

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

Give me Thy harmony, O Lord, that I may understand the beauty of the sky...

Pedestrians should be seen and not hurt.

A well-managed business is one that earns a profit.

Even a worm will turn, but never in the middle of a block.

The girl who is easy on the eye is usually hard on the pocketbook.

After all, the only way to become a careful driver is to be careful.

Despite depression, the manicurist is still making money hand over fist.

The only place where some people are willing to take a back seat is in church.

Many a creditor grinds his teeth when he hears a man say he owes everything to his mother.

You can't blame the lowly hen for getting discouraged; she can never find things where she lays them.

The mask may inherit the earth, but isn't it strange how many cease to be meek as soon as they come into their inheritance.

GOOD THINGS TO EAT

Avoiding an Unpleasant Job. It is wise to line the baking pan with either buttered brown paper or oiled paper when cooking fish.

A Big Help. If you will starch the colored clothes and overalls from the time of their first washing you will find the starch will prevent the dirt from getting into the fabric.

For Pink Material. When washing pink cotton goods, the color may be made fast by using "red" instead of the customary "bluing."

Dainty Handkerchiefs. If you find you have a great many plain white handkerchiefs and not many dainty colored ones, why not dip some of the white ones in the tinting water next time you tint your underwear?

COINCIDENCE

Women neighbors living at Rural Cotages, Strawbridge, near Shrewsbury, Eng., have discovered that—

Both their birthdays are on February 8.

Each were married on October 16. Each of their eldest children was born on November 19.

WIVES AT 1s. EACH

S. N. Gander, a missionary from Upper Ramu, Guinea, states that he discovered a tribe where husbands buy their wives. The average price paid in the currency of the tribe—shells—is one shell.

SON'S POLISH ELOWS UP AND WRECKS ROOM

A tin of shoe polish blew up in a house near Herefordshire, England, injured a woman, and partly wrecked a room. Mrs. Norris, of Harp-yn, Kingstons, was sitting by her fire when the tin, which had fallen into it, exploded with a loud report.

LEAP YEAR

The fact that 1936 is a leap year has not only a sentimental but an economic significance. For the extra day will add some \$400,000 to the national revenue.

How many people can say which of the following years will have a 29th of February and which will not: (a) 1950, (b) 1960, (c) 2000, (d) 2500, (e) 4000? The fact is that only (b) and (c) are leap years.

Dr. Woods' Mother Not to Blame For the Children's Colds. NORWAY PINE SYRUP. Despite all the mothers can do the kiddies will run out of doors not properly wrapped up...

WAKE UP YOUR LIVER BILE—

And You'll Jump Out of Bed in the Morning Rarin' to Go

The liver should pour out two pints of bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest.

A mere bowel movement doesn't always get the case. You need something that works on the liver as well. It takes these good, old Carter's Little Liver Pills to get these two pints of bile flowing freely and make you feel "up and up."

A Morning Smile

UNEXPECTED

The golfer had lost his ball, and, not unnaturally, was inclined to be annoyed with his caddie.

"Why the deuce didn't you watch where it went?" he asked angrily.

"Well, sir," said the boy, "it don't usually go anywhere, and so it took me unprepared like."

SADLY MISSED

At the end of an examination the master gathered up all the papers. Among them he discovered one sheet, which, instead of being covered with historical names and dates, bore merely a crude drawing of a tombstone on which was written:

"Sacred to the memory which always deserts me on occasions like this."

ACID-PROOF ENAMEL

There is an acid-proof enamel for the bathroom fixtures which is a little more expensive than the regular enamel, but it will not stain, although it will soil.

To improve both flavor and appearance brush a sugar syrup over the crust just before taking from the oven. Make the sugar syrup by dissolving 1-2 cup of sugar in 1-4 cup boiling water.

ALLOW YOURSELF ONE NIGHT A WEEK TO RELAX

The girl who always surrounds herself with people who never can bear to be alone even for an hour will lose her youthful beauty years before she should.

From a standpoint of staying young-looking at least, there's a good deal to be said in favor of a few hours of solitude every week.

To relax you don't necessarily have to lie down in a darkened room or sit in a corner. If you learn to keep your mind tranquil and to forget the problems of the day for a while (worrying probably won't help matters anyway), you can relax completely while manicuring your nails or giving yourself a facial.

