



Why Not Get Rid of That Catarrh?

There are few people in this extreme and changeable climate who have not at least a touch of nasal catarrh.

Rev. Father Morriscy

Besides being dangerous in this way, catarrh is most disagreeable to oneself and others.

Father Morriscy's No. 26

is a combined internal and external treatment that has cured, and will cure, the most stubborn cases.

The tablets, taken three or four times a day, purify the blood and help to throw off the disease, while the antiseptic, healing salve, applied up the nostrils, cleanses the diseased parts, heals, and completes the cure.

Now is the very best time to get No. 26 and start to get rid of that catarrh.

Combined treatment, 50c. at your dealer's.

Father Morriscy Medicine Co., Ltd., Chatham, N.B.

Sunday School Lesson

LESSON I. JULY 3.

PICTURES OF THE KINGDOM.

Matt. 13: 21-35, 44-52. GOLDEN TEXT. The Kingdom of God is not eating and drinking; but righteousness, and peace, and joy in the Holy Spirit.

POINTED SUGGESTIONS.

By Rev. D. W. Snider. Make sure of the fact that the Kingdom of Heaven had no earthly genesis. But forget not the fact that its operations, so far as man-kind are concerned, are wholly within earth boundaries.

Therefore, do not expect, notwithstanding the variety of pictures which Jesus gives to the kingdom, to be as smart as those who answered Him glibly, saying, "Yea," when He questioned them, asking, "Have ye understood all these things?"

The lesson furnishes five interesting and deeply suggestive pictures of the Kingdom of God. How different any one of them—how vastly different when they are combined from the picture or pictures by which the patriot in one's country would seek to convey the character of his nation!

Picture the first in the lesson reveals how the Kingdom of Heaven is a small thing, which becomes big all over the world. There is nothing in the beginning of it which would naturally suggest it. Who would suppose that the Man of Nazareth was the mightiest of all rulers?

Picture the second tells how a thing despised in itself, sour, unclean, offensive, has a power to transform unpalatable material into nourishing bread. Likewise, the Kingdom of Heaven. Its value, kept apart, is alien to the desires of flesh and blood, but when applied, as yeast to flour, to the resources of the world, it transforms those resources until they become worthy, acceptable to God.

Picture the third shows how this wondrous thing is sometimes happened upon. Men seeking great things in a great way find, as by an utter surprise, that which is better than all they sought—and wisely close the transaction. They value a treasure when they see it, though finding it where they sought it not.

Picture the fourth reveals those who are in search of the best, and who are satisfied to surrender all inferior possessions, even of a similar sort, in order to obtain the pearl which is beyond comparison. The Kingdom of Heaven is the incomparable pearl. All else goes at sight of that.

Picture the fifth places the Kingdom of Heaven within the reach of all. The offer of its benefits is freely extended to all. But selection is made of those who shall belong to it. It is a world-wide communion in good; it is a kingdom of souls, but it depends on character. The bad are cast away. The Kingdom of Heaven is conditioned, therefore, upon character.

To one who drinks in the revelation of the Kingdom of God—what it is and who are of it—the satisfaction of it is perennial. The old concerning it is always new, and the new which is added never grows old. "Its ways are ways of pleasantness and all its paths are peace." "Thou wilt show me the path of life; in Thy presence is fulness of joy; at Thy right hand there are pleasures for evermore."

WORK IN POLAR REGIONS HARD ON THE NERVES.

LONDON, June 20.—A writer in the Lancet says, with respect to people who have lived in polar regions two or three years, that the extreme irritability of the victims of this condition is very troublesome; the most absurd trifle may raise a veritable storm of rage, and caustic speeches evoke more caustic retorts. He continues:

"In no other surroundings does the beam in one's eye become so microscopic and the mote in one's brother's eye so obvious as in these circumstances, and only in the silent watches of the night does the consciousness of personal failings return and restore the mental equilibrium necessary for an impartial judgment of the failings of others. Even these short periods of impartial self-examination are naturally wanting in those in which self-consciousness is a congenial defect."

"As with husband and wife, who have lived long together, every fault, every trick of manner or speech comes known to all who are sharing in a polar expedition, every one's views on every subject under the sun are common property. Under no other conditions is the truth of the old adage, 'there is nothing new under the sun,' so forcibly passed. After the third winter of the expedition, while the expedition is still in contact with land, or when active progress is made toward a definite aim, all goes well, but when the ship is frozen in, and the only means of motion is limited to the observation of a line of pack-ice through a hole in the ice to indicate the course of the current, the strain begins."

