

PRINCE EDWARD—Showing today Only
EDWARD G. ROBINSON in
"THE WHOLE TOWN'S TALKING"
 ALSO... NEWS and "OUR GANG"
ON THE STAGE... FASHION SHOW
 LIVING MODELS DISPLAYING 1935 STYLES
FASHION SHOW AT . . . 4.45 and 8.30 P. M.

"THE GREATEST PICTURE OF THE LAST DECADE,"
3 SHOWS DAILY Says ZANE GREY

Out of the high Sierra wilderness, sweeps the most unusual romance ever filmed! A living drama of wild animal, maid and man.

SEQUOIA

With **JEAN PARKER**

Also . . . **MICKEY MOUSE AND CHAP. 5—"TAILSPIN TOMMY"**

ANNOUNCEMENT: The Prince Edward and all other F. G. Spencer Company Theatres will close **GOOD FRIDAY.**

PRINCE EDWARD — THURSDAY
SATURDAY

Central Guardian

This column is reserved for news of local interest but advertising of a savory nature may be inserted at a special word strictly payable in advance.

CONFEDERATION LIFE INSURANCE.
 L-6798-7-12-312.

CHURCH OF SCOTLAND.—Rev. Ewen MacDougall will preach Wednesday 17th in People's Church, Charlottetown at 7.30. Also Sabbath 21st at Murray River at 11 A. M. and 7 P. M. L-6929-4-17-11.

ENGAGEMENT.—Mrs. A. V. Coleby announces the engagement her daughter, Pauline Sylvia, to Mr. John James de Conlay Legate, son of the Rev. Dr. R. Moorhead Legate and Mrs. Legate, of Charlottetown, P. E. I., the wedding to take place early in June.—Montreal Star.

"JACQUES CARTIER PAS-SAGE"—As a recent meeting of the Geographic Board of Canada the name Jacques Cartier was adopted for the passage north of Anticosti Island. No new name was adopted for the passage south of Anticosti Island, it being considered as the main channel of the St. Lawrence River.

For Frost Bites and Chillsblains—Chillsblains come from undue exposure to slish and cold and frost-bite from the icy winds of winter. In the treatment of either an excellent preparation is Dr. Thomas' Electrolic Oil, as it counteracts the inflammation and relieves the pain. The action of the oil is prompt and its application is extremely simple.

Beautiful Palm Springs

It is like the view of another world
 Where the angels live and the angels sing!
 And has dropped from Heaven to let man see
 What a glorious spot on earth can be!

You watch the yucca in full bloom,
 And the painted canyon with all its thrills;
 And looking down on Salton Sea,
 A place I long to be.

Here San Jacinto bowdies rise,
 The Indians saw the first white men.
 The hot springs in the desert dell
 Will cure the sick and cheer the well.

If you seek rest, to meet the dream
 Nearby canyons, great and small—
 Tahquitz has a waterfall!

And when you stop at Indio,
 That dear old desert town,
 With flowers and dates and cotton fields,
 And, oh, the large, large palms!
 —Miss Ada Green, 18 Rawson Road, Roslindale, Massachusetts.

Are Your Nerves on Edge?

Does the least bit of noise bother you? Do you often feel that you simply can't do another tap of work? Do you have dizziness, faintness and weakness? Don't get the idea you can't get relief. Of course you can! Let Milburn's Health and Nerve Pills soothe your nerves, renew your health and vigor and make life worth living again. By all means, try this time-proven remedy now.

The T. Milburn Co., Limited, Toronto, Ont.

A HANDY POCKET TREAT

WAGLEY'S MINT

SWEETENS THE BREATH!

Miniature Rifle Shooting
 Ap. 12 Ap. 15

G. Hutchison	98
Geo. Leslie	97
W. Dennis	97
W. Walsh	96
E. Burke	96
M. Archibald	94
F. Pickard	94
R. Jenkins	94
J. D. Jenkins	94
H. Horne	94
W. Seaman	92
E. Carmody	92
H. Jamieson	91
A. V. Spillett	91
R. McNutt	89
E. McDonald	88
H. McCombe	88
G. Mayne	86
D. Mayne	89
A. MacMaster	84

IN MEMORIAM

JAMES N. LAMONT

The community of Union Road and vicinity were saddened on April 7th, when it was learned of the sudden passing of James N. Lamont, who succumbed to pneumonia after a brief illness of only a few days, at the early age of 39 years.

The deceased was a man of strong physique, and with his temperate habits of living one would not hesitate in accepting a lease of life for many years, which only reminds us of the uncertainty of life and that truly in the "midst of life, we are in death."

The late Mr. Lamont was born in St. Catharines, Prince Edward Island and in the early days of the war enlisted in the King's service, serving under Captain Lyman Davison, in the 5th Battalion, Infantry, later transferred to the 24th Infantry Battalion. After his discharge from the Army, with his brother Everett, he engaged in farming at Union Road, where he continued until the time of his death.

