

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure The Woman's Realm

**THE TAPETRY AND MINE**

I weave upon my tapetstry,  
With colors dark and fair;  
Some represent a lovely dream,  
Some colors are prayers,  
Some colors stand for lonely days,  
Some stand for happiness;  
Some are as sombre as a storm,  
Some soft as a caress.

I weave upon my tapetstry,  
I make a brave about it best  
Is that it's wholly mine!  
And yet it is not mine alone!  
Ah, that I understand;  
For as I weave my tapetstry,  
God's fingers guide my hand.

—Margaret E. Sangster.

**A MOTH PAPER**

A good moth paper can be made by melting together 4 ounces of naphthalene and 8 ounces of paraffin wax. Get some unsifted paper and while the solution is still warm, paint the paper. Then pack paper away with the goods to be stored.

These days when jewellers are extra busy, how about doing a job on that glass necklace or string of discolored pearls yourself? To clean your favorite glass or wood jewelry—simply dip it in rich suds to which a tablespoonful of ammonia powder has been added. Rinse thoroughly in lukewarm water. Rub dry with a soft cloth. As for making last year's pearls gleam like new, place them in hot water in which bran has been boiled with a little cream of tartar. Rub them gently once or twice between the hands and let remain in bran solution till water is cold. Now rinse thoroughly in lukewarm water. For most successful results, place pearls in sawdust to dry—on white paper in a dark place.

Dates, grown mostly in California and Arizona, are now supplying about one-third of the American demand; until some years ago the principal supply came from Iraq, and some from Iran, China and other eastern countries.

New Pan-American tomato, developed by the United States Department of Agriculture, is practically immune of fusarium wilt and resistant to nathodend spot; it is a cross between a wilt-resistant American variety and the wild curcunt tomato of the Andes.

**BROILED GRAPEFRUIT**

Allow half a grapefruit to each person. Wash and dry grapefruits and cut into halves, crosswise. Remove seeds, loosen pulp in sections and remove centre core. Place fruit in baking pan, sprinkle each half with two tbsps. brown sugar, and broil six inches below low broiler heat, about 15 minutes. If you put the grape fruits in the broiler when dinner is served, they will be ready when dessert time comes.

**KINSMEN TRUST**

English parents, eager to prove their gratitude to Canada and the

United States for giving their children war-time haven, have set up a scheme to bring young people from North America to Britain for education and training when the time comes. For this venture, known as the Kinmen Trust, more than \$70,000 has been collected. Most of it was contributed by parents whose own children, when the future looked bleak in Britain following the fall of France in 1940, were sent overseas. The people behind the plan, who include Viscount Bennett and Lady Tweeddale, have the vision of hundreds of young people crossing the Atlantic to attend British schools or to receive vocational training in their chosen careers. They hope the fund grows to many thousands of English pounds.

**HINTS ON ETIQUETTE**

If you are new in an office, don't be too familiar. Let the older workers make the first moves, and meet them with friendliness.

**HOUSEWIFE ACCLAIMED**

Presumably going on with his already busy life, surrounded by a fair share of dust, one of Britain's famed physiologists has discovered, at the age of 77, that housewives have a place high among the ailments of this world, that their work is not just drudgery but a thing of skill. The famed physiologist is Sir Leonard Hill. With his wife he lives in suburban London and now has reached the conclusion that housewives are deplorably ignorant about housekeeping. It happened this way: He and his wife lost their gardener and maids, and tended for themselves in their nine-roomed house. Sir Leonard worked out a closely timed schedule of duty and rest for his day, lasting from 6.30 a. m. to 12.30 a. m. His conclusion at the end of six weeks' effort: "I have spent my whole life doing skilled tests. On my own I have discovered that housekeeping and housework consist of doing one skilled act after the other all day—and sometimes all evening as well." About dust, Sir Leonard's schedule did not include any dusting. "Dusting only irritates my eyes," he said.

**CONCERT**

An Empire Day concert has been arranged under the patronage of Her Majesty the Queen at Royal Albert Hall, London, England, in aid of the Mrs. Winston Churchill Y. W. C. A. War-time fund, which Myra Hess and Sir Adrian Bull are giving their services with the London Philharmonic orchestra, including Mrs. Churchill, in a cable to Mrs. F. J. Ross, Toronto, added, "The donations are being approached to take boxes 200 pounds each, named after cities or states, to be used by the troops serving in the United Kingdom. I should very much like Canada to be represented."

The appeal was made for six boxes representing Canadian provinces or cities. Girls of the local Y. W. C. A. are planning to contribute towards this objective.

