

In Remembrance
PROWSE BROS. LTD.
 Will be closed all day Monday

MARCH OF EVENTS
CFCY
 DIAL TO 630 KILOCYCLES

SATURDAY NOV. 9th
 8:30 p. m. Moore and McLeod
 Outputs program Town
 6:30 p. m. Sleepy Town
SUNDAY NOV. 10th
 11:00 The Sacred Hour
 4:00 to 12:00 p. m. Canadian
 Radio Commission. 12th
 Philharmonic. NOV. 11th
 4:00 MONDAY. Armistice Day
 10:30 a. m. P. M. Picard
 Program. 11:00 p. m. Canadian
 6:00 p. m. Canadian
 7:30 to 12:00 p. m. Canadian
 Radio Commission. 12th
TUESDAY NOV. 12th
 6:15 p. m. P. M. Picard
 Program. 7:00 p. m. Canadian
 7:30 to 12:00 p. m. Canadian
 Radio Commission. 12th
WEDNESDAY NOV. 13th
 6:15 p. m. P. M. Picard
 Program. 7:00 p. m. Canadian
 7:30 to 12:00 p. m. Canadian
 Radio Commission. 12th
THURSDAY NOV. 14th
 6:15 p. m. P. M. Picard
 Program. 7:00 p. m. Canadian
 7:30 to 12:00 p. m. Canadian
 Radio Commission. 12th
FRIDAY NOV. 15th
 6:15 p. m. P. M. Picard
 Program. 7:00 p. m. Canadian
 7:30 to 12:00 p. m. Canadian
 Radio Commission. 12th

Westinghouse
Genuine **RADIOTRONS**

Birthday Greetings
 (By The Canadian Press)
REMEMBER WHEN —
 Sammy Mandell, once the light-weight champion of the world, decided to retire from the ring. That was four years ago today. For 10 years considered the greatest boxer of his day, the "Sheik of Rockford" decided to hang up his gloves after a pitiful showing against Ralph Lenny, Union City, N. J., fighter at the Chicago Stadium. The bout was stopped in the eighth round and declared "no contest."

BUY NOW for CHRISTMAS!

GREATER VALUES!
 THAT WILL MAKE YOU SHOP Tomorrow

Wellner's take great pride in giving you personal service. Furthermore the reputation of this old established firm is your assurance of the utmost in value. Don't delay in getting gifts because you haven't the ready cash. Buy now and save enough to buy more later on.

6-DIAMOND PAIR \$29.95
 Hand-fashioned in 18kt. white gold. Each ring is set with 3 brilliant diamonds. \$1.00 A WEEK

15-DIAMOND BAND \$20.00
 Wrought in 18kt white gold and set with 5 diamonds. \$1.00 A WEEK

HOME OF WRIST WATCHES \$12.50
 Much better than this low price indicates. A real buy! Fully Guaranteed. \$1.00 A WEEK

DIAMOND VALUE \$25.00
 Value indeed! This solitaire is set in a floral designed white gold mounting. \$1.00 A WEEK

PAY NEXT YEAR
 Service for 6, in a beautiful gift box. Stainless steel knives. \$1.50 A WEEK

W. W. WELLNER Ltd.
 CHARLOTTETOWN
 Jewelers Since 1868

P.E.I. Protestant Orphanage Collections

C. N. R. Offices To Date

J. E. R. McEwen	2.00
E. W. McKinnon	2.00
C. W. Poole	2.00
E. R. Boyver	1.00
E. M. McCannell	1.00
B. P. Moore	1.00
Anonymous	1.00
C. H. Rodgson	.50
T. M. Brehaut	.50
J. R. Nelson	.50
James McKenna	.50
James Herrell	.50
A. Friend	.25

Upper Gt. George St. To Date

Pure Milk Co. Ltd.	10.00
J. W. Boulter	5.00
Stanley Shaw & Feardon	3.00
Percy Gullison	3.00
Allison McLeod	2.00
Proude & Moreside	2.00
O. C. Craswell	2.00
Miller Bros.	2.00
Palmer Electric	1.00
T. Gordon Ives	1.00
W. R. Dennis	1.00
Mayne Bros.	1.00
Fred Pickard	1.00
Ed. Acorn	1.00
The Two Macs	1.00
Kelly & McInnis	1.00
G. E. Sutherland	1.00
Neill McNevin	1.00
W. D. Tanton	1.00
Nobana Tea Rooms	1.00
J. Gesner	1.00
Red Indian Station	1.00
Vere Beak & Son	1.00
Gertrude Vaughan	1.00
Mrs. Bessie Waller	1.00
Imperial Service Station	1.00
Elmer Mallett	.25

