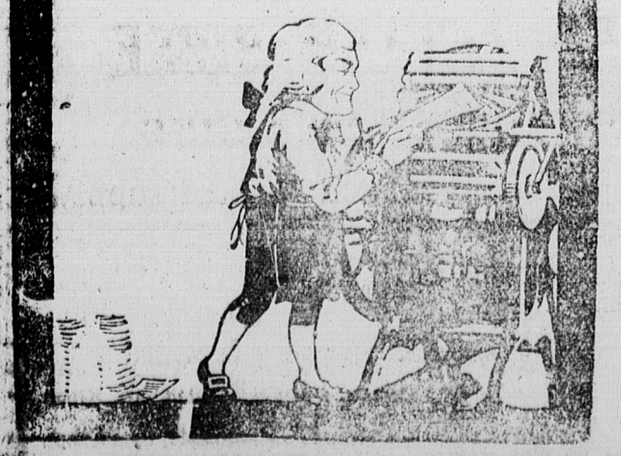
Job Printing Department.

The Sign of Quality

is displayed on all our work-you will be pleased with our printing and satisfied with our service

Try us today on circulars, booklets and business forms.

The Guardian Printery



BOSTON FISH ADS

Standard Fish Co.

WHOLESALE DEALERS IN

Fresh and Salt Water Fish

146-148 ATLANTIC AVENUE

CONSIGNMENTS SOLICITED DAILY RETURNS

EELS, LOBSTERS, AND SMELTS SPECIALTIES

BOSTON, - - MASS.

1819-12-21tutr18mo.

The Central Guardian

THE MORNING GUARDIAN may be had at the News and Variety Store, 70 Great George St., opposite St. Dunstan's Cathedral.

WALL PAPER.—Now is the time to choose your Wall Paper. See our patterns. F. W. Strong Co., Ltd., Summerside. 2972

IN HOCKEY CIRCLES. — Messrs. Morton and Purcell, who guide the destinies of the Socials' semi-pro team, have accepted the challenge of the Amherst team to play for a side bet and have offered to make the bet two hundred dollars instead of one hundred, with the contest to take place in the Oxford Rink, says the Halifax Herald. The locals are confident that they can take the measure of the Amherst team and are willing to go the limit on their chances. The Oxford rink is said to be next to the Arena in size, and if this is true the locals will have a nequal chance with the Amherst players. In the meantime the locals will get in shape by engaging in a number of exhibition games.

SOCIAL AT SPRINGFIELD. — On the eve of Feb. 11th, an enjoyable time was held in the Sprnigfield Temperance Hall, when the ladies of the local Women's Institute gave an entertainment in the form of a Valentine Social. The object of the meeting was purely patriotic, to raise funds to help provide comforts for the two war prisoners who have been adopted by the society. Mrs. H. B. Haslam, the President, had charge of the meeting. The program included: The Institute Ode; readings by the Misses Gwendolyn and Mabel MacLeod, and Bessie MacKenzie; solos (encored) by Miss Lena Nicholson and Mr. Everett Haslam; instrumental music (violin and banjo) Messrs. Fred. Reeves and Ward McCoull. Playette, "A Shoemaker's Troubles," with following cast of characters: Jonah Boggles, a shoemaker and hen-pecked husband, Mr. Percy Haslam; Maria Boggles, his wife, Miss Bessie MacKenzie; Messrs. Farrington, Coulter and Jones, their neighbors, Messrs. William Haslam, Ira MacKay and Nelson Matheson. Immediately after the program a dainty luncheon was served by the W. I. ladies and the remainder of the evening was pleasantly taken up by wit-sharpening contests, Valentine games and music. The ladies in charge desire to thank all who helped in any way, and especially the Misses MacLeod and Nicholson, and Messrs. Reeves and McCoull, who came from a distance and so keenly contributed towards the success of the evening.

Got it at Last

The man in the drug store was perplexed. Try as he would he could not remember what his wife had told him to get. Presently he brightened up. "Say, name over a few young people's societies."

"Christian Endeavor?" began the druggist.

"No."

"Young People's Union?"

"No."

"Edworth League."

"That's it! That's it! Give me five cents' worth of Epworth salts."

TAKE "CASCARETS" IF HEADACHY, BILIOUS AND CONSTIPATED

Best for liver and bowels, bad breath bad colds, sour stomach

Get a 10-cent box.

Sick headache, biliousness, coated tongue,—always trace this to torpid liver; delayed, fermenting food in the bowels, or sour, gassy stomach.

Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull throbbing sickening headache.

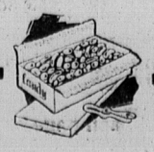
Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste mater and poisons in the bowels.

A Cascaret tonight will surely straighten you out by morning. They work while you sleep—a 10-cent box from your druggist means your head clear, stomach sweet, breath right, complexion rosy and your liver and bowels regular for months.

