

Woman's Realm Social and Personal Fashions Literature

Your Individual HOROSCOPE

By Frances Drake

For Thursday, June 26th (Aries) — Personal ambitions will have to be set aside today in the pursuit of common interests and getting on with all important business. But you'll find it profitable if you cooperate willingly where it is expected of you. Fine for government and military interests.

APRIL 21 to MAY 20 (Taurus) — You should feel ambitious, agreeable and most industrious this excellent day. Stimulating and friendly vibrations abound. Journalists, promoters, writers, artists generally are particularly favored. New projects, ideas, inventions sponsored.

MAY 21 to JUNE 21 (Gemini) — Your only difficulty today would seem to be in how you handle your affairs and in the company you keep. It's a friendly period for worthy thought and action, constructive efforts, unselfish personal interests.

JUNE 22 to JULY 23 (Cancer) — Splendid vibrations for attainment in industrial, professional, manufacturing and financial matters. You should feel optimistic, cooperative, ambitious. Try the unusual.

JULY 24 to AUGUST 23 (Leo) — Important issues ask your personal attention and patience. Gains indicated, a friendly period for courageous action. While daring and those matters requiring it, don't mistake this for pointless recklessness.

AUGUST 24 to SEPTEMBER 23 (Virgo) — The early bird will catch the advantages so plentifully abundant today. Journalists, writers of advertising, artists, cartoonists, you engaged in all work and other activities important to the welfare of the people are the many favored.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Excellent aspects which

particularly favor building, manufacturing small and large commodities for government and consumer, transportation, shipping and all industries concerned with the various branches of communications.

OCTOBER 24 to NOVEMBER 23 (Scorpio) — Today's planetary influences are especially suited to Scorpio's ingenuity and executive ability and the knack for rebuilding, remodeling and completing last-minute preparations.

NOVEMBER 24 to DECEMBER 23 (Sagittarius) — Doesn't look too easy for you folks but true-to-type Sagittarians don't want things easy. They like to work and fight for their objective. You're in for gains and happiness if you show your mettle.

DECEMBER 24 to JANUARY 23 (Capricorn) — Hold everything in control, nervous anxiety and the like, but sail through your plans and activities nevertheless. Advancement indicated in all worth while lines. Be tactful.

JANUARY 24 to FEBRUARY 23 (Aquarius) — Another top-notch period. Accelerate your tempo to keep pace with the demands of your schedule. Aid others by showing a good example and lending only valuable advice. Exploit sound ideas.

FEBRUARY 24 to MARCH 23 (Pisces) — Very encouraging for both new and old matters, making headway in trade or profession. Clerk, laborer, salesman, artist, manager or executive are favored alike. Romance tops, too.

A CHILD BORN ON THIS DAY is the possessor of many fine qualities and destined to be popular and respected. Love of family and home and kindness to children and unfortunate are two lovable traits. A remarkable memory, talent for public speaking, law, economics, play writing among his heritages.

Silver Seal

PURE SPICES

100% of the SILVER SEAL Pure Food Products

A Morning Smile

BE PREPARED

Jake was a worthless and imprudent fellow. One day he said to the local grocer: "I got to have a sack of flour; I'm all out, an' my family is starvin'."

"All right, Jake," said the grocer. "If you need a sack of flour and have no money to buy it with, we'll give you a sack. But, see here, Jake, there's a circus coming to town in a few days, and if I give you a sack of flour, are you sure you won't sell it and take your family to the circus?"

"Oh, no," said Jake. "I got the circus money saved up already."

A small coupe skittered over a curbstone and rammed into the front of a building. Disentangling herself from the wreckage, an ex-cited woman stepped from the car. "I was in a hurry to get to the department store," she explained. "Lady," said the store manager, "you're in it. What can we do for you?"

The customer smiled at the little girl who was left in charge of the bakery shop.

"Don't you feel tempted to eat one of those cream tarts, my dear?" she asked.

The little girl appeared quite shocked. "Of course not. That wouldn't be right. I only lick them."

THE MISTAKE

"Are you John A. Van Dorky?" asked the young man beside the coat-rack.

"No," was the surprised reply.

"Well, I am," came the frosty rejoinder, "and that is his overcoat you are putting on." — Epworth Herald.

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KELLOGG'S ASTHMA RELIEF

You Have the Equipment for Singing Beautifully

HAY-AY

Exercises Transform Your Voice

Yes, you can have the thrill of singing well! And it is a thrill to feel your voice pouring out melody — to know you are delighting your listeners.

Just give your vocal equipment a chance to work. You can teach yourself how to do it. If your voice is squeaky or weak now, it's probably because you've only half-used your lungs, sung with tight throat muscles.

