

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

FAITH
By AUDREY SILCOX
Never a springtime passes,
When plough turns the wet, brown
cloud,
But sees in each scattered sowing
An act of faith in God.

HOUSEHOLD HINTS
To start a screw where it is difficult
to hold it with the fingers,
push the screw through a piece of
cardboard. It can then be held
steadily until the screw is nearly
"home." The cardboard then being
sawed away.

Potatoes which have boiled into
the water may be served up dry and
floury if wrung tightly in a clean
dry cloth.

When plucking a chicken first
dip it into boiling water. No difficulty
will then be experienced in
pulling the feathers, the largest
coming away quite easily.

Blue-flame oil stove wicks are
much more effectively and easily
cleaned if this is done soon after
use while the stove is still hot.

Dry sliced onions in milk before
frying them.

Add a little arrowroot to salt to
prevent its caking.

Add a pinch of salt to mixed
mustard—it will keep its color bet-
ter.

Roll sausages in flour before fry-
ing—it will prevent them bursting.

A spoonful of vinegar added to the
water in which a fowl is boiled
will make it much more tender.

Left-over coffee should never be
thrown away; it may be used with
cornstarch and milk and will make
a delicious mould or pudding.

MARROW PICKLE

Here is a good pickle which may
be made from vegetable marrow 4
lb. of marrow, free from pith and
skin, and cut in small squares, 2 lb.
of onions, cut small, 1 tablespoon
each mustard and 1 oz. of cloves, 1
cup sugar, 1 dessertspoon each tur-
meric, ground ginger, 3-1/2 pints of
vinegar.

Sprinkle the marrow with salt
and leave overnight; drain, put into
a saucepan with the onions and
cloves tied into a bag, mix the mus-
tard, turmeric and ginger to a paste
with the vinegar. Bring to the boil,
lastly adding the sugar, and boil
for 1-1/2 hours.

"DEVIL" BLAMED FOR DROUGHT IN CHINA

A Chinese "drought-devil" red-
faced, obviously pensive, and with
burning eyes, is being blamed by
Chinese peasants near Hankow for
the drought of 1934.

According to serious reports sent
to the vernacular newspapers, the
devil every day at noon kneels on
the top of a mountain and proceeds
to a spiritual wrestling bout with
the "dragon god" who rules over
clouds and rivers, and thus con-
trols rainfall. As the "drought
devil" apparently employs all-in
tactics, he dashes his red head
against the ground, he has been
very successful this year, and legi-
mately suggestions have been made
for his defeat. Among them is one
which proposes to move the moun-
tain, while on seriously minded
editor in Shanghai has proposed
that the devil should have his hair
cut.

Suffering farmers in the neigh-
borhood, enraged at the gods of
their temples for their non-interven-
tion have dragged them from the
temples into the burning sun
punishment for blighting the
hopes of a fair harvest.

DEFINITE ORDERS ARE NEEDED FOR YOUR CHILDREN

Many parents, and even some
teachers, are not born with the
magic gift of explaining things
clearly. They may be, and
often are, experts at their work
and in their knowledge of facts and

things, yet they do not possess the
faculty of passing on what they
know to other people.

They seem to take it for granted
that others can get the ideas in
their minds by some sort of tele-
pathy. As a rule these vague people
are impatient, and likely to
think the rest of us are stupid
when we do not see the light at
once.

Children sometimes live in a state
of utter confusion because of this
lack of clarity.

Mother At Fault

"I told you to do so and so," com-
plains a mother when perhaps she
just thought it or mentioned the
matter vaguely. Because it is im-
portant to her, and clear in her own
mind what she wants done, she
thinks Johnny should hasten to do
it.

This is one reason why children
make mistakes, if they can be called
mistakes. Matters are muddled in
their minds and they try to make
it up in guessing.

Another reason for the failure of
a child to carry out a command is
that he doesn't hear it at all.

He's playing tag out in the yard
perhaps, and he's heart and soul in
the game.

"I want you to come in and get
dressed," calls his mother. His
understanding is merely reflex. He
doesn't hear it with mental
ears. And, of course, forgets it at
once if it is registered at all.

A lot of disobedience, so called,
results from a parent taking it for
granted he has been heard and
understood when he hasn't been
heard in the least. Or when he
gave indefinite orders. Or when he
said, "Do it some time today," in-
stead of being specific. All children
procrastinate. They don't mean to,
but life is so exciting that the mo-
ment always seems to be full of
something else.

