

Woman's Realm / Social and Personal / Fashions / Literature

Follow the HOLLYWOOD STARS... use WESTMORE'S Featherweight CAKE MAKE-UP

Here's the latest Hollywood make-up magic from the Westmores. A better cake make-up... scapless and contains lanolin to prevent drying... and light textured to make it comfortable to wear and prevent a mask-like appearance. Goes on easily, smoothly. Gives a youthful, exciting complexion. Never fools you about its color—the color you'll see on your face. Try it—you'll agree it's terrific. Comes in seven flattering dramatic skin tinted shades.



\$1.25

MOORE & McLEOD Limited

Cook's Corner

ORANGE BREAD

- Rinds of 3 oranges
- Water
- 1 cup brown sugar
- 1 egg
- 3/4 cup white sugar
- 2 1/2 cups flour
- 2 teaspoons baking powder
- 1 teaspoon salt
- 1 cup milk

METHOD: Peel the rinds from three oranges and then cut this in very thin strips, using a pair of scissors. Cover with cold water and allow to come to a boil. Drain and repeat this step twice more. The third time, however, retain just enough water to dissolve 1 cup of brown sugar, mixed with peel. Boil the mixture for 2 or 3 minutes and set aside to cool. When cool, add the egg which has been well beaten.

Sift the flour, then measure and sift again with the white sugar, flour, baking powder and salt. Add this to the orange peel mixture alternately with the milk. Turn the batter into a well greased oblong loaf pan and allow to stand for 20 minutes. Then bake in a moderately slow oven (325 deg. F.) for about 1 hour. Cool thoroughly and then wrap in wax paper for storing.

The Stars Say—

By Genevieve Kemble

For Friday, March 5

IN spite of high tension and an inclination to either tricky or faulty judgments, there are good indications of a day of steady progress toward ambitious objectives. In this there is hope of those in high places being heartily in accord with such propositions, with probably personal or social as well as professional factors proving influential. Being alert to duplicity, false values, and refraining from rash acts or turbulence, there should be productive work. The affectional, sentimental and domestic relations also flourish.

If It Is Your Birthday
Those whose birthday it is have an augury for success and progress in the launching of projects of major significance in which the resources and friendly cooperation of influential personages are essential. But be alert to false values or dubious entanglements born of wrong judgment or overconfidence in one's self or others. Refrain from flash ideas or plunging, and as well make prudent use of the personal or social element. A child born on this day should make progress in ambitious objectives in life, with corresponding gratification, happiness and influence in its romantic, social and professional life.

That Body Of Yours

By James W. Barton, M. D.

THE NEED FOR A FAMILY DOCTOR

Now that there is a general movement all over the world to make it possible for every man, woman and child to receive medical care with some help from the government, the question of the standing of specialists and of general practitioners in regard to hours of work, amount of fees and the distribution of physicians in cities, town, villages, and rural communities, is all being discussed by the various governments and by physicians themselves.

A brilliant busy children's specialist recently stated that if the Government took him on its payroll, he would do a 40 hour-a-week job like others, and no more. Also he would do office work only, no visiting. Other specialists may have the same thought. However, what most of us want to know is what about the general practitioner, the first physician to see the patient despite any special need demanded by his symptoms? It is the family doctor or general physician who counts for most with the majority of people. What will governments do to him and to the carrying out of his all-round work? He is a greatly "needed man."

In "Rocky Mountain Medical Journal," Dr. Lewis J. Moorman states that the most urgent need of our civilization is a family doctor who can see the human organism as a composite or complete whole and deal with it physically, psychologically, according to its individual needs.

The rapid development of advanced scientific methods of diagnosing and treating all the different ailments has pushed aside the time-honored relationship between patient and doctor. "Humanity, though blessed with the gift of science, never has been so in need of human understanding endowed with the primal sympathy of man for man."

Despite the fact that about 80 per cent of the people who call for a doctor will recover without his aid, they would have a poor time from the mental and emotional standpoint without the advice of a wise doctor.

"When illness strikes it is of paramount importance to know how to stay the storm, to soothe the soul, to quiet the heart and restore mental and emotional balance. This is always the general practitioner's privilege, rarely the specialist's."

Better English

D. C. Williams

1. What is wrong with this sentence? "They bought two dozens of oranges."
2. What is the correct pronunciation of "coquetry"?

