Woman's Realm / Social and Personal / Fashions / Literature

That Body Of Yours

By James W. Barton, M. D.

THE HIDDEN SYMPTOMS OF CANCER OF THE STOMACH

Although the cause of cancer is unknown, it is known that cancer if discovered early enough, can be cured by treatment with radium, X-ray and surgery. It is unfortunate that cancer in one organ of the body presents such mild symptoms at first that by the time it is suspected half the cases are too late for treatment and another quarter has only an even chance of being cured. The organ is the stomach.

Perhaps we think that cancer of the stomach kills such a large percentage because it is difficult to discover, that it is not like cancer of the skin or the mouth when every small sore is in sight and can be watched. As a matter of fact, we learn from "Handbook of Cancer," published by the Canadian Medical Association, that "cancer of the stomach is eminently curable if attacked in the early stages." By watching the signs and listening to the symptoms described by the patient, the use of the fluoroscope (X-ray) and gastroscope, the cancer may be discovered in its early stages and treatment bring about a cure.

Because cancer of the stomach has mild symptoms, such as slight indigestion after meals, it gets a big start before it is discovered. It might be well, therefore, to again state the early symptoms: 1. Feeling of discomfort in the stomach, increased by taking food which discomfort disappears at night. 2. Belching of gas and gas pressure. 3. Loss of appetite, particularly for certain foods such as meat. 4. A feeling of tiredness and weakness, with loss of weight and thinning of the blood.

Although these symptoms point to cancer of the stomach, physicians for years have been using the X-ray and barium meal, the fluoroscope, and lately the gastroscope which latter instrument allows them to see the lining of the stomach. A recently invented type of gastroscope can be so bent that the lining of the upper part of the stomach now can be seen by the examining physician.

If those with any of the early symptoms would consult their physicians, their fears would be removed if no cancer is present, and their lives saved if cancer is present.

CANCER: ITS SYMPTOMS AND TREATMENT

We should never forget that cancer is curable if discovered early. Send today for Dr. Barton's informative booklet entitled "Cancer: Its Symptoms and Treatment." To obtain it, just enclose 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

How Can I !!!

By Anne Ashley

Q. How can I get rid of chiggers on the lawn and bush?

A. Chiggers on the bushes can be destroyed by the liberal use of sulphur, applied with a dust gun. On the lawn, of course, the chiggers will disappear if the grass is kept cut.

Q. How can I prevent mold on bread?

A. Mold is less likely to form on breads and cakes that are kept in boxes during warm weather, if the boxes are aired frequently.

Q. How can I make fruit jars air-tight?

A. Dipping the tops of fruit jars into melted paraffin will make them absolutely air-tight.

CONSTANT BACKACHE Suggests Prompt Treatment

When your back aches morning, noon and night, when you are depressed, tired and feeling out of sorts—that's when the gentle assistance of Dr. Hamilton's Pills can help you. These mild, yet active Pills contain vegetable restoratives such as mandrake and butternut, and assist in putting new life into the liver and bowels. They help to soothe away backache, and then you really begin to feel brisk and full of "pep." Sold by all druggists.

Ellen's Diary

By an Island Farmer's Wife

For a few minutes, as we waited for this morning's early bus, the sun dispersed the clouds, heavy and gray, and shone feebly upon the dampness of the new day, but then was content presently to be hidden again. Before this, indeed continuing from the time of our rising, which the old clock had indicated in a brisk warning—and James hearing the rain on the roof had commented sleepily: "There's no need of getting up so early, Ellen!" we had met intermittent showers. Pard's prowling left clear trails in the wet grass of the yards, and the flowers we must soon gather in a bouquet, were fresh-washed by the raindrops.

• • •

Blue forget-me-nots, we picked, recalling all the time scenes out of earlier years, the sacrifices made in our behalf and some of the legion of incidents for which we were still in debt, as children owe parents in one which can never be adequately written off, and dating back as far as infant days. We gathered as well, the more choice of our tulips, a golden one for our most memorable delights, and a scarlet one to remind us of any careless spells of childhood and one of darker shade which could tell of any disappointments and tears—of those that had magically survived the spells of our haphazard gardening.

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Some ribbon-grass to frame them, and to bring back memories to one of an old sunny or moonlit garden, when her world was young; temperamental white narcissi we took for their fragrance; graceful and perfumed lily-of-the-valley — the ones that had been over-looked by the fowl when Spring seems to give them a preference for the slim green shoots; primroses that rivalled those in pictured nosegays; garden buttercups, yellow and much larger than those first ones we were wont to pick by a sunny brookside, and pansies "for thought"—for thoughts of many a long happy day.

