

Woman's Realm - Social and Personal - Fashions - Literature

MUFFINS MAKE THE MEAL

MAGIC APPLE MUFFINS

2 cups sifted flour
3 eggs, Magic Baking Powder
1/2 cup milk
1/2 cup sugar
1/2 cup applesauce

2 eggs well beaten
1 cup milk
2 tbsps. shortening
2 tbsps. shredded apple

Sift together dry ingredients; add eggs, milk, melted shortening and applesauce together quickly. Bake in well-greased muffin pans in hot oven (400° F.) about 20 minutes. Makes 12 muffins.

MAGIC MAKES THE MUFFIN!

MAGIC BAKING POWDER
CONTAINS NO ALUMINUM

Living & Leisure The Woman's Realm

HER WOMAN'S VOICE

I love your woman's voice, so like a bell
Made beautiful by distance in the dark,
So like clear water drooping in a lake,
So like the music of the meadow lark.

I love those tones that more than sweetness hold,
So like some feathered throat whose mellow run
And little waterfall of liquid gold,
Can wash the sorrow from the evening.

—Arthur Stringer in the New York Times

Brief and Tight

Suits are skin-tight, jackets are even tighter, sleeves in summer dresses and blouses are practically non-existent. The short dinner dress remains the overwhelming favorite, although a few floor-length styles are returning.

There is an echo of the first Great War in many of the collections, with a hint of the hip-belled, straight-line styles of the thirties. Thus far, however, even when dresses flaunt wide sashes tied in the waistline, and there is no tendency toward the fastidiously tight of the 1920's.

Dorothy Dix Says—

GREATEST FINANCIERS WOMEN Heads of Morgan, Rockefeller Banking Firms 20 Years From Now Will Wear Petticoats

One of the curious misconceptions about women is that they are congenitally incapable of understanding anything about the handling of money, yet nothing could be further from the truth. In reality, the great financiers are not the secretaries of the treasury, or the presidents of banks, or the manipulators of giant combines. They are the wives of poor men who take their husbands' pecuniary salaries and make them support a family and start it to going places.

Reducing the national debt with billions of taxes rolling in is no trick in comparison with cutting down the butcher's bill when it has already been pared to the bone. Funding a foreign debt is nothing to budgeting an income that has to be chopped into mince-meat to make it go around.

WIVES EXPAND DIMES

Yet thousands upon thousands of plain, ordinary little housewives daily perform this miracle of penny-savings and dime-expansion. The world never hears of them. Their own facilities never dream that they have in their midst one whose performance would put any Wall Street Napoleon of Finance in the amateur class. They only know that on a shoestring income Mother makes a comfortable home; that they have good food to eat and decent clothes to wear; and that somehow she can always reach up into the old treasury on the top shelf in the kitchen and find a quarter for Johnny to go to the movies, or a few dollars to get Mary a new dress for the party.

We do not pay such women even the tribute of noticing their exploits. We only say that Mrs. Smith is a good manager, but many a man who has engineered a corner in stocks or organized a railroad trust knows that it has required less business ability than a did for his mother to bring up a big family on his father's salary. And many a man who makes his millions drives many a man into taking a second wife after the departure of his dear Maria. Yet he had never thought of Maria as a financial wizard until he tried wrestling with the household bills himself.

WOMEN CLOSE-FISTED FINANCIERS

In reality, there is no truth in the old theory that women are spend-thrifts. On the contrary, they are much more likely to be close-fisted than men are. When a man needs a thing he wants, he buys it if he has the price. It is women who shop around from place to place, where they can get a 5¢ article that has been marked down to 4.98, and who walk blocks to save a few cents on a head of cabbage.

If it is women who haggle over pennies; who refuse to give extortionate tips and to pay outrageous prices for restaurant dinners and to go to places of amusement; who insist on astronomical cover charges would have to stand up shop if they depended on women for their patronage.

Few men ever lay out any money or begin to get ahead until after they are married. Nine times out of ten it is the wife who is the Yale lock on her husband's pocketbook and who separates him from his borrowing friends and the grating relatives who have trooped upon him.

If women heretofore have given less evidence of their business talents than men, it is because they have devoted their efforts to making their husbands' earnings go as far as possible, instead of going into business themselves. But the war has changed all of that. Mama has become a money-earner, and it may be that ten of twenty years hence women will head great firms and that the Morgans or the Fords or the Rockefellers of that day will wear petticoats.

Home Service



AFRICAN VIOLETS

Plants in your windows—plants in that dreary corner—you never can have too many of them. They add so much to a room and are so cheery.

African violets do well in light windows without sun. Their gay blossoms with bright yellow centers lend a cheerful note to a north window which is usually limited to the foliage plants.

These violets thrive with simple care. However, they dislike excessive heat, sudden changes of temperature, gas fumes and drafts. If you want plants which need hardly any care at all and are also very bright and cheerful, fill your boxes with red, orange or yellow-fruited plants. Fatsia ferns and other foliage plants do well in most windows as well as elsewhere throughout the room. There are, indeed, many varieties to choose from.