## A Job Only You Can Do

Price Control Questions  
And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board's readers. Persons who have intelligent questions to ask or price control questions to send them in writing to the Women's Regional Advisory Committee of the War Times Prices and Trade Board.

**Q.** Since meat rationing has been suspended, is there still a price ceiling on meat?  
**A.** There certainly is a price ceiling on meat. Butchers and all those selling meat at retail must have the regular meat charts posted in their stores in a position where the consumer can see them. These charts show the cuts of meat and the prices at which the store keeper is allowed to sell them.

**Q.** I have some ration tickets I would like to use, but I have never done so before, do I have to have my rent fixed by the W. P. T. B.?  
**A.** If you are supplying everything, including bedding, linen and the underwear thereof, you fix your own rate which should be a rate payable for similar accommodation in the neighbourhood.

**Q.** Would you please tell me what the spare coupons in ration tickets are for?  
**A.** These coupons are intended for use only in an emergency. It saves a considerable amount of money, when printing the book to include these in the original make up, in case of need. At the present there is no immediate use for these.

## Watch These 4 Common Troubles Of Babyhood

Don't let your baby lose strength and suffer needlessly from teething fever, constipation, diarrhea and weakening digestive upsets. Get a box of Baby's Own Tablets. They help to quickly clear out harmful wastes, cool baby's teething fever, sweeten sour little stomachs and relieve simple diarrhea. No opiate—no "sleep" stuff—just a gentle powder if desired. Baby's Own Tablets have been used successfully for over 40 years by mothers. Only 25¢ at drugists.

## A Morning Smile

"So you and your neighbor are not on speaking terms?"  
"No. He sent me a can of oil to use on my lawn-mower when I started to cut the grass at six in the morning."  
"And what did you do?"  
"I hit back and told him to use it on his wife when she started singing at eleven at night!"

## Best Is Cheapest KITCHEN TEA

Never Before Has Fine Quality Meant So Much.

## Dorothy Dix Says—

### COMING OF AGE ADDS FREEDOM

#### Parents Must Start Preparing For That Day As Soon As Baby Can Stand Alone

DEAR MISS DIX—My daughter has reached the age where she thinks a great change should take place in her life. She has just turned 18 and says she is of age. Just what does that mean? I know it doesn't mean that she should have her own way in everything? I do not, I do not, but would like your opinion on the subject.

MOTHER.

#### MORE FREEDOM FOR GIRL

ANSWER—Coming of age is a legal term that means that the law rates a girl or boy as an adult instead of a child, and makes him or her responsible for his or her acts. After a girl comes of age she can marry without her parents' consent, hold property in her own name, etc. She has a right to her own wages, if she works, and if she leaves home her parents cannot force her to come back unless she so desires.

Of course, having her eighteenth birthday doesn't make a girl any wiser than she was the day before, or give her any more judgment, but it does give her the right to be treated as an adult. For parents can only control their children by force so long as they are physically afraid of them, but they can manage them by love and tenderness and consideration as long as they live.

Many letters come to this column from fathers and mothers who complain of rebellious and what they consider undutiful children. "I can't do a thing with Sally," they will wail. "I can't manage John." And nearly always when you get these cases down to the bottom you will find that the parents are to blame.

The children have been spoiled to death. They have never been controlled. They have never been taught, to respect authority or to know any law except their own. Or else they have been tyrannized over. They have never had any personal liberty. They have been nothing but little slaves.

In both cases the result has been disastrous. The girl, who from her childhood up, has done as she pleased isn't going to turn suddenly obedient and amenable to discipline when she grows up, and the boy who has been kept in bondage all her life isn't going to stay tied to Mother's apron strings. She is going to break them as soon as she has the strength to, and run wild.

If parents expect to have any authority over their grown children, they have to establish in their youngsters' minds respect for their opinions, a reliance on their sense of justice, and faith in their parents' wisdom. The only way to do this is to let them have freedom. Let children by the old formulas by which their fathers and mothers were brought up, or times have changed, customs have changed, and youth has changed with them.

The demand that deal with their children on a 1944 pattern, instead of the one they were brought up on, we should have fewer mothers and fathers complaining that they can't do a thing with their children. You have to drive children with a strong rein, but a loose one, if you don't want them to bolt nowadays.

DEAR DOROTHY DIX—I am 23. No children. My husband is overseas and I am very lonely and bored. My job doesn't interest me and I am not content in having come back to live with my parents. Nowdays you can't rent anything unless you have a job. I would give me something to do, something interesting to occupy my mind, and would not only benefit me physically and mentally, but would give me something to do with my husband after the war and, in addition, I would be serving my country.

