

Healthful Sleep

is necessary for the enjoyment and prolongation of life. During sleep Nature renews the vital forces of the body and restores the energy. Sleeplessness is one of the evil results of indigestion. To avoid it, keep the stomach well, the liver active and the bowels regular. The health of these organs

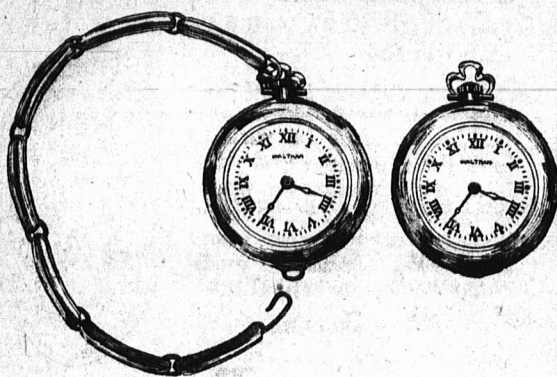
Is Assured by

Beecham's Pills. A harmless vegetable remedy, which acts immediately on the stomach, liver, bowels and kidneys, toning and putting them in good working order. Millions of people sleep well and keep well because, at the first unfavorable symptom, they begin to take

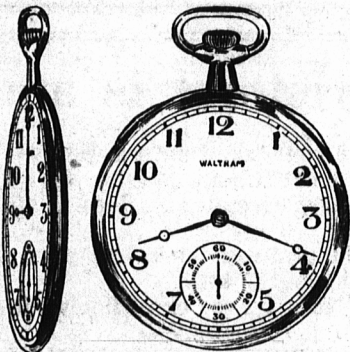
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MANY NEW CANADIAN INDUSTRIES LAUNCHED

Industrial Leaders Trying Their Hand
In Many New Fields as a Result of
War—Not Confined to Munitions

The variety of the munitions of war which are being produced in the factories of Canada form a striking tribute to the enterprise and energy of our manufacturers. Scores of companies are engaged in making shells, in many cases after remodelling, enlarging or building plants. For this work much new machinery was needed of a type which had not been previously manufactured in this country, and which is now being successfully made in great quantities. A number of firms are making cartridge cases, others are making shell machining saws, shell finishing equipment, shell baking vats. At least eight firms are busy making cordite, T.N.T. and other explosives. Several firms are making bayonets, others are turning out bits, spurs, saddle arches and trees, saddlery and harness for cavalry. All kinds of military packing boxes and ammunition boxes are being produced. Great orders are being executed for mess tins, travelling kitchens and cooking utensils. Many firms are making small arms ammunition and scores are busy on such articles as bags, cloth, knitted goods, sheep-lined coats and wagons. The chemical companies are very busy supplying articles needed for the medical corps and ammunition makers.

But it not only in producing war munitions that Canadian manufacturers have made progress since the outbreak of the war. Foreign trade was seriously disturbed and many articles which were previously imported could not be had; and, consequently, our manufacturers turned their attention to the possibility of substituting Canadian-made articles for those which had been bought abroad.

A third field in which Canadian manufacturers have made progress is in increasing the production of goods used mainly for regular industrial purposes which have been manufactured in Canada for some years.

The above shows that Canadian manufacturers are doing their best to regain the ground lost during the depression which followed the boom of 1910-11-12 by adapting their industrial equipment to meet changed conditions. Our national manufacturing plant was over-specialized on construction work. When railroad, town and other building operations came to a standstill manufacturers suffered; but it is gratifying to notice that the whole system is being readjusted to obtain new business in place of that which has been lost.

There is every reason for the belief that Canada's industrial development will not meet with any serious reverses when peace is declared, but having established itself on a solid foundation during the period of stress, through which we are passing, will be in a position to develop, conservatively perhaps, but none the less substantially during the years immediately following the war. It is presupposed that no serious alteration of Canada's trade policy, providing as it does reasonable encouragement for Canadian manufacturing enterprises, will be made. After the war United States will probably be the leading commercial, industrial and financial nation of the world, and to expose Canadian industries to the attacks of the highly specialized industries of our great neighbor under terms less advantageous to Canada than those we enjoy to-day is hardly to be expected.

LINCOLN AND LLOYD GEORGE

Years ago protectionist newspapers began to print what was said to have been a phrase of Lincoln's, "If an American buys \$50 worth of English steel, America has the steel and England the \$50, but if he buys of an American, America has the steel and the \$50, too." The quotation passed as genuine, and it harmonizes with some references to Protection in the edition of Lincoln's writings prepared by his son.

But Free Trade critics last year began a searchlight campaign, and the expressions quoted cannot be found in Lincoln's papers. It appears that the precise words were uttered in a speech as a reflection of Lincoln's teaching, and not as a literal quotation any more than the oratorical burst in Daniel Webster's famous speech is to be taken as the literal text of John Adams.

Yet here is a quotation which may console Protectionists for the loss of the Lincoln phrase. Nearly seventy years after Peel's experiment with Free Trade, David Lloyd-George said: "It profits our manufacturers are too high in some cases, that can be rectified, but at the worst it is not so grave an evil as the sending of orders to neutral countries when by so doing we send money out of our own country and reap none of the benefits. Profits which English manufacturers and workers make will be spent among Englishmen, while profits Americans make are altogether lost to this country."

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