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Notes By The Way

Echoes of Premier Saunders' deplorable break at Amherst when he suggested Maritime Union was a matter for discussion and consideration, still finds echo in the Halifax Herald, the chief organ of that policy, "I. C. R." who contributes a weekly page on "secret history" suggests that probably Prince Edward Island could be "bought" for union by making Charlottetown the political capital of the United Province, expatiating at some length on the nearness now-a-days of Charlottetown to the mainland, and insinuating that "the price" might not be too dear for attaining such an object.



That Body of Yours

By James W. Barton, M.D.

ESTIMATING YOUR HEALTH

One of the magazines is running a series of articles in one of which you ask yourself certain questions, and if you are honest with yourself you can tell whether you are a success in life. So many points are given for each question and if you can score up a certain number you are a success.

Another series of questions has to do with your popularity with other people, and if you can score a certain number of points you can consider yourself popular. There is a good deal of sense in these articles. Naturally I would like to see, or even write an article about that body of yours, and whether or not you considered it a good body.

Now your body was given to you by your parents and whether you are short or tall is due to heredity. However you can ask yourself whether you are the proper weight for your height, or are you too light or too heavy.

Have you good eyesight, or do you try to struggle along without the aid of glasses although you need them? Are your teeth in good condition? Have you had an X ray of them? Can you breathe freely? Is your throat healthy, or have you had tonsils?

Is your chest expansion 3 1/2 to 4 inches? Is your heart all right, or do you get out of breath easily? Are your muscles firm or are they "abby"? Is your skin clear? Is your digestion good, and does stooling act regularly? Is your blood rich in haemoglobin? Do you have aches and pains in the body, particularly in the joints? Do you sleep well? Do you enjoy your work? Do you enjoy life?

There are of course other questions that you might ask yourself, and when you add up your total and see if you are any where near normal. My thought is that while success and popularity are both important in this life, really the most important thing is that body of yours; its health, and how it is doing its work.

A meeting of the members of two clubs was held for the purpose of deciding whether the clubs should be amalgamated. After the voting had taken place the chairman announced: "This meetin' has voted in favor of the two clubs bein' amalgamated."

"I suppose you mean, Mr. Chairman that they be jammed together?" inquired the secretary of one of the clubs.

only half his services? This is a matter in which the citizens are vitally interested, and on which they are entitled to information. The Government has no right to organize a provincial force at the expense of the city.

The expectation is that the Legislature will be prorogued this week. According to Premier Saunders they have practically nothing to do and plenty time to do it. It is nice to have a Premier who is so accommodating that he does not provide enough work even for four weeks for which the members draw the handsome indemnity of \$400.

Chief of Police Birwhistle, the Premier says, is going to be Chief of the new Provincial Police and still have command of the City Police. Does this mean that the Province will relieve the city of part of salary of the Chief, or will he have to discontinue his services with the Government, the city getting no relief but

Story Of A Speech

Among the world's great orations which have been preserved in print, that of Abraham Lincoln at Gettysburg is universally conceded a high place. Americans are not alone in proclaiming its perfection. The late Earl Curzon characterized it as the masterpiece of modern English eloquence. Lord Charnwood, who wrote one of the best studies of Lincoln, ranked it as a classic which will endure as long as the English language is spoken and other authorities have been equally exalting in their estimates.

Just what were the qualities that gave to the Gettysburg utterance its pre-eminence is a question which has often been discussed, not always convincingly, or with the same conclusion. It has been reserved to an American admirer, who has contributed voluminously to the literature that has gathered around the name of Lincoln, to make a minute and exhaustive examination of all the circumstances attending the preparation, delivery and reception of the famous address, and these are set forth, with appropriate comment, in a book which, whatever other merits it may possess, can certainly claim that of novelty.

For long the impression prevailed that the Gettysburg address was an impromptu effort, the inspiration of a solemn moment and a moving occasion. Another idea, which crystallized into a popular legend, was that the speech, or the greater part of it, was written by Lincoln on the train while on his way to the scene of the dedication of the cemetery. The facts, as now disclosed, show the President prepared his address with great care and deliberation, writing and revising it with his own hand at least six times, the first in Washington before he left for Gettysburg, the last for publication sometime after it had been delivered. It is one more proof that though eloquence may be a heaven-born gift, it owes not a little to painstaking art.