• • •

For even as we picked the flowers and arranged them, and went on to prepare the breakfast and attend to those chores which cannot be neglected by a farmwife, we were remembering our early years. And later as we went down the lane in the family machine, leaving James standing in the yard with that still undetermined expression which may be actual loneliness or again be merely relief, we shook off our staid years as a chatelaine at Alderlea and were back to our childhood again. But not entirely before we had kissed a soft cheek that was grand-daughter's and answered her question, "Are you sure you have to go?" at the end of this road of ours, in the vicinity of the corner-store where we were presently to await the early bus which carried us "home" this morning.

• • •

There it is that always "daughter am I in my mother's house" and there it was that with other sisters and brothers in an unbroken circle, we forgathered today with our parents, and out of respect to this, their sixtieth wedding anniversary. It has been a rare privilege for all to enjoy. And for the family it has always been a good place to come to.

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There cares have been minimized, though not at all neglected, and the blessings of health and honest toil stressed. Industry was ever encouraged—nay as we recall it, it was thrust upon one! And if one of us at least would prefer to forsake the "temporal things" for a retreat with a book, the action was not always encouraged. We remember now, the morning the youngest of the family—the baby who invariably receives more privileges than the older ones, was busying herself peeling a long supple switch. She was a small alert miss, and of tender years then her main duty was to take and fetch the milk cows to and from pasture.

• • •

She had just returned from driving them there and now was deep in her interests. "And what are you doing?" one of the family asked. "Well it's this way," she explained with a sigh of resignation, "I've got to bring those cows home this evening—and I may as well get ready for it now!" Yes, industry was stressed always in that old home to which yesterday and today various roads, near and farther, carried her children back to

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Beck—Darrach Nuptials

Mr. and Mrs. Malcolm Beck and their attendants photographed at "Oakwood", East Royalty, following their marriage at Trinity Church. Groomsman Mr. William Hodgson; maid of honor Miss Norma England; and bridesmaid Miss Vera Beck. —Garnhum Studio.

Household Scrapbook

By Roberta Lee

Earth Worms

Earth worms can be exterminated from the potted plants by pushing unburnt sulphur matches into the earth around the plants, heads of the matches down. Two, four, or six matches, according to the size of the pot, are sufficient.

Soups

To remove the few remaining drops of fat from the top of the soup throw a lettuce leaf into the pot. This will absorb the grease and can be removed as soon as it has served its purpose.

Moths

If a little turpentine is poured into the corners of the chests, wardrobes and trunks, the moths will not harm the garments stored in them.

Morning Smile

Customer — My wife and I want to open a joint account. How does it work?

Banker—Well, you put the money in and she draws it out.

A fussy old lady, on her way to New York for the first time, annoyed the conductor by her many questions.

"Conductor, does this train stop in Grand Central Station?"

"Madam, there will be a terrible wreck if it doesn't."

FLOWERS AND FRUIT

DESIGN NO. 576

Attractive groups of flowers and fruit may be embroidered on a luncheon cloth, towels or individual pictures. Hot iron transfer pattern No. 576 contains 8 motifs with complete instructions.

To order: Send 20 cents in coin to Needlework Bureau, Charlottetown Guardian.
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DOROTHY DIX SAYS—

Extra-Marital Duty

Is Man Obligated To "Other Woman" For Fifteen Years' Companionship?

DEAR MISS DIX: What is a married man's duty to the "other woman" in a case like mine? Two years after marriage I became infatuated with a single girl. This has lasted for 15 years. The girl has built her life around mine, has refused to marry, has never worked and has accompanied me all over the country. I have provided for her and her widowed mother with every comfort. But during all of these years my wife has been first in my heart and now I long to wipe the slate clean and come back to her. She loves me and has stood by me loyally through it all. I have given her every luxury and every kindness except fidelity, and now I would gladly give her that if I didn't have the other woman on my conscience.

The other woman will always be provided for by me. Have I any other obligations to her now?

BUSINESS MAN

ANSWER: As between your duty to your wife and the "other woman," I should say that your greatest obligation is to the woman you took a solemn oath before God and man to love and cherish. And the fact that you have defaulted on your part of the contract for fifteen years does not make it any less a debt of honor. It only gives you a lot of back payment to make up to the woman you have neglected and defrauded of her rights so long.

