

THE CHARLOTTETOWN GUARDIAN

Subscription rates and contact information for the newspaper.

Editorial board members including W. Chester R. McLure and J. R. Burnett.

Local news snippets from BOSTON, MONTAGUE, and other regions.

THURSDAY, JUNE 27, 1929

THE BASILICA CONSECRATED

The solemn ceremony of consecration of St. Dunstan's Basilica which took place yesterday morning.

In a gracious address to the congregation, His Eminence spoke of the sacredness of the House of God.

His Grace Archbishop O'Leary, in the course of his eloquent and inspiring sermon, truly said that there was not a stone of the Basilica but represented some act of devoted sacrifice.

Yesterday's ceremony was memorable in more than an historic sense. It marks, not an end, but a beginning of still greater effort and achievement.

DELEGATES WELCOME

Prince Edward Island welcomes today a large number of delegates of the Canadian Women's Press Club.

To the delegates who have decided not to return to their homes before seeing Prince Edward Island, and whose arrival this evening is expected.

IMPROVEMENTS

Everyone knows that however formidable the task of prospective improvements may appear to be, the end justifies the means.

is exercised. Every farm or business that does not show evidence of improvement from year to year is in a state of stagnation.

On the farm, returns from improvements are numerous and varied. The comfort and consequent betterment of the live-stock, is an important factor.

In the home, the domain of the housewife, every device that lightens her load of daily cares, is a profitable investment.

Possibly such improvements as have been mentioned, are more evident in the barns and on the farm than in the home.

EDITORIAL NOTES

The Captain of an Atlantic steamer says he sighted an iceberg twenty miles long.

While no question can be raised as to the fact that "the rain falls upon the just and the unjust" there appears to have been an extraordinary discrimination in the distribution of the rain.

The Canadian Pacific Railway is making ready for greatly increased traffic across the Bay of Fundy from Saint John to Digby.

Motorists from other Provinces complain of the narrow public highways, deep ditches and numerous level railways crossings.

Notes By The Way

Hon. R. B. Bennett and Premier Howard Ferguson are outstanding figures among many others in the Conservative party of Canada.

A few days ago The Toronto Globe, in view of the crisis caused by the new tariff in the United States, raised the question, "How will the Leaders Lead?"

In the months before and just after the Winnipeg convention, Mr. Bennett touched a responsive chord in the hearts of great numbers of the Canadian people.

In the same issue of The Globe we find under the caption of "Age and Honors" a reference to Hon. Howard Ferguson, Prime Minister of Ontario.

For instance, the Premier of this fairly old and sedate Province has just been celebrating his birthday. An old man and full of the dignity of years? Far from it—just a sprightly person of 59, enjoying himself immensely.

We have quoted from the greatest of Liberal newspapers in Canada its opinions of two of the most eminent Conservative political leaders in the country.

Moncton is to be the scene of a great Air Pageant on July 1 and 2, the first to be held in the Maritime Provinces.

Charlottetown must have an airport, as Moncton has. Otherwise our beautiful city will be a laggard in the swift pace of Maritime progress.

The Canadian Pacific Railway is making ready for greatly increased traffic across the Bay of Fundy from Saint John to Digby.



That Body of Ours

By James W. Bart...

WHAT ACIDOSIS MEANS

You are hearing or reading about acidosis these days, and perhaps you have the idea that acidosis means an acid condition of the blood.

As a matter of fact the blood is always alkaline in health, and alkaline in sickness also.

The blood is alkaline due to ordinary baking soda in the fluid portion and the salts of sodium and potassium in the red cells.

Now when you exercise, or when the various cells of the body do their work; acids are formed, and it is these acids, mentioned above, that prevent these acids from injuring the tissues.

It has been found that fat foods do not burn as readily as do carbonyl drates, and if they are not completely consumed then waste acids are formed which are poisonous to the system.

When folks get a bit run down, or are recovering from an illness, it is considered good treatment to give them considerable quantities of cod liver oil, butter cream, and other foods rich in fats.

However it has been found that these fats often do not get used completely, or are incompletely burned in the system, vegetables and sugar are given at the same time.

Acidosis means that, as mentioned above, foods are not being used up, leaving too much work for the alkaline salts in the blood to do.

The idea then when acidosis presents itself is to cut down on fatty foods, and take baking soda or other alkalis.

When these alkaline salts get greatly reduced in amount, then you have that "sickly" feeling, nausea, vomiting, and headache are often present and no desire for food.

THE LAND WE LOVE

BY FRANK YEIG

CADMIUM

Q. What is Cadmium? A. Cadmium is a metal related to zinc and often occurring in zinc ores.



INVOCATION

As pools beneath stone arches take Darkly within their deeps again Shapes of the flowering stone, and make Stories anew of passing men.