But when I asked my husband about it he vetoed the idea quite definitely. Under the circumstances would you advise my joining the W.A.C.'s in spite of my husband's objections? RESTLESS.

#### WHERE WAR SERVICE HELPFUL TO WOMAN

ANSWER—I certainly would not advise you to go against your husband's wishes in a very serious illness. My husband is entirely wrong in his objection to your doing so. No woman who has children should do any kind of war work that takes her out of her home, because she can best serve her country by being the home fires burning and raising decent citizens. But I think that every able-bodied woman, who has no family obligations, is just as much called upon to do war work as the men are to fight.

And it is a fine thing for young wives whose homes have been broken up by the war to go to the front and who are restless, homesick and longing for action of some sort, to join up with the W.A.C.'s, where they will have discipline and restraint and something worth while to do, on which to expend their energies.

Try to persuade your husband to let you join the W.A.C.'s or the WAVES or some other one of the women's outfits that are doing such grand work not only at home but at the front.

DEAR MISS DIX—Shortly after the boy I am engaged to left for the front I had a very serious illness. My husband turned prematurely gray and I had to have all my teeth extracted and false ones substituted. I can't serve my country by being the home fires burning and raising decent citizens. But I think that every able-bodied woman, who has no family obligations, is just as much called upon to do war work as the men are to fight.

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## Treatment Prevents Waste of Victory Garden Seed

Any housewife will understand that seeds, when sown in damp soil, may be attacked by mould. Since the soil must be damp in order for the seeds to germinate, the danger of such attacks is always present.

Both moulds (fungi) and bacteria may attack seeds, and their attacks are sometimes favored by cold and sometimes by warmth. Infection may be present in the soil, or it may be on the seed itself. It is most likely to cause serious trouble, when the conditions under which seed are sown are not favorable, and germination is consequently delayed.

For example, when you sow seeds earlier than you usually do, hoping to speed up the harvest, the seeds are more likely to lie dormant long enough for a mould or bacterial growth to develop. When seeds are sown in boxes indoors, excessive dampness and warmth may have a similar effect; in fact, one sort of fungus which commonly develops is called "damping off."

Wherever this sort of trouble is encountered, it will pay to disinfect the seeds before sowing. There are said to be 500 different kinds of organisms which may be present in the soil or on the seed, waiting for favorable conditions to develop. There are a number of effective seed disinfectants for controlling surface seed-carried plant diseases. Some of these products are applied as a dust to the seed. Others are

made into solutions and the seeds are soaked in them.

There is no danger to the seed in giving this treatment, provided the simple directions are followed. No amateur need have any fear of undertaking it. Information about the best disinfectants may be obtained from seedsmen, from state experiment stations, from the Bureau of Information of the Department of Agriculture in Washington or from the many garden centers and information bureaus which will be established to promote the Victory garden campaign.

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## Ellen's Diary

When I walked under the ladder this morning, I felt it was going to be a rather mean day for me although things are never really so bad but they could be worse. I can never understand why ladders are left around so carelessly for the unwary to pass under. Not that I believe in what James terms "stair like them" but then I like to be on the safe side. It does give me a creepy feeling, when a black cat crosses my path, although our own "Daisy" follows after me as a matter of course, and I do keep a horse shoe over the front door with the curved side down to hold the luck. In summer too my eyes are always cast down searching for shy and precious four-leaved clovers. When I spoke of such things this very morning to Mr. Kelly he said "Sure are an old-timer you are!" its myself that is after carrying a rabbit's foot."

It was early this morning on my way to the milk house to wash the separator. I walked directly under the ladder leaning against the post. When I spoke to look about it he laughingly remarked: "You'd better watch out! Whether it is because of the ladder or perhaps it was just 'one of those days' it was surely a most trying morning for me. I had only commenced to wash the breakfast dishes when 'snap!' away went a cup handle. I didn't mind that so much only it was a 'stock pattern' and of course had been discontinued. Then going down cellar for the vegetables I bumped my head in a low doorway. I skinned my shin when a stick of wood fell on it.

I caught a hen eating her egg and one of the fattening cattle didn't care for her turnips. And then some cans of jam and the spell was broken. Even the sun which had shone intermittently came out warm and lovely. Everything was changed. Jamie and I had the afternoon for a long recess. He baked the sheep in the pen to nibble grain from his hand, added his tiny handful of meal to the hog ration, fed the ducks and hens, called "he-ah boy!-ah boy!" to Pard and had a thorough enjoyable time as well as absorbing sunshine.