One may be sorry for the "other woman" if she loves you, but she is a love pirate, and is operating without the law. She knows that she is robbing a woman of her husband and taking the love and money that belongs by rights to the wife. She is accessory to the crime of disloyalty even when she does not instigate it.

SAD BUT TRUE

For it is only too sadly true that there are innumerable young girls who set themselves deliberately to flatter and cajole married men, and appeal to them by every wile of sex, to get them away from their wives and into their toils. There are plenty of men who would never find out that their wives had grown old and fat or that their wives didn't understand them if some girl didn't see in them a sugar papa and entice them away from their homes and duty.

Judging by the fact that your mistress' mother has lived on her daughter's ill-gotten gains all of these years and has countenanced her daughter's mode of life, I should say that you can doubtless heal any hurt in the girl's heart with a poultice of greenbacks. But don't go back to your wife until you have washed your slate clean, and until you are certain that you are going to run straight in the future.

DEAR MISS DIX: I know that it is impossible for me to ever have any children and I am longing to adopt a baby, but my husband will not agree to it. If I bring a stray cat or dog home, he lets it stay and buys it food, but he won't give a little baby a chance. I am eating my heart out for a little one and I know I would give a baby a real mother's love and a good home. Don't you think my husband should agree to my adopting a child?

MATERNAL

ANSWER: I do indeed, if you feel that way about it, but, of course, you must look at your husband's point of view, too, and remember that you are asking him not only to support the child but to divide you with it. While a man is willing to do that for his own child, he has to be very unselfish to be willing to do it for a strange child.

There is no other sport so fascinating as watching a little child's

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Cook's Corner

ORANGE COOKIES

(Refrigerator)

1 cup shortening
½ cup white sugar
½ cup brown sugar
1 egg
2 tablespoons orange juice
1 tablespoon grated orange rind
2¾ cups all purpose flour
1 teaspoon salt
¼ teaspoon soda
½ cup chopped nuts

METHOD: Cream the shortening until light. Then cream in the white sugar, and then the brown. Beat well. Add the egg which has been well beaten, and continue beating the mixture until light and fluffy. Add the orange juice and the grated orange rind to the creamed mixture.

Sift the flour with the salt and soda and gradually blend this into the creamed mixture, a small amount at a time. Lastly add nuts, any kind.

When well mixed form the dough into rolls about 2 inches in diameter. Wrap these in waxed paper and store in the refrigerator until ready to use. If desired, the dough may be left in the bowl in which it was mixed, merely covered and stored.

When you wish to bake the cookies, unwrap the rolls and slice thinly. If the dough hasn't been shaped, it may be formed into small balls and flattened with a fork on the cookie sheet, or it may be merely dropped from the tip of a spoon in small mounds. Place the cookies on a lightly greased baking sheet.

Bake the cookies in a moderate oven (375 deg. F.) for from 8 to 10 minutes. Remove from the pan and cool well before storing.

Modern Etiquette

By Roberta Lee

Q. When one has been introduced to a person and did not understand the name, is it all right to say, "What is the name, please"?

A. No. Merely say, "How do you do?" Then ask someone else at the first opportunity to repeat the name.

Q. Is it necessary to acknowledge receipt of birthday or anniversary cards?

A. No; though when you meet the sender of the card, you should mention that it was received and appreciated.

Q. Is it proper for a woman to send a man a boutonniere?

A. Not unless the man is her father, brother, or husband.

"PIGS" DINNER

LONDON- (CP)- Guests at a London hotel were surprised when men walked in with pennants bearing the word "Pigs." They were members of the Plastic Industries Golfing Society arriving for their annual dinner.

Hobbies Of Local Citizens

By Uncle Joe

Beechwood Gardens at Cornwall, now in their nineteenth year, are the hobby of Mrs. Gordon MacMillan. A more picturesque site would be hard to find. From the top of the highest terrace one gets a fine view of the West River lying majestic and serene, forming, as it were, a foremat for the Goddess of Beauty.

Not only does their owner love flowers, but she knows how to arrange them so that the visitor immediately will be captivated by their artistic effect.

Surrounding these lovely flower children is a native white spruce hedge about four feet high and, of course, always nicely manicured. An inner border of honeysuckle and lilac further enhances the beauty of this lovely Eden, causing the flowers themselves to stand out conspicuously, like a Madonna in a gilded frame.

Despite the care that goes into this venture, Mrs. MacMillan always finds time to show visitors around, patiently explaining to them the names of the different plants. She talks of flowers as if they were children. Here in this bit of Eden you may see, in the different seasons, daffodils, tulips, forget-me-nots, irises, peonies, larkspurs, Oriental poppies, roses, etc., supplying to Beechwood Gardens a dreamland of blossoms that makes the garden hauntingly inviting from early spring until late fall.

