NO WOMAN

CAN BE STRONG AND HEALTHY UNLESS THE KIDNEYS ARE WELL.

When the kidneys are ill, the whole body is ill, for the poisons which the kidneys ought to filter out of the blood are left in the system. Then how important it must be to see to it that this system of sewerage be not clogged up. Those who have never been troubled with kidney trouble know not the misery and suffering which those afflicted I undergo.

Doan's Kidney Pills are a specific for all kidney troubles. They begin by healing the delicate membranes of the kidneys and thus make their action regular and natural.

They help the kidneys to flush off the acrid and poisonous impurities which have collected, thus clearing out the kidneys, bladder and all the urinary passages.

Doan's Kidney Pills are entirely vegetable, and may be safely taken by young and old.

Let Doan's Kidney Pills do for you what they have done for thousands of others, that is, cure you.

Mrs. M. Bryanton, Spring Valley, P.E.I., writes: "I was troubled with my kidneys for two years. They were so bad at times I could not cross the floor for the pain. I tried a doctor but he did me no good at all. I sent to my nearest druggist and got four boxes of Doan's Kidney Pills, and I am glad to say that after taking them I have had no more trouble for nearly three years now."

Price 50 cts. per box, or 3 for $1.25, all dealers or The T. Milburn Co., Limited, Toronto, Ont.

In ordering specify "Doan's."

MONTAGUE MARKETS.

Corrected for every Wednesday and Saturday's issue.

Herring per bbl.	$5.00 to $6.00
Flour, Roller Process per 196 lbs	$5
Cod, per quintal	$4.00 to $5.00
Oats per bus	38 to 40
Potatoes per bus	20
Oatmeal per cwt	$3.25
Butter per lb. (creamery)	20
Hides, per lb.	4
Barley, per bus.	60
Beef per pound	7 to 8
Lamb (per lb.)	6 to 7
Calfskins, per lb.	5 to 6
Cabbage per doz.	50
Beets per bus.	40
Carrots per bus.	40
Turkey (per lb.)	11
Geese (per lb.)	10
Ducks (per lb.)	10
Chickens (per lb.)	8
Eggs	20
Pork	7½
Hay per ton	$6 to $8

P. E. I. RAILWAY

Commencing Monday, December 28th, 1908 trains on this Railway will run as follows:

Trains Outward Read down	Stations	Trains Inward Read up
Mo. Dly. Tu. We. ex. Th Fri Sun		Tu. Mon. Dly. Wed ex. Th Sat Fri
P.M. A.M. P.M. noon		A.M. P.M. P.M. A.M.
2.55 7.15 2.00 12.00	lv Ch'town a	11.30 2.05 5.15 10.10
3.13 7.34 2.15 12.17	Royalty Jc	11.15 1.47 4.57 9.53
3.54 8.12 2.44 12.50	N. Wiltshire	10.45 1.14 4.26 9.11
4.07 8.25 2.54 1.02	H. River	10.35 1.02 4.07 8.57
4.50 9.07 3.23 1.44	Emerald Jc	10.07 12.21 3.23 8.10
9.43 3.47 2.18	Kensington	9.43 11.48 2.46
10.15 4.10 2.45	ar S'side lv	9.20 11.20 2.15
P.M. A.M. P.M. P.M.		A.M. A.M. P.M. A.M.

Tues. Mon. Thurs. Wed. Sat. Fri		Tues. Mon. Thurs. Wed. Sat Fri
P.M. P.M.		A.M. A.M.
4.25 3.00	lv. S side ar.	9.00 10.35
5.23 4.23	Port Hill	8.01 9.06
6.12 5.39	O'Leary	7.12 7.53
6 50 6.40	Alberton	6.34 6.53
7.25 7.35	ar Tignish lv	6.00 6.00
P.M. P.M.		A.M. A.M.

Mon. Tues. Wed Thurs Fri Sat.		Daily ex. Sun.
PM P.M.		A.M.
4.45 3.25	lv. Emerald Jc ar	8.05
5.45 4.15	ar C Traverse lv	7.15
P M P.M.		A.M.

Mon. Tues. Wed. Thurs. Fri. Sat.		Tues. Mon. Thurs. Wed. Sat. Fri.
P.M. P.M.		A.M. A.M.
3.15 3.15	lv Ch town ar	10.00 10. 55
4.40 4.20	Mt. Stewart	8.55 9.30
5.18 4.48	Morell	8.27 8.49
5.46 5.09	St. Peter's	8.05 8.21
7.05 6.15	ar Souris lv	7.00 7.00
P.M. P.M.		A.M. A.M.

