

COWAN'S COOKERY COLUMN

Cocoa Fruit Tarts

1/2 cup butter
1 cup sugar
2 eggs
1/2 cup milk
1 1/2 cups flour
3 level teaspoons baking powder
3 tablespoons Cowan's Cocoa
1/4 teaspoon salt
1/8 teaspoon cinnamon
1 teaspoon vanilla

Method:—Cream butter, add sugar gradually. Add egg yolks thoroughly beaten. Mix and sift ingredients three times. Add alternately with milk, add vanilla. Fold in egg whites beaten until stiff and dry. Turn into greased and floured patty pans, and bake 20 minutes in a moderate oven. Cool, scoop out centre, fill with date filling and cover with whipped cream or meringue glacé.

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Annual Meetings of Women's Institutes

Fredericton—The annual meeting of this club was held at the home of Mrs. J. A. Cutcliffe, on March 16th. There were twelve women present. The programme for the evening consisted of readings and music. Mrs. Tinney, the President, submitted her report, which was most encouraging. This Institute was organized only in September, but had excellent work already been done and plans are being made for good work in the coming year. Eighteen bottles of jam and 17 jars were sent to the P. E. Island Hospital, new blinds were made for the school and two quilts were sent to the Mt. Herbert Orphanage. Total receipts for the six months, \$69.54. Total expenditure \$12.82. The following officers were appointed, President, Mrs. W. A. Cutcliffe, Vice President, Mrs. G. Tinney, Secy. Treas., Miss Stella Weeks, Auditors, Miss Laura Weeks, Miss Agnes Arthur, Directors Mrs. Fred Weeks, Mrs. Howard Weeks, Miss Annie McPherson, Delegates, Mrs. W. G. Tinney, Mrs. Howard Weeks.

Midleton—The Annual Meeting of the Midleton Women's Institute was held at the home of Mrs. Ernest Wright on March 7th. There were sixteen members and four visitors present. The reports show that great interest is being taken by the women in the work of the club, which was organized only in September last. Plans are being made to have both schools renovated during the coming year. Total receipts for the six months \$68.17. Total expenditures, 24 cents. The following officers were appointed: President, Mrs. Clifford Wright, Vice Pres., Mrs. Elliott Wright, Secy. Treas., Miss Blanche Roberts, Auditors, Mrs. James McCardie, Mrs. Keir Allen, Directors, Mrs. Vernon Craig, Mrs. T. W. Bradshaw, Delegates, Mrs. Clifford Wright and Mrs. T. W. Bradshaw. Miss Caruthers gave a demonstration of First Aid.

Norborough—The Norborough Women's Institutes held its annual meeting at the school house on March 2nd. The reports for the year show that very good work has been accomplished. Total receipts \$109.88. Total expenditures, \$107.14. In July and Ice Cream Social was held and \$50.50 was made. \$5 was given in school prizes. The school was also painted at the expense of the Institute. Blinds were bought for the school. A new sign board for the school and gifts for the children at Christmas. The following officers were appointed: President, Mrs. Robert Bowness, Vice Pres., Mrs. Fanny Sharp, Secy. Treas., Mrs. Helen Stewart, Directors, Mrs. G. R. Bowness, Mrs. Harry Bowness, Miss Frances Sharp, Auditors, Mrs. C. M. Howatt, Mrs. Bowness, Delegates, Mrs. Robert Bowness, Mrs. Hugh Stewart.

Kelly's Cross—The annual meeting of this Institute was held at the home of Mrs. James Monaghan. There were fourteen members and three visitors present. This Institute was organized only in December last but \$20.28 was raised, this amount to spend on school improvement. The following officers were elected: President, Mrs. Rose Devereaux, Mrs. Francis Inghen, Secy. Treas., Mrs. John W. McKenna, Auditors, Miss Mary Kenna, Miss Edna Trainor, Directors, Mrs. Jas. E. McQuaid, Mrs. Gordon Waddell, Mrs. Jas. R. Monaghan.