You can quickly learn to use them properly. Half-shout the word "Hay!" See how your abdomen contracts, forces air from your lungs to your throat? That's how, in singing, you "feed" breath to your voice.

Now take air into your lungs and in the middle of your voice sing "Hay." Hold the pitch, then carry the tone as high as you can without straining — and release that tone. Practice this exercise a while and tense throat muscles relax.

Other simple exercises give your voice resonance, smoothness. Soon you are really singing!

Our new 32-page booklet teaches you in step-by-step lessons to use your voice naturally, melodiously. Gives many exercises for lungs.

Send 20c in coins for your copy of Teach 'U. If T-Sing to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Dorothy Dix Says—

PEOPLE DON'T LIKE TO HEAR ALL ABOUT YOUR TROUBLES

When Misfortune Strikes, It Is Best To Give Up The Past And Settle Yourself Under New Conditions

Dear Dorothy Dix—We are a husband and wife in our 60s. During the last year we have lost our money through a bad investment, and we notice that with the going of our money many people we thought were our friends and who have enjoyed our hospitality many times also went. We are still what we were, educated, refined and as well what we were, we cannot understand why we have suddenly become the forgotten man and woman. I feel that the world is growing so merciless and selfish that every one now is only out for their own gain. What do you think about it?



ANSWER—I do not think that human nature changes. People are now just as they have been since the beginning. There have always been fair-weather friends who loved you dearly as long as you were prosperous and gave fine parties, but who forsook you when Lady Luck turned her back on you and you ceased to entertain. And there have always been the chop-for-a-chop friends, who always expected to get as much as they gave and who dropped you when they had a glass of water in return for their champagne. And there have always been the horde of sycophants and parasites who were no more pickings.

But, on the other hand, there have always been friends who were true and loyal and who clung to you the more you needed them. If only you could be philosophic enough about it, it would pay to have reverses if only to weed out the wheat from the chaff among their acquaintances.

Don't Discuss Misfortune

It is the common cry of the unfortunate that when they lose their money they lose their friends, too. But this charge is not wholly just. My money are those who are so obsessed by their misfortune that they can't talk of anything else and become depressing bore.

"Bought" Husbands Bad Investment

Dear Miss Dix—My sister, who is 24 years old, is going with a man who asks her to marry him, but he tells her frankly that he cannot get married unless she helps him out financially. She has some money that he needs to put into his business. He demands the money before they get married and in return he will give her a diamond ring. My sister will not give him any money before they marry. He says he loves her, but do you think this is real love? And if a marriage does take place, will it be a happy one?

ANSWER—Looks to me as if the gentleman was only in love with your sister's money, and as soon as he gets that there will be no more billing and cooing. Evidently Sister is a very good trader. If all he is going to give her for her money is a diamond ring, it would be cheaper for her to buy one for herself and keep the balance of her cash.

Anyway, buying a husband is virtually always a losing investment for a woman. The right sort of men are not for sale, and the kind that are on the market are always a liability instead of an asset.

When a woman who has money, or who is a good money-earner, contemplates marrying a man who is more interested in the lady on the dollar than he is in her, she should always have her money settled on herself good and tight before she walks to the altar with him. Because that is the only grasp she has on him. As long as she holds the purse he will love her for what she has instead of what she is, and he will be polite to her because that is the lead up to a touch.

Living & Leisure

—The Woman's Realm

A FAVOR

If you want to get a favor done, By some obliging friend; And want a promise safe and sure On which you may depend, Don't go to him who always has Much leisure time to spare. But if you want a favor done Just ask the busy man.

The man with leisure never has A moment he can spare. A moment he's always putting off until His friends are in despair. For he whose every waking hour Is crowded full of work, Forgets the art of waiting time. He cannot stop to shirk.

So if you want your favor done And want it right away, Go to the man who constantly Works twenty hours a day. He'll find a moment sure somewhere.

That has no other use, And fix you while the idle man Is framing an excuse.

DOORS AND WINDOWS MAY NEED ATTENTION

Sticking doors or windows usually require refitting or repair, and with the arrival of warm weather the home owner will find this the ideal time to make repairs of this nature.

Doors and windows should also be checked for the following faults; doors requiring refitting or new hardware; advisability of replacing wood panels with glass in doors; defective locks, chains, or bolts; requiring repair or replacement; acquiring extra keys for various doors; broken or defective window cords and pulleys needing replacement; replacing latches or other window devices; cracks around window sash and doors requiring weatherstripping.

ECONOMY TIPS

A favorite cotton frock, too worn for your own use, may yield enough material for rompers for a small girl.

Old sweaters may be unravelled and re-knit into wee cardigans for children.

If cooked in vegetable stock, ice is far more savory than when cooked in water, so save your vegetable water for this purpose.