Tues. Mon. Thurs. Wed. Sat. Fri.		Daily ex. Sun.
P.M. P.M.		A.M.
4.20 4.40	lv. Mt. Stewart ar	8.50
5.23 5.49	Cardigan	7.39
5.58 6.18	Montague	7.10
6.45 7.05	ar Georgetown lv	6.25
P. M. P.M.		A.M.

Mon. Tues. Wed. Thurs Fri. Sat.		Tues. Mon. Thurs. Wed. Sat. Fri.
P.M. P.M.		A.M. A.M.
3.00 3.00	Lv Ch town Ar	9.25 10.15
4.40 4.15	Vernon River	8.11 8.36
6.35 5.45	ar Murray H. lv	6.40 6.40
P.M P M		A M A.M

Trains are run by Atlantic Standard Time

G. A. Sharp Supt. P. E. I. R.
Charlottetown P. E. I.
D. POTTINGER, I. S. O.,
Gen. Man. Gov Rys. Mo

CALENDAR FOR MARCH, 1909

MOON'S PHASES.

Full Moon	d 6	h 10	m 56 a m
Last Quarter	d 14	h 11	m 42 a m
New Moon	d 21	h 4	m 11 a m
First Quarter	d 28	h 12	m 49 p m

Day of Week		Sun Rises	Sun Sets	Moon Sets	High Water a. m.	High Water p. m.
		h m	h m	h m	h m	h m
1	Mo	6 56	6 06	3 55	7 13	5 46
2	Tu	6 54	6 07	4 47	8 26	6 56
3	W	6 53	6 08	5 29	9 17	8 03
4	Th	6 51	6 10	6 07	9 58	9 (
5	Fr	6 49	6 11	6 45	10 35	9)
6	Sa	6 48	6 13	rises	11 08	10 (
7	Su	6 45	6 14	6 48	11 39	11 6
8	Mo	6 44	6 15	7 49	...	12
9	Tu	6 42	6 16	8 49	0 09	12 34
10	W	6 40	6 18	9 53	0 46	12 58
11	Th	6 38	6 19	10 54	1 19	1 2[illegible]
12	Fr	6 37	6 20	a m	1 53	1 4[illegible]
13	Sa	6 35	6 22	0 01	2 32	2 11
14	Su	6 33	6 23	1 07	3 23	2 4[illegible]
15	Mo	6 31	6 24	2 11	4 36	3 2[illegible]
16	Tu	6 29	6 25	3 14	6 02	4 3[illegible]
17	W	6 27	6 26	4 07	7 22	5 5[illegible]
18	Th	6 26	6 28	4 56	8 28	7 2[illegible]
19	Fr	6 24	6 29	5 34	9 21	8 3[illegible]
20	Sa	6 22	6 30	sets	10 06	9 3[illegible]
21	Su	6 20	6 31	6 26	10 47	10 3[illegible]
22	Mo	6 18	6 32	7 45	11 26	11 4[illegible]
23	Tu	6 17	6 34	9 03	....	12 07
24	W	6 15	6 35	10 21	0 37	12 4[illegible]
25	Th	6 13	6 36	11 35	1 28	1 2[illegible]
26	Fr	6 11	6 37	a m	2 21	2 01
27	Sa	6 10	6 39	0 45	3 19	2 3[illegible]
28	Su	6 07	6 40	1 49	4 26	3 07
29	Mo	6 06	6 41	2 45	5 41	3 56
30	Tu	6 04	6 42	3 32	6 57	5 14
31	W	6 02	6 43	4 10	8 00	6 47

Good Intentions

are good—but "doing it" is better.

You "have been intending to get a bottle of Abbey's Salt."

Very good! But *get it*—today—now—and be rid of that Stomach, Liver or Bowel Trouble from which you suffer. 22

Abbey's Effer-vescent Salt

25c. and 60c. At all dealers.

Dominion Atlantic Railway

Steamship Lines to Boston via Yarmouth
The popular Fast Line

Between Eastern Nova Scotia and Boston via Truro, Windsor Jct. and Halifax EXPRESS TRAIN leaves Halifax, daily (except Sundays at 7.25 a.m. for Digby and Yarmouth making connection at Yarmouth for Boston.