Diseased Skin

Freedom at once from the agony of skin disease. The soothing wash of oils. Try D. D. D.—its different. —E. A. Foster, Central Drugstore, Charlottetown.

D. D. D.



Fresh Chocolates

Pure and delicious arriving regularly from Canada's cleanest Candy Kitchens.

Take home a pound with you—today.

THE 2 MACS

METHODIST MEETING. — The Sackville District of the Methodist Church convened in the Board Room of Mount Allison University at two o'clock on Wednesday, says the Sackville Tribune. A large attendance was present and the Chairman of the District, Rev. R. Opie, presided. After devotional exercises, Rev. Dr. Steel, Superintendent of Missions, pointed out that this year all surpluses raised on Missions would be retained by the Missions. The question of co-operation with the Presbyterians on certain fields in the District was considered, and it unanimously decided that the principle was viewed with great approval. A discussion then took place, led by Rev. G. W. Tilley on the subject, "How to obtain greater Efficiency of the Church." Rev. Hugh Miller gave a report of the annual meeting of the Board of Social Service and Evangelism. Rev. H. E. Thomas dealt with the church's financial system in which the strong points in a General Budget system was set forth. In all these discussions many members took part. Besides the members of the District there were present Mr. Henry Smith of Charlottetown and Rev. F. A. Wightman, of Florenceville, and Rev. Dr. Johnson, of Truro, who are members of a special committee from the Conferences of Nova Scotia and New Brunswick to deal with the question of the transfer of certain deposits of the Historical Societies of the Conferences to the Canadian Archives, Ottawa.

A SAVING OF MILLIONS

Scheme of Salvage War Material and Work it Up for Army Use.

A huge scheme of salvage, which will save the country millions a year, and probably as much as £100,000,000 by the time the war is ended, is about to be put in operation. It crowns the work of Mr. Andrew Weir, the able Director-General of Supply. To carry out the scheme a board of twelve experts, at the head of which is Lieut-General Sir John Cowans, has been appointed; the actual director of Salvage is Brig.-General L. W. Archerley, who is well spoken of.

The idea is to collect and bring back from France the whole of the war material that has been lying there unused or half unused for some time, and to work it up again for the army. In this fashion enormous quantities of copper, steel, and such-like commodities, which otherwise would need to be brought from overseas, will be available, thus effecting a most valuable saving in tonnage, not to speak of money.

There are dumps in France so extensive that it will take 1,000 men weeks to remove the stuff, but, presumably, the task will be tackled systematically, and spread over a period sufficiently long to avoid any strain on the labor at the front.

A modest salvage scheme by means of which empty shell-cases and worn-out clothing for remanufacture have been returned to England, has been in operation for a number of months, but its results are modest compared with those aimed at in the new scheme, which brings into being an organization that will deal with the new raw material from the collecting stage to its reissue and on a commercial basis. —Tit-Bits.

CARROTS

"Carrots!" They were among the friends of our childhood days. We used to find them in soup, in stew, in all manner of dishes. Our mothers used to tell us how good there were for little people. We liked them raw—when we could get them.

Now the fashionable and patriotic thing is to have a garden and grow vegetables. This was done so energetically last year, in response to the appeal for increased production, that there are large supplies on hand of carrots and onions. During the next six weeks these should be pretty well cleaned out, for by the end of that time people will be thinking about their gardens and lots again.

Large quantities of carrots might be used in the soup pot. In the cold weather there is nothing that children enjoy more than a good nourishing soup or stew. There are dozens of ways in which they can be utilized and now is the time to lay in a good supply and increase consumption.

Carrot Pudding

One cup grated carrots, 1 cup grated potato, 1 cup finely chopped suet, 3 tablespoons shredded peel, 1 cup raisins (cut) 1 cup currants, 1½ cups brown sugar, ½ teaspoon grated nutmeg, ¼ teaspoon ground cloves, ½ cup chopped almonds, ¼ teaspoon cinnamon, 1 teaspoon soda, 1½ cups flour, a little salt.

Mix soda with flour thoroughly, rub suet into flour and combine all other ingredients. One-half cup molasses may be used with ½ cup sugar. This will make 3 medium sized puddings.

Carrot Loaf

One cup grated carrots (or left over,) 1 cup bread crumbs, ½ cup walnuts, 1 tablespoon butter, 1 egg, 1 cup strained tomato, salt, pepper, onion.

Mix the ingredients in the order given. Shape the mixture into a loaf. Steam the loaf for one hour and brown it in the oven.

Carrot Salad

One cup diced cooked carrots, 1 cup raw apples cut in cubes, 1-3 cup nut meats, 1 teaspoon lemon juice, 1 head lettuce, serve with dressing made as follows:

One teaspoon salt, 1 teaspoon mustard, dash of cayenne, 3-4 tablespoon cornstarch, 1 egg, 1½ tablespoons oleomargarine or butter, ½ cup milk, 3 tablespoons vinegar. Cook slowly over hot water.

