Woman's Realm / Social and Personal / Fashions / Literature

Snow, slush and such don't bother Ann Compton, playing barefoot on Florida beach while you perhaps are freezing to death.

A Morning Smile

The following notice appeared outside a village church:
"The Rev. — will preach here next Sunday morning and evening, after which the church will be closed for necessary repairs."

TRANSATLANTIC

Guide in Trafalgar Square: "Have you seen Nelson's Column?"
American Visitor: "No. What paper does he write for?"

To-Day's Popular Design

By Carol Aimes

728

CROSS-STITCH DESIGNS
NO. 278

Miss Aimes receives at least 200 votes for each design before it is accepted for this column. Send us your votes. We print all the popular designs.

Dear Readers: It is evident from your many inquiries that cross-stitch is still one of the favourite embroidery mediums—and small wonder, too, when one considers the fine effect obtained by it with so little expenditure of time and effort. Here is a transfer sheet that is sure to please all of you. The designs are unusually novel and when you really stop to think of all the things they may be used for you will be amazed at their versatility.

The pattern includes transfer sheet of the designs, stitch details and color suggestions.

Send 20 cents, coins preferred.

Pattern Order Form—To be used when ordering Patterns and Voting for POPULAR DESIGNS.

I suggest the following as a POPULAR DESIGN -

To The Charlottetown Guardian
Needlework Dept.

NO. 278

Name. -

Street Address -

City - - - - - - - - - - State - - - - - - - - - - - - - - -

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THE COOK'S CORNER

REFRIGERATOR CAKE

1 1-3 cups (1 can) sweetened condensed milk, 1-4 cup lemon juice, 1 cup quartered cherries, whole raspberries, or sliced strawberries, 24 chocolate wafers.

Blend together sweetened condensed milk and lemon juice. Add prepared fruit. Line narrow, oblong pan or spring form cake pan with wax paper. Cover with fruit mixture. Add layer of wafers, alternating in this way until fruit mixture is used; finishing with layer of wafers. Chill in refrigerator 6 hours or longer. To serve, turn out on small platter and carefully remove wax paper. Decorate top with wafers ornamented with cherries. Cut in slices and serve plain or with whipped cream.

Oyster Fricassee — Ingredients include one quart oysters, one and one-half quarts milk two tablespoons butter, two tablespoons flour, one pint cream one-half teaspoon salt, one-fourth teaspoon cayenne pepper, two teaspoons parsley (chopped fine) and two slightly-beaten eggs. Heat the oysters in saucepan until their edges begin to curl, then remove them and put in another pan containing a small amount of hot water. Strain the liquid the oysters have been cooked in through a cheesecloth, and reheat in large stew pan. To it add milk, cream, butter, salt, pepper, beat eggs, parsley and flour, which has been mixed with half cup of water to make thin paste. Cook all together, then add oysters and heat through. It is then ready to serve.

CHOCOLATE MOCHA SUNDAE.

One square unsweetened chocolate, 1 tablespoon butter, 1-3 cup strong coffee, 1 cup sugar, 2 tablespoons corn syrup ,speck of salt, flavoring.

Melt the chocolate in pan over hot water, add butter and very slowly the coffee. Bring to boiling point, add sugar and syrup. Boil five minutes, or until of a creamy consistency. Serve hot or cold over rich vanilla cream.

How Can I ??

(By ANNE ASHLEY)

Q. How can I clean white kid gloves?

A. Clean with a solution of 15 drops of ammonia and a half pint of spirits of turpentine. Mix. Put the gloves on and apply the mixture with a brush, repeating until clean. Then hang in the air to dry.

Q. How can I treat tired eyes-

A. Mix a solution of salt water, as hot as can be borne. Wring a clean cloth in this solution and place over the eyes. Repeat as often as the cloth becomes cool.

Q. What is a good menu for a waffle supper?

A. Country sausage, fried apples, waffles, and coffee. Maple syrup and butter should be served with the waffles.

Modern Etiquette

(By ROBERTA LEE)

Q. When a woman is traveling alone, and is leaving a hotel, how should she manage about her luggage?

A. Have the luggage all packed and ready. Then go down to the cashier's desk, pay your bill, and have a bellboy sent upstairs for your luggage.