Three Rules for Parents

Therefore, if there seems to be a
gap in your John's ideas of doing
what he's told, there are these three
things to be considered.

Attention, first of all. Be sure
that he is actually listening to
what you say. Better, if possible
to select a minute when he is not
up to the ears with something else,
unless you just can't wait.

Second, give the order and the
explanation of what you want done
clearly and concisely without ram-
bling.

And next, it is always a help to
take the responsibility of time on
ourselves. To say, "Do it today," is
for a child at the stirring, we may
all very well for the older child. But
as well say, "Do it next week."

FLOWERS THAT BLOOM IN THE SNOW



They Herald the Approach of Spring.

Snowdrops, appropriately named,
are the first flowers of spring.
Sometimes in a February thaw they
hang out their three-cornered snowy
little bells as far north as northern
Illinois and southern Michigan.
Planted near the foundation on the
south side of a house they find a
most favored location. Plant them
under a window and some day,
while there are patches of snow in
the distance, you may glance down
and see a breath of springtime
almost at your feet.

The finest of the easily obtained
snowdrops in Elwes' catalog as Gal-
anthus Elwesii. It is double the

W. S. FINCHES MAINE LIGHTS

(By The Canadian Press)
PORTLAND, Me., Oct. 21.—The
United States government has nine
well-built, year-around residences
on the sea for sale in the state of
Maine. All are either situated on
islands or small reservations. All
have a number of dwellings includ-
ed in the one price—ten cash.

The properties are nine discon-
tinued lighthouses. The buyer can
make his choice among:
Pumpkin Island Light, on Pump-
kin Island; Hendricks' Head Light,
on Southport Island; Winter Har-
bor Light, on Mark Island; Grindle
Point Light, in Islesboro; Tenan's
Harbor Light, on Southern Island;
Nerequis Light, on Pond Island;
Ele Au Haut Light, on Ele Au
Haut; Doubling Point Light, in
Arrowsic.

STOCKBROKERS MEETING IN NOVEMBER

(C. F. By Guardian's Special Wire)
AMHERST, N. S., Oct. 21.—Maritime
Stockbrokers' Association will
hold its annual meeting November
1 in Amherst, according to notices
distributed by Smith Hilton, sec-
retary of the organization and for-
mer manager of the Maritime Win-
ter Fair, closed in 1931. Plans for
the reorganization of the fair
probably will be discussed at the
meeting.

SMART FROCKS FOR FASHIONABLE PEOPLE

Illustrated Dressmaking Lessons Furnished With Each Pattern

Delightfully smart and simple
dresses become more insistent as the
school term advances.
In Sandringham blue woolen mix-
ture was the original of the darling
model patterned for today. The at-
tractive collar in brown wool crepe,
"buttons on" in reverse effect with
gold metal buttons. The matching
brown cuffs also button.
Schoolgirl daughter would love it
in gay angora plaided wool in red
and grey with plain red trim.
Bright plain wool crepe, checked
novelty wool jersey, rayon that sug-
gests wool, etc., are other schemes.
Style No. 941 is designed for sizes
10, 12, 14 and 16 years. Size 12 re-
quires 2 1/2 yards of 35-inch material
with 3/4 yard of 36-inch contrasting.
Price of PATTERN 15 cents in
stamps or coin (coin is preferred).
Wrap coin carefully.



No. 941. Size \_\_\_\_\_
Name \_\_\_\_\_
Street Address \_\_\_\_\_
City \_\_\_\_\_ State \_\_\_\_\_
Most of the inland air mail ser-
vices inaugurated in the United
Kingdom recently will continue
during the winter.

Fighting Fatigue Often a Losing Battle

Fatigue comes to tell you
That your nerve force is running low.
When greatly exhausted
You become too tired to sleep, too tired to eat,
Too tired to enjoy yourself, too tired to care.
Your stomachs of the vital organs are slowed up.
You become down hearted and depressed.
The natural outcome is nervous prostration
And long weeks or months are required for
recovery.
Right now, by using Dr. Chase's Nerve Food
To make the blood rich and red,
And to nourish the nervous system.
Back to health and vigour.
This restorative treatment is dependable
Because it supplies to Nature
The very ingredients from which new blood is
created.

