

Woman's Realm - Social and Personal - Fashions - Literature

What the Fashionable Are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern By Anabelle Worthington



A navy blue faille silk crepe that adopts a bolero at front of bodice

that is belted at normal waistline. It is a boon to the woman of average full figure as it is such a clever means of detracting from width. The skirt contributes further effect of slenderness in intricate new flared fullness. It only appears intricate for the right side of skirt simply merges into a hip yoke at front with inset circular section below. The lower part of back skirt is circular and attached to hip yoke, which keeps fullness well below the hips. Style No. 3251 comes in sizes 16, 18 years, 36, 38, 40 and 42 inches bust. It makes up smartly in crepe satin in becoming new brown shade. The lower part of bodice at front can be cut from the dull side of crepe which is used to bind the neck and sleeves. Flat silk crepe, crepe marocain, chiffon and rayon printed crepe smart. Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

Form for ordering a pattern, including fields for Name, Address, City, and State.

IN MEMORIAM

MRS. SUSANNA MURPHY.

The death occurred on Dec. 27, 1929 of Mrs. Susanna Murphy, widow of the late Thomas Murphy of Milvale, fortified by the rights of the Holy Catholic Church of which she was a devoted member. Of a genial personality, charitable, and sympathetic and won the respect and esteem of a wide circle of friends and acquaintances. She took a lively interest in all things pertaining to the welfare of the Community and advancement of religion.

She leaves to mourn the loss of a kind mother, six sons and two daughters, George and Peter, of Fall River James of Boston, Mrs. Michael Driscoll of Kansas, William of Milvale, Mrs. Enis Hughes of Kinkora, Alfred at home, and Augustin J. of Charlottetown also one brother George Turner of Winsloe. Her funeral took place on Dec. 29 to Saint Ann's Church Hope River the Fall Bearers were, William Murphy, Alfred Murphy, Augustin Murphy, Fred Turner, Enis Hughes, Clemin Murphy. The many messages of sympathy, floral offerings and the edifying number of Mass Cards were silent tokens of love and respect.

Mass Cards

- List of names and addresses for mass cards, including Mr. and Mrs. Alfred Murphy Milvale, Mr. and Mrs. William Murphy Milvale, Mr. and Mrs. Augustin J. Murphy, Charlottetown, Mr. and Mrs. Michael Driscoll Kansas, Mr. and Mrs. Enis Hughes Kinkora, Mr. and Mrs. Peter Murphy Fall River, Mr. and Mrs. George Murphy Fall River, Mr. and Mrs. James Murphy Kensington, Mr. Thomas Trainor, Hope River, Dr. and Mrs. Ledwell Charlottetown, Mr. and Mrs. Frank G. Payne, Charlottetown, Mrs. S. G. Peppin, Charlottetown, Mrs. Mary Herrell Charlottetown, Miss. Mary Ann Turner Oh.Town, Mr. and Mrs. John Herrell Charlottetown, Mr. and Mrs. Thomas Keoughen, Charlottetown, Mr. James Herrell, Charlottetown, Mr. Felix Herrell Charlottetown, Mr. and Mrs. John McCarville Freetown, Catherine and Mary Murphy, Kensington, Mr. and Mrs. Lenard McCarville, Freetown, Flowers were received, Wreath from Roy and Harry Cudmore, and Harold Pickard of Charlottetown, and Cross from Mr. and Mrs. Augustus J. Murphy, Charlottetown, Message of Sympathy from—Mr. and Mrs. Michael Driscoll, Kansas, Mr. and Mrs. Peter Murphy Fall River.

Household Hints

By Roberta Lee

White Woodwork

To clean white woodwork heat a pint of milk in a pint of water, then add one tablespoon of kerosene. Apply and polish immediately with a soft cloth.

Baked Potatoes

Potatoes that are intended for baking should be soaked in hot water about a half hour, wiped dry and rubbed with butter. They will bake more quickly and be meatier.

Toothbrushes

Toothbrushes should be frequently dipped in boiling water to disinfect them.

- List of names and addresses for household hints, including Mr. and Mrs. George Murphy Fall River, Mr. James Murphy Boston, Mr. and Mrs. James Mudgett Dorchester, Mass., Miss Ida McCarvell R N Manchester Conn., Mrs. James Herrell Charlottetown, Mr. and Mrs. John A. Hughes Freetown, Mr. and Mrs. Felix Murphy Roxbury Mass.