"Dr. Flessing's prophylactic measures are constant employment, and a strict limitation of the association of officers of the crew. 'Birds of a feather flock together,' and the democratic infraction of this rule leads not only to loss of discipline but also to discomfort on both sides. For work to be successfully varied more room must be given than was available on the Farm in 1893, when the maker of a pair of ski had to work in a temperature of -35 deg. Book-binding, painting, carving, plating, leather work and carpentering are all useful adjuncts in the wise employment of time."

Palpitation of the Heart.

One of the first danger signals that announce something wrong with the heart is the irregular or absent throbbing. There is only a fluttering sensation, or an "all gone" sinking feeling, or again there may be a most violent beating, with flushings of the skin, and visible pulsations of the arteries.

Mrs. Martha Mason, Marlbank, Ont. writes: "Just a few lines to let you know what Millburn's Heart and Nerve Pills have done for me. I have been troubled with weakness and palpitation of the heart, would have severe choking spells and could scarcely lie down at all. I tried many remedies but got none to answer my case like your pills did. I can recommend them highly to all with heart or nerve trouble."

Known by Name Silver plate of best quality and life-long durability is known by the name "1847 ROGERS BROS." On knives, forks, spoons, etc., this is a mark of distinction, superiority and exclusiveness.

TENDERS

Tenders will be received at the office of the City School Board up to the 30th instant, for one year's supply the Acadia round coal, and kindling wood for the three city schools, coal to be weighed on the city scales, and placed in the vaults of the respective schools. 6-2139.

MINARD'S LINIMENT is the only Liniment asked for at my store and the only one we keep for sale. All the people use it. HARLIN FULTON. Pleasant Bay, B. C.

INTERCOLONIAL RAILWAY

Cheap Fares

FOR Dominion Day

JULY 1st, 1910 Between All Stations on the Railway and to Points on Connecting Lines in Canada. First-Class One Way Fare

Good Going June 30th and July 1st Good Returning July 4th, 1910 For further particulars enquire nearest ticket agent.

SYNOPSIS OF CANADIAN NORTH WEST LAND REGULATIONS.

ANY person who is the sole head of a family or any male over 18 years of age may homestead a quarter-section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or the Agency for the District. Entry by proxy may be made at any agency on certain conditions, by the holder of a homestead, brother or sister of intending homesteader.

ANTIQUITY OF SHORTHAND.

Shorthand is apt to be looked upon as an essentially modern art. The predecessors of Pitman—Byrom in the eighteenth century, Mason in the seventeenth—are dim and distant figures beyond which it seems useless to venture. The "History of Stenography in Antiquity and the Middle Ages, by Eugene Guenin (official reporter to the French Senate) and Louis Prosper, may help to remove this popular but erroneous impression. Cicero dictated his oration to his freedman, T. Tullius Tiro, and was inconsolable when temporarily deprived

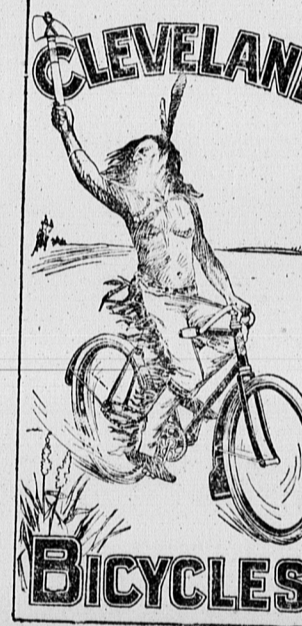
of his services. He complained in a letter to a friend that while "Tiro takes down whole phrases in a few signs, Spintarus (his provisional substitute) only writes in syllables." We need not, however, suppose that the "notae Trinitarianae" were actually invented by the Freedman in question. As the author points out, the Romans created very few of the arts of peace, contenting themselves as a rule, by copying from the Greeks. A close examination of the ancient stenographic characters reveals certain resemblances with "Demotic" writing—the cursive script by which the ancient Egyptians finally replaced their earlier hieroglyphs, and this fact leads M. Guenin to indicate the

banks of the Nile as the cradle of his art. (Washington Star.) "We should keep going onward and upward," said the earnest citizen, "with our minds fixed on higher things." "That's what I'm doing," replied the busy person, "I have traded by automobile in as part payment on an aeroplane." He—Farewell, my darling; I hope you will remain true to me. She (through her tears)—I hope so, too.—Fliegende Blaetter.