The important thing to remember is that it's a good idea to spend an afternoon or evening alone now and then. Conversation is all very well, but, if it's worth while at all, you can't relax in the midst of it, so don't invite in several guests the night you have planned to relax and give the lines across your brow a chance to sink back into oblivion.

If you are a business woman, set aside at least one night a week to eat alone, check over your clothes, repair the polish on your nails, take a long, leisurely bath, cream your face and read books or magazines that have nothing to do with your job.

If you have a family and a household, allow yourself one afternoon a week for beauty treatments and a bit of reading. Refuse to worry about Junior's report card or the budget and don't listen to anybody's troubles. It may seem selfish, but it really isn't because for days after, you'll be a much more sympathetic friend. If relaxation is made a habit, your children will have a pretty, young-looking mother for years to come.

TRADITIONAL. Spinach, peas and asparagus are traditional vegetables with lamb.

THE LATEST BATH-SALTS

The gift season has, no doubt, brought to the notice of many people the new effervescent bath-salts. These can be had in green, pink, blue, helle, yellow, and natural. They make the water effervesce, change it to a delicate tint, and are said to produce a soothing effect.

This is the day of glass—if we don't actually live in a glasshouse, we, at least, do our best to surround ourselves with glass.

In Paris, we learn, the glass dressing-table has completely taken the place of that draped with frilled chintz or muslin. Glass shelves glass tables, glass lamps, glass doors—everything that adds to the size of a room and multi-

Wheat Board Receive Half Year Pay

OTTAWA, Feb. 10.—(C.P.)—Members of the old wheat board established by the Bennett Government last summer will be paid half their first year's salary as recompense for the work they did between the time of their appointment last August and reorganization of the board by the new Government last December.

Official notice has been made public that John I. McFarland, former chairman of the board, will get \$9,000; D. L. Smith, former vice-chairman, \$8,500 and H. C. Grant, former member, \$7,500. Total cost to the Government on the retirement allowances will be \$25,000. All the recipients are Winnipeg residents.

Dorothy Dix's Letter Box

If You Are Looking for a Homemaking Wife Who is a Good Cook and Will Make an Intelligent Mother Don't Expect to Find Her Hanging Around a Cocktail Bar

Dear Miss Dix—Dr. Paul Popenoe says that 20,000 women start stalking the men they want in marriage during high school years. It is possible that men are that scarce?

If that is true, we men have a mighty advantage in that we can painstakingly select our mates with as expert an eye as any stook raiser of thoroughbreds. In view of that fact I wish to put in my order for a wife. She MUST be home-loving. She MUST be willing to co-operate with her husband. She MUST be intelligent. But she need not be any Jean Harlow or Lupe Velez for me. And don't you think that a girl almost 30 would be likely to make a much better home-maker? I do not; the only man waiting for an answer to these questions.

Whether it is the scarcity of men with matrimonial intentions that causes girls to start stalking their prospective mates in their high school days or whether it is sheer instinct that makes them do so, I do not know. I only know it is true that man is now the pursued instead of the pursuer, and that the great majority of girls who go to the coed colleges frankly assert that they do so in search of a husband and not in search of knowledge.

Since matrimony has even more disadvantages and hardships for women than it has for men, nobody can explain why girls are so hell-bent on marriage. But they are. Apparently they use no discrimination in the selection of their mates, or take any consideration of the future. Every day we see girls marrying men whom they know to be worthless. We see them marrying men with no jobs, or jobs so poorly paid that they cannot even support one, to say nothing of two. We see them wreck their lives on the altar before the men are ready, and we wonder why this mania for marriage. But no one has the answer.

It is no new thing, though, that men have the advantage over women in picking out their mates. They have always had that because convention has given them the initiative in courtship. For this reason I have always felt that men were more to blame for unhappy and unsuitable marriages than women were. A man's wife represented his taste and judgment, whereas a woman's husband is her opportunity. The man could look them all over and take his choice, but the woman has to take what she can get.

Your order for a wife is so moderate that it amounts virtually to a table d'hote menu and you should be able to get it filled anywhere. All around you there are plenty of girls who are home-loving, good cooks and intelligent, and who will be glad to work shoulder to shoulder with their husbands.

