

Woman's Realm, Social and Personal, Fashions, Literature

MORE SMART WOMEN USE THE NEW

Charm-Kurl

SUPREME GOLD WAVE

THAN ANY OTHER BRAND

Accept no substitute. Be sure to ask for Charm-Kurl by name; it's your guarantee of perfect results.



Each Charm-Kurl SUPREME kit contains everything needed to give yourself a gorgeous GOLD WAVE.

With laboratory tested Charm-Kurl Supreme, you give yourself a real COLD WAVE permanent in 2 to 3 hours at home. It's easy as combing your hair. Takes on any type of natural hair, and your "easy-to-manage" COLD WAVE will last months and months. Ideal, too, for children. The result must compare with any beauty shop wave costing up to \$15.00 or more, or your money back on request.



For sale at Drug Stores, Cosmetic and Variety Counters.

Household Scrapbook

By Roberta Lee

Jar Covers

If there are not sufficient tin covers for the jelly or preserve jars, wait until the paraffin tops have hardened, then cover the tops with circles of brown wrapping paper, and the down. Then the paraffin can be used again next year.

Care of the Wringer

After using the wringer, dry it thoroughly by running a heavy dry bath towel through it. All parts will be dried easily and it will preserve the rollers.

Potato Salad

Potato salad will be twice as delicious if left in French dressing overnight. Add the mayonnaise the next morning.

Morning Smile

WITTY

In the smokeroom of the big hotel the Scot had been boring everyone with tales of the great deeds he had done.

"Well, now," said an Englishman at last, "suppose you tell us something you can't do and by jove, I'll undertake to do it myself."

"Thank ye," replied the Scot, "I canna pay ma bill here."

Elmer, aged 13, was puzzled over the girl problem and discussed it with his pal, Joe.

"I've walked to school with her three times," he told Joe, "and carried her books. I bought her ice cream sodas twice. Now do you think I ought to kiss her?"

"No, you don't need to," Joe decided, after a moment of deep thought. "You've done enough for that girl already."

EXTRA TASTY BREAD!

GET FLEISCHMANN'S ACTIVE FRESH YEAST

BECAUSE IT'S FULL-STRENGTH this active fresh Yeast goes right to work. No waiting—no extra steps! And Fleischmann's fresh Yeast makes bread that tastes sweeter, is lighter, finer-textured every time.

IF YOU BAKE AT HOME—get Fleischmann's active fresh Yeast with the familiar yellow label. Dependable—Canada's tested favorite for over 70 years.

Always fresh—at your grocery

MADE IN CANADA

Cook's Corner

PRUNE CHIFFON DESSERT

This lightly sweet and delicate dessert would also make an exquisite chiffon pie filling. I think you will attribute part of the freshness of flavor to the fact that the mixture is not too sweet.

You will have 2 egg yolks on hand—and so might like to make a little chilled custard sauce with them, to use instead of cream for an accompaniment for the dessert (which has the egg whites incorporated in it).

1 cup raw prunes
Boiling water
1 tablespoon plain gelatine
1/4 cup cold water
1/2 tablespoon lemon juice
2 egg whites
Few grains salt
1/4 cup fine granulated sugar

Wash the prunes, cover with cold water and soak overnight. Next day, simmer the prunes in the water in which they were soaked, until tender. Lift prunes from juice and remove the pits; press the prunes through a sieve.

Combine the sieved prunes, and sufficient prune juice to bring the measure to 1 1/2 cups—if necessary, add boiling water to bring the measure to 1 1/2 cups.

Soften the gelatine in the cold water.

Heat the prune mixture; add softened gelatine and stir until gelatine is dissolved. Strain in the lemon juice.

Chill, with occasional stirring, until softly set.

Beat the egg whites with the salt until stiff but not dry; gradually beat in the sugar, beating after each addition until meringue will stand in peaks.

Beat the gelatine mixture until foamy; add the meringue and beat to combine. Individual dessert glasses and chill for serving.

HEATING KILLS THEM

Heating flour in the oven at about 170 degrees Fahrenheit for half an hour will kill any "four weevils" present, no matter what the stage of development.

DOROTHY DIX SAYS—

Formula For Marriage

Every Bridal Couple Must Work To Make Future Successful

A BRIDE-TO-BE asks if I will discuss in this column the things that will enable a husband and wife to have a good life together. Well, daughter, you know the old proverb which says that nothing succeeds like success and the one thing that can be guaranteed to make any marriage a success is for the husband and wife to determine to make it one, come by what way.