MR. JAMES R. CARROLL

James R. Carroll, an old resident of Prince Edward Island, passed away at the home of his daughter, Mrs. C. F. O'Connor of Detroit, Mich., on Jan. 22nd, at the advanced age of almost ninety years. Mr. Carroll was born in the parish of Vernon River, on March 21st, 1840, and in youth learned the trade of wheelwright and carriage builder. His place of business for many years was at Lake Verde, known in those days as Carroll's Corner. Mr. Carroll passed his business to his youngest brother, in 1876 and went to St. Louis, Mo., where he continued to work at his trade until 1910 at which time he retired and went to Detroit. His wife died about twenty years ago, leaving two sons and one daughter. May his soul rest in peace. (Boston papers please copy)

Character Close-Ups

HE MORE SKULL ABOVE THE EARS THE LESS INTEREST IN MATERIAL THINGS-LIKE HAM AND EGGS-AND FOOTBALL

Dorothy Dix Letter Box

The Real Solution of Some of the Great Moral Problems of Our Day is to be Found in Politeness—Is Marriage to an Older Woman Normal?

Dear Miss Dix—I think that if the ideal of politeness was stressed more in domestic life, divorces would be fewer. Therefore, I would have courtesy taught in all schools. Amelia Barr in "All the Days of My Life" tells about a European school where the pupils were required to sign a promise to observe courtesy in all their doings before they were admitted to the school. What a revolution there would be if we all used courtesy in dealing with our fellow creatures. J. S. R.



It would make family life a grand, sweet song instead of the scrapping match it is in most households. It would enable those who love each other to get the sweetness out of the most beautiful relationship on earth instead of receiving from it nothing but blows and bruises to one's vanity and having one's sensibilities trampled under foot by the only feet that feel privileged to make a doormat of one.

It has been said that nothing is as cruel as the candor of a near relation, and certainly it is only those who are nearest and dearest to you who tell you the truths that you would rather die than hear and who consider that in dealing with you it is a waste of effort to use any tact or finesse.

Just why we should keep all of our suavity for strangers, nobody knows. Just why we should consider that politeness is too much a luxury for daily home consumption is another mystery. It is merely a truth that we use at home a brutality that we would never dream of using abroad and that we never think of saying the abusive things to outsiders that we say to those of our households.

It is a little curious and pitiful, too, to think that the real solution of some of the great moral problems of our day, such as how to stop divorce and prevent the breaking up of families and how to keep children at home is to be found in as simple a thing as politeness, but it is so nevertheless.

Suppose husbands and wives were as polite to each other as they are to people in the outside world. That would make them treat each other with courtesy. It would keep them from offering each other gratuitous criticisms and knocking each other's faults.

If husband was as polite to his wife as he is to other women, he wouldn't tell her that her new hat was unbecoming and made her look sallow and that she was getting frumpy and fat and when she tried to tell a story he wouldn't remind her that it was so old it had whiskers on it and he wouldn't deride her opinion and inform her that she didn't know what she was talking about.

Oh, no. Husband isn't that impolite to any woman on earth but his wife. When he meets Mrs. Jones he tells her how young and beautiful she is looking and what a charming frock she has on and he laughs at her stories no matter how ancient they are and he listens with an absorbed expression while she sets forth her views on the weather or our foreign policy.

And Mrs. Jones brides and smirks and is as pleased as punch just as friend wife would be if her husband handed her a few pleasant politenesses.

And if husbands and wives were polite to each other they would say "thank you" for all the kindnesses and courtesies they received from each other, just as they do for those extended them by strangers. Wife would express to husband her appreciation of how hard he toiled to support her and the children and how generous she thought he was to give them so much and she would make a fuss over the sacrifices he made for her and make it all seem worth while to him.

And politeness would stop the family spat that makes most homes a dark and bloody battleground. Because with strangers we use consideration. We respect their Keep-Off-the-Grass signs. We avoid hurting their feelings and rubbing their fur the wrong way.

If we know a subject is offensive to them we avoid it. We do not bait them about their religion or politics and if we inadvertently get into an argument with them and it threatens to grow unpleasant and personal we change the subject and if we have to disagree with them we do it with as little offense as may be.

