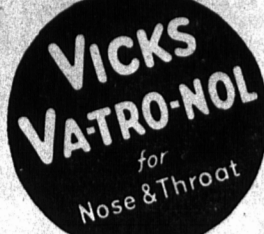


Woman's Realm - Social and Personal - Fashions - Literature

Helps to AVOID MANY COLDS altogether



New Formula BY MAKERS OF VICKS VAPORUB Remarkably Successful

Quick!—At that first nasal irritation, sniffle or sneeze—just a few drops of Vicks Vapo-Rol. It stimulates the functions provided by Nature—in the nose—to prevent colds, and to throw off colds in their early stages.

Better CONTROL of Colds

This new aid in preventing colds, together with Vicks VapoRub, the modern external treatment for colds, forms the basis of Vicks Plan for Better Control of Colds—to help reduce their number and duration.

VICKS PLAN FOR BETTER CONTROL OF COLDS

The HOUSEWIFE and HER ACTIVITIES

OLD SHOES A city closet is no place for you—Half moccasin, grotesquely flat and wide!

BLOWS Heaven off in mercy smites, even when the blow severest is—Joan Baillie.

USELESS EFFORT When Pyrrhus, King of Epirus was making preparations to wage war against Rome, Cinesas, a wise and good man, asked him what were his expectations as to the result of the career upon which he was about to enter.

SECRET OF SUCCESS The secret of success lies not doing your own work, but in recognizing the right men to do it.—Andrew Carnegie.

SUFFERING Know how sublime a thing it is suffer and be strong.—Longfellow.

ADJECTIVE TROUBLE DREADED Adjectives have caused more delay in motion-picture production than flies in microphones.

MAKE YOUR OWN LINGERIE Lingerie seen in the shop windows, particularly gowns, is bewildering lovely, and, if you enjoy sewing, it is possible to have beautiful things at a fraction of the cost of those you buy.

The Inside Nerves Control the Vital Organs

Every beat of the heart, Every breath of the lungs Is the result of expended nerve force. These inside, or sympathetic nerves Direct and control the machinery of the body.

THE COOK'S CORNER

Shrimp Chowder 1/2 cup fat salt pork 1 large onion 1 cup diced potato 1 quart boiling water 2 teaspoons salt 1/2 teaspoon pepper 1/2 teaspoon celery salt 2 cups shrimp 1 pint milk 1 tablespoon flour 1 tablespoon butter

Baked Apples and Onions 3 medium-sized apples 6 medium-sized onions 1/2 cup sugar 1/2 cup butter 1/2 cup raisins 1/2 cup currants 1/2 cup nuts

Fish Souffle 1 cup fish 3 tablespoons butter 1/2 cup flour 1/2 cup milk 1/2 cup salt 1/2 cup pepper 3 eggs

green. You can easily make any shaped yoke like by cutting the upper part of your pattern from paper, cutting to half the armhole depth, and then marking off on this paper the lines where the insertion is to go.

EXPECTANT MOTHERS Need The 'Vital 3' Mother must furnish calcium for the unborn infant's bones from her blood and phosphorus for her nerves.

FELLOWS' SYRUP COMPOUND OF HYPOPHOSPHITES

Dorothy Dix's Letter Box

Don't Forego Suitable Marriage for Sake of Selfish Children, Dorothy Dix Urges Lonely Widow—Which is Worse, Friend Who Steals or Husband Who Lets Himself be Stolen?



Dear Miss Dix—I am a woman of 38, very much in love with a man of 40, who wishes to marry me. But I have two children, a boy of 16 and a girl of 10, who object to my marrying just because they have a jealous feeling that they do not wish to share me with any one.

Dear Dorothy Dix—I am a girl of 19. For the last two years I have been corresponding with a young man whom I have never seen. He will not come to see me, but he offers to send me my railroad fare if I will come to him.

Dear Miss Dix—Our circle is all torn up over this question of mortalities. Will you try to settle it for us? A married couple in our neighborhood had two children and were apparently very happy.

He passed them silently and meant not even to look them over, but he did so. The Royal girl was in the hall; and when he entered the courtroom, he failed to see her.

Ask Mother—She Knows Mother took this medicine before and after the babies came. It gave her more strength and energy when she was nervous and rundown.

Grandmother's Quilt Patterns



Out out applique pieces and sew as indicated on small block. Arrange applique blocks with plain blocks as suggested on quilt diagram.

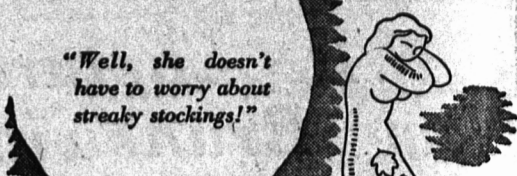
A Morning Smile

A man who believed he knew all about parrots undertook to teach what he thought to be a young, mute bird to say "Hello" in one lesson.

Best as a CEREAL Best for COOKING

ALL-BRAN brings your family the "bulk" that is so helpful in correcting common constipation.

FOR SALE I am instructed by Charles Moore, to sell by public auction on the premises of Lewis Moore, West Royal, October 31st, 1934, at the hour of 1 P. M. the following stock:



"Well, she doesn't have to worry about streaky stockings!"

Neither would you, lady, if you'd wear flawless Mir-O-Kleer. Clear as crystal—even in autumn's darkest tones. Only Kayser makes it!

KAYSER MIR-O-KLEER SILK HOSE Not a ring—not a streak—not a fault—the perfect, flawless SILK HOSE

SMART FROCKS FOR FASHIONABLE PEOPLE Illustrated Dressmaking Lessons Furnished With Each Pattern

Today's smart costume is just adorable in checked woolen in Sandringham blue. The upper part of the dress is brown canton crepe.

TO LET Cottage House No. 100 Hillsborough St. Thoroughly remodelled Heating and Plumbing all new.

NOTICE Charlottetown Woolen Mills will be ready to re-open for business in a few days.

WM. CONDON SUCCESSOR TO WM. LANDBRIGAN 65 Queen Street Charlottetown