

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable Are Wearing

In every circle there is the smartest dressed woman. She bears and deserves that title because she makes her selection from a correct offering and has in mind the while that certain lines most became her type.

You should not envy her, but rather should follow her example. See the most attractive and charming styles and make your selection with care.

The first step is to obtain the Fall Fashion Magazine showing all that is new and of good line. Just send 15 cents in stamps or coin to Fashion Dept., to Guardian, Charlottetown.



And now—King Cole Coffee

THE wide-spread sale of King Cole Tea over a great many years proves unquestionably the ability of its blenders to satisfy public taste.

The same sincere care for goodness of product, the same untiring application of expert knowledge, the same watchful regard for reputation, established and to be established, is behind King Cole Coffee.

Your liking for King Cole Tea will naturally lead you to try this equally fine coffee.

KING COLE Coffee

quickest method for taking out blackheads? Every other day I have a pimple. How can I cure it? What is a good reducing diet for a girl? J. J.

Answer—Soften the blackheads first by bathing the skin in hot water. Use a comedo extractor, a small instrument sold in drug stores for this purpose, and gently press out the blackhead. Bathe the spot in boric acid solution made by dissolving a heaping teaspoonful of the boric acid in a pint of boiling water. Treat the pimples in the same way, pricking them open with a sterilized needle after the hot application. Pimples are often caused by constipation or digestive troubles. Wash your face with soap and warm water twice a day, finishing with a cold rinse. Dry and pat on an acne lotion. I cannot recommend a diet without knowing your age. LOIS LEEDS. Tomorrow—A New Vogue in Make-up

For The Cook

SPANISH SANDWICH FILLING

One can pimento, 3 hard-boiled eggs, 1 pound cream cheese, 1-2 cup milk, 1 teaspoon mustard, 1 teaspoon salt, 1 teaspoon each sugar, flour and butter, 1 egg, 1-2 cup vinegar, juice of 1-2 small onion. Put hard-boiled eggs and pimento through meat chopper. Mix other ingredients as for salad dressing. Cook all together in double boiler for half an hour.

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In seven weeks of this year an airplane company carried 1,500 passengers across the Isthmus of Panama without accident or forced landing.

FARMER'S WIFE GETS STRENGTH

By Taking Lydia E. Pinkham's Vegetable Compound

Wilton, Ont.—"I am taking Lydia E. Pinkham's Vegetable Compound through the Change of Life. It helps me and I cannot praise it too highly. I was troubled with heat flashes and my limbs were heavy so I could hardly walk to do my farm work. I saw in the newspapers your ad about the Vegetable Compound and thought to give it a trial. The first bottle gave me relief and I have told others what it does for me. I am willing for you to use my letter if you choose."—MRS. D. B. PETERS, Wilton, Ontario. Ask Your Neighbor

Are Women All Alike? Dorothy Dix Finds Only Men Run True to Form

How Can Women be Called Standardized When a Lifetime Isn't Long Enough to Find Out What Any One Woman is Going to do or be or Say Next, Queries Dorothy Dix

William J. Locke says that women are becoming standardized. What nonsense! Not only are no two women alike but no one woman is like herself at two different times. Every woman changes her looks, her age, her character and her disposition as often as she does.

It is men who run true to form, not women. It is men who fit themselves to the pattern of their fellow men. Look over any assemblage of men and they are as much alike as peas in a pod. They all have on the same kind of clothes, the same stripe of shirts, the same cut of collar, the same sort of shoes. Indeed such a cult do they make of the art of understudying each other that nothing short of dire necessity induces them to appear in public trousers that are a hairsbreadth wider or narrower than those that every other man has on.

Formerly you could distinguish one man from another by the variety he introduced in landscaping his whiskers, but now even that mark of distinction has been shaved off and nothing short of intuition enables a woman to pick out her own husband in a crowd.

When a clerk wants to sell a man a coat he tells him that it is what everybody is wearing, but when he wants to sell one to a woman he swears to her that it is an original model and that no other woman in the world has one like it. Men may like to look like other men, but no woman wants to resemble a sister woman. Look about you at any feminine convention and it is like a kaleidoscope of changing, shifting colors and forms.

Men are also much more mentally like each other than women are like other women. They think along the same lines, whereas every woman has a different individual opinion. That is why you can unisonize men and herd them into political parties where they will stay put and vote straight, but every woman is a law unto herself and liable to change her convictions at a moment's notice and be first on one side of the political fence and then on the other.