It is only with our own families that we start things just for the sheer love of fighting and for saying all the mean and bitter things that we can think up.

And as for using politeness in dealing with children—well, once I heard a mother scolding a little child for upsetting a glass of water at the table and the little hurt creature turned on her with tears in his eyes and cried out: "Why don't you treat me like I was company and say it doesn't make a bit of difference and not to think of it again?"

Why? Why don't we use politeness at home? It would pay such dividends in peace and happiness if we did. DOROTHY DIX.

Dear Dorothy Dix—About seven years ago my mother, who was then 69, married a man of 44 and turned over to him all of her property, which he has spent or lost. Now I have to support both of them as "IT" merely sits tight and says: "Your mother agreed to support me as long as I lived and I am still alive." Half the time mother is begging me to rescue her from this man; the other half lambasting me for separating husband and wife. Question: It is possible for a woman to contract a normal marriage with a man twenty-five years younger than she? Would any man marry a woman with such a disparate age except for her property? Is it not the law of nature and common sense that the wife should be younger than the husband or at least that they should be approximately the same age? A SON.

Answer: I think any woman who marries a man twenty-five years younger than herself is suffering from senile dementia, for nothing but having lost her reason could make her delude herself into thinking that he was marrying her for anything but her money. You will observe that it is only rich old women who amox boys husbands. No poor old woman ever awakens any thrills in the breast of a lad young enough to be her son.

Certainly any woman of 69 must be crazed with vanity if she thinks that any young man loves her for herself alone. She has only to look into the mirror to see that her beauty is gone and that there is nothing in her wrinkles and gray hairs and faded cheeks to fire a young man's fancy so that he prefers her to the fresh and blooming girls of his own age. She has only to consider her own stiff and rheumatic joints to know how little she can jump around and dance and be a playfellow to a young husband. She has only to consider how different are the tastes and ideals and



A Morning Smile

JOKE ON THE BOYS

Some young fellows once asked an old man who kept a pork butcher's shop how much his pork was a yard. "Five shillings" was the reply. "Very well, I'll take a yard," said one of the jokers. "Where's your money?" said the old man. The young fellow laid down five shillings, which the butcher pocketed, and then produced three pigs' feet.

Etiquette

By Roberta Lee

Q. Should any food be placed on the dinner table before the guests take their seats?

A. Yes, radishes, olives, salted almonds, or similar relishes.

Q. Should a man ever arrange any kind of amusement without consulting his wife?

A. No. He should consult her first, whether it is just amusement for the evening or a vacation trip abroad.

Q. Should notes of thanks be sent when one receives flowers at a tea?

A. Yes, even though she has expressed her thanks verbally at the affair.

For The Cook

COCONUT CAKE

One cup of white sugar, 1/2 cup of shortening (half each of butter and lard), 1 1/4 cups of sweet milk, 2 1/2 cups of pastry flour, 3 teaspoons of baking powder sifted in flour, 1/2 teaspoon of salt, 1 teaspoon of vanilla, 1/2 cup of broken walnut meat, 1 cup of grated coconut.

Bake in a loaf in a moderate oven one hour. Do not cut for twenty-four hours after making. The above is a very nice cake, inexpensive on account of not having any eggs in it, and will keep moist for some time.



BILIOUS HEADACHE

To quickly get rid of headache—look first to the bowels. Usually there is constipation or a disordered stomach. Quick relief comes from the cleansing effect of Dr. Hamilton's Pills; they flush out the stomach and improve digestion. To overcome Constipated Headache use Dr. Hamilton's Pills frequently. These tiny Pills are mild, but oh, so effective! Suited for women and children, and old folks too. Sold by druggists everywhere.

To be free from headaches, take two of these little sugar-coated pills at night, drink abundance of water two hours after meals. Follow this advice and note the improvement in your looks, your appetite, digestion. For health, vigor, good spirits, tone and regulate your system with Dr. Hamilton's Pills. Sold by all druggists.

Check Falling Hair with Minard's.

opinions that she holds from those of the youth of today to realize how little companionship there could be between her and a strange boy. Why even mothers and sons have not overmuch to say to each other and seldom want to do the same things by way of amusement.

The marriage of the young and old is always a mistake and it is a double tragedy where the woman is the elder by many years because her young husband is sure to forsake her and be unfaithful to her, and he robs her not only of her money but of the peace and happiness that should be hers at the end of life.