Here special mention might be made of the extreme loss sustained by this brother, as it can be truly said, they were not only brothers, but "pals" and the loss is great because of the fact that the surviving brother, is handicapped in carrying on the business of farm-

ing, owing to his being partially incapacitated, the results of the Great War. The sterling qualities of the deceased were exemplified in his tender care and sympathy for his brother during his years of illness, and the loss in this home cannot be comprehended.

In the community, he was always ready to spend and be spent in the service of helping others in time of need, and in the promotion of anything in the interests of community work. The late Mr. Lamont's word, was his bond, and it was indeed a pleasure to meet him in business where he practised the spirit of honesty and greatness of character.

Besides the above mentioned brother, he leaves to mourn his loss, his father and mother, Mr. E. McDonald and Mrs. Lamont, St. Catharines; also his sister, Grace, and a brother, Malcolm. Sixteen months ago his brother Donald, who also served in the Great War, predeceased him, at an early age, for which great and sincere sympathy goes to the family, in this their second sad bereavement in the short space of time.

The funeral services were held on April 9th, from Union Road Church with the Rev. Thos. A. Wilson officiating at the church and grave. The floral tributes were: Wreath from the family, wreath, Union W. M. S., crescent, Mr. and Mrs. Ray Clark and family, crescent, Mr. and Mrs. C. M. Cox, spray, Mr. and Mrs. Harold Yeo, spray, St. Catharines Woman's Institute, cross, Canadian Legion.

The pall bearers were: B. C. Hardy, Harold Yeo, Harry Newman, Fred Henderson, James Maund and Ray Clark.

The large number of people which gathered from far and near to pay their last tribute of respect to the deceased showed the esteem in which he was held. Interment was made in Union Road Cemetery.

HEALTH

by **Dr. J. H. McNeill**

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA.

PERFECT

It is questionable if anything is perfect, but there are some things which come close to being so; one of these which may in all fairness be described as nearly perfect is milk.

The most thoughtful of us are aware that we must eat to live. The most thoughtful ones realize that what they eat has a direct influence upon how they feel. Those who use their intelligence understand that food is all-important to health. Of all the various foods which are provided for the use of man, milk is the most valuable single food. It is the one food that is especially prepared by nature for the nourishment of the young. It follows that, having been prepared for that purpose, it meets the nutritional needs of the young better than does any other food.

Without food we could not keep warm or use our muscles. Without food, the child's body could not grow nor would the adult body be kept in repair from the ceaseless wear and tear which goes on. Milk contains sugar and fat which are energy foods. The high quality protein in milk supplies excellent material out of which good muscles and body tissues are formed. The calcium of milk is used to build strong bones and teeth. Milk provides these food essentials in a form most readily and fully available for body use.

In addition, milk is our most reliable source of vitamin A. It is a mistake to say that any one vitamin prevents such infections as the common cold. Vitamin A is required to keep the mucous membranes, which line the nose and throat, healthy. If this lining membrane is not healthy it is not able to act as an effective barrier to germs—one of its normal functions.

Milk is apt not to be properly appreciated as a food because it is a liquid which we buy by fluid measure. It does, however, contain a higher percentage of solids and less water than such firm-looking articles of food as turnips or cabbages. Milk is a food which might be sold by the pound.

Because milk is not entirely perfect, it is necessary to add other foods to the diet after the first months of life. There are other vitamins whose best or most reliable source is not in milk and so fresh fruit juice and cod-liver oil are given to the baby to supply him with them. Milk does not supply sufficient iron and the child who is kept too long on milk alone may develop anemia. What everyone should know is that milk is a good food at all ages; for the young and growing child there is really nothing to take its place; the only safe milk supply is pasteurized milk.

STRAND THEATRE—
—THURSDAY, APRIL 25th

THE KIRK SHAKESPEARE GROUP
 present
THE BOND STORY
 from the

MERCHANT OF VENICE

Under the distinguished patronage of His Honour the Lieutenant-Governor & Mrs. DeBlois,

The Honourable the Premier & Mrs. McMillan, His Worship the Mayor & Mrs. Kennedy.

Between the Acts, a Mixed Quartette of Leading Local Singers will render

THE SONGS FROM SHAKESPEARE'S PLAYS

CURTAIN AT 8.15 ADMISSION 50c

THISTLE AND SHAMROCK

Honor roll for March:
 Grade X-1, Annie McDonald; 2, Everett McCarville; 3, Mae Nicholson.
 Grade IX-1, Lorne Trainor and Joseph Hughes (equal).
 Grade VIII - 1, Marguerite McCarville; 2, George Hughes; 3, Louis Trainor.
 Grade VII-1, Mildred Campbell.
 Grade V-1, Preston Campbell.
 Grade IV-1, Stirling Nicholson; 2, Myrtle Campbell; 3, Edgar Duffy.
 Grade III-1, Stanley Mayhew; 2, Marjorie Waddell.
 Grade II-1, Roy Mayhew; 2, Helen Graham; 3, Eleanor Duffy and Gloria Duffy (equal).
 Grade I-1, Teresa Trainor; 2, Austin Campbell; 3, Hazel Waddell.
 Perfect attendance - George Hughes, Marguerite McCarville, Mildred Campbell, Eleanor Duffy, Wilfred McCarville—Res. sr.