MIDLAND DIVISION—Trains of the Mid and Division leave Windsor daily except Sunday for Truro at 7.40 a.m. and 5.35 p m. and from Truro for Windsor at 6.40 a. m. and 3.10 p m. connecting Truro with trains of the Intercolonial Railway, at Windsor with Express trains to and from Halifax or Yarmouth.

Commencing Oct. 19th.

The royal and U. S. Mail Steamship BOSTON.

The fastest and Finest Steamer plying between the Maritime Provinces and Boston will leave Yarmouth for Boston Wed. and Satr on arrival of Express Train from Halifax. Returning leaves Long Wharf Boston Tues. and Friday passengers arriving in Halifax next day at 6.50 p. m. by Express Train.

☞ Trains run on Atlantic Standard time

For further information, Reservation of staterooms, etc. write or telegraph R.U. PARKER, General Pass. Agt. Kentville Nova Scotia.

dowftr P GIFKINS General Manage

EASTERN S.S. CO.

Reliable and Popular Route Between St. John and Boston

First Class Fare $3.50

Staterooms $1.00

Steel Steamship Calvin Austin leaves St John at 8 a. m. on Thursdays for Lubec Eastport, Portland and Boston.

RETURNING

Steamer leaves Union Wharf, Boston, at 9 a.m. on Mondays, Portland same day at 5 p.m., for Eastport, Lubec and St. John.

Through Tickets on sale at principal points on the Province and baggage checked through

L. R. Thompson, T. F. & P. A
WM G LEE, Agent.
St John, N. B

hr

GUARDIAN BUSINESS LOCAL

MORNING DAILY OR RURAL DAILY PER WORD (six words to each line) one cent for one insertion, two cents for three insertions, four cents a week six cents for two weeks, eight cents for three weeks, ten cents a month fifteen cents for two months, twenty cents for three months, thirty six cents for six months, and sixty cents a year

Double Rates for Black Type - - Minimum Charge 15 cents With order

Ten (10) per cent Discount on Above Rates For Cash With Order

:New allovers in cream, white and ecru, comprising coin spot, nets, guipure's, filets, tucked nets, point de esprits etc, just received by express at Paton & Co. 2-23dtf.

:New striped suitings in London smoke, loft golden browns, clerical grey, clear navy, etc. See eastern window. Jas. Paton & Co. 2—23dtf.

Remnants of wall paper at Half Price and less. Have you sen them yet? If not lose no time as they are undoubtedly the best values for the price ever offered here. They are almost all high class papers, suitable for the best rooms in the house. Their present low price puts them easily within the reach of all. Call early and secure your wall paper wants.—M. Trainor & Co. 2-24drtf.

The time will soon be here for having hotels boarding houses etc renovated and the time is already here for securing the wall paper with which to do it. Hundred of handsome designs, the last of the patterns are being disposed of at sacrifice prices. Each pattern is tied up in a bundle with border to match—the number of rolls, the former and present price plainly marked thereon.—M. Trainor & Co 2-24drtf.

:New val and maline laces in white, cream, ecru and black. All new dainty designs, just opened at Paton & Co's. 2—23dtf.

There are bargains galore in the wall paper section. Hundreds of remnants tied up in bundles of various sizes to suit every room. Drawing room, dining room, bed room, libary, hall and Kitchen papers; also papers suitable for stores, barber shops in fact for anywhere for which paper is needed. Come in and look the patterns over you will be delighted with the designs which all go at half price. M Trainor & Co 2—24drtf

A great many bundles of wall paper have already been picked up at our great annual remnant sale. Hundreds more remain however, and as there is not a single poor or ordinary pattern in the lot you will be sa e in choosing for any. Our splendid designs and low prices need no introduction to the buying public, but when we tell you that Half Price takes any bundle in the lot you will just need to hurry in and order to secure your choice.—M. Trainor & Co. 2-24drtf.

RHEUMATISM

I want every chronic rheumatic to throw away all medicines, all liniments, all plasters, and give MUNYON'S RHEUMATISM REMEDY a trial. No matter what your doctor may say, no matter what your friends may say, no matter how prejudiced you may be against all advertised remedies, go at once to your druggist and get a bottle of the RHEUMATISM REMEDY. If it fails to give satisfaction, I will refund your money.—Munyon

Remember this remedy contains no salicylic acid, no opium cocaine, morphine or other harmful drugs. It is put up under the guarantee of the Pure Food and Drug Act.