Dorothy Dix Says— Skill In Marriage

Job Training For Wifehood Needed For Contentment

When a man hires a new secretary who is just out of the school room and who has had no previous experience in the business world, he doesn't expect her to turn out an expert job. On the contrary, he knows that she will make mistakes and bungle accounts, and not know where things are in the files, or how to handle clients or customers smoothly, and he prepares himself to use patience and diplomacy in breaking her in to the office routine and in teaching her how to do the work the way he wants it done so that eventually she becomes "our invaluable Miss Smith."

Yes, strangely enough, there are very few men who ever consider training the girls they marry into being the kind of wives they want. Whether they think that there is some magic in the marriage ceremony that will automatically turn their brides into whatever they desire them to be as wives, Heaven alone knows. But it is sadly true that when the average girl gets married she has the faintest idea on earth of what her husband really wants her to be.

Not only has her prospective husband never told her what he expects of her, he has unintentionally misled her by giving her the general idea that marriage is a state of perpetual billing and cooing and being dressed up in wedding finery, and looking pretty and stepping out of evenings to a night club. It is significant that when girls buy their trousseaus they seldom include any working clothes, and in their courtship men rarely even mention wash tubs and cooking stoves.

WANTS GOOD COOK

And that goes a long way towards explaining why so many marriages go on the rocks and why there are so many peevish, fretful, discontented wives and so many grumpy husbands. For how can Mary Anne come up to her husband's desire in a wife when he thinks he only wants her to look pretty and act cute, whereas what he wants is a good cook? And how can Mary Anne be satisfied with a husband who just passes into the silence when anything goes wrong, instead of telling her what it is that grieves him? Love of itself is not enough for the average man. He wants performances, besides. And when he marries he wants his wife to have all of the domestic virtues, as well as good looks and a line of fascinations. And when she fails to make good on any, or all of these points, he considers that he has been gypped and he acts accordingly, which doesn't make him pleasant to live with.

Apparently it seldom occurs to a man that when he marries a young ignorant girl, who has had no experience in smoothing men's fur down the right way and knowing how to get along with him, and who knows nothing of how to cook or handle money, it is up to him to teach her how to be a good wife and come up to his standards.

There isn't a woman who couldn't be turned into a good cook if her husband took an interest in it and praised her bread and pies in the market place. There isn't a woman whose husband couldn't teach her to be thrifty if he showed her how to handle money. There isn't a woman who wouldn't learn to control her temper if her husband told her what a Mona Lisa smile she had.

Second marriages are notoriously happy, and the reason for this is that widows have been taught, by precept and experience, how to be good wives.

1. Which one of these words is misspelled? Klmmo, keeness, kangaroo.

2. What does the word "pompous" mean?
3. Keeness. A. Characterized by excessive self-importance; pretentious. "The pompous vanity of the old schoolmistress."—Thackeray. 5. Lavish.

4. What is a word beginning with la that means "expending or bestowing profusely?"
ANSWERS

1. Say, "They bought two dozen oranges." 2. Pronounce kog-noon, first o as in on, second o as in no, e as in men, accent on second syllable. 3. Keeness. A. Characterized by excessive self-importance; pretentious. "The pompous vanity of the old schoolmistress."—Thackeray. 5. Lavish.

Household Scrapbook

By Roberta Lee

Disinfecting A Room

When disinfecting a room, paste strips of paper over the cracks of the doors and the windows. Loosen the bedding and the carpets. Then burn two or three formaldehyde candles, according to directions on the box, which can be secured from any drugist. Leave the room closed about eight hours, then open and air.

Cooking

The results will be quicker and more satisfactory if a smaller flame is used when cooking anything in an aluminum pan. Turn the flame higher when using an iron vessel.

Stains on Steel

The brown stains on the steel fittings of the range can be easily removed by using a rag dipped in vinegar. Then polish in the usual way.

How Can I!!!

By Anne Ashley

Q. How can I make mock goose?
A. Parboil a leg of pork and remove the skin. Then rub with butter and sprinkle with salt, pepper, powdered sage, bread crumbs, and minced onion. Roast in a moderate oven. A well-seasoned bread dressing can be baked in the pan with the pork. Serve with fried apples.

Q. How can I keep the leather bindings of books in better condition?
A. If the doors of the bookcase are left open once in awhile, allowing the air to reach the books, it will help.

Q. How can I remove varnish from furniture?
A. By using ammonia and water in equal quantities.

Morning Smile

BETTER PRACTICE

"I see you have a sign in your shop, 'We aim to please,'" remarked the customer.
"Certainly," replied the shopkeeper, "that's our motto."
"Well," said the customer, "you ought to take a little time off for target practice!"