Rock Barr—The Annual meeting of this Institute was held at the home of Miss Mary J. MacCormack on March 16th. This club was organized only six months ago but already good work is being done. \$55.77 was raised. Total amount \$29.80. Two lamps were bought for the school. The following officers were appointed: President, Miss Mary J. MacCormack, Vice Pres., Mrs. Paul J. MacPhee, Secretary, Mrs. R. A. MacCormack, Auditors, Mrs. D. MacCormack, Mrs. J. J. Gillis, Miss Florence MacIsaac and Miss Jessie MacCormack.

South Lake—The annual meeting of this Institute was held at the home of Mrs. Jas. R. McDonald on March 21st. The report for the year was encouraging. \$46.70 had been raised. The Institute has purchased a map of the school also clothes books and supplied for the school. The following officers were appointed: President, Mrs. Louis McDonald, Vice Pres., Mrs. Walter Fisher, Secy. Miss Lenna Dingwell, Directors, Mrs. D. L. MacCormack, Mrs. Daniel McDonald and Mrs. Daniel Jarvis, Auditors Mrs. C. C. Dingwell, Mrs. D. R. McDonald, Delegates to the convention, Mrs.

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St. Columba—The annual meeting of this club was held at the home of Mrs. Peter McAulay on March 17th. Fourteen members and five visitors were present. Two members were added to the club. A demonstration of the "Home-Curing of Baco" was given by Mrs. S. J. Rose. This Institute was organized only in November and has done good work. Total receipts \$38.75. Expendi-

SOCIAL SERVICE COUNCIL OF CANADA

The annual meeting of the Social Service Council of Canada was held in Winnipeg on January 24, 25, and 26 when most gratifying reports of the year's work were made by the various committees and departments. In the report of the Executive Committee made by Dr. Shearer, the General Secretary for the Dominion, he drew the attention of the large number of delegates from all over the Dominion to the fact that the Social Service Council had been organized 17 years ago originally as an interchurch body with the aim of doing those forms of Social Welfare Work which by their nature can only be done effectively by organized effort. He distinguished between the denominational and the Council's spheres of work as follows:

"The Church Departments shall continue the work they do in institutions, and do intensive work in the way of educating and stimulating public interest in Social Service Work among their people. The Social Service Council undertaking only such educational legislative or other work that from its nature can only be done with the maximum of efficiency on an interdenominational basis."

Since that the scope of the work has been widened by the admission into the Council of any denominational bodies which work for social betterment. The Social Service Council of Canada now represents fifteen nationally organized bodies, and is being made up of provincial councils of the nine provinces of Canada and the Councils of Newfoundland and Bermuda.

Such a satisfactory report was made in the field of social legislation in both the federal and local governments that one might almost think that the Social Service Council, by whose far-reaching and untiring efforts success was largely won, might rest on its laurels and look back on a year well spent. But there were also some failures reported and when one reads of the plans still to be carried out in collecting material and statistical public opinion and framing bills to bring before the legislative assembly, one realizes that the Council are never ending and that it requires men and women of courage, eagerness, ability and vision to plan and carry out such a programme of social betterment. A part of the report being given here in the field of Temperance it was reported that in 1920 and 1921 the Ontario and New Brunswick had cooperated in the work of liquor for beverage purposes. Now only in Quebec and British Columbia can liquor be obtained legally as a beverage. In these two provinces liquor is sold only to the government sale. The abolition of manufacture in, and export from dry provinces of intoxicants for beverage purposes will be the special work of the Council in this field for 1922. Educational cooperation in law enforcement in the line of temperance, narcotics, family desertion and other matters in the interests of both nations—American and Canadian—has been forwarded during 1921. An International Conference will be held in 1922, probably in Buffalo, in the interest of still closer cooperation in the reform and social service organizations of the two countries. The many invaluable services rendered by the Council of reference to the Provincial and Local Councils, to clergy, to social workers and, in not a few cases, to technical experts is through the Social Service Information Bureau. Files are stored with information gathered from all over the world and the Bureau has a reputation for reliability and accuracy. "Social Welfare," the monthly publication of the Social Service Council, is one of its greatest undertakings and one of its most important contributions to social betterment in Canada. Its main contribution is in the selection of accurate, discussion of all the social problems confronting Canada and its provinces. With great financial resources and increased circulation many new features might be added and more time given to editors' work. As it is, the editors receive constant assurance of its value and accuracy yet they feel that its nature and development fall short of their desires and capabilities of improving it.