So let the living thoughts that keep, Morning and evening, in their kind, Eternal change in height and deep, Be mirrored in my happy mind.

Beat world, upon this heart; be loud Your marvel chanted in my blood. Come forth, O sun, through cloud on cloud, To shine upon my stubborn mood.

Great hills that fold above the sea, Ecstatic airs and sparkling skies, Sing out your words to master me— Make me immoderately wise.

—John Drinkwater.

During a recent drought in Medford, England, water was sold at three cents a bucket.

Motorists from other Provinces complain of the narrow public highways, deep ditches and numerous level railways crossings which they encounter when they come to Prince Edward Island with their cars.

A Defense of Nobile

Condensed from the World's Work— Vilhjalmur Stefansson.

With ten books in four languages piled before you dealing with Nobile and his famous expedition, you must assume that the testimony must be all in. But you would find that there is scarcely a statement in any one of them that is not denied by some other.

Few downfalls in history have been so spectacular as Nobile's. As portrayed by the writer of one book—the Swede, Lundborg, who rescued him from the ice—Nobile is a gentle and chivalrous officer who became a polar explorer by the accident that he built and asked to navigate an airship in an arctic expedition.

Amundsen, on the other hand who later flew to rescue his former companion and was never seen again, had written in his autobiography that Nobile was thoroughly incompetent.

Nobile thought, as every one does, that the best Arctic flying month is April. The whole day is then twilight. There is one chief handicap to Northern travel—fog; and one chief danger—sleet.

The Germans are the world's masters of dirigibles and they have pointed out that Nobile failed to equip his ship with the one safety device necessary in the sleet season.

The catastrophe, probably caused by the danger described, overtook the Italia on May 25th when she was less than 30 miles short of reaching Spitzbergen on her way back from the North Pole.

Relieved from the weight of the gondolas the airship soared, was blown away, and exploded a few minutes later—that has been reported at least by the marooned part of the crew.

It was five days after the accident that Malmgren, Zappi, and Mariano, decided on a course that had ample precedent in northern exploration and still more precedent in war.

the Italia controversy, the question of what should be done if one man falls ill in a party seeking rescue for comrades left behind.

There is, of course, much debate as to what really happened. Some have put it into print that the Italians lingered with Malmgren for cannibalistic purposes—even that they killed Malmgren to eat him.

A typical example is Zappi's alleged statement that Malmgren asked them to dig him a grave in the ice, and that the two Italians actually did dig a grave in which they laid Malmgren while he was still living.

There are two common sense things to be said about the charge of cannibalism against Zappi. First, there is no proof. Second, there are several nations that are criticizing the Italians who themselves live in a glass house on the score of cannibalism.

The final charge against the Italians is that Nobile permitted himself to be rescued first, when Lundborg swooped down in his Fokker plane.

The public has been chiefly interested in the mess that developed out of the quarrels that were basically Nordic against Latin, Bolshevik.

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Try Our Ice Cold Sparkling Soda Water

When on a shopping tour in the city and when you are tired and thirsty, drop into our store and have one of the refreshing drinks which are dispensed at our big fountain.

We use pure, rich cream, the choicest fruit flavors and Perfection Ice Cream.

E. A. Foster CENTRAL DRUGSTORE Perfection ice cream in all forms and fresh each day.

"Burns" Bread Knife FREE

You need a good bread knife, just as you need a good smoking tobacco; and you get both when you smoke Rosebud, the exceptionally fragrant and satisfying cut plug.

Save three complete sets of "Poker Hands," packed with Rosebud, and exchange them for a famous "Burns" Bread Knife, 13 1/4 inches long, with carbon steel blade that cuts each slice clean and without crumbs.

Smoke ROSEBUD and Save the "Poker Hands"

FOR SALE I offer for sale my beautiful residence, registered as "HOLLAND GROVE," which is in perfect condition, and situated in one of the best residential sections of the city.

NOW TASTE THE SWEET FRESH FLAVOR OF BRAHMIN TEA Sold only in Red, Hygienic, Airtight Packages

LIGHTNING TAKES ALL! Already this year lightning has taken its toll of life and property. NOW is the time to arrange adequate fire insurance protection.

Insidious Eye Strain We use this adjective advisedly. Sufferers from eyestrain may have perfect vision and therefore do not suspect the presence of any evil defect.

Keeps You Internally Fit! WAMPOLES GRAPE SALTS Just stir a teaspoonful of GRAPE SALTS in a glass of water every morning before meals—in fact any time you feel bilious.