Why suffer needlessly? Douglas Egyptian Liniment brings quick sure relief to scald feet, soft corns and warts. Relieves inflammation. Removes proud flesh.

SAFETY SAMMY SAYS By E. Geo. Green

TO THE HOME FOLKS!
 Never leave BROOMS, SHOES etc. on the BASEMENT STEPS.

REMEMBER:
 IT IS AN EASY WAY TO BREAK SOMEONE'S BONES!

Minard's great Rubbing Liniment

Tomatoes For Your Health

If one vegetable were to be chosen to furnish the vitamin and mineral needs in the diet, most physicians would select tomatoes. Such a restricted vegetable diet would be very poor health policy, to be sure, but it speaks well for this delicious garden product, and makes us realize how important it is to have a steady and constant supply throughout the season, with enough to spare for canning.

Tomatoes are easy to grow in spite of the fact that seedlings, instead of seeds, must be set out. Many gardeners ignore tomatoes because they do not have a ready supply of seedlings, or do not know

SEEK BEST VOICE FOR PHONE GIRLS

LONDON, April 15.—(CP)—A girl's voice possessing the greatest charm, the purest tone, the clearest enunciation and the fullest degree of every other vocal quality is to be sought by the Post Office from among its 15,000 telephonists.

The perfect voice is wanted for recording on sound films the time announcements to be made by the "talking clocks" to be installed experimentally at telephone exchanges in London, Manchester and Bristol.

Every telephone girl will be invited to compete; and every one of the 15,000 has already been selected for her job because she has a high-quality.

THIS YEAR SERVE
SWIFT'S PREMIUM HAM!

THE HAM THAT NEEDS NO PARBOILING

You're planning to serve Ham for Easter, of course. But for maximum flavour and the smallest trouble be sure to get Swift's Premium, the only Ham that's Ovenized. This new, exclusive method of smoking makes Premium so delicately tender and fine-flavoured that parboiling is unnecessary. Whether it's a whole or half ham, or a center slice! Insist on the genuine Swift's Premium . . . with the name Swift in brown dots down the length of the ham. Swift Canadian Co., Limited.

BECAUSE IT'S OVENIZED

A genuine Swift's Premium Ham can be prepared this easy way; without parboiling!

Place a whole or half Premium Ham in a roaster. Add 2 cups of water, and cover the roaster . . . Bake in a slow oven (325°), allowing 21 minutes a lb. for a large whole ham; 25 minutes a lb. for smaller (up to 12 lb.) hams or half hams . . . When ham is done, remove from oven. Lift off rind. Score surface and dot with cloves; rub with mixture of 1/2 cup brown sugar and 1 tbsp. flour. Brown uncovered, for 20 minutes in a moderate oven (400°).

Swift's Premium Bacon is Ovenized, too . . . marvellous flavour for your Easter breakfast table!

- ORDER GENUINE SWIFT'S PREMIUM HAM AND BACON FROM ANY OF THESE DEALERS:**
- | | | | | | | |
|--|---|---|--|---|--|---|
| CHARLOTTETOWN
CANADIAN STORES LTD., Grafton Street.
McBATH GROCERY, Filroy St.
McDONALD, P. J. Kent & Prince St.
MacNEILL, W. R., Queen Street.
RHX, W. A. Longworth Ave.
RHX, W. A., Queen Street.
WHITE, R. T. Elm Ave.
ALBERTON
McMILLAN, J. T. | BORDEN
SHERRY, LeROY
HUNTER RIVER
BOYLE & McGUIGAN
CUTCLIFFE, H. B.
KENSINGTON
McKENZIE & CO.
WADMAN, H. P. | LOWER MONTAGUE
POOLE & CO., W. A.
MONTAGUE
JOHNSTONE & STEWART
J. J. STEWART
MORELL
ANDERSON, FRED | MT. STEWART
CLARKE BROS.
TIMMINS, J. D.
MURRAY HARBOR
BROOKS, R. P.
OLEARY
PATE & CO. | ORWELL
McLEOD & SON, D. D.
PORTAGE
SHARBEL, K. & H.
RICHMOND
McDONALD & BROWN
RUSTICO
LePAGE, E. O. | ST. LOUIS
CALLAGHAN, FRANK
PERRY, CAPT. J. R.
ST. PETERS
McKINNON, J. F.
FRATT, O. E.
SOURIS
GRANT, JAS. | SUMMERSIDE
CENTRAL GROCERY
COBBE, McKAY & TODD, LTD.
GAUDET, MARK
HOLMAN LTD., R. T.
SINCLAIR & STEWART
TIGNISH
SUDBURY, MRS. E. M.
TRYON
DAWSON, A. M. |
|--|---|---|--|---|--|---|

ASK BY NAME FOR SWIFT'S PREMIUM HAM . . . THE ONLY KIND THAT'S OVENIZED