Left-over vegetables may be heated and surrounded with boiled rice as a luncheon dish. Curry or mock-hollandaise sauce would add to its interest.

Left-over fish may be combined with cooked macaroni. Make alternate layers in a casserole, pour over parry sauce and neat. Serve in casserole.

BREAKFAST SCRAPPLE OF LEFTOVER CEREALS

Mash any leftover cooked cere Add a little milk or hot water. Put over fire. Heat, stirring constantly until it is smooth. If the leftover cereal remains lumpy, put through

THE COOK'S CORNER

STRAWBERRY SHORTCAKE

2 cups flour
4 teaspoons baking powder
2 tablespoons sugar
1-2 teaspoon salt
5 tablespoons shortening
1 egg
1-2 cup milk or more
1 pint strawberries
Sweetened whipped cream

Method: Sift together the flour, baking powder, sugar and salt. Add the shortening and cut this in until the mixture is in fine crumbs. Beat the egg and combine with the milk. Add the liquid mixture to the crumb mixture gradually, and mix to a soft dough.

Now you can make this dough into 1 large cake or you can cut it with a cookie cutter to make individual shortcakes. To make one large cake, divide the dough in two and shape one half to fit a greased deep pie plate. Butter this and shape the other half of the dough to fit over the bottom half. Bake in a moderately hot oven (425 deg. F.) for about 25 minutes, or until the shortcake is a golden brown in color. To make individual shortcakes, roll the dough out on a lightly floured board and cut with a floured round cutter. Place on lightly greased pans and bake at 425 deg. F. for about 15 minutes, or until done.

TO SERVE

The large one is split and the centre filled with sweetened crushed strawberries, then it is covered with the top half, covered with sweetened and flavored whipped cream and garnished with whole perfect strawberries that have been reserved for the purpose.

Individual biscuits are split when hot and buttered, then filled with sweetened berries, and served with whipped cream as with the large one.

STRAWBERRY SHORTCAKE (With Cake)

1-2 cup shortening
3-4 cup granulated sugar
2 egg yolks
2 cups sifted cake flour
4 teaspoons baking powder
1-2 teaspoon salt
3-4 cup milk
1 teaspoon vanilla
1 pint strawberries
2 egg whites
1 cup sugar

Method: Cream the shortening and gradually cream in the 3-4 cup sugar. Beat the egg yolks and add to the creamed mixture, beating until the mixture is light and fluffy. Sift the flour, then measure, and sift again with the baking powder and salt. Add this alternately with the milk to the creamed mixture, then add the vanilla. Pour into two greased layer cake pans or into one greased square pan and bake in a moderate oven (375 deg. F.) for 25 minutes for the layer cakes and for about 40 to 45 minutes for the square cake.

Divide the strawberries in half, reserving a few berries for garnishing if desired. Quarter, or cut in eighths one half of the berries and sweeten to taste with sugar. The other half of the berries should be crushed, then add the cup of sugar and the two egg whites to them and beat together until the mixture becomes light pink in color, and slightly stiffened.

TO SERVE

The layer cakes should be put together with the sweetened cut berries, then served almost completely immersed in the strawberry whip.

The cake baked in a square pan may be cut in squares which should be split filled with sweetened berries, and covered with the whip.

Whoooping cough may occur between the ages of one day and 80 years.

Bright colored silk stockings introduced as follow-up of successful wool and lisle styles—keyed to colored footwear and increasing interest in all-one-color costume.

Coat armholes deepen in fur coats—cut in points or deep square.

A ring motif of carrot and green pea soufflé with the center filled with creamed meat cut in large cubes makes an attractive dinner dish.

Did you ever use celery stock to flavor meat loaf or meat stew? Simply cook the outer stalks and some leaves in a little water, drain, and use the liquid in large casseroles and escalloped dishes.

Leftover biscuits can be split, buttered, and toasted in a slow oven.

DON'T MISS THIS BREAKFAST TREAT

Golden wheat is truly the staff of life. From the soil and the sun it draws its goodness. And how you do enjoy this goodness in Cubs—they're whole wheat made more enticing still with mellow malt. They're crispy-fresh, toasted a golden brown.

Just try about thirty Cubs with hot or cold milk for breakfast. See how enjoyable they are—and how satisfying! They're the whole wheat, with its natural minerals, its bran, its valuable wheat germ. Serve Cubs for breakfast tomorrow.

ALL THE Energy OF WHOLE WHEAT

A product of The Canadian Shredded Wheat Company Limited

LUNCHEON SUGGESTION

For the children's mid-day lunch serve Cubs with their favorite hot soup. It's a delicious combination. The child will be delighted.

THE SPOON-SIZE READY TO EAT CEREAL

Then served with a brown, meat stew over them.