For sale by all druggists. Price, 25c.

CHARLOTTETOWN STEAM NAVIGATION COMPANY, LIMITED.

Annual General Meeting.

Notice is hereby given that the Annua General meeting of the Shareholders of the Company will be held at their office, corner of Great George and Lower Water Streets, Charlottetown, on wednesday the 3rd day of March next, at the hour of 11 o'clock a. m for the election of Directors and other business

By order
G. W WAKEFORD,
Secty. & Manager.

February 18th. 1909.
2—19d11i

Professional Cards

Hotel Dufferin

ST. JOHN, N. B.
Foster, Bond Co
H. BOND, Manager

HOTEL BRUNSWICK

MONCTON, N. B.

The largest and Best Located Hotel in the City. Accommodating 200 guests situated in the centre of spacious ground and surrounded by elegant shaded trees making it especially desirable for tourists in the summer season.

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olicitor for the Canadian Bank of Commerce Montague.

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Residence—KENT St.
Next door to "The Two Mac's"
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Barristers and Attorneys-at law
olicitors for the Bank of Nova Scotia
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Barristers, Attorneys-at-Law
Brown Block, Charlottetown.

DR. CLIFT

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Charlottetown, P. E. Island.
HOURS:—1 to 12 Daily and by appointment.
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Fire Insurance

For rates in the P. E Island Mutual Fire Insurance Companies on Farm Buildings Churches, Halls, Schools, Houses, Cheese Factories, Water Mills, etc., etc, apply to C D BELL, 102 Sydney Street.

K.J. Martin, B.A.

BARRISTER, &c.
Notary Public,
OFICE—Morris Block Ch'Town,
MONEY TO LOAN
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Warburton & Shaw
BARRISTER, ATTORNEY, PUBLIC, ETC
Office in Cameron Block, Charlottetown. P. E. Island

Arthur J. B. Mellish B.A
(HARVARD)
Barrister and Attorney-at-Law
Corner Queen and Richmond Sts., Ch'tow

Dr. John Ledwell, M. D.
Richmond Street opposite St, Pauls Church hours until 10 o'clock a m, 1 to 3 p. m.

Stewart & Campbell
Barristers Solicitors, etc.
Offices in DesBrisay Block, corner Queen and Grafton Streets, Charlottetown, P. E. Island.
MONEY TO LOAN.
W. S. STEWART, K. C., N A. CAMPBELL
dmwfrs3m

Conditions Of Bible Study Contest

1. Persons may join the club at any time during the year, but must, of course answer the 52 questions to qualify for the prizes. It is however desirable that the questions be answered as the lessons are studied.

2. Each contestant, or his or her family, must be a subscriber to The Guardian, during the continuance of the contest, in order to qualify for membership in the International Newspaper Bible Study Club and this Local Club.

3. Each contestant in this Local Club, must answer each of the written questions, for 52 consecutive weeks, commencing for Sunday Aug. 23rd, 1908, and the answers must all be in the possession of The Guardian within two weeks of the close of this period, which allows two weeks grace after the close of the contest.

4. Each question must be answered separately, and the paper written on one side only. No answer must exceed two hundred words in length and may be less. It will be a convenience if students will write their answers on letter paper, about 8½

5. Each answer must have the name and address of the writer at the bottom of the answer, so it can be identified, given a number registered and the the name cut off so the examiners may know it by number only.

6. Students should be careful to understand the question before answering. To do this, the lesson text must be read and especially the verse, or verses, upon which the question is based.

7. The answers from this Local Club must be delivered to this office, and they will be collected at the close of the contest, and forwarded to headquarters for independent examination by competent examiners. The prizes will then be awarded according to the highest number of marks, won by members of The International Newspaper Bible Study Club, and prizes which may be awarded to members of this Local Club will be given out from this office.

To Suffer From Headaches Makes Life Miserable.

It takes a person that has had or is subject to headaches to describe the suffering which attends them.

The majority of cases are caused by constipation and dyspepsia. The dull throbbings, the intense pain, sometimes in one part, sometimes in another, and then over the whole head, varying in its severity by the cause which brings it on, purely indicates that there is something the matter with the stomach or bowels. To the fact that Burdock Blood Bitters reaches every part of the system is due its success in relieving and permanently curing headache. It has proven a specific for the malady in all its forms.