THE COOK'S CORNER

Not Stuffing

Have one cup of any nuts you
prefer, and chop them finely, one
cup of bread crumbs, two ounces of
butter, one egg. Seasonings, onion
and milk.

Have the nuts finely chopped, melt
the butter, then add the nuts, add a
little of the chopped onion; one slice
will be sufficient. Put all this into a
spring pan and try it a golden
brown. Now wash it. Add the re-
maining ingredients with sufficient
milk to bind the mixture. This can
be used chiefly for game and poultry,
but if liked it can also be used
for meat.

Salted Almonds

Have four ounces of the best Jordan
almonds, cayenne pepper and
salt, two tablespoons of olive oil.
First blanch the almonds in hot
water. Now place them in a pan.
Pour on the oil and see that they
are all covered. Add a little more oil
if they are not. Then fry to a rich
brown. Take them out and roll them
for a second or so in clean kitchen
paper on which you have previously
placed the mixed cayenne pepper
and salt. Store in small glass bottles,
well corked.

MACARONI AND SPAGHETTI Italian Recipes

Have half a pound of pipe macaroni
and break into two inch
lengths. Cook fast in boiling salted
water for 20 minutes, until clear but
not broken. Then drain and rinse
quickly in cold water to prevent the
pieces from sticking to each other.
Butter a pie-dish and cover the bot-
tom with macaroni, season well,
cover with parmesan cheese, dab
bits of butter here and there, and
fill up the dish in this manner, re-
serving a layer of cheese for the top.
Have a cup full of hot milk ready in
a saucepan and melt in it a tea-
spoon of butter, half a teaspoon of
English mustard, and a little pepper
and salt. Cover the macaroni with
this, put a lid over the dish and
bake, while covered for half an hour,
then brown and send to table in the
dish.

Baked Macaroni and Tomato

Boil half a pound of macaroni for
10 minutes, rinse in cold water,
place on a board and with a sharp
knife cut into inch length pieces.
Butter a pie-dish, cover the bottom
with macaroni, season with paprika,
salt, a few drops of onion juice, then
dredge thickly with a large spoon
of parmesan cheese. Sprinkle a few
pieces of butter on top. Now on this
put some stewed, seasoned, and
strained tomatoes, then add a layer
of macaroni and so on, until the
dish is full. Cover with tomato sauce,
sprinkle fine crumbs on top, bake in
a moderate oven for half an hour,
till well browned.

Dorothy Dix's Letter Box

It is a Sign of Superiority in Women That They Consider Looks Last in Choosing a Husband — "Most Unhappy Person" Needs Good Look at Trouble!

Dear Miss Dix—Are looks as important as we are led to believe they are in marriage? If a handsome man marries a plain girl, will he be likely to tire of her sooner than he would of a pretty one? If a beautiful girl marries an extremely ugly man, will she regret it and be attracted to some other?

I am a very attractive girl in love with an ugly man and my friends advise me against marrying him just because of his looks. But all is fine and intelligent and kind and considerate, so I do not mind if he isn't as handsome as a movie hero.

A PUZZLED HERO.

Answer: I think that the most foolish thing in the world is the undue stress that we put upon physical beauty, and make it, at least so far as men are concerned, almost the determining factor in marriage. For nine men out of ten pick out their wives solely by their looks, without any regard whatever for their intelligence, or their dispositions, or any of the qualities that would fit them to make good wives.

When you tell a man about a new girl, the only question he asks you is: "Is she pretty?" He never makes a single inquiry as to whether she has any brains, or education, or accomplishments. He isn't even interested in knowing whether she is interesting, or whether she is amiable, or whether she is a good sport or not. He just wants to know if she is good-looking. And only too often that is all he asks of the woman he marries.

That is why there are so many divorces because, unfortunately, beauty doesn't last. It is the most fleeting of all charms. It inevitably perishes with age, and even long before age it can be killed by sickness, by an accident, by work and worry. Ten years of the stress of marriage turns many a living picture into a chromo, and then what has the man got who married only for beauty?

