

## AUTOINTOXICATION OR SELF-POISONING

The Dangerous Condition Which Produces Many Well Known Diseases.

### HOW TO GUARD AGAINST THIS TROUBLE

"FRUIT-A-LIVES" — The Wonderful Fruit Medicine — will Protect You

Auto-intoxication means self-poisoning, caused by continuous or partial constipation, or insufficient action of the bowels.

Instead of the refuse matter passing daily from the body, it is absorbed by the blood. As a result, the kidneys and skin are overworked, in their efforts to rid the blood of this poisoning.

Prisoning of the blood in this way often causes indigestion, loss of appetite and disturbed stomach. It may produce headaches and sleeplessness. It may irritate the kidneys and bring on pain in the back, rheumatism, gout, and rheumatic pains. It is the chief cause of eczema — and keeps the whole system unhealthy by the constant absorption into the blood of this refuse matter.

"Fruit-a-lives" will always cure auto-intoxication or self-poisoning — as "Fruit-a-lives" acts gently on bowels, kidneys and skin, strengthens the nerves and tones up the nervous system.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

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It WASHES WITHOUT RUBBING  
SCALD or BOIL FOR TWENTY MINUTES  
FULL DIRECTIONS INSIDE

The woman who uses Cleanall Laundry Soap does not spend hours over the wash board. Use as directed and no rubbing is required. Will not injure the clothes. At all grocers & Hardware Stores.

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Office — Old Guardian Office, Province Block, Charlottetown, P. E. I.  
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CHRONIC DISEASES  
CURATIVE TREATMENT by the month in advance, Victoria Hotel, Charlottetown, P. E. I., Canada.  
HOURS: 12 to 3 daily. NOW.  
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THURSDAY

**RESCUED FISHERMEN.** — The schooner Marguerite, Capt. Dauette, has arrived in Summerside from New York with a cargo of hard coal. She made the trip in seven days and on the voyage picked up two fishermen forty-five miles off Lockport, N. S., who had been two days adrift in an open boat.

**ROTARIANS IN THE CITY.** — Dr. D. A. McRae, Dean of Faculty of Law, Dalhousie University, Governor of the 16th International Rotary Division, with headquarters at Halifax, and Mr. Charles J. Burchell, of McLean, Paton, Burchell & Raiston, Halifax, ex-Governor of the district, are at present in the city, and will address a Rotary supper in the Kozey Korner tonight at six o'clock.

**OF LOCAL INTEREST.** — The St. John Telegraph of Tuesday contains a portrait of three Canadian soldiers who have just reached England after a thrilling escape from a German prison. One of these is Pte. H. Henderson of Toronto, who belonged to the Fourth Mounted Rifles, and who while in captivity was adopted by Mr. Wm. Clarke, of North Wiltshire who has since adopted another prisoner.

**THE EARLY BIRD GETS THE WORM.** and the early reader of the Guardian secures for himself the two hundredth prisoner of war. Mr. W. E. Gillespie at an early hour yesterday read the appeal in the Guardian for the adoption of the two hundredth war prisoner and telephoned at once to Canon Simpson offering to take him. The receiver was hardly put back on the hook before a lady rang up to say that People's Church would adopt number 201 and before the Canon could finish David Mathieson, son of the Chief Justice would take half an adoption, and Mrs. J. T. Morris phoned that she would adopt a second prisoner. Shortly after came another message that arrangements were being made by several people to adopt three or four more and De Blois Brothers reported that they would adopt one. Mr. and Mrs. A. E. Morrison adopted number 199 on Tuesday night. Moral: If you advertise in the Guardian you must be prepared to take your breakfast in instalments.

**WEDDING BELLS.** — The Church of Iona was the scene of a very pretty wedding on the morning of Tuesday, August 21st, when Katherine Blanche, daughter of Mr. and Mrs. James Coady, Newton Cross, became the wife of Mr. Ralph Lawrence Collins, Montague. The bride who was attended by Miss Helen Collings, looked very winsome indeed in a dress of white-brocaded satin trimmed with pearls and wearing the conventional veil with wreath of orange blossoms. She carried a beautiful bouquet of maiden hair fern and white carnations. The groom was attended by Mr. Frank Coady, brother of the bride. After the ceremony the bridal party drove to the home of the bride's parents where a sumptuous repast was partaken of, after which the guests, to the number of about one hundred and twenty-five, enjoyed themselves or the remainder of the day. The music was particularly good, including organ, violin and bag pipe music. The wedding presents received were numerous and valuable including sets of furniture, silverware etc. The bride and groom received many hearty congratulations during the day. The Guardian joins with their many friends in wishing Mr. and Mrs. Collins abundant health and prosperity in their newly married life.

