

Piles

QUICKLY BANISHED

"I suffered years of agony through blind itching piles," says Mrs. W. Hughes, of Hochelaga St., Montreal. "Pain, loss of strength, complete misery, was my daily lot until I came across Zam-Buk. I know now that there is nothing on earth to equal this grand herbal healer. Since it lifted me from misery my earnest wish is to make Zam-Buk known to all sufferers."



Positively Pure

Milk of unquestioned character. Milk that's clean and sweet and pure. Milk that brings to you all of the cream that came with the milk. That's Garden City.

Distributed by
The Pure Milk Co., Limited
Phone 584
Cor. Fitzroy and Gt. Geo. Sts.

Carter's Seeds Grow

For this week plant
**Garden Peas
Onion Sets
Shallots**

and most VEGETABLE SEEDS.

In a few days we will have a fine stock of PLANTS both VEGETABLE and Flower. We have some choice EARLY SEED POTATOES

CARTER & CO. LIMITED.

INSIDIOUS EYE STRAIN

We use this adjective advisedly.

Suffers from Eyestrain may have perfect vision and therefore do not suspect the presence of any eye defect.

The motive power of the entire human organism is Nerve Energy.

Normal eyes, it is computed utilize about 20% of this Nerve Energy, but when Eyestrain is present, a much larger proportion is required. Hence defective eyes, through their consumption of an excessive amount of Nerve Energy may seriously affect the functioning of other organs of the body and produce ill health.

HAVE YOUR EYES EXAMINED

G. F. Hutcheson
Optometrist

Trust the People Premier Stewart's Policy

In Inaugurating His Policy of Improved Temperance, Premier Stewart puts His Trust in the People. He Does Not Believe that it is Necessary to Place the People in Seclusion to Give Them Self-Control. Train the Young, Trust the Old, Knowledge is Strength is the Foundation of True Democracy, and that is the Liberal-Conservative Policy on the Liquor Question.

- WHAT IMPROVED TEMPERANCE MEANS**
- 1—The Temperance Commission shall be empowered to issue permits good for a specified quantity of liquor.
 - 2—No permit shall be issued to anyone under twenty-one years of age.
 - 3—Regulations shall be rigorously enforced to prevent fraud and misrepresentation in the use of permits.
 - 4—Permits shall not be transferable, and shall be liable to be cancelled should it be proven that the grantee has been guilty of drunkenness, neglect of wife and family, or has become by habit and repute, an idler or profligate person.
 - 5—No additional vendorship to those already in existence shall be made by the Temperance Commission. Any Incorporated Town, desiring a Vendor shall proceed by way of petition to the Governor-in-Council which, if the petition be considered representative, shall order a plebiscite of the area to be taken, and shall be guided by a majority vote therein on the subject.

Sunday School Lesson

THE IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

Second Quarter: Lesson VIII: Acts 1:1-10; 1V: 8-10; May 22, 1927.

Golden text: In none other is there salvation for neither is there any other name under heaven that is given among men where in we must be saved Acts IV 12

Peter Heals the Lame Man

The Gate Beautiful of the Temple rose seventy-five feet in height covered with thick plates of Corinthian brass the composition of which is now a lost art. It was richly chased and shone resplendent. This unique portal, described as immensely massive and beautiful was an evidence that art was not dead among the Hebrews.

The juxtaposition of the beautiful and the repulsive everywhere observable in this world is well symbolized by the "gate" and the "cripple". The gate towered in all its storied splendor; the man groveled on its golden threshold, maimed and impotent. Sin makes this paradox.

Two Galilean fishermen disciples of Jesus of Nazareth are entering the Temple at the hour of evening prayer. They see and admire the gate which admits them. But in their patriotic and religious fervor they do not fail to be humanitarian. They see the cripple also.

The apostles are not content to give the unfortunate man a pitying glance or a charitable coin. It is theirs not to palliate but to cure. They set him upon his feet. In the joy of his conscious deliverance from his malady he goes bounding into the temple from which his lameness had excluded him and makes it vocal with his praise.

This notable miracle served as a bell to call an audience. They gathered hastily and as if by instinct in the ample shelter beneath the cedar roof supported by its forest of marble columns, that lovely cloister named in honor of the temple's first builder.