As a general rule, to be happy though married a couple should be very nearly of the same age, so that they may hold the same viewpoints and be interested in the same things. DOROTHY DIX.

Dear Miss Dix—Can nothing be done to stop the fool way of women in following fashion like so many silly sheep. One day their skirts are above their knees. Par's says "change." And the next day their skirts are down to the ground. Yet women talk about freedom. Huh!

Answer: Fashion is one good which women worship blindly without asking why it commands them to do one thing and then just the opposite. As for the lengthening of skirts, let us thank heaven that no longer do we have to look at knobby knees and bandy shanks and milpost underpinning. If you ask me, I think that the clothes that swathe our deficiencies are mighty good to us. DOROTHY DIX.

Milady Beautiful

By Lola Leeds

DARK CIRCLES UNDER EYES Dark circles under the eyes are a common beauty blemish and many of my readers have requested information in regard to getting rid of these.

In the first place, loss of sleep is bound to bring these tell-tale circles, and where this is their cause obviously the only remedy is to see to it that one gets plenty of rest. Any extra physical strain or worry also shows itself first around the eyes, and here again the preventive treatment is most effective. One must try not to arrive at the fatigue point.

Dark circles under the eyes are often an indication of a run-down physical condition. The woman who stays indoors a great deal and who fails to get an adequate amount of exercise in the open air will nearly

get the lotion under the eyes.



always have to pay the price by dark circles under her eyes. These blemishes seldom trouble the woman who gets her allotted amount of sleep and who keeps her health radiant through plenty of fresh air and exercise.

However, there are some whose skin under the eyes seems merely to be darker than the rest of the complexion, and in such cases it is well to pat on a little bleaching cream or lotion. In using creams of any kind around the eyes one should be extremely careful to prevent any from entering the eyes, or it will cause a smarting sensation just as does soap.

Also pat in on very gently, as it is very easy to stretch the skin in such a way that premature eye wrinkles will be formed. In massaging directly beneath the eyes do not use any pressure, just a soothing and stroking or patting motion. Press gently around the outer corners and upward, following the contour of the eyes.

Fuffiness under the eyes is often an accompaniment to the dark circles, and for this condition the following lotion is good: Glycerine, 1 ounce; tannic acid, 5 grains; cologne water, 2 ounces. Mix and apply with absorbent cotton.

It is a good idea to pat on a food cream around the eyes, as it is here that wrinkles usually make their first appearance. Those troubled with discolored or dark skin under the eyes may add a little peroxide to the cream, as this will act as a bleach. Use four drops of the peroxide to about one teaspoonful of the tissue cream. Pat on as directed and leave on overnight. Next morning, after washing the face, an astringent lotion to which a little peroxide has been also added may be patted on beneath the eyes with a bit of absorbent cotton.

Betty: I suspect that the dark circles under your eyes are caused by the condition of your health. It is not a good sign when a young girl feels tired all the time. In the first place see that you get plenty of sleep, and if you are quite sure that this does not help I should advise you to see a physician.

Pat: Ammonia in the water which you use for washing your face is not harmful and it does have a tendency

MODERN "BOTTLE BABIES" ARE CERTAINLY LUCKY!

Scientists of every land have been seeking and experimenting to find a milk for "bottle babies" that would give these precious future citizens as good a start in the world as falls to the lot of their cousins who begin life on mother's milk.

They have tried every kind of milk, in every modification, endeavouring to find the closest possible match for the perfect digestibility of mother's milk. And now, at last, they say they have found a wonderful match—even the frailest premature babies thrive upon it.

Two Secrets of Perfect Digestibility

This remarkable milk is unsweetened evaporated milk, which, as you doubtless know, is simply pure whole milk with part of the natural water removed, and nothing added. It is sealed in airtight cans and sterilized so nothing can affect its purity.

Two things happen to this milk which, scientists say, explain the fact that it is so much easier to digest than cow's milk in any other form. First, there is the heat of sterilization, which alters the casein so that very fine soft curds are formed, almost identical with those formed by mother's milk, while ordinary milk forms tough, solid curds, very indigestible.