There are some speeches that read better than they sounded, thanks, perhaps, to judicious revision; there are others which seem to lose much of their effect when translated into print. The Gettysburg oration belongs to the former class. The records indicate that the impression it made upon the audience gathered to hear the President was anything but favorable. The people, it is said, were greatly disappointed, and Lincoln himself described his effort as "a flat failure." One of the unique features of the address, indeed, is the contrast between its immediate reception and the fame to which it subsequently attained.

Close analysis of the speech show that in some of its passages it was neither original in substance nor flawless in form. But no meticulous criticism can detract from the superlative merit of a piece of prose, that stands as an imperishable monument to the power of the spoken word.

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BALDWIN THE BOOKMAN

"Literature," said the late Lord Rosebery in an address delivered a good many years ago, "is constantly becoming less and less necessary for the politician." He recalled the love of letters or, as he somewhat narrowly defined it, the "bookishness" of such statesmen as Burke and Fox, Macaulay, Disraeli and Gladstone, and rather sadly commented upon the lack of that quality in their modern successors, who, he seemed to think, were too deeply immersed in the affairs of state to be interested in books. Yet at the time the statement was made, not only Lord Rosebery himself, but lovers of literature like Balfour, Morley, Trevelyan and Birrell might have been cited as proofs to the contrary.

Today, perhaps, the combination of bookishness and statesmanship is more rare, or, at all events, less manifest. In the present British Parliament the traditional association of letters and politics is well maintained, but to be "literary" is not quite the same thing as to be "bookish" in the sense in which Rosebery used the term, for a man may have written a dozen books of distinction and yet know nothing of the exhilarating companionship enjoyed by the lover of literature who finds that his greatest pleasure in life is to browse in a library.

It was said of Gladstone that he was a great man of affairs because he had quite exceptional resources of historical and literary experience and illustration at his command. By the same token, the Right Hon. Stanley Baldwin should stand higher in the estimation of his political critics than recent events would seem to indicate, for he, more than any other living statesman, has shown that the leadership of a party is not incompatible with a profound love of literature and the predilections of a confirmed bookman. It might not be true to say that Mr. Baldwin's heart is more in his library than in his politics, but it would seem that he is never so happy in his public utterances as when he is discoursing upon his favorite authors, or expatiating upon the charm that lies in books.

Nor is his bookishness of the kind that is arbitrary in its preferences, or limited in its range. Whether interpreting the ancient classics, proclaiming the merits of an unknown

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Too Much Variety

More than 400 varieties of apples, it is said, have been originated at the Dominion Experimental Farm at Ottawa in the past thirty-five years, and several of these have the characteristics of some of the old standard varieties. The old standard varieties were, of course, the product of long years of crossbreeding—accidental cross-breeding, it may be—and selection, just as the new varieties are the product of deliberate cross-breeding and selection.

Some of the new varieties are said to be quite promising, but there has been no rush on the part of orchardists to plant them in British Columbia (says the Vancouver Province) Growers have learned a lesson on the disadvantage of having a multitude of varieties, and do not need to learn again. When the first commercial orchards were being planted in the Okanagan, twenty-five years ago or more, some of the orchardists thought that in variety they would find safety. So they planted a few trees of this apple, a few trees of that, and so on all through the nurseryman's list. Then, when the trees came into bearing, they found that while they had great quantities of apples, they hadn't enough of any variety to make up a decent-sized shipment, and that for many of the varieties they were growing there was no demand at all.

And it isn't with apples only that it pays to specialize. It is well known that the quality of Canadian wheat has suffered somewhat in the past few years from the tendency of the farmer to experiment with new varieties and mix the results in with the crop he sends to the elevators. The old standard grain of the prairies was the Red Fife. Dr. Saunders produced the Marquis, which matured much earlier than its predecessor and pushed the wheat-growing area several hundred miles to the northward. Newer varieties, like Garnet and Reward, mature in less time than Marquis, though they may not have the same high milling and baking qualities. But besides these varieties which may be called standard, there are scores of other varieties, some fairly good and some of little value, on the prairies. If the majority of these could be eliminated it is claimed, the average acre yield would not only probably be better, but the quality of Canadian wheat, as a whole, might be improved.

Canada, the Leader

When the Royal William slid down the ways at Quebec she symbolized Canadian enterprise and workmanship of a century ago, says the Vancouver Province. She was the first vessel to cross the Atlantic propelled wholly by steam power. Her keel was laid at Quebec in 1830. Constructed wholly in Canada, manned by a Canadian crew, the Royal William sped into the mists of the Atlantic, leaving in her wake the clipper ships of Boston and the finest war and mercantile vessels of Great Britain.