The Committee on Criminology, which has been given special attention to the study of capital punishment, statistics as to women offenders in Canada, to the law as to the use of force, the cure of the feeble-minded and delinquency, delinquent subjects, and other hundred subjects. With reference to detectives the committee reported having gathered information from various sources and had no hesitation in saying that the present method of segregation is segregation of the feeble-minded, whether delinquent or not, in rural neighborhoods or outdoor work. The committee brought to the attention of the Council the resolution of the Canadian National Council on Child Welfare that a psychiatrist be appointed in each province to whom all cases involving feeble-mindedness shall be referred to have power to assign to permanent institutions those persons whom, upon examination, he deems best provided for by the same. The Committee recommended that the Council also upon each province to provide without further delay in the meetings and a large box of articles was sent to the St. Vincent Orphanage at Christmas. The funds which are on hand will be donated to the building of the new school. The following officers were elected:—President, Mrs. John J. McDonald; Vice President, Miss Gena MacCrean; Secretary, Mrs. Margaret Beaton; Directors, Mrs. John Gillis, Mrs. Teresa MacLean, Miss Emma McIntyre, Auditors, Mrs. John F. McDonald, Miss Josie Beaton, Delegates to the Convention, Mrs. J. F. McDonald and Miss Josie Beaton.

Montague Women's Institute held their annual meeting in their Institute Room on March 7th. Twenty-eight women were present. The President Mrs. Wm. gave a very interesting and encouraging report of the year's work. The past year has been the most successful year, financially and otherwise, in the history of the Institute. In the early part of the year the Institute became interested in the work of the Medical Inspection of the School, the need of a more sanitary and modern school was felt by all. The Women's Institute at once pledged \$1000.00 for this purpose. During the year the Secretary, Mrs. Thomas Moore, reported that \$55.82 had been raised and the total expenditure for that time was \$356.84. The money was raised at two Ice Cream Festivals. An afternoon Tea, Tables at the Races and Play. The officers for the ensuing year are, President, Mrs. Luther Coffin, Vice-President, Mrs. M. P. MacDonald, Secretary, Mrs. Moore.

Souris West—The annual meeting of this Institute was held at the home of Mrs. H. J. MacDonald on March 21st. The Secretary reported total receipts for the year \$33.56, total expenditure \$25.88. The interior of the school was painted at the expense of the Institute and the school was also cleaned. Two quilts and articles of clothing were sent to St. Vincent Orphanage. The officers for the ensuing year are:—President, Mrs. H. J. MacDonald; Vice-President, Mrs. Richard Kiekham, Secretary, Miss Laura Kiekham, Miss Margaret MacCarthy, Directors, Mrs. Michael Evans, Mrs. John Scully, Mrs. Donahue, Delegates to the Convention, Mrs. H. J. MacDonald and Mrs. Richard Kiekham.