But the trouble with most men is that, while they desire all of these qualities in their wives, they still want them to be Miss Americas and mannikins and night club dancers. And inasmuch as you are willing to waive the cinema-star stuff and take a girl who knows how to make biscuits instead of how to make up her face, all you will have to do is just sit still and let one of the twenty thousand husband-pursuing damsel capture you.

Also, perhaps the reason you have not found this paragon you seek is because, like most men, you have looked for her in the wrong place. Perhaps you have hunted for her around cocktail bars instead of at home. The reason lots of girls seem so silly and frivolous is because that is the type of girls who have the most dates. The sensible ones don't dare show how much intelligence they have.

Dear Miss Dix—I have a fine husband and children. I smoke cigarettes. My husband and children want me to quit and complain about the house reeking with tobacco smoke. My husband gets on my nerves and a cigarette are what makes me nervous, easy to take cold and with a sallow complexion, and that he has lost his desire to kiss me because of the stench of cigarettes on my breath. Also, he says he considers smoking as degrading spiritually and morally to a woman. If I quit smoking, my women friends, who smoke, will think I am lowering our standards. I don't want to give up my cigarettes, but my husband is good to me and the children and a fine provider. What shall I do?

When you put a kind and generous husband, your children and your home and your domestic peace and happiness on one side of the scales and a cigarette on the other, you must see how the one outweighs the other, and not only how wrong but also how foolish you would be to give up all the big and really worthwhile things in life for a puff of smoke.

I do not smoke myself, but I have never been able to see cigarettes as a moral issue, or why it is any more harmful for a woman to smoke than it is for a man. But the right or the wrong of it does not matter when it becomes a family issue and breaks up the peace and harmony of a household. This is your case. It is offensive to your husband and children for you to smoke. It lowers you in their eyes. It is killing your husband's affections for you and weakening your influence with your children. You would be lacking in every attribute of the true wife and mother if you were willing to sacrifice whatever pleasure you get out of smoking for the general good.

Don't bother about what your friends think. No doubt they will tease you about giving in to your family prejudices. But in their hearts they will respect you for having had the courage to do the right thing.

MISS MARGARET HALEY A TRIBUTE. Many friends throughout the province have shared with sorrow and a sense of deep personal loss the death of Miss Margaret Haley, at her home in Earncliffe, on Jan. 30, at the advanced age of 90 years.

Our dear departed friend, who was a life-long resident of Earncliffe, and the daughter of the late Mr. and Mrs. Joseph Haley, was one of the noblest and best women that ever lived. For hers was truly the Christ-like life—a life spent, as the Master spent His earthly life, in ceaselessly trying, by kind words and deeds, to make happier and better the lives of all those with whom she came in contact.

And so faithfully did she follow in the footsteps of the Master, that it can truly be said of her: "Could every one to whom she said a kind word, or did a kind deed for bring a blossom to her grave, she would be sleeping tonight 'neath a wilderness of flowers.'" The deceased leaves two sisters to mourn their loss: Mrs. Ann McInnis with whom she lived for so many years, and Virginia (Mrs. Lewis), Montreal.

The funeral to St. Joachim's Church, Vernon River, was on Saturday, Feb. 1st and despite the very cold day, and bad roads, was well attended, the service being conducted by Rev. D. P. McGuigan. Amongst the tributes to the deceased was a spray from the Earncliffe Women's Institute.—S.Y.

SOUTH WINSLOE SCHOOL. The following is the standing of South Winsloe School for January: Grade X: Doris Bellar. Grade VIII: Letha Horne, 2 Avis Prowse. Grade VII: 1 Vera Palethorpe, 2 Phyllis Auld. Grade VI: 1 Russell Diamond. Grade V: 1 Hazel Good, 2 Lloyd Diamond. Grade IV: 1 Orville Turner, 2 John Holroyd. Grade III: 1 Jean McFarlane, 3 Allison Ford. Grade II: 1 Myra Rodd. Grade I: 1 Enid Slackford, 2 Jimmy Good. Isabel Brown, Teacher.

For Bad Winter Coughs, Mix This Remedy Yourself. Saves Good Money! No Cooking! If you want a splendid cough remedy, mix it at home. It costs very little, yet the way it takes a lot of distressing coughs, giving quick relief, is astonishing.