There were things I should have been doing indoors and I was more than grateful when Jamie sent over one of her delicious lemon pies for supper.

Jamie has gone home now and James and I are alone once more. I've been reading his favourite serial aloud. It is a story of rustic life, charmingly told. When I had finished he asked regretfully "Is that all?" It is not mine from circumstances that James farms Alderlea. If he had the privilege of acquiring Aladdin's lamp, his only wish would be to farm her acres as long as he has strength to sow and reap. He is a true farmer, and this because the Stewarts have been at Alderlea for generations.

His dream is bread to be mixed to-night.

So Diary—until tomorrow—Good night.

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## Bridal Wreath

THE PROUDEST NAME IN DIAMONDS



Across the widest waters... wherever he may be, the steadfast brilliance of a perfect diamond shines from heart to heart. So be sure of worthy quality, a genuine Bridal Wreath diamond ring with the 4-point Guarantee of perfect colour, cut, brilliance and flawless beauty. At leading jewellers everywhere.

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C. W. PATTERSON JEWELLER Great George Street

GODKIN BROS. SUMMERSIDE, P. E. I. Bridal Wreath Diamond and Wedding Rings

THE COOK'S CORNER

CHEESE PIE

Three tablespoons bacon fat, 1/2 teaspoon ground sage, or summer savory, 12 slices bread, crusts removed; 3 eggs, 3 cups milk, 1/4 teaspoon salt, few grains cayenne pepper, 1/2 pound cheddar cheese. Blend the bacon fat and sage, and butter 6 slices of bread with this mixture. Then top with sliced cheese and the other slices of bread. Cut each in 4 pieces, arrange in 2 layers in a deep casserole. Add milk and seasoning to slightly beaten eggs, and pour over the cheese sandwiches. Bake in moderate oven of 350 F. about 45 or 50 minutes. Serves 7.

GINGERBREAD WAFFLES

3 eggs, 1 cup sugar, 1/2 cup light molasses, 1/2 cup sour milk, 1/2 cups flour, 1 teaspoon ginger, 1/2 teaspoon cinnamon, 1/2 teaspoon soda, 1/2 cup shortening. Method: Beat the eggs until

You Women Who Suffer From HOT FLASHES then CHILLY FEELINGS

If you—like 20 million women between the ages of 38 and 52—suffer from hot flashes, weak, dizzy, nervous feelings, irregular periods, are blue at times—due to this middle age period in a woman's life—start taking Lydia E. Pinkham's Compound. It's one of the most effective medicines you can buy that's made especially for women, to relieve such painful distress.

In fact—taken regularly Pinkham's Compound helps build up resistance against such symptoms. It also is a fine stomach tonic. Thousands upon thousands of women—rich and poor alike—have reported benefits. Lydia Pinkham's Compound has proved some women's happiness. Many can be during their "40's." Made in Canada. Worth trying!

## Needlecraft For The Home

TWO-PIECE PREFERRED

This year has seen a big swing toward the two-piece, which serves so satisfactorily under your coat and later as a costume complete. This one is good in all its size ranges.

No. 2792 in size 36 requires 3 1/2 yards 36-inch fabric. Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department of the Charlottetown Guardian.

ROPE IN THE RAW

Manila fibre is the raw material of Manila rope.

RECTAL ITCH

PROMPTLY HELP RELIEVE Itch, also pain of piles with mildly, scientifically medicated CUTICURA OINTMENT

2792 SIZES

**SAVE CLOTHES IN WARTIME!**

Use **OXYDOL** -It Washes WHITE WITHOUT BLEACHING

CLEAN Without Hard Rubbing!

SAFE FOR COLORS AND RAYONS, TOO!

SPARKLING WHITE Just with Rich Sudsing Action!

We're OXYDOL'S New "HUSTLE-BUBBLE" Suds!

Do try Oxydol with it's livelier "Hustle-Bubble" suds! You'll find you don't need long washer runs; or hard rubbing; or harsh bleaching. And your wash comes sparkling white. Yes, except for unusual stains, of course—white without bleaching. It's the whiteness you love to see!

Try us—We LIFT Dirt Out!

These livelier "Hustle-Bubble" suds last longer; it's work much harder; it's actually lift dirt out just with safe sudsing action. Think how kind to clothing!

And this rich sudsing action is safe for washable colors and rayons, too!

What's more, every ounce is richer in washing power than before. So Oxydol goes much farther—washes much more clothes or dishes.

Trade Mark Registered  
**OXYDOL WHITE WITHOUT BLEACHING WASHES**