It may be necessary to divide the flock into two parts, keeping the thinner ewes separate from the rest, and feeding a little heavier with grain in order to bring them into proper condition for teh lambing season.

PARENTAGE

A MESSAGE

A Heart Drama That Stands Out

"EXCELLENT ENTERTAINMENT SAID THE CENSORS.

Its appeal is to better side of your nature.

Its treatment is refined, human and inspiring.

It Makes You

LAUGH

Scores of those who witnessed "PARENTAGE" at a private showing, stated that this film, because of its tremendous theme and artistic handling, will do more to make enthusiastic those who have heretofore shunned the "movies" than any other one production.

Its thoughts are brimful of heart interest.

Its characters are as real as you and your neighbors.

It Makes You

THINK

"Wid," the famous film critic, said:

"IT IS THE MOST FORCEFUL COMBINATION OF THOUGHT, PATHOS AND FUN EVER SCREENED."

Manager Rothapfel in his personal endorsement said:

"IT IS THE MOST ENTERTAINING PICTURE WITH A SERIOUS THOUGHT I HAVE EVER WITNESSED."

SEE IT, THEN YOU WILL REMEMBERIT

PRINCE EDWARD

Wednesday and Thursday

HIGH COST OF LIVING

It's An Old, Old Story, and Was Told 2,000 Years Ago

A wife's letter 2,000 years old was unearthed recently in the ruins of the Serapoum, the temple of Memphis, the great city of ancient Egypt. The letter was written by Isias to her husband Hephaestion, who had deserted her. There were two letters, in fact the first bearing a date equivalent to July 24, 186 B.C. In them the wife reproaches her husband for neglect of his family, and, what is particularly interesting at the present time, she complains of the high cost of living.

Here are some extracts from the first letter: "Isias to Hephaestion, her husband. Greetings—If you are well and other things are turning out with you according to your wishes it would be as I perpetually pray the gods. I myself am in good health, and the child and all in the house make mention of you continually. When I received your letter from Horus, in which you explained that you were in retreat in the Serapoum at Memphis, I immediately gave thanks to the gods that you were well. But that you do not return distresses me, for having piloted myself and your child through such a crisis and having come to the last extremity because of the high cost of corn, and thinking that your return would bring me relief, you have never even thought of returning or spared a look for my welfare."

Do not let the pigs lie on the cement floor. Paralysis, stiffening of the joints or crippling in some form may result. If there is a cement floor in the piggery it is better to provide planking over the top or raised sleeping quarters.

Remember that as a general thing pigs should weigh about 200 pounds before being marketed. There are certain animals, such as the shorter earlier maturing animals, which can be marketed more economically at about 180 pounds, while others, longer and with bigger frames, can be profitably fed to about 220 pounds.

What we call time enough always proves little enough.

YOU CAN'T FIND ANY DANDRUFF, AND HAIR STOPS COMING OUT

Save your hair! Make it thick, wavy, glossy and beautiful at once

Try as you will, after an application of Danderine, you can not find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most, will be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable lustre, softness and luxuriance, the beauty and shimmer of true hair health.

Get a small bottle of Knowlton's Danderine from any drug store or toilet counter, and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment. A small trial bottle will double the beauty of your hair.

Prince Edward

Matinee 3.15 Sharp—Night 7 and 8.45

THE VIVIAN MARTIN FEATURE

"MOLLY ENTANGLED"

DELAYED BY THE STORM

We are Substituting an Excellent Up-to-Date Feature Entitled

"HER NEW YORK"

A Pathe Gold Rooster Photoplay of Innocence, Sorrow, Laughter, Love and Joy

HERE TODAY SURE

The Fifth Chapter of the Great Romantic Mystery Serial

"THE GRAY GHOST"

ENTITLED

"PLUNDER"

WEDNESDAY AND THURSDAY

"PARENTAGE"

Owing to no trains running it will be impossible for "Grey Ghost" serial to be shown today.

GENERAL HAIG

Here is an English Tommy's opinion of Haig:—"'Aig 'e don't say much; 'e don't, to say, say nothin'; but what 'e don't say don't mean nothin', not 'awf. But when 'e do say somethin'—my Gawd!"

Almost the only great soldier of modern times who has passed through the curriculum of an English University is Field Marshal Sir Douglas Haig. He is a graduate of Oxford University.

Breeding ewes require exercise and plenty of it. It means stronger lambs and less trouble at lambing time.

Get your hands on each member of the flock at least once a month, since wool is very deceiving in determining the condition of the ewes.

Big Print Red Letter BIBLE COUPON

ILLUSTRATED EDITION

Distributed by the

Charlottetown Guardian

Clip three of these coupons and present them together with our advertised price of $1.59 and receive your Copy of the BIG PRINT RED LETTER BIBLE.

3 Coupons and $1.59 and Postage Secures It

Specially bound in genuine Limp Leather, numerous beautiful colored plates, maps and biblical scenes, family record, etc.

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