Q. Is it ever permissible for one to clear the dinner table by taking two or three dishes at a time?

A. Yes, when a hostess is serving without a maid.

Q. Is it necessary that a chaperon be a married woman?

A. No; any woman of mature years may serve in this capacity.

Dorothy Dix's Letter Box

No Wife Can Have the Same Respect for Her Husband After She Learns He Has "Strayed," But Sometimes it is Best to go on Living With Him

Dear Miss Dix—We are three wives who are having husband trouble, so will you please answer these questions: (1) Do you think it possible for a wife to have the same faith, love and respect for her husband after she learns that he has been unfaithful to her and had affairs with other women? (2) Just what do children, especially boys, think when they know their father is a philanderer? (3) Do you think a woman deserves credit for continuing to live with an unfaithful husband for the sake of the children, or is she a fool for doing so? (4) What is your opinion of the man who leaves his wife and children to run around with other women and spend the money on them that his family needs? (5) Is the philanderer ever cured of the habit and domesticated?

WE ARE SAD.

Answer:

(1) Faith and respect once destroyed can never be regained. When you have found that your idol has feet of clay you never again believe that it is pure gold. It is possible for a woman to continue to love her husband after he has deceived her, but it is never with the same love she gave him before. What she gives him is a pitying love for a poor, weak creature who had not the strength to resist temptation, and it has in it neither respect nor faith. Only contempt for him and a little contempt for herself that she could still care for so poor a thing.

(2) Children are secretive things and nobody knows just what they think of their parents. Also, they sit in hard judgments of their parents. What a boy would think of his philandering father would depend a good deal on how his mother treated his father. I have known cases in which children sided with their erring fathers because they thought that their mothers nagged too much, or were too quarrelsome, and they didn't blame their fathers for leaving them.

(3) Whether a woman deserves credit for continuing to live with her unfaithful husband for the sake of her children depends on three things, I think. First, on whether she is able to provide for her children adequately if she divorces their father. If a woman has no money of her own and no trade by which she can support and educate her children, I think it is heroic in her to shut her eyes to her husband's affairs with other women and keep her home together for the sake of her children.

The woman who divorces her husband is generally left pretty flat because not many men make enough to support two families, and the second wife and children always get the most of what a man earns. Another consideration is that many a man who is a poor husband is a good father, and if children love their father it is a cruel wrong to them to take them away from him. But unless a woman can make up her mind simply to accept her husband's wanderings and ignore them, it is best for her to leave him, because it wrecks children to be brought up in an atmosphere of quarreling and having their parents hurl insults at each other.

(4) All authorities agree that divorce inflicts a terrible wrong on children and that it warps their minds and characters.

(5) I should have to print on asbestos paper my opinion of the man who leaves his wife and children to run around with other women, and spends his money on them that his family needs.

(6) Oh, yes, the philanderer is virtually always cured after his wandering feet get too old and gouty to chase women any more. Then he always comes back to home and Mother.

* * * * * * *

Dear Miss Dix—I am a widow 50 years old and have two daughters who are working away from home. A widower of my own age wants me to marry him, as both of us have such lonely lives. I have a small income which keeps me nicely, but which will stop if I marry. The man has nothing. Do you think sacrificing one's income for perhaps a happy but poor future is advisable?

MAVES.

Answer.

I certainly do not. An oldish woman's best friend is her pocketbook, and she should hold on to that until death itself loosens her clasp. If you give up a settled, comfortable income for a little make-believe romance you will spend the balance of your life regretting it.

I am not throwing cold water on a woman of 50 marrying. On the contrary, I think it is a fine thing for her to do if she can make a suitable match, or even if she is able to indulge in the luxury of supporting a husband for the sake of his society. As people get older they do need companionship, somebody to sit by the fire with and talk over old times, somebody to cook for and coddle and nurse, but all of this needs financial backing and, if you haven't it, the whole scheme falls through.

You are comfortable now with your assured little income. Think how miserable you would be if that was gone and you didn't know where the next meal was coming from, nor how you would get the rent money, or pay for a scuttle of coal. And think how your burden would be doubled if you had a helpless husband hanging on to you. Believe me, you would be a lot lonelier then than you are now. If this man you are contemplating marrying had enough money to support you in comfort when your own income is gone, I would say go ahead to the parson and heaven bless you, my children. But as he hasn't anything to live on, I say: DON'T DO IT. For if you do the fool-killer will get you sure.

* * * * * * *

Dear Miss Dix—I have been married two months to a very fine man who is extremely nice in every way but one, and that is that he is ashamed to face his friends with me. You see, before I married him I had an affair with a married man. His friends know this and every once in a while it pops up without any warning. I want his friends to be mine, but when they act so prudish toward me could any girl stand it?