**Found New HEALTH**  
Of greater value than gold and silver is health restored. Up in the mining district of Larder Lake, Ont., Mr. Ed. Costello discovered something — that the high words of praise given to Gin Pills are true. Here is his story, in part:  
"I had heard of your

**Gin Pills**  
FOR THE KIDNEYS  
and decided to give them a trial at once, as I had been suffering for some time with my kidneys and urine. I sent my chum out to get them (about 60 miles) and I am pleased to inform you that in less than 6 hours I felt relief. In two days the pain had left me altogether. Today I feel as well as ever I did and my kidneys are acting quite naturally." (Full testimonial sent on request, together with FREE SAMPLE of Gin Pills.)  
All dealers sell Gin Pills in our Money Back Guarantees, 50c's box, 6 boxes for \$2.50.  
National Drug & Chemical Co. of Canada Limited - Toronto  
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## Do You Suffer with Night Sweats

and awake in the morning feeling all in? There are thousands of men, women and even children suffering from this dreaded symptom of consumption and don't trouble about checking it. Are you one of them? If so, ask your druggist for a bottle of the famous Zoetic, a sure, quick and reliable tonic.

Your doctor will tell you that the ingredients of Zoetic contain all the elements of the human body. Zoetic is compounded from food and tonic essences — a body builder, and its powerful action in reviving nerve force, restoring vitality and strengthening weak lungs — will give you a new health by means of this scientific nourishment.

Everybody needs this spring and fall tonic. Accept no substitutes, insist on Zoetic.

LOGGIE, PARSONS & CO., 507 Building, Toronto, Distributors for Canada.

Sold by E. A. Foster and Johnson & Johnson.

Mr. James A. Stewart, Pownal St., received word yesterday that his son, Private Frank Stewart was wounded on August 16th. Private Stewart enlisted in the 89th Battalion in Calgary on November 3rd, 1915.

**PROMOTED.** — Mr. James Rush, city has received a letter from his son, Private Lemuel Rush, of 13th Battalion, now in France, stating that he has been promoted to Corporal. Corporal Rush left here with the 105th Battalion and is only nineteen years old.

**WEDDING BELLS.** — The marriage took place Tuesday morning in St. Joseph's Convent, of Mae E. O'Brien, daughter of Mr. Wm. H. O'Brien of Georgetown, to Jas. W. Allen, telegraph operator on the P.E.I. Ry., and son of Dr. A. A. Allen, of Carleton Place. The bride was attended by the groom's sister, Miss Estelle Allen, while Mr. F. G. Kelly of this city, cousin of the bride, acted as groom's man. After the ceremony the wedding party drove to the station where they left on the western train for a trip to Montreal, Toronto and Niagara Falls. Their many friends join in wishing them a long and prosperous wedded life.

**BIBLE PRESENTATION.** — On the day preceding the departure of the Railway Construction Corps the men were waited upon by the representatives of the Bible Society, including the President, Mr. W. S. Louson, the Secretary Principal J. D. Seaman, the Treasurer, Mr. W. S. Sterns and Rev. Canon Simpson representing the clergy. Brief addresses were given by the President, the Secretary and Canon Simpson after which the President, Mr. Louson, presented each member of the Corps with a copy of the khaki New Testament on behalf of the Society. Major Leigh and Lt. McDonald, gratefully acknowledged the receipt, warmly thanking the Society for their kindness.

**DIED IN BANFF.** — Mr. R. E. Mutch city, received a wire yesterday from Banff, Alberta, bringing the sad news of the death in the hospital there, of his brother, George Mutch, from typhoid fever. He was only thirty-three years of age and was a son of Mr. Benjamin Mutch of Earnsccliffe. He had been in the West for the past twelve or thirteen years and was a successful contractor. He leaves a widow, nee Mary McLeod, daughter of Captain A. W. McLeod of this city and one child to mourn, also his father and mother, two brothers R. E. Mutch of this city and William at home, and two sisters Mrs. Andrew Smith of Saskatoon, and Miss Eva Mutch. His sisters were with him when he passed away. The deceased was a young man of splendid character, and his death will be deeply deplored by a wide circle of friends. The burial takes place at Calgary.