The second beneficial change in unsweetened evaporated milk comes from the process called "homogenization." This process breaks up each fat globule into a thousand infinitely tiny ones, as fine as those in mother's milk. This also helps the baby's delicate stomach to

digest its food more perfectly.

Contains Needed Vitamins

Unsweetened evaporated milk is fully equal, from every nutritional standpoint, to the best bottled milk. It contains all the vitamins that any milk is dependent on to supply. Even breast-fed babies nowadays are given orange juice and cod-liver oil—the only supplements needed with evaporated milk.

This milk is a splendid source of the minerals necessary to the building of sturdy bones and strong regular teeth. Safety is another advantage. Sterilization destroys all bacteria, and the baby simply can't acquire any of those milk-borne infections that upset so many bottle-fed babies.

Naturally, it is advisable to use the best evaporated milk that can be had. The most widely known brand is Carnation. The milk from "contented cows." The care with which this milk is guarded at every step, from dairy farm to final sealing and sterilizing, is a guaranty to the mother that her baby will have the purest and best of milk.

The Carnation Baby-Feeding Chart contains valuable information on this interesting subject. Please write for it, but remember that only your own physician should prescribe a formula for your baby.

I should also like to send a copy of my cook book, "My Hundred Favorite Recipes." Both publications are free, and you may obtain them by writing to Carnation Co., Limited, Aylmer, Ont.



and remember



Carnation Milk is the perfect milk for baby's bottle because it is unsweetened, evaporated milk of highest quality—pure, safe, nourishing, and more digestible than milk in any other form.

The Safeguarded Milk "from Contented Cows"

to bleach the skin. Yes, olive oil will help your dry hair. Before the shampoo apply the warm oil to the scalp and leave on for about an hour. After the shampoo put about a tablespoonful of the oil in the final rinsing water. The oil will not dissolve in the water, of course, but putting it in the water will help distribute it evenly over your hair.

- Regan Marjorie Costello Patricia Iratus 80 percent. Grade 111.—1. Catherine Feavoyou and Freda Gallant, 2. Dorothy Weatherlie, 3. Mary Gallant. Grade 11.—1. Helen Cullen and Ida Peters, 2. Ethel McLeod, 3. Eleanor Gaudet, and Bertha Gallant. Grade 11.—1. Hazel Martin, 2. Myrtle Stewart, 3. Margaret Somers.

Tomorrow—Beauty Questions Answered.

ROCHFORD SQUARE SCHOOL

Honor Roll for January.

- Grade X.—1. Stella Smith, 2. Dorothy Hennessey, 3. Eleanor Hornby. Grade IX.—1. Noreen Cullen, 2. Catherine McGuigan, 3. Lily McNeill. Grade VIII.—1. Adele Coyle, 2. Eileen O'Neill, 3. Nan Leightner. Grade VII.—1. Roberta Weatherlie, 2. Beatrice Grech, 3. Ruth Duffy and Madeleine Berrigan. Grade VI.—1. Margaret Buote, 2. Margaret Carragher, 3. Mary Walsh. Grade V.—1. Sadie McDonald, 2. Elizabeth McDonald, 3. Mary Doyle. Grade IV.—1. Gladys Bell, 2. Mary Cormier, 3. Mary Wedge and Hilda Hennessey. Grade III.—1. Vernita McKenzie and Pauline Whelan, 2. Margaret Gaudet, 3. LeVina McNeill. Progressive Series:—Class 1—1st. Marjorie Holman Ruth Duffy, 100 percent. 2nd. Beatrice Blanchard Lillian Brown 96 1/2. 3rd. Madeleine Berrigan Mary Peters 93. Class 11.—1st. Mary Martin 93, 2nd. Frances McCarey Vernita MacKenzie, 97. 3rd. Mary Doyle 95. Class 111.—1st. Louise Blanchard 96, 2nd. Pauline Peters 95, 3rd. Dorothy



Weak After Operation

"After having an operation, I was very miserable, weak, nervous and very near unfit to work. I saw Lydia E. Pinkham's Vegetable Compound advertised and tried it and believe it helped me wonderfully. I have no weak spells any more, the pains have left me and my nerves are much better. I feel safe in saying Lydia E. Pinkham's medicines have helped me wonderfully."—Mrs. Wm. H. Bechtler, Box 145, Fort Colborne, Ontario.

Lydia E. Pinkham's Vegetable Compound