It is ridiculous to talk about women being standardized when the individual woman changes so from time to time that if you don't see a friend for six months or so you are liable not to recognize her when you meet her.

For when you parted with dear Sally she may have been a fat lady with a billowy figure and triple chin, but when you encounter her again she has become a slim creature who is a perfect 38. Or she may have had sandy hair that was straight as a poker and now her face is framed in wavy locks of Titian red, and likely as not the next time you see her she will have changed into a brunette. Or she may have been frankly middle-aged, with saggy cheeks and crow's feet around her eyes and tired lines about her mouth, but now you behold her with the round and unmarked face of a child.

And it is the same way with women's characters. All of us have known puritanical women who suddenly turned into racketeers and frequenters of night clubs and who boasted of getting drunk. We have known domestic women, staid mothers of families, who, after walking the colic for twenty years, faced about and went mad over having wild times.

And we have known the reverse of this. Fool women who in some crisis acted like Solomon himself; wild women who settled down into being the sheet anchors of their homes. Extravagant women who turned into dime-runners and penny-pinchers.

We have all seen women who would go into hysterics over any trifle go through some great ordeal with the calmness and courage of a hero. We have seen sick, neurotic women, who had made a profession of invalidism, get up from their couches and go to work and support their husbands and children, if the necessity arose. We have seen silly, selfish women, with apparently no more heart or brains or character than a rag doll, rise to the heights of sublime self-sacrifice.

So how are you going to standardize these creatures who are contradictions in themselves? Why, there isn't even any type of woman. We speak of good women and bad women, of society buttermilk and business girls, of domestic girls and flappers, but these terms mean nothing. There is no class of girls upon which we can really pin these labels with any assurance that they will live up to their brands, for a girl may be one thing today and another thing tomorrow, or what is more likely she may be in herself all of the various outputs of her sex.

It is because women are not standardized that makes marriage such a gamble for a man, because there is no possibility of his knowing beforehand just what is in the little surprise package of femininity in which he is investing his all. It doesn't do him a bit of good to decide beforehand that what he wants in a wife is an old-fashioned girl, or a home-loving girl, or a girl who is a good cook, or a thrifty girl, or a girl who knows how to make her own clothes.

Nor does it profit him to pass up as a wife the girl who is gay and frivolous, or the girl who dances holes in her slippers, or the girl who dresses like a fashion plate, for likely as not the girl who has had a wild time is tired of dancing and wants to settle down, while the girl who has never had a chance to step out can't get enough of running about and never wants to stay at home.

Likely as not the girl who has never cooked a meal in her life will be crazy over having a kitchen of her own and learn to be an expert cook, while the girl who has always had to cook is sick of pots and pans and comes out of the kitchen to stay when she gets married. And often as not the girl who has spent papa's money like water holds on to her own with a death grip.

And there you are. Every man is not married to one woman, but a hundred women, and he never knows which one is going to meet him when he comes home. Which, perhaps, explains why men understand their wives so little. A lifetime is not long enough in which to get acquainted with all the different varieties of lady to which they are united. Hence we needn't worry about women becoming standardized like canned goods and automobiles. It is one of the things that can't be done.

DOROTHY DIX

Cholera Infantum The Fatal Disease of Children

There is no more dangerous trouble to children, during the hot weather than cholera infantum. Mothers will find in "Dr. Fowler's" a remedy that has no superior for offsetting the vomiting, purging and diarrhoea of this terrible bowel trouble. It has been on the market for the past eighty-four years, and can be used with the greatest confidence. Price, 50 cents a bottle at all druggists and dealers. Put up only by The T. Milburn Co., Ltd., Toronto, Ont.



Need a woman's hands say—"I have no maid"?

305 leading beauty shops answer:

"With all our experience, we are unable to distinguish between the hands of a woman who never washes dishes and those of a housewife who uses Lux in the dishpan."

JUST IMAGINE—here is beauty care right in your dishpan—the wisest, most inexpensive beauty care known!

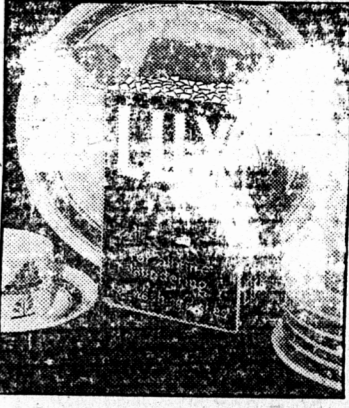
Every time you wash dishes in Lux your hands receive the soothing, gentle care that keeps them white and soft—and it costs almost nothing! Lux for all your dishes costs less than 1c a day!