Any drugstore can supply you with a 2 1/2 ounce bottle of Pinex. Pour this into a 16 ounce bottle and add granulated sugar syrup to make 16 ounces. To make syrup, use 2 cups of sugar and one cup of water. Stir in a few mint leaves until dissolved. No cooking needed. It's no trouble at all and gives you four times as much cough medicine for your money—a real family supply. Keeps perfectly and tastes fine.

It is surprising how quickly this loosens the phlegm, soothes the irritated membrane, and helps to clear the air passages. This three-fold action explains why it relieves an annoying cough in a hurry.

Pinex is a compound containing Norway Pine in concentrated form, a very reliable soothing agent for winter coughs. Highly refined if it does not please you in any way.

HURRAH FOR MOTHERS WHO GIVE US GRAND COFFEE LIKE THIS



QUALITY—ROASTER FRESHNESS—MORE FLAVOUR NO MATTER HOW MADE—MAXWELL HOUSE MAKES MILLIONS OF MEN SMILE WITH PLEASURE AND SAY, 'THAT'S WHAT I CALL COFFEE!'

GOOD TO THE LAST DROP

Maxwell House Coffee

ROASTED AND PACKED IN CANADA

THE COOK'S CORNER

HOW CELERY CAN BE USED. For crispness and freshness, quite apart from its distinctive flavour celery is delightful to eat, either alone or combined with other foods lacking in such qualities.

CELERY SOUP. Choose a soup bone with considerable meat. Put it into soup kettle and cover with cold water. Bring slowly to the boiling point and simmer three hours.

SCALLOPED EGGS AND CELERY. 4 tablespoons butter, 4 tablespoons flour, 2 cups milk, 1 cup grated cheese, 4 hard cooked eggs, 2 cups cooked celery, salt and pepper.

VEGETABLE SOUP. Choose a soup bone with considerable meat. Put it into soup kettle and cover with cold water. Bring slowly to the boiling point and simmer three hours.

CELERY SOUP. 3 cups celery, 1 pint boiling water, 2 1/2 cups milk, 1 slice onion, 3 tablespoons butter, 3 tablespoons flour, salt and pepper.

CELERY-APPLE SALAD. There are several different ways of combining celery and apples. (1) Mix equal amounts of celery and Canadian-grown apples cut into cubes. Add a little salt. Mix with mayonnaise or boiled dressing and serve on lettuce leaves garnished with celery tips.

Today's Short Wave Radio Program. Honor Roll for the month of January: Grade X—Sr. 1. Annie Gordon. Grade X—Jr. 1. Edna Farrar. Grade IX—1. Hazel Gillespie. Grade VII—1. Marion MacEarcher; 2. Jeanette Gillespie. Grade VI—Sr. 1. Mildred Cudmore. Grade VI—Jr. 1. Morris Cudmore. Grade V—1. Willie Farrar; 2. Florence Gordon; 3. Heath Gordon. Grade IV—Sr. 1. Louise Farrar. Grade IV—Jr. 1. Lillian Farrar; 2. Bessie Gass; 3. Cecil Gass. Grade II Sr. 1. Malinda Gass; 2. Freeman Cudmore; 3. Sanford Gass. Grade II Sr. 1. Lloyd Farrar; 2. Leon Carney; 3. Orvin Corney. Grade I—Sr. 1. Joyce Gass. Grade I—Jr. 1. Roland Gass. Perfect Attendance:—Edna, Willie, Louise, Lillian and Lloyd Farrar; Hazel Gillespie, Jeanette Gillespie, Marion MacEarcher, Mildred Cudmore, Malinda Gass. Violet M. Gillespie, Teacher.

SMART CLOTHES FOR THE HOME DRESSMAKER. Spring is not far away and you'll be needing some pretty crepe frocks. They're a spring necessity. They give refreshing spring-like look to your winter wardrobe.

Style No. 1674 is designed for sizes 14, 16, 18 years, 36, 38 and 40 inches bust. Size 16 requires 3 1/2 yards of 39-inch material. Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

Beginner: What's the matter with my game? Golf Pro: Well, first you'll have to unlearn all you know about the game. I'll take only a minute.

Footpad: "And now I'll trouble you to take off that suit of clothes." Jones: "Thanks, awfully. Only for you my wife would have made me wear it for two years more."

Illustration of a woman in a dress and a man in a suit. Text: 1674