Nor does beauty long satisfy a man. He gets tired of looking at a pretty face if there is no intelligence behind it. No wives are often remembered than the beautiful but dumb. Besides, the beauty is nearly always selfish and spoiled. She lives on adulation and husbands get tired of incense-burning very quickly. They want wives who will do some of the knee-bending and kowtowing. Nor do good looks compensate for extravagance and lack of all domestic skill. A man doesn't want to spend all of his money in providing fine feathers for his bird of Paradise. Nor does he want to have to get dinner when he comes home at night because his wife can't risk spoiling her lacerated nails by housework. He wants a wife who does not have to dress her part as Miss America and who is willing to make come on her hands working to keep him comfortable.

It has always seemed to me that the one place of all others in which women registered their superior intelligence to the allegedly superior sex was in their disregard of men's personal appearance. They put almost every other quality ahead of good looks in choosing their husbands. All that they ask of a man is that he shall be clean and well groomed, and that he may go home for all they care, a man may be fat or thin; he may be growing bald; he may be pug-nosed and freckled, but if he is intelligent, if he is interesting to talk to, if he is a good dancer, if he is kind and considerate, and if you are glad to go out with him and he may marry whom he chooses. But you can't imagine any man taking out a fat, bald-headed, freckled, or anything her to marry him, no matter if she had every possible spiritual charm.

It was the boast of a man, who was credited with being the ugliest man in England that if you would give him two hours' start with a woman he could out do the handsomest man in the country. But no very ugly woman would ever expect to cut out a pretty woman.

As a matter of fact, homely men make far more satisfactory husbands than handsome ones, for as a rule a male beauty is far more vain than a female one. He not only expects his wife to spend her time admiring him, but seeks the admiration of other women. And he is selfish and spoiled, and feels that the family money should go to adorning him instead of being wasted on his plain wife.

So it is the wise woman who picks out a homely husband, and when she wants to admire a handsome man goes to the movies and takes a squint at Ramon Novarro and John Barrymore.

DOROTHY DIX.

Dear Dorothy Dix—I am married to the sweetest man on earth. No man could be kinder, more devoted or more generous to a wife than he is to me. Never scold, never reprimands me, no matter how extravagant I am or how inefficient. But I don't love him. I can't stand his kisses, I can't be wife to him. I am mean, nagging and despicable. I neglect my housework shamefully. If I tell him I don't love him and leave him, he will be so desolate that he will ruin himself. Throw away the fine business he has built up before he realizes that I wasn't worth it. If I leave him for me it will mean having to take a housemaid's job for some other woman instead of having my own beautiful home and car. What shall I do? I am the most unhappy person alive. MRS. A. J.

Answer: You are on an emotional jag. Why don't you sober up and try to see things as they are instead of torturing yourself with pink elephants running up the wall and hubcaps sitting on your pillow?

You have thought and thought about not being in love with your husband, and about his not being the romantic hero of your girlish dreams and your falling to get a thrill out of the sound of his voice, until you have worked yourself up into a state of hysteria, where you are suffering all sorts of psychopathic pains and having a perfectly gorgeous time being miserable about nothing.

When I think of all the women in the world who have drunken and abusive husbands; when I think of the women who are down on their knees scrubbing floors to support sick husbands; when I think of the women who are just like you, yet who drag themselves to work every day because they must earn the bread to keep their children from starving, and then I hear a woman who has a good, kind, loving, tender husband who laps her in luxury, complaining that she is the most unhappy woman in the world because she isn't as romantically in love as she would like to be, I could give her every good thing, and she throws them away like spoiled child.

My advice to you is this: Quit thinking about yourself so much and think a little about the splendid man to whom you are married. Don't be wicked enough to ruin his life by letting him find out how you feel about him, or by leaving him. Have enough courage to carry on and keep up the deception and make him happy.

Suppose you are not ardently in love with him. You like him and respect him and admire him. That is the real basis on which all friendship is founded, and friendship is a mighty good substitute for love. Indeed, it is what romantic love turns into after people have been married for a few years. It is the fruit into which we can set our teeth after the fragile blossom of passion has perished.

And don't forget this: The best way in the world to cultivate love is by doing something for some one. We just naturally love those whose interest and happiness are our care and for whom we make sacrifices. Get busy doing things for that good husband of yours. Make him a comfortable home. Cater to his little tastes and habits. Think of him in terms of yourself and you will find that you are drawn to him in a way that you have believed impossible, and you will find happiness yourself.

Believe me, if you give up your good home and start out as a domestic servant, you will bitterly regret it. You won't think then that sentimental love is the most important thing in the world.

DOROTHY DIX.