Euston St. West To Date

George E. Hughes	5.00
Louis Carson	2.00
Rev. G. C. Webster	2.00
Mrs. J. A. Lawson	1.00
Mrs. Walter Fowler	1.00
Mrs. A. R. Wise	1.00
Mrs. Elsie Andrews	1.00
Mrs. J. D. Jenkins	1.00
Mrs. Harry McKee	1.00
Mrs. R. E. Mutch	1.00
Mrs. James Calder	1.00
Judge Hazard	1.00
Mrs. Hazzard	1.00
Mrs. Frank Dillon	1.00
Mrs. C. H. Coles	1.00
Mrs. W. A. Miller	1.00
Mrs. A. W. Sterns	1.00
Mrs. Bert Davison	1.00
F. R. Foster	1.00
Mrs. Long	1.00
Mrs. Dockenriff	1.00
James Brodie	1.00
Mrs. Alex. Scott	1.00
Mrs. Russell Pickard	1.00
Mrs. Thomas Pickard	1.00
A. Friend	.50
Mrs. D. H. McKenzie	.50
Thos. Bayer	.50
A. Friend	.50
Mrs. James Bell	.50
Mrs. John McLeod	.50
Mrs. Reg Cox	.45
Mrs. E. Francis	.25
Two Friends	.40

Highland Avenue Continued

Mrs. Kenneth McLean	1.00
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Speech
 Mrs. Kremser, York, 3 prs. mittens.
 L-2862-11-9-11

Rustico Convent
 C. C. S. M. C. ACTIVITIES

The members sang at Holy Hour on the feast of Christ the King. At Mass, they contributed to the collection taken up for the missions. At their October meeting, to which the Healthy Juniors of the Intermediate Grades were invited, the Senior members gave an interesting program. All the members are making a spiritual bouquet to send at Christmas to Reverend C. Pineau, S.J., who went to China last September and an offering to Reverend Sister Mary Agnes, N.D.M., who has been doing missionary work in Tudonville for eight years. The missionaries are natives of Rustico. Sister Mary Agnes is a graduate of the Convent. These Crusaders are proud that the national president of the C. C. S. M. C., His Excellency the Most Reverend J. C. McChilgan, D.D., Archbishop of Toronto, is one of the most brilliant beacons in Canada, received the first rays of the light of faith in Rustico Church.

School & Orlebar Sts. To Date

Mrs. E. Saunders	2.00
Mrs. A. L. Howatt	1.00
Mr. and Mrs. Louis Howatt	1.00
Mrs. MacIntyre	1.00
Mrs. Baker	1.00
Mrs. Sentner	1.00
Mrs. Tuplin	1.00
Mrs. D. D. Davis	1.00
Mrs. Bowness	1.00
Mrs. Wonnacott	.50
A. Friend	.50
Mrs. Lettich	.50

Pitavoy St. Continued
 C. Meikle 1.00

Elm Avenue Continued
 Harry James 1.00

Special
 Harry A. McDougall 4.85

North Milton, Per Miss Winnie Coles

Mrs. Amos Rodd	1.00
Mrs. Ira Rodd	1.00
Leslie Coles	1.00
Mrs. Robert Hooper	1.00
Miss Etta Coles	1.00
Misses Coles	1.00
Mrs. Brenton Coles	.75

RUPTURED?

End your rupture troubles with our advanced method. No elastic, no leg straps, no steel. Light. Guaranteed. Inexpensive. Write for information.

SMITH MANUFACTURING COMPANY
 Dept. 5 Preston, Ont.
 Established 1892

Why at 40 You Think You're "GROWING OLD"



It's Frequently Just an "Idea." Not "Old Age." And According to Scientists, May be Something No More Alarming Than A Touch Of Acid Stomach

At about 40, many people think they're "growing old." They're tired a lot. Have headaches. Stomach upsets. Dizziness. Nausea.

Well, scientists say the cause, in a great many cases, is merely an acid condition of the stomach. The thing to do is simply to neutralize the excess stomach acidity.

When you have one of these acid stomach upsets, all you do is take Phillips' Milk of Magnesia after meals and before going to bed.

Try this. You'll feel like another person! Take either the familiar liquid "PHILLIPS" or the convenient new Phillips' Milk of Magnesia Tablets. Made in Canada.