Of course, every bridal couple expects their marriage to end with the old fairy book formula and so they were married and lived happily ever after. But with most of them it is just a mere matter of wishful thinking. They don't work at it. They don't put their hearts and their backs into it. Neither one says to himself or herself: "I am not going to be a quitter and run to the divorce court because I have found out that marriage isn't a picnic and that John (or Mary) has faults. I am going to stand by my bargain and turn this marriage into a success instead of a failure."

Have the same objectives. Nothing really binds a couple together so tightly as to have the same ambitions and work for the same ends. As long as a husband and wife can talk shop together, they never bore each other. Working partners are life partners.

Take a lesson from the birds. When you get married, build your own nest. Don't go to live with anyone who is a member of the family even by remote control.

Grant each other a reasonable amount of liberty. After all, freedom is the eternal passion of the human heart and no girl would get married if she knew she was selling herself into slavery and every man would step high, wide and handsome around the altar if he even suspected that he never again would be able to leave his wife, married, to make a single move without asking his boss's permission.

Deal out the soft soap with a liberal hand. Flattery is needed more in marriage than anywhere else. As long as a wife tells her husband how handsome and fascinating he is, he doesn't have to hunt up any other woman to save his ego and as long as a husband tells his wife how beautiful hands she has, she will work with him to the bone for him.

Above all, if you want your marriage to be a good life, watch your tongue. The things we don't say save many a divorce.

Besides Jamie, that four-year-old grandson of ours who had a number of other visitors today. "Now Elsie," one of a party, with the charm of a rich brogue on her tongue, remarked merrily "I bet you'd be telling that you had some old ones to call on you this day!" However, she was interrupted by the arrival of a rich brogue on her tongue, one that might be adopted by other Island women as a delightful way of obtaining respect and laxation. "We're our old fellows and every care behind us on the farms and are, touring the Island, and do not meet as often as we should."

So with a brother, a daughter and a dark-eyed grand-daughter they were "taking a few days off." "Oh, yes we've been off the Island, but we thought if we visit the Island places we had never been, it would give us something to talk to."

And all the misery caused? James said "been" but she said "is" and "is" is a very strong word. "I'm telling you, bits of furniture or machinery have been saved from the pits, piled outside—and the smoke was something terrible."

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Living & Leisure

—THE WOMAN'S REALM—

SONGS THAT BLESS

A song wafted out on the morning air. Brings a smile to a furrowed brow, And the heart that was lingering near despair. Finds courage to face the "now". A hearty song in the noonday heat.

Brings strength to the faltering feet; And the day's work seems not quite so great With a melody to repeat.

A quiet song in the twilight dim, Brings peace to the laborer's mind. And the morrow's task seems light to him As he lays him down to rest.

WHAT DOES "TOTA" MEAN?
"Tota" is the name of the ninth and smallest letter in the Greek alphabet, corresponding to English "I". Hence it came to signify anything very small, being synonymous with jot, tittle or minute particle.

Modern Etiquette

By Roberta Lee

Q. Isn't it considered bad manners and rude for a guest to refuse a drink when in the home of a friend?

A. Not in the least. There is nothing compulsory about it, and only a person who is weak will be influenced to do something that he or she doesn't want to do.

Q. Is it all right for friends attending a funeral to wear any kind of dark clothes, or should they wear nothing but black?

A. Any kind of dark clothes is all right.

Q. Should a spoon be used to eat semi-kind foods, such as custards?

A. Yes.

Better English

D. C. Williams

1. What is wrong with this sentence? "I need in the neighborhood of fifty dollars."

2. What is the correct pronunciation of "serious"?

3. Which one of these words is misspelled? Naphia, narcissus, nausea.

4. What does the word "emaciation" mean?

5. What is a word beginning with acc that means "loud applause"?

ANSWERS
1. Say, "I need about fifty dollars." 2. Pronounce ser-ee-us, e as in here, not as in egg. 3. Naphia. 4. State of being greatly reduced in flesh. "He was marked by the emaciation of his imprisonment." 5. Acclamation.

HEADACHES EVERY DAY? YOU NEED MORE LIVER BILE

Science says two pills daily, yet many only get one.

Liver bile helps digest your food and provides your body's natural laxative. Lack of bile causes headaches, constipation, indigestion, loss of energy. For glowing health use the liver and get needed bile with proven Fruita-Tives. Canada's largest selling liver tablets. Made from fruits and herbs.

FRUITA-TIVES TABLETS

Tip: Tippy and "Cap" Stubbs

Tillie the Toiler

Should She Tell Her Age?