Compare this with the expensive care many women of leisure give their hands. Have hands just as lovely—at almost no cost!

The secret is this: the gentle Lux suds protect the delicate oils of the skin, while ordinary soaps dry these beauty oils. That is why Lux gives your hands beauty care—right in the dishpan!

And remember—Lux for dishes means lovely hands for less than 1c a day.

Lever Brothers Limited, Toronto L-932



JEWS PREFER CANADA TO PALESTINE

TORONTO, Ont., Aug. 24—While some Toronto Jews would probably like to return to Palestine since the reconstruction of the ancient homeland, it is possible that a greater proportion would rather stay in the Dominion. Edmund Scheuer, who has lived in Toronto for 58 years, when asked by a Toronto Star reporter why he did not want to live among the Zionists in Palestine, remarked: "Toronto is my Jerusalem."

"We are settled here," Mr. Scheuer said, "and we don't want to fly away in a bunch. In countries where Jews are oppressed, like Russia, Poland and Roumania, they naturally move to Palestine as quickly as they can find admission. But not many will do this if they live in countries where they enjoy equal rights with other citizens."

"Free Canada," he continued, "has been my home for 58 years and Toronto, where justice and righteousness reign and the feeling of the brotherhood of all men is gaining ground from day to day, is my Jerusalem."

Mr. Scheuer is a patriarch and speaks from years of experience. Some of the younger Toronto Jews agree with him, others disagree strongly. A. B. Bennett, editor of the Canadian Jewish Review, is inclined to accept Mr. Scheuer's viewpoint. He is a graduate of Queen's University and a lawyer.

Urged by sentiment to live in Palestine, he is yet doubtful. He said: "My background and cultural interests are in Canada. My children could not receive the education and opportunities there they can here. If I took them to the east, it would put their future in doubt. The standard of living is lower there. It would mean hardship for us all." Although he believes Jews here are too accustomed to luxury to venture east in great numbers, Mr. Bennett

spoke of one of two groups who have done so. Perhaps the most interesting are the old people who return to find their graves in the hills of Palestine.

"There is an old legend," said Mr. Bennett, "that Jews buried in the ancient soil will inherit the final kingdom." For this reason, faithful Jews, their work done here, went their way gladly toward the ancestral home. Among these of recent years was the father of J. L. Solway, who left his family here.

"The optimists hope that to the 150,000 Jews now in Palestine, 30,000 will be added each year. But," he said, "this is hardly possible, for the days of pioneering are over, and men of financial resources are needed to help develop industries." Among Jews who have gone over in this capacity Mr. Bennett mentioned Lord Melchett, David Dunkinman, Ashur Pierce of Montreal. And seven or eight years ago an ardent group of young people, "The Young Judeans" left Montreal. Of these Bernard Joseph, a McGill graduate, was so successful as a lawyer in Palestine that he asked his two sisters and their friends to follow him. Now they too, are successfully settled.

A new pioneer from Toronto is Bernard Lester, a retired business man, who sailed with his wife in July on a second honeymoon, leaving his sons behind. And soon going out to settle in H. Schwartz of Toronto with his wife. They way take up near growing in the fertile valleys near Japha, but they have bought no land yet.

The Mount of Olives is becoming a garden of orange trees, according to reports of visitors from Jerusalem. "It takes six years before an orchard will bear fruit," said A. Rhinewine, editor of the Hebrew Journal, "but it is cheaper to buy uncultivated land and many Jews would rather do this and wait till the oranges grow. I know twelve families who have bought land in Palestine, had it planted and intend to move there within the next five or ten years." During the last year 10 families at least left Canada to make permanent homes in Palestine, according to Mr. Rhinewine. "If they have money they do well, he said. "But the Canadian dollar is of little use there," he continued. "Translated into pounds it means little. Moreover the credit and banking system is not developed as here, and there are no mortgage companies. This makes it hard for the man building his first home.

"If anyone should ask my advice about going to live in Palestine," Mr. Rhinewine went on, "I would say no. Because the place the Canadian Jew would occupy there would mean one place less for the emigrating European Jew, who needs it much more." Yet Mr. Rhinewine's one desire is to go to Palestine himself, buy a home and live there always. "Why do I not? I cannot establish myself there; I have no capital. Moreover my profession, journalism, is full of overflying; for 380 writers are registered in Palestine. I was offered a position with Reuters, but I did not feel it was fair to my children to take them there or to leave them alone here. With a bachelor it would be different."