PHILLIPS' Milk of Magnesia

Mrs. Philip Chandler	.50
Mrs. Elmer Coles	.50
Mrs. A. E. Coles	.50
Herbert Coles	.50
Mrs. Reagh Moreside	.50
Mrs. Ernest Coles	.50
Mrs. Henry Coles	.35
Miss Mae Chandler	.30
Mrs. Charles Smith	.30
Mrs. Hammond Carter	.25
A. Friend	.10

HEALTH
 A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

Rustico Convent
 C. C. S. M. C. ACTIVITIES

BRINGING UP FATHER

YOU LISTEN TO ME - I'M GOING TO CALL UP THE DIRECTOR OF THE STUDIO AND TELL HIM THAT I'M THROUGH WITH MOVING PICTURES - I WILL NOT ACT ANYMORE.

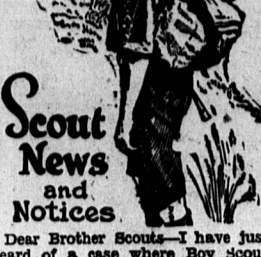
HELLO - IS THIS MR. PHIL LUMM, THE DIRECTOR? I WANTED TO TELL YOU I'M NOT GOING TO ACT IN YOUR PICTURE AND I'M NOT GOING TO BE A MOVIE STAR.

YOU'RE TELLING ME - I SAW YOU IN YOUR LAST PICTURE AND I AM GLAD TO KNOW IT IS YOUR LAST.

WHAT DID HE SAY?

NEVER MIND - TELL THE MAMMOTTE MY HAT AND MY CLOAK - I'M GOING DOWN TO THE STUDIO - I'LL HAVE A LOT TO SAY.

Scout News and Notices



Dear Brother Scouts—I have just heard of a case where Boy Scout Training and resourcefulness were instrumental in saving life. About a year ago Mr. Harry Foster met with a serious accident, severing an artery in his leg. The cut was inflicted by a large spear-pointed piece of glass. A piece of about 1 1/4 inches long was later removed from the leg. Eye witnesses state that the flow of blood was such that the patient must have collapsed in a very few minutes. A son, Mr. Bertram Foster, who had been a Scout in 2nd Charlottetown (St. Peter's) Troop, ran to the bathroom, secured a bathroom plunger and towel, and placed a tourniquet on the leg. The doctor on arrival stated that it was an excellent piece of work, and had no doubt saved the patient's life. The Scout not only knew his first aid, but his training in resourcefulness prevented a serious, perhaps fatal, loss of time. He made the best of the material at hand.

Scouts and Cubs are meeting at the corner of Church and Grafton Streets, on Monday the 11th inst. at 10:30 a. m. for the purpose of this year. Further particulars will be given later.

Don't forget the annual Boy Scout Apple Day on Saturday, the 16th inst. We expect to break all records this year. Further particulars will be given later.

Remember your daily good turn. A good place to practice is at home. You can find many opportunities of helping father and mother. Look for them.

—Grey Wolf

HEALTH
 A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

Rustico Convent
 C. C. S. M. C. ACTIVITIES

ADULT DIET

It is widely known that the diet of growing children should contain certain food elements if the child is to have a strong, well-formed body. It is not so generally accepted that the diet of those who have attained adult years is also important.

We are not neglecting the health of our people. The diet is not only of importance to the child, but out of the proper feeding of the child grows a habit which, carried into adult life, means a sensible selection of food at all ages, and a real contribution to adult health.

The ill effects of a deficient diet are not so readily seen in the adult as in the growing child. Nevertheless, it is equally true that a balanced diet is essential to physical vigour at all ages, and that it does make a difference what kinds of food adults eat.

About one pint of milk a day should be used, either as a beverage or in any other form. A simple way to increase the use of milk is to drink a glass of milk at lunch or at another meal. Milk is the most nearly perfect food we have, as it contains many of the food essentials and is valuable at all ages.

Meat, fish and eggs supply most of the proteins which adults require to repair the worn-out tissues of the body. The older we grow, the less protein we require. It is wise to reduce gradually the intake of proteins, which are expensive foods and which, when taken in excess of the body needs, must be excreted.

If physical activity declines with age, as it usually does, it is obvious that less of the foods which are the source of energy are required. Some whole-grain cereal or bread, limited amounts of butter, cream and other fatty foods, with some of the natural sugars in the form of honey, molasses or maple syrup, will meet the energy needs and provide the regular, daily use of proteins.

In addition to protein, the diet should include, each day, one green leafy vegetable, such as cabbage or lettuce. Together with this should go, each day, some fresh or dried fruits or tomato, fresh or tinned.

A variety of foods, which includes the regular, daily use of proteins and fruits, together with a pint of milk will meet the needs of the normal adult. The amount of food required depends upon physical activity. After forty, the food intake should be limited so as to keep the weight down to the average. Eating too much or too little, or failing to choose the right foods leads to poor health if nothing worse.