By 1839, France had lost her navy, Spain was crippled at sea and the Vikings of the north possessed but a remnant of their one-time sea power.

When the Royal William docked at Gravesend after twenty-five days out of Plouot, the bluff old English shippers realized that the days of canvas were over. They followed the lead of Canada, and soon much of British shipping had been converted to steam.

Thus Canadian enterprise helped to lead the British people along the path of Empire. For steam maintained the British supremacy of the seas and turned unworked coal mines and undeveloped iron into silver and gold and gave employment to all.

The wooden walls of old England

gave way to walls of iron. Then came steel ships. After steam came oil and oil-electric ships. And in her shipping, Britain "kept her lights so shining a little ahead of the next," to quote Mr. Kipling.

Canadians should fittingly celebrate the anniversary of the laying of the keel of the first steamer to cross the Atlantic. In 1834 there was a ceremony at Ottawa when the Colonial Conference met there. Lord Aberdeen at that time unveiled a tablet memorializing those men "by whose courage and skill the first vessel to cross the Atlantic by steam power was wholly constructed in Canada and navigated to England in 1833."

On the one hundredth anniversary of the construction of the vessel a nation-wide celebration might well be held. It could not help but stir to life greater interest in ships throughout the land.

Grey Bearded Chestnut

The Los Angeles Times recalls an ancient incident of questionable authenticity: "The Uganda policeman who failed to recognize the Prince of Wales didn't know that he was repeating history in the English royal family. When King Edward was the Prince of Wales, he, too, had the wanderlust. While on a solo hike in Canada he came upon a farmer, whose wagon had broken down. The Prince helped the man and the farmer asked to whom he owed thanks. "I'm the Prince of Wales," said the future king. "Put 'er there," said the other, holding out his hand, "I'm the Czar of Russia."

King Alfred and the old woman with the cakes of course is another of the same genre, so that the Uganda story was a grey bearded chestnut when Socrates was a child.

Should Be Consistent

When the proposed restrictions on the export of liquor from Canada to dry territory become effective, it is intimated that the little islands of St. Pierre and Miquelon may become a base for exporting European and other liquors to the United States. Commenting on this probability, a Quebec paper says:

"Now if the American Government, which has been pressing Canada to stop liquor shipments, is going to be really consistent, it will request France to stop the export of spirits from these French Islands. But we do not think that the American Government will do any such thing. One can easily imagine the reply France would make to such a request from the U. S. A."

Editorial Notes

It has been found by actual investigation in Toronto that 56 per cent. of all men's clothing, suits, shirts, neckties, etc., is bought by women; some men, indeed, buy nothing but their hats, and then they take the first that is offered. That, suggests an exchange, is the reason why the majority of men look as they do.

Following the lines of the Federal Election Act, a bill introduced in the Ontario Legislature by Premier Ferguson provides that provincial candidates must post \$200. The money is refunded if the candidate polls half as many votes as the candidate elected. It is designed to check nominees who merely run for exercise.

Premier King, who regards it as "a vicious principle" for the Dominion to aid the Provinces in technical education, agricultural development, or highway construction, is now proposing that the Provinces aid the Dominion by assuming a share of the cost of immigration and colonization. And the Liberal representatives from this Province will follow meekly in his lead.

THE LAND WE LOVE

By FRANK LEIGH

QUEBEC WATER POWER DEVELOPMENT

Q. What has been the degree of water power development in Quebec? A. Water power development in Quebec has made remarkable progress and that accounts for the great progress of that province in the last quarter of a century, starting with only 200,000 h. p. developed in 1906 and rising to 2,600,000 h. p. in 1929 and yet even this is only a small percentage of the available power along the great river courses of the north. Plans under way will greatly increase the already large total developed which will make possible other gigantic enterprises of an industrial character besides transmitting power to cities and towns throughout the province.

The popular cry "too old at forty" did not last long, and could not before the undoubted facts of science. The tendency is for men and women to become more efficient and civically healthy from 50 years upwards, and the span of life is no longer looked upon as seventy. The other day, in London a lady of 110 years addressed a public meeting, and spoke for twenty minutes, her voice, the press stating, being maintained at a strong, well-modulated pitch throughout. Dr. Gueniot, Paris, whose fiftieth anniversary as a member of the Academy of Medicine has just been celebrated, and who is in his ninety-eighth year, declares that there is no reason why every man should not live for a hundred years. That, he adds, should be the average age of man. He believes in the ancient motto: "Man does not die; he kills himself."

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