BEWILDERED.

Answer:

As we sow, we reap. You are paying the price of your sin and folly and there is no escaping it. Your consolation is that in time you can pay your debt by right living and win back your place in society.

DOROTHY DIX.

SANDAL MAY HAVE DERIVED FROM BOAT

Strictly speaking a sandal is only a "kind of shoe" consisting of a sole strapped to the foot, and traces its origin back to Persia, where sandals were gold-brocaded mules, often edged with feathers, and worn in the home. The Persian word sandal means a skiff, just as the English word "sandal" meant a narrow, two-masted boat used on the Barbary Coast and on the Nile, and it is possible that the shape of the shoe might have been suggestive of the boat, but it is also possible that Sandalius, an island near Samos, might have inspired the name.

Apollo Sanctarius was the Sandal street in Rome, named for the patron of the shoemakers. The Roman word sandal was a little broader in meaning than the original, however, and the sandals that are part of the official dress of Roman Catholic bishops and abbots, today, are not really sandals at all but low shoes, usually of gold or silver lame, tied with ribbons. There were "sandal-bearers", too, in old Rome, maidens delegated to carrying their mistress' slippers, but the most pictured sandals of all were the criss-cross shoe on the fleet feet of Mercury, the god of commerce.

In ancient Assyria, a heeled sandal was favored, and it is possible to distinguish the Hebrews from the Assyrians in the old portrayals by the presence of the heel-cap. In lieu of contract, before writing was a fairly universal art, an Israelite custom demanded that the seller draw off his shoe and hand it over to the buyer as an indication of the transference of property rights.

Household Scrapbook

(By ROBERTA LEE)

Rust Stains

Rust stains may be removed from washable garments as follows: Rinse the soiled garments in cold water, sprinkle the stains with lemon juice, then cover the stained area with a thin layer of salt. Let the garment or material lie in the sun for two days before washing it again.

Glazed Pie Crust

A glazed appearance can be imparted to the pie crust by painting it over with a pastry brush with cream, or with beaten egg and water. Then bake in a hot oven for 20 or 40 minutes, according to the contents of the pie.

Gasoline Odor

If the hands smell of gasoline, a little moistened salt rubbed into them will remove the odor.

Everybody Loves Romantic Fortunes

Try the "Old Romany" Way

"Lucky you!" Betsy cries as Jim's name card, the Jack of Diamonds, turns up in the "magic horseshoe"—the old Romany way of laying out the cards.

That Queen of Clubs right next to the Jack may be a new sweetheart for Jim. A fickle one, perhaps, for the Eight of Spades says rejected proposal. But here's a surprise (Five of Hearts), meaning probably that the wedding (Five of Clubs) will take place after all.

Jim's future after that looks rosy with travel (Nine of Clubs), money (Seven of Diamond) and a brand new house (Ace of Hearts).

A lot of fun, too, to predict futures by horoscopes. Does your beau's birthday come between Oct. 21 and Nov. 20? His horoscope says he's wise and forceful—may be a famous orator.

And your birthday? If it's between Jan. 21 and Feb. 20 you are generous, have musical talent.

Make a big hit with friends by telling fortunes. Our 32-page booklet gives lots of exciting ways —cards, horoscopes, tea leaves and dominoes. The mystery of crystal gazing. Lively fortune games for your next party.

Send 20c in coins for your copy of Fun With Fortunetelling to The Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

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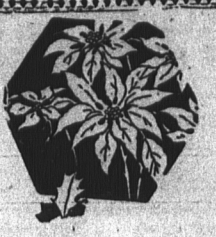

The Housewife - AND - Her Activities

THEY.

Have you heard of the terrible family "They"
And the dreadful venomous things they say?
Why, half the gossip under the sun, If you trace it back;
You will find begun in the wretched house of "They",
Gossip mongers and spreaders of lies,
Horrid people whom all despise.
And yet—the best of us now and then
Repeat queer tales about women and men,
And quote the house of "They."

—Anon.

YOU MAY CURE YOURSELF OF INSOMNIA

The value of muscular relaxation in health and sickness was stressed in a recent address by a physician.

People should prepare for sleep by ridding themselves as far as possible of all contractions and tensions. Rest is more important than sleep. If we have to have one or the other it is better to rest without sleep than to sleep without rest.