Questions concerning health, addressed to the Canadian Medical Association, 184 College St., Toronto, will be answered personally or by letter.

WINNER OF FRENCH PRIZE — Miss Adeline Bounin, winner of the French prize at the oratorical contest in Charlottetown, has been awarded a scholarship to the school companions enjoyed the message spoken in French during the Red Cross International broadcast. They understood every word because the French pronunciation was the one taught by the phonetic system of the school course. These students realized the advantage of knowing two languages.

HONOR ROLL OF ST. AUGUSTINE SCHOOL FOR OCTOBER:
 Grade X-1, Alice Pineau; 2, Rita Pineau.
 Grade IX-1, Theoline Bounin; 2, Eileen Doucet; 3, Stella Gallant.
 Grade VIII-1, Evelyn Doucet; 2, Rose Anna Dolron; 3, Georgina Dolron.
 Grade VII-1, Alfreda Doucet; 2, Yvonne Buote.
 Grade VI-1, Louise Dolron; 2, Leona Doucet; 3, Norma Doucet.
 Grade V-1, Edna Bounin; 2, Regina Doucet.
 Grade III-1, Cecile Dulong; 2, Rita Doucet; 3, Frances Doucet.
 Grade II (a), Gertrude Pineau; 2, Emilie A. Doucet; 3, Berenice Dolron.
 Grade II (b)-1, Georgina Dolron; 2, Theresa Doucet; 3, Melvin Dolron and Armand Dulong (equal).
 Grade I-1, Rita Blanchard; 2, Lorraine Gallant; 3, Alphonse Pineau.

Red Cross Activities — Through the courtesy of Messrs. Edward Gallant and Alban Peters, who installed a radio in Rustico Convent, the Junior Red Cross members of this school were enabled to hear the very interesting International Jun-

TRICO MAID
 Guaranteed run proof Bloomers, Panties and Vests will fit perfectly and launder well. All sizes, Tea Rose only. **89c**

LAMEES
 The new KAYSER Overpantie. Slip on when you go out in the cold... slip off when you come in. King's Blue, Fire Engine Red, Natural. **\$1**

Under Cover Stuff!

Snug Pantie
 In the style of the illustration but smarter as they have Dresden pattern of pink and white. Close fitting, smoothly snug. Ideal for evening dress or under shorts. **\$1.**

NEMO FLEX Corsette
 Correct foundation for Fall and Winter EVENING Dresses. All sizes from 35 to 44. Ask for them by name "56 Average." **\$5.**

Special Silkknit PAJAMAS
 This a special, in two piece pajamas, Coral, Sky, Nile. **\$1.59**

NEMO Brassieres
 New Fall silhouette by Nemo is this "Geometry" Brassiere... slightly uplift style... Tea Rose **75c**

HARVEY-WOODS
 Knickers French Panties and Vests
 of Courtauld's quality controlled silks, full range of sizes and colours.

Moore & McLeod Limited

National Temperance Study Course For Sunday Schools 1935

YOUNG PEOPLE OF CANADA COMPLETE EIGHTH COURSE IN TEMPERANCE EDUCATION

On Nov. 3rd the last of the five lessons in this eighth course appears. We hope a larger number of schools will have taken up the course this year. This is a most important work for our only hope of a better tomorrow lies in teaching the youth of today the disastrous results of intemperance.

When lessons are completed, answer papers are to be given Superintendents or teachers not later than November 24th. So even if scholars get a late start they have three weeks after the course class to hand in their papers.

A local committee is then appointed to do the first marking as shown in "Suggested Answers," which each Superintendent is supposed to receive by Nov. 11th.

Following this, forward to Mrs. Frank Deacon, Freetown, not later than Dec. 4th.

The best three papers from scholars 9 years and under.

The best three papers from scholars 10 and 11 year.

The best three papers from scholars 12, 13, and 14 years.

The best three papers from scholars 15, 16 and 17 years.

According to your local marking, those making 50 to 64 per cent are entitled to Pass Certificates; those making 65 per cent or over to

GEORGETOWN BUS SERVICE

Via Cardigan and Newport Ferry Road
 Leaves Georgetown 8:30 a. m.
 Arrives Charlottetown 9:00 a. m.
 Leaves Charlottetown 4:00 p. m.
 Daily service. Parcels carried.
 Bus will stop on signals.
 Nobana Tea Rooms and P. J. Solomon's, Georgetown.

—BY GEORGE MCMANUS