GAMBLING

Two men were discussing the morals of their respective parish priests.
"Our clergyman," said one, "is so strict that he won't even perform a marriage ceremony."
"Goodness," replied the other, "what has that got to do with his morals?"
"He says his conscience will not allow him to participate in any game of chance!"

Ellen's Diary

By an Island Farmer's Wife

I wonder who invented hooking? Jeanie and I have tried to find the answer in her Book of Knowledge without result. It must have been a woman of considerable vision and courage! Much as he admires a pretty new hooked rug, James is bound the craft is "nothing short of an invention of the d---". And another male much older remarked to me recently: "Ellen, hooking may be as you say, fascinating to the women, but more reputations have been lost over a set of hooking frames than anywhere else I can think of!" "Not lost!" I chuckled "just discussed!" "Oh, but avidly, Ellen, I don't mean these times, but in the long ago when the women covered their floors from edge to edge with mats—and wore themselves out afterwards shaking them and sweeping them and trying to keep them clean."

They used to have these here hooking bees at one place or another then—in March mostly though some commenced it earlier. Ann used to be crazy to go. After she'd get the dinner over and the house tidy, she'd take her hook and the scissors and sometimes a bit of cake or a pie and off she would go. If it was handy she would walk or if it was far, I'd hitch up the horse and take her" and he laughed "and before we would get there, I'd have the sleigh full of women. You never heard such a clatter in your life! They'd hook 'till the moon would go down and their nerves stand on end. Yes, sir! And the news Ann would have when she'd come home!"

He mentioned this with a little contempt as though the weaker sex had no right to gossip. "Enough to last for a week!" I laughed. "A week!" he said "hook her through the Summer she'd let fall something, and where did you hear that? I'd ask her. And where was it but at a hooking frolic! No," he continued "I guess there's none of those parties nowadays. I'm not saying they didn't learn a lot too exchanging receipts and patterns and such like and I suppose it did them lots of good too, if it was only to get away from home for a spell. Certainly Ann always came back in good spirits. She loved to get off to a hooking!" And I felt some regret for the younger generation that many of the friendly old customs which combined work and entertainment in a well balanced way have almost disappeared from rural life. I look back wistfully, recalling that some of our number have since moved away and some gone from an earthly scene to our wartime community quiltings, so worthwhile and enjoyable. Then the women at "this end" gathered at one or another of the houses on this or the Spruce road and learned to know and value each other better—and we ate part of our "peck of salt" together. We were more concerned with our quilting than in hooking, but we did discuss world-wide and local happenings and at that time the former much over shadowed the latter. "Act well THY part" the poet wrote "there all the honor lies."

At Alderlea the threshing commenced in the sunshine of this afternoon and continued until at a time towards sunset when James came to the door to put an end to what had been a delightful spell for Jamie and me. I was hooking not without certain effort at a small rug and he was beside me interested in the blending of colors as the work progressed. "Ellen" James said "have the supper on the table as soon as you can—the men have all their choring to do when they go home!" I suppose Jeanie also received like notice. And Jamie and I chuckled when the door closed behind him and then went hurriedly and regretfully to spreading the table. Rob, dusty from feeding the mill came in when I was serving the soup. "What!" he laughed, making light of any thrifty ways I might have "got from the same bone!" "Exactly!" I grinned, dealing back teasingly "it's only the girls of the old brigade who can make use of the same one. I dare say tomorrow, I shall use the meat off that bit of shank for a tasty meat pie for your father's dinner!" And James came in then dusty—though he would have a roving commission: "Is she oiled?" "Is that far left filling?" and "How's the granary doing?"—but happy that the gear worked so well, and in time to hear my words. He looked around at the others with a twinkle and said: "I'll be lucky to get as much as a meat pie—and her at the hooking!"

Until tomorrow—Diary—Good-night.

Flavour... out of this world!



SHIRRIFF'S DESSERTS

Living & Leisure THE WOMAN'S REALM

YOUTH IS OFTEN PRETTY BRASH

Wherefore every man. When his affairs go on most swimmingly, Even then it most behoves to arm himself Against the coming storm.—Terence.

TOO MUCH TESTING

When cooking meat and root vegetables, do not continually thrust a fork into them to see if they are done sufficiently. Test them as little, as possible as this only lets out the juice in both meat and vegetables and causes them to lose flavor.