Peter stands forth again as on Pentecost with tact and courage to avail himself of the miracle to explain by it the gospel of the kingdom. As on Pentecost he found common ground with his hearers by quoting David and Joel, so now he refers to Abraham and Jacob, and proves Christianity to be an evolution of Judaism.

Under the Study Lamp

Money divorced from the moral qualities which would administer it wisely is a curse rather than a blessing. To be moneyless then is not the greatest of evils. When the pope urged the artist to gild the apostle's robes in the fresco he cried "Why! holy father the apostles were poor men!" In spite of their poverty by their faith, love and zeal, the apostles accomplished what they could not have done had they been given a draft in blank on the treasury of an empire. . . . Many men of wealth are doing



At last there has come into being something, wherewith the fairer sex can combat successfully, sloppily weather, and still keep silk stockings clean and dry as if the sun were shining. These practical splash guards have a decided advantage over bulky galoshes for mild weather.

FERTILIZERS FOR FLOWER GARDEN

Very often the flower garden doesn't get its fair share of the spring fertilizing, receiving merely what is left over from the vegetable garden, especially when the man of the house isn't interested in the posies. The flower garden needs even more careful and special fertilizing than the vegetable garden. A few handfuls of bone meal very often are all the flowers receive.

The bone-meal application is becoming a standard application but the flower garden needs more than this useful fertilizer which is slow acting at best and adds nothing to the texture of the soil. The best flowers cannot be grown without continuous and intelligent fertilizing. While nearly all vegetables seem to benefit from stable manure many of the denizens of the flower garden not only aren't benefited but are actually harmed by it unless very thoroughly decayed. The spring bulbs are an example, particularly the tulips and daffodils.

For the annuals, the most useful standbys of the garden, pulverized sheep manure liberally worked into the soil is as good a fertilizer as can be used. Wood ashes are needed for the asters as well as the sheep manure. It is an excellent idea to dig in the more decayed autumn leaves instead of raking them all off in the spring cleaning, turning them under where patches are being spaded for annuals.

Dahlias need their fertilizers applied after they have started into growth with bone meal in the soil under the tubers at the start in light quantity. Pulverized sheep manure seems a fine stimulant for them. Zinnias will well repay liberal application in size and richness of bloom. Liquid manure at intervals during the summer is an excellent treatment for the flower garden and for this purpose the pulverized sheep manure and poultry droppings are excellent material.

Start saving the lawn clippings with a first cutting, to be spread over the surface of the flower garden as a summer mulch. It will



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means Absolute Purity, Kindness to your hands and Longer Life for clothes.

Splendid for Mahogany and Walnut

When cleaning furniture and woodwork, harsh cleansers often scour away the finish and spoil the appearance. When you use Sunlight, the all-pure soap, all marring substances will quickly disappear before its gentle lather, leaving the wood refreshed and rebeautified . . . and with no danger to the finest finish.

LEVER BROTHERS LIMITED, TORONTO

save moisture and keep down weeds. The mulch can be renewed as the early applications mat down.

Give Annuals Room To Grow

It is probably a safe estimate to say that not one gardener in a hundred outside the ranks of professionals, gives his plants, particularly annuals, sufficient room to develop as they should. It is difficult to follow the directions furnished on the seed packets and in catalogues because, when the tiny seedlings are transplanted a foot or eighteen inches apart, whatever the proper distance may be, they look so lonesome that it is hard to visualize

the bed completely covered with foliage and flowers.

This will be accomplished much more quickly and effectively, however, if the plants are set or thinned to the spaces directed. For instance, a tall French marigold, as a seedling showing its first bloom a spindling little plant about six inches high, at the close of the season may measure three feet tall and three feet thick. This is not unusual in rich soil. The giant zinnias occupy similar space.

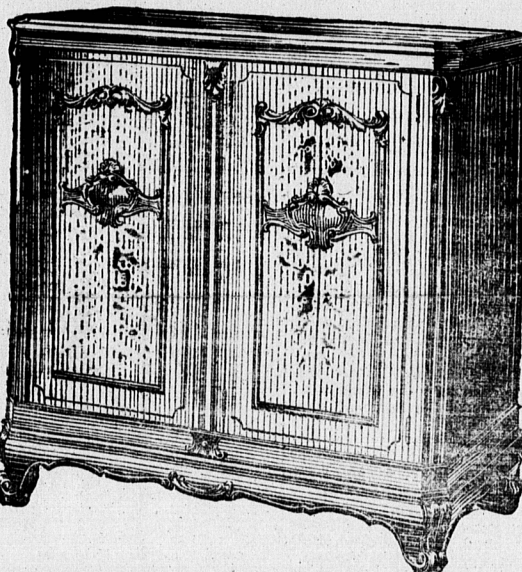
The temptation is to plant them closer, a foot apart at most. They then crowd each other by the time they are half grown, and only the tops of the plants can bloom and flourish.