Flowers from the MacMillan Gardens have captured numerous prizes at the Provincial Exhibition, including the governor's annual prize for the best floral display. Glads from Beechwood Gardens have won top honors at the Toronto Gladiolus Show.

Mrs. MacMillan is a member of the Massachusetts Horticultural Society and is justly proud of the fact that those beautiful gardens are wholly the result of her individual efforts. How she finds time to read the books covering every phase of this fascinating hobby while taking care of her home duties and the flower children is little short of a miracle.

Each year brings many tourists to this shrine of beauty. They represent every province in Canada as well as many places in the U.S.A.

This venture of Mrs. MacMillan's never has set the world on fire, financially speaking, for the money she receives from cut flowers, wreaths, sprays, etc., goes back into maintenance — not nearly enough, however, to show any substantial profit. But time and labor mean little to one who loves his work.

So it is with this flower woman. She takes great pride in her flowers, as well as in passing on to others some of the joy she herself has experienced all through those nineteen happy years during which she has cultivated her hobby.

Her own hands planted the first seeds which have resulted in the fairyland we see today. It has been a hobby accompanied by much toil and many tears, but, in the end, a triumphant victory.

Needlecraft FOR THE HOME

MATCH-MAKING NEWS

Daughter's sun to street ensemble—all in one pattern! The playsuit is perfect for fun and frolic — the matching frock can be buttoned on a moments notice for "dress" doings.

No. 3013 is cut in sizes 4, 6, 8 and 10. Size 8 dress, 2½ yards 35-inch playsuit, 1¾ yards, 35-inch.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

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Better English

D. C. Williams

1. What is wrong with this sentence? "He arrived with us knowing it."
2. What is the correct pronunciation of "pica"?
3. Which one of these words is misspelled? Ungovernable, unparalleled, unkemt.
4. What does the word "atrocious' mean?
5. What is a word beginning with ad that means "excessive praise"

ANSWERS

1. Say, "He arrived with our knowing it." 2. Pronounce pi-ka, i as in pie, a as in ask unstressed. 3. Unkempt. 4. Wicked in the highest degree. "They were guilty of atrocious deeds." 5. Adulation.

The Stars Say--

By Genevieve Kemble

For Thursday, June 16

AGAINST many obstructions, setbacks, disagreeable situations, when the day seems lost, some sudden event or intervention may appear "from out the skies" to change the entire picture and give renewed hope and determination to go ahead with vim, initiative and security. Oppositions and doubts may melt away under pressure of hard work, well studied plans, change if necessary. Fortitude and ability, perhaps new techniques, bring joy and far reaching exultation. Be ready for "big things."

For the Birthda.

Those whose birthday it is may see gloom, hopelessness and dismay, suddenly give them a boost to the seventh heaven of joy and optimism. This may be due to a brilliant inspiration, discovery of a new technique, which will turn opposition and frustration into progressive new channels. Determination, and courage, together with new skills, may melt away stubborn opposition, and turn enmity into the determined effort to cooperate. Such "luck" may develop personal or romantic happiness as well.

A child born on this day while being stubborn, dogged, prone to rash and aggravating mistakes or false moves, may ultimately about-face in its career.

It is estimated that a pound of honey represents the Life work of about 1,000 bees.

DO YOU HAVE PROBLEM HAIR?

If your hair is dry, drab, or limp, then cheer up and pass the good word along. Our new formula method of permanent waving will assure you of pleasing results and at the same time rejuvenate the quality of your hair texture as to strength, elasticity and lustre. Our summer specials are on now, so make it soon, won't you?

MARIE ELENA SALON-Phone 2191

Between the Patriot Office and Reddin Bros.

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choose extra mild, extra soothing

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Start Palmolive's famous 14-day Beauty Plan today. Leading skin specialists proved the Palmolive Plan brings lovelier complexions to 2 out of 3 women *regardless of age, type of skin or previous beauty care!* Here's all you do: Wash your face with Palmolive Soap . . . Then for 60 seconds, massage gently with Palmolive's soft, lovely lather. Rinse! . . . Do this 3 times a day for 14 days. This cleansing massage brings your skin Palmolive's full beautifying effect!

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So Solid and Long-Lasting
Oceans of "Beauty Lather"
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For Loveliness All Over buy BATH SIZE PALMOLIVE