**WEDDING BELLS.** — A quiet but pretty wedding took place at Crapaud on Tuesday afternoon, August 21st at 5 p. m., when Frances Stanley, eldest daughter of Rev. W. A. and Mrs. Thomson, was united in marriage to Mr. Percy E. Keeping of Georgetown. The ceremony was performed by Rev. Geo. Morris, assisted by Rev. Mr. Thomson. The bride who was unattended, was attired in a becoming travelling suit of brown silk, and wore a hat to match, carrying a beautiful bouquet of white asters, sweet peas and maiden hair fern. The wedding march was rendered by the bride's sister, Miss Gertrude Thomson. After a dainty wedding supper, the bridal party left by auto for Charlottetown en route to Georgetown, where they spent a short time with the groom's mother, Mrs. Cogswell, returning to Crapaud on Thursday evening. Mr. Keeping has enlisted in the Royal Flying Corps and leaves for Toronto Tuesday morning. He is a student of marked ability, graduating with honors from the Colleges he attended, and although his many friends would like to see him pursue his career, they are proud to see him follow the footsteps of our other noble Canadian boys. Miss Thomson is one of the popular young ladies of Crapaud, was formerly a student at Mt. Allison Ladies College, and is well known as a vocalist. Many beautiful and costly gifts have been received and the evening before the marriage a miscellaneous shower was tendered the bride elect at the home of Mrs. J. T. Windsor, by the young people of Crapaud. The Guardian joins in best wishes.

**HERE WITH SALT CARCO.** — The steamer Framlington Court is in port with 2000 tons of salt for Carvell Bros. She loaded at Touvesia, Spain, and came out through the Straits of Gibraltar. This steamer is 355 feet long and can carry 7000 tons of cargo. She is a typical cargo boat and makes about nine knots.

A late casualty list contains the following Prince Edward Island names: Wounded: J. A. Ferguson, Hampton; A. E. McDonald, O'Leary; F. Daley, Summerside; Corp. J. L. Dolron, Mayfield; F. R. Squarebriggs, Miscouche; D. McLean, Bradabauer; E. E. Ellis, Summerside; A. P. Buell, Abney; E. R. Morrison, Ellerslie; Thomas Gotell, O'Leary; A. W. McLeod, Valleyfield East; Gas Poisoned: J. B. Foley, Charlottetown.

**HERO STILL LIVES.** — It will be pleasing news to his many friends to learn that Private Lorne Victor Ings of Grand View, who was reported killed while overseas fighting, is now very much alive and is recuperating nicely in the Hospital under skilful Red Cross nursing. The rumor was circulated through an error in the hour or roll, and through no intention on the part of the Orwell correspondent, to add to the worry of the young man's family. It is hoped that his many friends will in the not too distant future welcome this brave young man home.

**ISLAND SKIPPER COMMANDS.** — The tern schooner John G. Walker was towed up from Sambro yesterday by one of Hendry's tugs, Captain Downey having resigned the command of the vessel has been given to Captain D. J. McDonald, of Carleton Place, P.E.I., who was master of the schooner Unique which was lost on Nantucket Shoals while bound to Halifax from New York with a cargo of hard coal for S. Cunard and company. The mate of the Walker was brought up to the city this week quite ill and was sent to hospital. — Halifax Herald.

## Peaches

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# Lantic Sugar

is best for peaches and all other preserving. The clear sparkling syrup develops all the exquisite flavor of the fruit. Pure cane, "FINE" granulation. Experienced housekeepers order it by name all through the preserving season.

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2 and 5-lb cartons  
10 and 20-lb bags

PRESERVING LABELS FREE. Send us a red ball trade-mark, cut from a bag or carton, and we will send you a book of ready-gummed labels containing six labels for each of the following fruits: Strawberries, Raspberries, Blackberries, Currants, Grapes, Cherries, Plums, Peaches and Pears.

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Put a seal on your drink past and turn over a new leaf in life's happy days book by getting acquainted without delay with

# ZIP

—the first to cure that thirst

Made of selected materials in a thoroughly clean way, it brings joy to the thirst weary, and tones up the whole system.

To be obtained wherever drinks are sold. Keep a few bottles always on ice for yourself, your family or your guests.

Don't forget to ask for "Zip" — the speed-up sip. To be sure you get the genuine "Zip" look for this trade mark

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