"Insomnia is largely due to the fear of not sleeping," said the authority, "whereas if you make up your mind to rest and give up the idea of sleep, you will be asleep in a short while."

The excess tension from which we suffer so much today results in frayed nerves, fatigue, loss of confidence and self-respect.

More serious conditions, such as stammering, and neuroses generally, arise out of tension. Relaxation does not replace medical treatment, but it helps one to benefit from any treatment one is given. Relaxation and personality readjustment will, restore an individual's self-respect and self-assurance, and result in stability and poise.

Regarding the practical application of relaxation, the most difficult areas to relax are the neck, spine and eyes. For curative relaxation, just lying back in a chair with a book is not considered sufficient, but one has to lie flat on one's back, with the eyes shut and a complete "let go" of every muscle in the body.

Mental relaxation is obtained through physical relaxation. It is impossible to make one's mind a blank, but after a considerable amount of muscular relaxation a sense of ease will pervade the mind.

"Relaxation sounds and looks very easy but considerable practice is required before one becomes proficient," added the speaker.

A narrow piece of gilt or silver braid is sewn round the neck, and then coloured stones and tiny metal links are attached to the braid and left to dangle loosely.

Gloves, too, sometimes have bright stones embroidered around the wrist, in the manner of a bracelet, or across the knuckles to simulate rings.

Anyone who is clever with her fingers can give a definitely "new" touch to her old frocks.

TIMELY TIPS - FOR THE - HOME SEWER

Here's a smart and young schoolgirl plaid woolen dress for mother or daughter. It has a naive Peter Pan collar of velvet and a leather belt. Roomy fullness below the attractively shaped bodice yoke, makes your waistline seem ever so tiny.... allows perfect freedom for casual daytime wear. It's the sort of dress that keeps you looking well-groomed at all times. The cardigan neckline version with short sleeves will be nice for a bright monotone woolen with dashing monogram in a contrasting color that matches the buttons and belt. Other popular and ideal fabrics to consider when you're making your selection are rayon crepe silk, satin crepe, velveteen, crepe silk print, spun rayon challis print, etc.

Style No. 2880 is designed for sizes 12, 14, 16, 18, 20 years, 30, 32, 34, 36, 38 and 40-inches bust. Size 16 requires 2 1-8 yards of 54-inch material with 1-4 yard of 39-inch contrasting.

Send fifteen cents (15) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving:—

Style No. 2880 Size ... ...

Name

Street Address

City Province

Jewellery is now embroidered upon one's clothes, so that it is impossible to wear the wrong necklace with one's ensemble.

The wide jewelled "collars" which are now so popular, are sewn to the necks of high, black dresses.

After the Ball Is Over on Stroke of 12, Back at Home, Cinder Girl Again

Story thus far: Cinderella's selfish stepsisters hie off to the big dance and leave her home alone. But a Fairy Godmother appears; her magic gives Cinderella a gorgeous gown, and coach-and-four to drive her to the ba"

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th gorgeous gown, coach, horses and coachman, Cinderella was all set to go to the ce's ball. But her Fairy Godmother warned her that she must leave on the stroke midnight, or she would be returned to rags, her coach will be a pumpkin, her horses mice and her coachman a rat. Cinderella promised. Then away she went. And ball, guess who first invites her to dance—little Emilie Dionne, the Prince. They at onto the floor in a minute and Cinderella's stepsisters look on with envy

(Copyright, 1938, NEA Service, Inc.)

It is seventh Heaven to Cinderella. She enjoys at least a dozen dances in a row with the Prince. He is thrilled by her charm and beauty. And she is enchanted. It is all like a dream .... so much so that Cinderella forgets all about the time. Suddenly a clock begins to chime the hour of midnight. Cinderella is terrified! She rushes down a winding stairway, losing one of her glass slippers in her flight. The Prince is mystified and, as she disappears, picks up the dainty little slipper.

NEXT: The grand final....How will the Prince ever find Cinderella again?

(Copyright, 1938, NEA Service, Inc.)

Cinderella runs all the way home, as fast as she possibly can, and the moment she steps into her house she once again becomes the little cinder girl, dressed in rags. Before her are the mice, the rat and the big pumpkin. She almost cries, to think that such a wonderful time had to come to so sudden and tragic an end. Of course, she has no way of knowing that the Prince, when he picked up her slipper, vowed he would marry the person who owned it. But how will the Prince ever find Cinderella?