BRIGHTER KITCHEN

Paint the walls and woodwork of the kitchen a cheerful color that reflects rather than absorbs the light. Many times it is only a poor choice in the color of the paint that makes the kitchen gloomy.

A USE FOR SCREENS

Save old screening when repairing your window screens now. Then you can spread the screening over the soil after sowing seeds outdoors this spring. This will break the force of raindrops and check erosion of your soil.

DEVELOPED FERTILIZERS

Scientific investigation of fertilizers and their effect on crops was started by John Lawes in 1822 on an estate he inherited at Rothamsted, England.

Get Better Faster From ARTHRITIC PAINS LUMBAGO ACHING MUSCLES

Don't suffer needlessly another minute. Just massage those aching spots with deeper-penetrating BUCKLEY'S STAINLESS WHITE RUB. Immediately a comforting, glowing warmth tells you fast relief is on the way. Crutches are discarded, surface congestion relieved, pain eased—aches begin to go. Don't delay, get a jar of this deeper-penetrating stainless, non-greasy rub today and get relief fast. 30c and 50c at all drug stores.

Modern Etiquette

By Roberta Lee

Q. After the knife has been used to cut a bite of food, what should be done with it while conveying the food to the mouth?

A. Place the knife across the edge of the plate, but never with the handle resting on the tablecloth. Sometimes the knife is held closely to the plate with the right hand.

Q. Is it all right to close a social letter with the phrase, "With best wishes, I am sincerely?"

A. Omit the "I am" which is understood, and add the word "yours." "With best wishes, (then on the line below) "Sincerely yours."

Q. Is it obligatory to send a gift upon receiving an announcement of a birth?

A. No; but it is a nice gesture on your part if you do so.

Needlecraft FOR THE HOME

CLEAN-CUT CASUAL

For the many occasions ahead when you'll want to look your casual best choose this shirtwaist special. You'll especially like its front-buttoning dressing ease... comfortable cap sleeves... handy pockets!
No. 2231 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44 and 46. Size 36 requires 3 1/2 yards 36-inch. Send 20c for each Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit or some number in your address.
Address Pattern Department, The Charlottetown Guardian, Charlottetown, P.E.I.
Pattern No. 2231

Name _____
Address _____
City _____ Province _____

Best-Known VIKER

HIDE THE DISH PAN UNTIL YOU GET THE AMAZING NEW IMPROVED DREFT!

Canada's Favorite for Dishes

FIRST to get dishes so clean they Shine—even without wiping!

FIRST to cut dishwashing time in half!

FIRST to give you greaseless dishwashing!

FIRST to perform miracles no soap in the world can match!

NOW 4 WAYS BETTER!

SEE! MORE SUDS THAN ANY LEADING PRODUCT!

FEEL! MILDEST EVER TO YOUR HANDS!

SMELL! GLORIOUSLY SNEEZE-FREE!

LOOK! WASHES MORE DISHES!

You Must Try It! Nothing Like It! DREFT MAKES DISHES SHINE—even without wiping!

PROCTER & GAMBLE PATENTED SUDS DISCOVERY Made in Canada & through France

How Can I!!!

By Anne Ashley

Q. How can I make mock goose?
A. Parboil a leg of pork and remove the skin. Then rub with butter and sprinkle with salt, pepper, powdered sage, bread crumbs, and minced onion. Roast in a moderate oven. A well-seasoned bread dressing can be baked in the pan with the pork. Serve with fried apples.

Q. How can I keep the leather bindings of books in better condition?
A. If the doors of the bookcase are left open once in awhile, allowing the air to reach the books, it will help.

Q. How can I remove varnish from furniture?
A. By using ammonia and water in equal quantities.

Morning Smile

BETTER PRACTICE

"I see you have a sign in your shop, 'We aim to please,'" remarked the customer.
"Certainly," replied the shopkeeper, "that's our motto."
"Well," said the customer, "you ought to take a little time off for target practice!"

GAMBLING

Two men were discussing the morals of their respective parish priests.
"Our clergyman," said one, "is so strict that he won't even perform a marriage ceremony."
"Goodness," replied the other, "what has that got to do with his morals?"
"He says his conscience will not allow him to participate in any game of chance!"

Van Camp's New England Style BEANS

Canadian Pea Beans prepared as you like them with salt and a hot piece of pork. Just heat and eat.

STOCK UP NOW!