In thicker plantings than this, which are often seen, the plants struggle up to a single stem and

each way will give three times the bloom that plants two inches apart can furnish, and we often see poppies and similar annuals left to struggle in thick planted masses.

The aster is another plant that must have its room to develop. Close crowding gives opportunity only for terminal bloom. Side branches cannot develop.

Sands which have become saturated with a heavy asphaltic oil or a semi-liquid bitumen are known to underlie an area in excess of 2,000 square miles in the vicinity of McMurray on the Athabaska river, in northern Alberta. These are usually known as the bituminous sands of northern Alberta, and their commercial possibilities are now being investigated.



Automatic \$775

Changes its own Records

Plays twelve records without attention.—Runs itself for a whole hour. No operating effort on your part.—Just listen.

WHEN you turn on the current, the turntable starts to revolve; a mechanical "hand" takes the first record from the group of twelve and places it on the turntable; the tone-arm moves into position; the sound-box is lowered and the music begins. At the end of the selection, the mechanical "hand" removes the record from the turntable, slides it gently into a felt-lined concealed drawer, and "picks off" the next record from the magazine arm. These operations are repeated until the last record is played, then the mechanism stops automatically.

So magnificent an instrument demands an exterior of exceptional beauty. Victor craftsmen have designed a distinguished cabinet for the Automatic Orthophonic Victrola, in which every luxurious touch that ingenuity can devise has been incorporated.

The price of the automatic instrument is \$775. Other models of the Orthophonic Victrola Instruments are obtainable at prices ranging from \$430. down to \$115.

Obtainable on convenient terms from "His Master's Voice" Dealers. Demonstrations now going on. If your dealer hasn't one he will order it for you.

the new **Automatic Orthophonic Victrola**

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HIS MASTER'S VOICE

Victor Talking Machine Company of Canada, Limited, Montreal

noble things, but it is still the comparatively poor, rich only in faith who with their aggregated and concentrated means will in the long run do most for the betterment of the world. . . . The truest charity is not that which makes a mere receptacle of the unfortunate. It is that which puts him on his feet and in the way of supporting himself. The former is easier; the latter though often tedious and discouraging is true benevolence. It does not give a charity. It gives a chance. . . . The Gate Beautiful is a type of Jesus who said "I am the way". Humanity crippled by sin lies at the threshold. In the very effort to enter it receives strength. . . . As there was place for the beautiful in the Temple so architecture, painting, sculpture and music have their function in the Church. But the pleasant aesthetic sensation must not be taken for religious emotions.

Young People's Devotional Service

May 22 1927, Psalm 119: 9-16
Motto: The truths of the Bible have power to awaken every moral feeling under every condition of character
Wayland

Bible Guide Posts

The Bible is complete as the text-book of religion. "Human life is complete as the sphere for the practice of religion." Looking upon life as a building the Bible contains the blue prints which must be followed in order to insure safety, beauty and usefulness. Looking upon life as a journey the Bible contains the index-fingers which if minded will keep one from going astray and will insure his reaching the goal. Just as literature the Bible commands respect and admiration. But as containing moral and spiritual precepts and principles it is fairly indispensable.

Daily Scripture Reading

- Monday, Guide-post to God, John 14: 8-9
- Tuesday, To service, Matthew 20: 35-28
- Wednesday, To useful life, John 15: 4-5
- Thursday, To soul-winning, John 1: 40-42
- Friday, To faith's prayer, Mark 11 12-14: 20-26
- Saturday, To humility, Matthew 23: 1-39

To Think About

What Bible warnings have kept you from doing wrong?
What guidance for life have you found in the Bible?
What system have you in reading the Bible?

A bullet intended to wound without killing a person that has been invented is made of glycerin stearin and an antiseptic compound, melting after it enters a body, leaving a clean wound.

HIKERS

Take Minard's in your first aid kit. Fine for stiff muscles, bruises and insect bites.