CRICKETS EAT UP GRASS-HOPPERS

DRUMHELLER, Alta., Oct. 21.—(G.P.)—J. C. Jackson, Munson district farmer, anticipates no grass-hopper worries next summer. The credit, he says, goes to the crickets. The small, chirping insects on his farm have outnumbered the "hoppers, uprooted their eggs and emptied them.

Aeronautical engineers now detect flaws in metal parts of airplanes by sprinkling white iron salt on them. The salt gathers in fine lines resembling scratches. These lines represent cracks in the steel.

"It Helps Me!"

That's what 98 out of 100 women say after taking the medicine. It gives you strength, restores your vitality, and makes you feel like a new woman. Lydia E. Pinkham's Vegetable Compound.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND



"My, that reminds me of Kayser's Mir-O-Kleer Stocking!"
Clear as a mountain pool—Kayser's Mir-O-Kleer! Only Kayser makes it. Sheer! Not a streak!—even in darkest shades. 75¢ and up. Made in Canada. MIR-O-KLEER STOCKINGS by KAYSER.

KAYSER MIR-O-KLEER SILK HOSE. Not a ring—not a streak—not a fault—the perfect, flawless SILK HOSE—SOLD IN CHARLOTTETOWN At 75c up, by Moore & Seed.

A Morning Smile. Grandmother's Quilt Patterns. Definition: "Mother, where has father gone?" "He's gone to town to attend a committee meeting." "What's a committee?" "A committee is a body that keeps minutes and wastes hours."

STAR AND CROSS. Cut out all pieces and place together as indicated on small block. Either print or plain material may be used. Entire quilt is made of pieced blocks with a 3 inch insertion between all blocks. Finish edges of quilt with 6 inch binding. Insertion and binding should match predominant color in block. Allow for all seams when cutting pattern. Block finishes 16 inches square. 20 pieced blocks. 3 inch binding for insertion between blocks. 6 inch border around quilt. Material Required: 2 1-4 yards white material. 3/4 yard red material. 1 2-3 yards lavender material. 3/4 yards light yellow material. 16 yards 2 inch binding for insertion. 2-3 yards 6 inch binding for border around quilt. When ordering give Number 36-A. Send 15c for a book of quilt patterns containing 7 beautiful Grandmother quilt designs—every pattern different.

MOTHER BADLY INJURED DURING CHILDBIRTH. Suffered for Years from Constipation. Makes Sworn Statement Telling how Fruit-a-tives Helped Her to Regain Good Health. Mrs. M. Seyfert, Toronto, Ontario, is a generous woman who is so thankful for her lasting recovery from chronic constipation that she has graciously consented to write before a notary, a statement concerning her experience. She did so in order that other sufferers can be sure of its absolute truth. In her statement Mrs. Seyfert says: "I was badly injured at childbirth, the injury resulting in continued constipation. For years I tried all sorts of remedies, but received little or no relief. My nerves were affected, I felt run-down, my complexion was yellow, and I lacked all vitality. Just over two years ago I started taking Fruit-a-tives, and now I am up at 6:00 A.M. every morning, doing my own housework. I am quite regular and my complexion has lost its yellow tinge. I have seven children and rely on Fruit-a-tives to keep them regular, too." Mrs. Seyfert's statement is convincing but her experience is common to those who have used Fruit-a-tives. For Fruit-a-tives are really different. They have brought lasting relief to thousands of men and women from constipation, indigestion, sick-headaches, bad breath and similar ills. In fact, so successful has Fruit-a-tives proven that, today, it is the largest selling remedy of its kind in Canada. Feel fit and healthy always. Start Fruit-a-tives at once. Their tonic effects will give you new vim, new zest, new happiness. Copy of Mrs. Seyfert's sworn statement will be sent on request. Write Fruit-a-tives Limited, Ottawa, Canada. FRUIT-A-TIVES—25c and 50c EVERYWHERE.

AVOID too much acid. Acid Indigestion and Heartburn and their frequent sequels—Nausea, Headache, Bad Breath, Sleepless Nights—can easily be guarded against by taking a little Bismuthated Magnesia (Bismuth in Magnesia) after eating. The over-acid condition of the stomach is improved by this protective neutralizer. Try it. Powder or Tablets. At All Drug Stores. Bismuthated Magnesia. Its a Protective Neutralizer—NOT a Laxative.