Advertisement for Cuticura Soap and Ointment, featuring an illustration of a woman's face and text describing its benefits for skin and hair.

Household Hints

SPONGES A good way to clean sponges thoroughly is to soak them in milk for three or four hours, wring them until perfectly dry, then rinse well in hot water.

SQUEAKY SHOES Place black shoes in a basin and pour in enough linsed oil to cover the soles. Let stand until the following morning and the squeak will disappear.

CAKE ICING Add only one teaspoonful of sugar to the cake icing and it will prevent it from becoming too sugary.

A Morning Smile

GRACEFULLY DONE A bookmaker sent his assistant to call on a duke to collect some money the latter owed him. "And be sure," he bookmaker said emphatically, "to say, 'Your Grace' to him."

Etiquette

Q. Are such forms as "With best wishes I am," proper in social correspondence? A. No. Avoid these conventional forms. Write, "With best wishes, (then on the line below) 'Sincerely yours.' The 'I am' is understood. Q. May one ever use the phone to accept an invitation? A. No, unless the invitation is extended over the phone. Q. When eating meat, may one cut it into mouthfuls before eating? A. No. Cut one mouthful at a time. Q. How should the food meat, vegetables, etc., be conveyed to the mouth? Should the knife help in packing it on the back of the fork and convey same to the mouth with the left hand, or is the fork held in the right hand and the food picked up in the hollow of the fork, prongs up and conveyed that way to the mouth. I have read in other articles that both ways are correct but it can hardly be so. Also are Etiquette rules made in England and Canada, the same as in the United States, or do countries differ in this respect? Also who authorizes the different writers of Etiquette.—Subscriber. A. Both methods are correct. The use of the knife and fork is the English authorized custom, the use of the fork in the right hand is a flashy American custom. There are no right laws governing etiquette, only recognized customs known as "the use and wont" of society.

VAL AND LIL. Answer—(1) If you scrubbed your arms and legs every night when you take your warm cleansing bath, you would not have these pimples. They show that the skin has not been stimulated enough. Use a bath brush and plenty of soap and warm water. Rinse well and dry by rubbing vigorously with a Turkish towel. Now rub a little cold cream or olive oil into the skin. Next morning take a tepid or cold shower or sponge bath, followed by a hard rub-down with a coarse, dry towel. Rub on a lotion made of equal parts of glycerin, lemon juice and witch-hazel. (2) A complexion brush is a brush used to cleanse the face; it is much softer than a bath brush or a nail brush. It is usually made of camel's hair. There are also some complexion brushes made of rubber; instead of bristles, they have rubber points that massage the skin when rubbed on. (3) Swelling of legs and ankles is often due to wearing tight or ill-fitting shoes, or tight, round garters. During hot weather wear shoes that are a larger size than your winter shoes and choose a style that has a cut-out design for ventilation across the toes and instep. Wear soft kid or linen footwear. Dust your feet with an astringent foot powder before drawing on your stockings. Wear low heels. (4) Boracic acid solution is a good eye wash, but if you are having any trouble with your eyes you should consult an oculist; perhaps you may need a different type of eye wash. LOIS LEEDS.

Removing a Sty; Broad Nose

Dear Miss Leeds—(1) How can I get rid of a sty? (2) Please tell me how to make a very broad nose narrow. (3) I have blue eyes and blond hair. What are my colors? MARION. Answer—(1) Sties are a danger signal, and when they appear persistently their presence shows that there is something wrong with one's hygienic habits. For a local treatment pull out the nearest eyelash and apply a compress of boric acid solution. Now rub on an ointment made of 1 per cent preparation of yellow oxide of mercury. Be sure that your hands are scrubbed before touching your eyelid. (2) You cannot radically change the shape of your nose, but you can make the end more pointed by gently massaging it every day with a pulling, pinching movement between thumb and forefinger. Do not bruise or irritate the skin, however. (3) You forgot to state the shade of your skin, whether very fair, medium or olive. Please try again and I shall be glad to help you. LOIS LEEDS.

Advertisement for 'Free recipes' featuring an illustration of a woman and text promoting a recipe book.

Milady Beautiful



BEAUTY QUESTIONS ANSWERED

Goose Pimples and Other Questions Dear Miss Leeds—(1) What is a good remedy for small red goose pimples on the legs and upper arms? (2) What is a complexion brush? (3) What would prevent the ankles and legs from swelling on a hot day? (4) Is the daily use of boracic acid solution good for the eyes? VAL AND LIL.

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Blackheads and Pimples

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