Choose fruit or flourless desserts in place of pie or cake.

Serve that cup of tea with friendliness, instead of with cake.

Let refreshments err on the side of too little rather than too much.

WHY IS THE WITCH HAZEL SO CALLED?
Although in America the name of certain tree or shrub is often written "witch hazel," the original and correct form is "weech" or "weich," meaning "bending" or "drooping." This term was applied in Old English to several trees plant branches beside the wyeen hazel, such as wych alder, wyeche elm, etc. "Witch" in the sense of a female sorcerer is from an entirely different source. The similarity of the prefix "weech" or "wich" in tree names to "witch" led people to suppose that the tree were so named because witching or dividing rods made from their twigs were reputed to be efficacious in discovering underground water and minerals.

Always Another Spring

By Adelaide Humphries

As Aunt Bobby had said, it was exciting, being engaged to Giles. Though what she really had said was that it would be exciting to be engaged to him. But love Anne found, was something one could not summon at will. Not that she, Anne, was more fond of Giles, growing more fond as the day passed. But Anne still was afraid of love, wary of it.

Gil treated her as if she were the most important and precious person in the world; as indeed she was, to him. But was quite new experience for Anne. She had never had her life in doing the giving. Now it seemed that all she had to do was to receive, without even holding out her hands.

After she had returned home Gil flew down that next weekend to bring her the engagement ring. It was a big square-cut emerald—and an emerald insures true love, you know," he told her. With his serious eyes and mocking grin Anne was rendered almost speechless. No girl in Oakdale, she was sure had ever possessed such a ring. Anne thought of the little diamond David had given her returned it without even a line of word, by registered mail. She wondered if he had been nearly as grand enough for Camilla. But even Camilla had never had such a ring.

Anne supposed that the George Ian Folly, which she and David had sent on their wedding, was to be grand enough for Camilla. State of being greatly reduced in flesh. "He was marked by the emaciation of his imprisonment." 5. Acclamation.

Anne ran into David's mother on the street shortly afterwards. Mrs. Sherman stopped Anne, although Anne would have merely given her a passing nod.

"Well, Mrs. Sherman exclaimed, "How are you, my dear? Why, you're looking very well." She did not attempt to hide her astonishment at such a discovery. As usual, she Anne to reply, "I'm so glad I ran into you. It will save me a lot of trouble. You see David, the dear boy, has been at me to call on you, or write you, or something. It's about the lot, of course. My son had invested money in it, too, and so naturally David and I—"

David's wife—such a sweet girl, she and David ought to know better. This last with so much unnecessary emphasis that one

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Music in your Dreams!



Do you ever hear strains of music in your dreams? The oracles say these instruments have these meanings:

BAG-PIPES—Look out for Trouble
TRUMPET—You'll gain your Wishes
PIANO—Joy and a Wedding

Seems to be some hope there! But why should disturbed sleep turn your bedroom into a music-hall? Why not have a sound, dream-free sleep every night? Dreams are often the result of caffeine nerves—of drinking tea and coffee.

Drink Postum! It's the beverage with the full-bodied flavor all its own! Caffein free—contains no stimulant. You make it right in the cup, with boiling water or hot milk. Costs less than a cent a serving. Enjoyable at any hour! The beverage for the whole family!

How Can I!!

By Anne Ashley

Q. How can I lighten a loose chair rung?
A. Remove the rung and slightly split the ends. Then insert small wooden wedges where the splits are made. Replace the rung, and the harder it is pressed into its hole the tighter it will fit.

Q. How can I wash chamomile skin?
A. Put a few drops of ammonia in a basin of water and rinse. Do not wring, but dry quickly in the sun or over a fire, rubbing well with the hands to prevent hardness.

Q. How can I get relief from prickly heat?
A. Put a large handful of Epsom salts in a basin of lukewarm water and bathe the affected parts.

Needlecrafts FOR THE HOME

TAKE YOUR CHOICE

This pretty style can be made with or without the bare midriff; with street length skirt or shorter one. For a sunback frock, cover the midriff and wear it with the longer skirt.

No. 2662 is cut in sizes 10, 12, 14, 16, 18 and 20. Size 16 requires 3 1/2 yards 35-inch for shorter length skirt, and midriff plaiting of one material.

Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal note or some number in your address.

Address: Pattern Department, The Charlottetown Guardian.

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Address _____
City _____ Province _____

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This fine medicine is very effective to relieve pain, nervous distress and weak, "dragged out" feelings, of "certain days" when due to female functional monthly disturbances. Worth trying!

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

By Edwina

By Webster

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