

Have You Tried?

Lydia E. Pinkham's Vegetable Compound? We can furnish positive proof that it has made many remarkable cures after all other means had failed.

Women who are suffering with some form of female illness should consider this.

As such evidence read these two unsolicited testimonial letters. We guarantee they are genuine and honest statements of facts.

Gardiner, Maine.—"I was a great sufferer from a female disease and weakness. The doctor said I would have to go to the hospital for an operation but I could not bear to think of it. Lydia E. Pinkham's Vegetable Compound completely cured me in three months."—Mrs. S. A. Williams, R.F.D. No. 14, Box 39, Gardiner, Me.

So. West Harbor, Me.—"I suffered for years with painful periods, backache, headaches, nervousness, irregularities and inflammation. I consulted two physicians and one advised me to have an operation. I was completely discouraged when I decided to try Lydia E. Pinkham's Vegetable Compound, and it has made me a well woman. I advise all suffering women to take Lydia E. Pinkham's Vegetable Compound."—Mrs. Lillian Robbins, South West Harbor, Me.

Evidence like the above is abundant showing that the derangements of the female organism which breed all kinds of miserable feelings and which ordinary practice does not cure, are the very disorders that give way to Lydia E. Pinkham's Vegetable Compound.

Women who are afflicted with similar troubles, after reading two such letters as the above, should be encouraged to try this wonderfully helpful remedy.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health free of charge. Address Mrs. Pinkham, Lynn, Mass.



The hard work of bread-making should be done in the flour mill—not in the kitchen.

When it is necessary for you to make bread by main strength, the miller hasn't done his part. His flour is not fine enough.

Royal Household Flour

is made from hard Spring wheat—which is capable of finer grinding than any other wheat—and milled by a process that insures the finest, and most nutritious of flours. Get enough to try from your grocer.

Ogilvie Flour Mills Co., Limited, Montreal.

"Guess which Candy AND she guessed P & W Chocolates. Because she knew that he wouldn't even think of giving her any other kind but the best. The delicious, heavy, pure chocolate coating

—the rich, delightful enticing insides
—P & W Chocolates simply melt in your mouth. Get a box today.

THE PHILLIPS & WHITE CO., LTD.
ST. JOHN, N. B. Makers.

THE GUARDIAN'S WEEK END SERMO

The sermon was preached by Rev. Dr. S. Parkes Cadman of Central Church, New York. The text was from Psalm cix: 15 'Happy is that people whose God is the Lord.' Dr. Cadman said:

This Psalm has had a history. In this respect it is like unto its fellows. For the lyrics of the Hebrews are not untried and Academic poetry. They are deeply associated with the affairs of men. They have been used by men of all ages, not alone for their literary beauty, though that is great, but for their consecrating effect upon life at large. St. Bernard made reference to the One Hundred and Forty-fourth Psalm when he preached his crusade. It has been incorporated into the lives of warriors and saints. Nearly every human employment has heard its joyful sound. Hollanders who fought the Spaniard on the high seas, Huguenots who followed the white plume of Henry of Navarre. Ironsides who pierced the line at Worcester, in their allegiance to this ode, have united with the pietists of the cloister and quiet saints who engraved its fourth verse upon the sun dials of their retreats. The first verses are militant, and again, an enforcement of the solemn lesson that man's dress are as a shadow that passeth away. But the latter verses breathe a milder and more beneficent air. The shouting and the tumult die, and the havoc of death is for the moment set aside. The appeal that Jehovah would bow His heavens and establish fellowship with man ascends in confidence. Those whose falsehood and vanity have hindered this communion of God with His world are scattered abroad.

In a few bold and brilliant strokes who are sketching an ideal society. Here parents may rejoice in children whom heaven has redoned, sons planted by the rivers of grace and moral health, daughters whose spiritual luster is the adornment of the temple of the soul. Abundant harvests make the valleys to laugh with corn. There is an increase of material good. The desires of the heart and functions of labor are in accord. Righteousness and peace have wedded, and selfishness is banished from their innocent revels. Love's constraint furnishes the bond of perfectness. The shadows of humanity's night are dissipated. The voice of complaint is no longer heard in the streets. Power is not simple power; it is rightful power, indeed, authority. Justice sustains and piety hallows its administration for the good of all.

And as the poet surveys the entrancing scene his imagination thus created he breaks forth into a final burst of joyful anticipation: "Happy is the man whose God is the Lord!" I freely confess that such a hallowing of our daily pursuits may seem at times a far off dream. None the less are we thankful for its presence in our heritage and for the inspiration it has imparted. None the less should we recall it, and on this day of praise enforce its claims upon our respect and obedience.

Let all praise heaven for so glorious a truth! For in the practical domain of the world's affairs, the doors of the kingdom of God are open to all who are engaged in the promotion of knowledge and morals. Everyone who shares the belief that our material advancement depends upon the life of the soul is a robust and stimulating accessory for a desired end. Morality in our ordinary callings is the best evidence of God's nearness to us all. And whenever in this world men and women toil and pray for the betterment of social conditions they are the priests of the state. They help, not by cowl, and austere countenance and hard couch, but by the comfort and aid of conscience, to insure the divine presence and blessing. They look for central truths and strive for ideal relations. They believe, and they have a right to believe, that the heaven of which we sing can be translated from poetry into facts, and that earth's crown is in the freedom and the good of man. Too long have we left these precious truths to the prophet and the orator. Too long have we supposed that the life of contemplation was necessarily holier than the life of action. So there came the widening gap between theory and practice. And sagacious critics have asked us, "If we have these things manifest them unto the world. Show me thy faith by thy works."