CONSTIPATION AND HEADACHES.

Mrs. Allisor E. Brown, Summerfield, N.B., writes: — "I have been troubled with Constipation and Headaches for a long time. After trying different doctors to no effect, a friend asked me to try Burdock Blood Bitters. I find I am completely cured after taking three bottles. I can safely recommend it to all."

SUMMERSIDE MARKETS.

Corrected for every Wednesday and Saturday's Issue.

Beef (carcass) per lb	6 to 7
Buckwheat	76 to 80
Butter per lb	18 to 20
Calfskins, per lb	6
Eggs per doz	23
Hay loose	$8
Straw	$4.50
Black Oats	42
White Oats	40
Wheat, per bus.	$1.00 to $1.20
Pork	7½ to 8½
Haddock, per quintal	$3.00
Lamb	4½ to 6
Cornmeal, per bag 100 lbs	$2 to $2.50
Potatoes	20
Turnips	13
Geese (per lb.)	10
Turkey (per lb)	15
Chicken (per lb.)	10
Ducks (per lb.)	10
Fowl	8

Minard's Liniment Co., Limited.

Gentlemen,—My daughter, 13 years old, was thrown from a sleigh and injured her elbow so badly it remained stiff and very painful for three years. Four bottles of MINARD'S LINIMENT completely cured her and she has not been troubled for two years.

Yours truly,
J. B. LIVESQUE.

St. Joseph, P. O., 18th Aug., 1900.

St. John to Liverpool
Sat. March 6.....Lake Erie
Fri. March 12 Empress of Ireland
FIRST CABIN
Empress ....$82.50 and up
Lake Manitoba..$65.00 and up
ONE CLASS CABIN
Lake Erie / Lake Champlain $45.00 and $47.70
SECOND CABIN
Empresses,...$48.75 and $50.00
Manitoba 42.50
THIRD CABIN
Empresses.....$28.75
Other Boats.....$27.50
TO LONDON
(B) Lake Michigan.....April 14th
(B) 3rd class only (C) 2nd and 3rd class
(C) Mount Temple.....Mar 31st
RATE Third Class $27.50
Call or Address
W. B. HOWARD, D. P. A. C. R. R
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Apply for Timetables, Tickets etc. to

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Supt, P. E. Island Railway
Charlottetown, P. E. I.

Father Morriscy's "No. 10" (Lung Tonic)

has an honorable record of cures of all kinds of Lung and Throat diseases. For years Father Morriscy prescribed it **for Coughs, Colds, Bronchitis, Asthma, Spitting of Blood, Whooping Cough and even Consumption,** and the fame of his cures spread throughout the continent.

In the Maritime Provinces, where Father Morriscy was best known, there is scarcely a place where there is not someone who has been benefitted or cured by "No. 10," and hundreds have written expressing their gratitude.

You don't need to experiment with a Cough Mixture that *may* cure you—or may not—when you *know* that "Father Morriscy's No. 10" *will cure.*

"No. 10" contains no dangerous drugs, such as Opium or Morphine, and is perfectly safe even for the most delicate.

Trial size 25c. per bottle. Regular size 50c.

At your dealer's. 26

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ANY PLACE EAST
TO
ANY PLACE WEST
AND VICE VERSA.

OCEAN TO OCEAN

FULL INFORMATION ON APPLICATION.

W. B. HOWARD, D.P. A., C. P. R., ST. JOHN, N. B.

I cured my Cough with "SPRUCINE" Why don't you? 56

P ipe dreams are pleasant in the
E vening as you sit alone
A nd ponder over
R emembrance of boyhood's happy days of
L ong ago and if you smoke

PEARL

you will enjoy those dreams all the more so buy Pearl at all grocers and druggists

Hickey & Nicholson Tobacco Co., Ltd.
Manufacturers Phone 345 Charlottetown
dmwfrwtf

NO. 8

Says the Miller:

"Shortly after that I was in our grocer's store—clean store that—and bright, obliging clerks. Grocer said **'QUEEN CITY'** flour always costs a trifle more than other grades, but his customers wouldn't buy **'other grades'** more than once,—they always came back to **'QUEEN CITY'** flour. Guess he only said that to please me, though; but you bet I was pleased. Anyway, I asked him down for Sunday dinner.

"QUEEN CITY" flour, a "Model Mill" product.

The Campbell Milling Co.
Limited
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G. E. FRYE,

New Glasgow, N. S.