Always buy a Gendron CAR. This dainty English car is just as perfect as the genius of the carriage industry can make it. It is practically trouble-proof and built to endure—built right here in Canada. The upholstery is Leatherette throughout and the body is adjustable to a bed or sitting position and finished in GENDRON Tan. There are lots of reasons why you should buy a Canadian-built Gendron—ask your dealer. Gendron Manufacturing Co., Ltd. Toronto - Ontario 2436

STILL IN FRONT

"I have used the bicycle to quite an extent during the past fifteen or sixteen years and still use it almost daily. I consider it not only a great convenience from a business standpoint, but appreciate very much the stimulus of the exercise derived from its use." HERBERT OSBORN, M.Sc., Director Lake Laboratory Sandusky; Professor Zoology and Entomology, Ohio State University, Columbus, Ohio, U.S.A.



This is a black and white copy of the old-time poster of the "Cleveland." It was the herald of the "Bicycle Age" and to-day it is a leader in the big "Bicycle Revival."

The "Cleveland" has always been the leader. Apart from the splendid quality of the material used in its construction, Cleveland has all the new inventions that have helped to bring bicycling back as the popular means of healthy exercise.

If you get all the exercise and fresh air that nature demands every day of your life, you are going to be a very young-old man. And it's great to feel "young" when you are "old" Bicycling will do more for you in this respect than any other form of pleasurable exercise. And a good bicycle gives you outing "Pullman comfort."

THE HYGIENIC CUSHION FRAME—If there is one invention more than another in the bicycle line that has helped to popularize wheeling, it's the Hygienic Cushion Frame, "Makes all roads smooth," is the slogan that carries it to popularity, and it has lived up to the advance notice. The Cushion Frame gives "Pullman Comfort" to bicycling.

Ernest Rice Charlottetown Brace, McKay & Co Summerside

Moir's Chocolates. Are an added charm to the pleasure of attending the opera. Their delightful deliciousness keeps one in rare good humor, so that the clever dialogue and catchy songs are heartily appreciated and the parts that drag, if any, are readily overlooked. When you buy Moir's Chocolates, note the fineness and smoothness of the pure, rich chocolate coating and the rare delicacy of the widely varied centers. Taste them once and you'll always specify Moir's. MOIRS, Limited HALIFAX, N.S.

That's it BRANDAM'S GENUINE B.B. WHITE LEAD. Its extreme whiteness and impalpable fineness make a paint that has no equal for durability and color. Brandam's Genuine B.B. White Lead carries more Linseed Oil, which gives it a greater covering capacity, and actually makes more paint and better paint. For more than 100 years, Brandam's Genuine B.B. has been the world's standard white lead. Made in Canada by BRANDAM-HENDERSON, Limited MONTREAL HALIFAX, ST. JOHN, TORONTO, WINNIPEG

ALL KINDS OF HEADACHES YIELD TO KUMFORT HEADACHE POWDERS. Safe, certain and quick in their action and positively without any bad after-effects. Kumfort Headache Powders do not contain any harmful, dangerous drugs nor opiates of any kind. Pleasant and easy to take. They cure when all else fails. For fifteen years, we have been receiving testimonials like this one. What Kumfort Headache Powders have done for others, they will do for you. Little Cascapedia, P. Q. "I have used Kumfort Headache Powders and find them the best remedy for headache. I take pleasure in recommending them." MRS. J. E. ARSENAULT. At all sorts of stores 10 cts., 25 cts. If you can't find them we will mail them postpaid on receipt of price. Have them in the house against the time of need. F. G. Wheaton Co., Ltd. Amherst N.S.

INTERCOLONIAL RAILWAY Cheap Fares FOR Dominion Day JULY 1st, 1910 Between All Stations on the Railway and to Points on Connecting Lines in Canada. First-Class One Way Fare Good Going June 30th and July 1st Good Returning July 4th, 1910 For further particulars enquire nearest ticket agent.

BUDA Baking Powder. You Cannot Get Better Flour For General Baking BUDA is a High-Grade Hungarian Patent Quality Guaranteed. CARVELL BROS. Wholesale.