Now we know, as if we have not hitherto known, that the citizen at large is the staple of our better creed. In the market place saints may serve God in the temple of the spirit, while the man of the street is the true center of the world's affairs. The kings of this earth have laughed to scorn the ideals of a people such as this. Free and self-governing countries, held in place by reverence for God and for the ways of God in reason, justice and right, were declared impossible, pestilential and wicked. The Valois, the Bourbon and the Stuart, supported by a decadent Church and militant retainers, undertook to abolish such treasonable projects. Our forefathers resisted, even unto blood. The fire, the rope, the torture were freely used against them, but they were of no avail. Narrow and declining maxims were frustrated by the growth of brotherhood in men and nations. The social gospel of these Psalms and evangelists was continually employed, and when, three hundred years ago, John Milton was born, the overture to America's drama was completed in him. The last masque of the Cavalier was written by the first poet of the Puritans.

But after Comus and Lycidas, he doffed his singing robes. He never again returned to the fresh fields and pastures green of his golden age. One half his genius was gladly laid on the altar of devotion to the state. Devotedly he chose affliction with the people who believed that God was the Lord of the nations. And the clarion of Nasby and Marston Moor proclaimed the dawning of a new day. Throbbing through all these events is the strain of triumphant assurance that God is the Ruler of this nation. That never failed to lift men out of helplessness and misery and despair. That rechartered humanity, and gave the outcast his domain, that imparted courage for every call and nerved heart and hand for apparent impossibilities.

We demand, "How is our theme involved in these contingencies? Just as a battle-scarred veteran leaning on his brand surveys the field where he can obtain. Every spiritual consideration brightens the love men have for their country. There is no promoting of the human breast more legitimate or more distinct than true patriotism. True patriotism, I say, patriotism which excludes Godless pretensions and sectional hatreds and public wrongs. A love of America, pure and undefiled, which seeks for her own good self, unswayed by sordid motives, counting not life dear if but she may be advantaged. It is the grand fundamental of this land. Liberty is still justified of her children. To doubt this would be to doubt the rule of God in her.

Such love spends no holy hour of Thanksgiving in bazaar shouts about her power, or enumerations of her bulk and ownership, neither does it regard her as a suitor would regard the woman he seeks to espouse. It pierces beyond her wealth of forest and stream, of mine and factory. It rests its pleas for American's honor and perpetuity on the character of her heavenly monarch. It surrounds her with the devotion of millions of hearts, differing in much else, but agreed in this: The religion of democracy has one prayer on this day.

Had Given Up All Hope of Living.

Heart Trouble Cured by Milburn's Heart and Nerve Pills.

Mrs. Andrew Savoy, Gratton's, N.B., writes:—"In the year 1905, I was taken sick and did not think I could live any length of time. My trouble was with my heart and people told me that nothing could be done for a case like mine. I consulted the very best doctors, but they could do me no good. For seven weeks I could hardly cross the floor. I had no pain, but as so weak nobody in the world can believe how I felt. I had given up all hopes of living and had given my little girl to my sister-in-law. "One day a friend came to see me, and calling me by name, said, 'Lizzie, if you would try a dose of Milburn's Heart and Nerve Pills as they are good for heart trouble.' My husband got me a box, but for two days I was not feeling any better, but on the fourth day my husband said, 'I believe those pills are doing you good.' I was able to say, 'Yes, I feel a good deal better this morning.' He said, 'Well, I will get you another box right away.' I took two boxes and three doses out of the third one, and I was perfectly well and have not been sick since then. "I will never be without them in my home for God knows if it had not been for Milburn's Heart and Nerve Pills, I would not have been alive now." Price, 50 cents per box, 3 boxes for \$1.25, at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Kootenay STEEL RANGE



Merely turn two iron buttons, then draw out grates with your hands, as shown. Easy, quick, simple to remove the strong

Duplex grates and change to wood grates. No plumber required. Booklet on request.

McCLARY'S For Sale by the Rogers Hardware, Co Ltd

STAR FLOUR

FOR BREAD AND PASTRY



THE BRAND IS YOUR PROTECTION STAR FLOUR MAKES BREAD OF FLAVOR DAINY CAKE AND PASTRY

GRAHAM MUFFINS

(with baking powder) 1 cup Graham flour 1 cup flour, 1-4 cup sugar, 2 teaspoons Baking powder 1 teaspoon salt; 1 cup milk, 1 egg well beaten, 1 tablespoon melted butter.

Sift together thoroughly the flour, sugar, baking powder and bake in hot buttered greasy pans twenty-five minutes.

The Goldie Milling Co., Ltd., Ayr, Ont.

Does 6 Hours' Washing in 3 Hours— Without Extra Effort—Without Boiling



Naphtho Soap eliminates over-night soaking of clothes, boiling and old-time rubbing. With cold or lukewarm water Naphtho does a six hours washing in three hours, without extra effort, hustling or injury to yourself. Naphtho is not a cold-water soap exclusively—it's just as good in boiling water.



I. J. Yeo, M. D. Physician and Surgeon Residence—KENT ST Next door to "The Two Mac" HONE-37

DR. CLIFT TREATS CHRONIC AILMENTS ADDRESS—Purdy Station Westchester Co. No York HOURS—11 to 1 Daily 1-6pm w/fm.

Best Silver Plate Known for over sixty years as the world's best. "1847 ROGERS BROS." silverware is the unanimous choice of those to whom quality in knives, forks, spoons, etc., is the chief consideration. Best tea sets, dishes, waiters, etc., are stamped MERIDEN BRITA CO. SOLD BY LEADING DEALERS "Silver Plate that Wears"