For a summer buffet, press ham loaf mixture into a greased loaf pan, sprinkle with brown sugar and cover with one cup drained, canned pineapple. Serve with creamed potatoes, and cole slaw into which cucumbers are shredded.

Over your next Swiss steak cook vegetables, such as 1 onion, 2 celery stalks, 3 slices green pepper. Pour 1 cup tomato juice over all, and let it simmer until meat is tender.

Creamed dried beef atop fried cornmeal mush squares is in the upper brackets for taste pleasure.

A candle may be made to fit any candlestick by dipping it in very hot water.

A package or envelope sealed with white of egg cannot be steam-d open.

If you have difficulty pulling on rubber gloves, try dusting a little talcum into them.

To keep your piano in good condition, manufacturers advise servicing and tuning at least twice a year. If you purchase a brand new piano, they suggest servicing and tuning four times the first year.

Needlecraft—For The Home

Your little girl will be cool and comfortable at play in this cute sun ensemble. She will also get the healthful benefit of the sun's rays and at the same time look just as pretty as a picture. The pattern includes the sunhat, the bonnet that opens out flat for ironing and the bolero. Checked gingham, printed cotton or plain with white ruffle trim makes the most attractive play costume any future glamour girl could want, and mother will have so much fun making it.

Style No. 3252 is designed for sizes 1, 2, 3 and 4 years. Size 2 requires 1 1/4 yards of 39-inch fabric for sunhat, bonnet and bolero with 6 yards of ruffling.

If You Suffer Periodic Female Weakness AND NEED TO FORTIFY RED BLOOD!

Lydia E. Pinkham's TABLETS (with added iron) have helped thousands of girls to relieve functional monthly pain and weakness. Pinkham's Tablets ALSO help build up red blood and thus aid in promoting MORE STRENGTH. Worth trying!

Purex is best for baby and mother too!

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3252 SIZES 1, 2, 3, 4

Send Twenty (20c) coin in preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 3252 Size

Name

Street Address

City

Not Brides Only After Fussiness In Summer Stuff

FASHION WRITER FINDS "CREAMY CONFECTIONS" THE STYLE VOGUE WITH LACES AND COTTONS MIXING WITH SATINS.

By AMY PORTER
Associated Press Fashion Editor

NEW YORK, June 25 (AP) — All young women do not brides alone, like to have at least one really beautiful set of lingerie—a matched pantie and slip set, dripping with lace; a matched nightgown and robe, a nightgown and jacket ensemble.

Talk of a lace shortage has accelerated the buying of these creamy confections. White and off-white are favored over pink tones by trend-conscious girls, whether or not they're collecting trousseaux.

Panties, which were in eclipse for a while, are regaining favor. The girl who has said, "I wouldn't think of wearing panties and girdle both" now seem to think a girdle should be graciously veiled in satin and lace. Those who still won't wear both are buying dainty pantie girdles. Pantie and bra sets are almost non-existent. Girls buy brassieres in the corset department, then match them up as well as they can with pretty pants.

are called Chantilly britches. One designer improves the black slip and sheer black stocking theme with color—bright ribbon garters, with the same color ribbon run through the ruffing at the bottom of the slip.

A pretty black nightie is a double sheer—a film of black over pale green. New-looking are flame red sheers, and sheer whites, with huge bows applied at the waistline like a corset gage.

Modesty and nudity are the surprise ingredients of long-sleeved bare-midriff gowns, pretty in white with quaint ribbon-run beading.

Cotton In Style

Cotton lingerie comes into its own for summer. Brides buy it after they're splurged on a white satin ensemble. Flower-spigged lacy make charming, inexpensive nightgown and robe sets. Tahitian prints in bold colors are young-girl favorites in bare midriff styles. The skirts are five yards around, the bra tops are tied centre front. You could wear these at the beach, or as hostess gowns.

Slips have settled down to almost uniform excellence in cut and fit, even in the low price range. It remained only to perfume them—and that's what they've done. The perfume is actually ingrained in the fabric and won't wash out.

FAVORITE MOTTO SAMPLER

God bless this fire burning bright. And watch o'er this house throughout the night.

736

DESIGN NO. 736

This quaint old sampler, worked in satin or outline stitch, may be quickly made. Stamped on white or natural linen, it is beautiful when framed by all. Hot iron transfer pattern No. 736 contains motif measuring 9 x 12 inches, color suggestions and complete instructions.

To order pattern: Write or send above picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian Needlework Department

Design No. 736

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You save money every time you use Irradiated Carnation Milk instead of milk in some other form. From creaming coffee to baby's bottle, Carnation meets all milk needs. Try a few cans.

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FOR TENDER SKIN

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Super-Crepe TISSUE