East Point—The annual meeting of this Institute was held at the home of Miss Emma McIntyre on March 27th. Thirteen women were present. This Institute has raised \$68.49 by the holding of socials and parties. Total expenditure \$45.61. Six dollars are spent on prizes for the school Fair and \$10.00 given to the Hospital Fund. Sewing was carried on at the meetings and a large box of articles was sent to the St. Vincent Orphanage at Christmas. The funds which are on hand will be donated to the building of the new school. The following officers were elected:—President, Mrs. John J. McDonald; Vice President, Miss Gena MacCrean; Secretary, Mrs. Margaret Beaton; Directors, Mrs. John Gillis, Mrs. Teresa MacLean, Miss Emma McIntyre, Auditors, Mrs. John F. McDonald, Miss Josie Beaton, Delegates to the Convention, Mrs. J. F. McDonald and Miss Josie Beaton.

East Baltic—The members of this Institute met at the home of Mrs. George Robertson on March 21st, with an attendance of twelve. This Institute has been organized for only five months but is doing excellent work. A concert was held at Christmas and \$59 realized. A new window has been put in the school and a blind bought for it. At a special meeting held at the school, which was attended by fourteen members of the Institute, and all the men of the district, it was decided to obtain Neponset board for a waisteoting, and plain beaver board for walls and ceiling. Mr. John Jarvis is donating the waisteoting frame. Mr. John Ellis worth the chair-railing and Mr. Elliott Bruce the base board. Total receipts for the five months \$49.31. The following officers were appointed for the ensuing year:—President, Mrs. Robert Robertson; Vice President, Mrs. Arthur Keene; Secretary, Treasurer, Miss Hazel B. Stewart; Directors, Mrs. Wm. Shaw, Mrs. Elliott Bruce, Miss May Murphy; Auditors, Miss Susie Jarvis and Miss Nellie Mossey, Delegates, Mrs. Geo. Robertson and Mrs. Arthur Keene.

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ment for life, for rape, (3) A minimum sentence of one year imprisonment is fixed for stealing an automobile. (4) The gambling game of three-card monte or any similar game is made a crime. (5) Making it a crime for anyone providing against cruelty to animals in transportation. (6) The law has been amended to keepers and inmates of disorderly houses. The committee urged the following amendments to the Criminal Code, namely:—(1) Making adultery a crime. (2) Making a man accused of an offence against a young girl to escape punishment by making it an offence for anyone to have illegal connection with a feeble-minded girl or woman and defining feeble-mindedness. (4) Repealing the section of the Criminal Code permitting and regulating the business of race-track betting and others of not so much interest to the people of the Island.

The convention approved the principle of review and a resolution was passed and asked the Motion Picture Committee to correspond with the Provincial Councils on the subject. The Executive was empowered to establish a Department of Social Hygiene.

The report of the Committee on Child Welfare should be of great interest to us on the island. The sections of the report on Juvenile Delinquency and Rural Recidivism are to be printed in pamphlet form and may be had on application to the Provincial Social Service Secretary. The startling statement was made that in the year 1917 Canada lost in men who fell in action, died of wounds or diseases, were maimed and believed dead 22,608 men and in infants (not including still births) 23,496 children in only seven provinces, as the vital statistics to infant mortality in New Brunswick were not available in New Brunswick. Canada lost on all her battle fronts 13,031 men; in the same time in the same seven provinces she lost 27,088 infants under one year of age. After hearing this report of the disgraceful neglect and waste of child-life the following resolution was unanimously adopted:—"That every pressure be brought to bear upon the Governments, provincial and federal, to the end that some co-operative scheme should be worked out by the two whereby medical and nursing services might be supplied to outlying districts by bonusing a doctor to go into these districts under the direction of the Provincial Government, so that there should be in each province at least as many representatives in the health and nursing services as there are in day agricultural representatives."

The reports of the Committees on Industrial Life, Unemployment, and Unemployment Insurance, and the Indian Affairs do not so immediately concern us. In the report on Immigration the question came up at present a Canadian woman, married to a foreigner, say an American—is not a Canadian citizen, whereas a foreign woman who cannot speak a word of English, if married to a Canadian, has all the rights of Canadian citizenship. This is obviously unjust and the Committee approached the Government last year and as-

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