Our 32-page booklet has many suggestions for choosing plants of various kinds to beautify the home— with directions for their care. It shows the home-maker how to grow indoor plants the year round.

Send 15c in coins for your copy of Making Plants and Flowers Grow Indoors to the Charlottetown Guardian Home Service, address the sure to write your name, address and name of booklet.

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Board Readers. Persons who have intelligent questions to ask or price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Times Prices and Trade Board.

Q—Last winter many landlords had the snow cleared as part of the rent. This winter he refuses to do this work but charges me just as much rent. Is this in order?

A—If performance of this service was part of your lease, its suspension constitutes a violation which is not permissible. You would be well advised to take the matter to the War Times Prices and Trade Board office.

Q—We have been buying baby chickens from the same hatchery for years. Now they want to raise their prices. Can they do this?

A—Under W. P. T. B. regulations there is no ceiling price on baby chickens.

Q—How much notice must I give my landlord when I wish to move?

A—If there is no lease you must give one clear month's notice if you pay your rent by the week.

Suits Glorified

The collection of Anthony Blotia stresses the tailored mode, and glorifies the suit, still Miss America's favorite costume. Favourite cut is the five-button jacket with slightly wider, rolling lapels, softer tailoring. Skirts are uniformly straight and slim.

Blotia presents also the high-collared "drama" coat, a loose, casual tunic in vivid red, green or gold, designed to "go with everything." He urges women to buy clothes on the year-round basis, choose classic styles, change accessories.

Gay Touches

Fox-Browne presented a colourful collection of Mardi Gras styles, in which she used vivid touches of tulle, tulle and chaux-tulle as accessory accents on dark spring suits and frocks.

When saucing milk, take a tip from the directions for preparing baby's formula and stir the milk while it is heating. If not stirred a coating of milk forms on the bottom and sides of the saucepan and this coating contains part of the precious calcium.

When using soft coal in the furnace, the slide damper in the fire door should always be left open. The gas given off by this type of coal must be mixed with air to burn properly. When adding fresh coal, the glowing coals should be raked to one side and the fresh coal added to the other side. A large area of glowing red coals must be left to ignite the gas from the fresh coal.

When vegetables are cooked only until just tender, fuel as well as food value is saved.

CRADLE INSPIRES NEW FASHIONS

"Diaper" shorts and romper suits provided a final fillip to Spring fashion openings yesterday, as visitors viewed the collection of Claire McCauley. The diaper shorts are just what they seem, being wrapped in the familiar three-cornered manner, and having a look of Gandhi in their completed state.

The designer uses buttons with a prodigious hand, buttoning her dresses across the shoulders, down the back and up the front. Her sports clothes have deep, roomy pockets and she likes black jersey in all variations.

WASTE LINE

Using the same dish for cooking and serving, or serving plates in the kitchen eliminates the waste when food is transferred from cooking dish to serving dish. And it eliminates a lot of dish washing.

COOKERY FOR MEN

The men of Salisbury, England, are going to get good meals—eventually. Because most of the women in the town are at war work and with abnormal hours, the town's restaurants cannot cope with the demand for meals.

Salisbury education committee has decided to start a cookery school for men. The first class will be 12 two-hour lectures in the course, starting with snacks and working on to soups, stews, pastry, etc.

This War—Four Years Ago

By The Canadian Press
JAN. 31, 1940 — British government took over control of Empire shipbuilding in 1940. 1,350,000 men under arms. French patrols continue. Nazi raids on the western front by penetrating German territory at several points.

CONSERVATION STRESSED IN NEW YORK FASHIONS

The 1944 spring silhouette is stripped for action, short of gowns, austere in cut, flamboyant in color.

New York's spring openings presented this week for visiting fashion editors from all sections of the

THE COOK'S CORNER

ODD STEAK CASSEOLE

2 tablespoons butter or shortening
4 medium sized potatoes, sliced
1 large onion, chopped
1-2 green pepper, chopped
1-4 cup celery chopped
1 teaspoon salt
1-8 teaspoon pepper
2 cups canned tomatoes
1-2 pounds odd steaks

Method: Melt the butter or shortening in a pan and add the potatoes, which have been peeled and sliced, until they are nicely browned on all sides. Add the chopped onion, pepper and celery, the salt and pepper and the tomatoes. Heat to the boiling point. Arrange the odd steaks on top of the vegetable mixture. Cover and cook over low heat from 10 to 20 minutes, or until the fish is tender. Remove to a hot platter and serve at once.

A Morning Smile

HOW HIGH?

"And how high does your balloon go?" asked the old lady.

The sergeant scratched his head. "Funny you should say that, ma'am," he replied. "I've been wondering about it all day. You see, when we pulled it in this morning we looked up on top, and there, large as life, lay a blooming harp."

Pat—That was a foine sentiment Casey got off at the banquet last night.

Mike—What was it?

Pat—He said that the sweetest memories in life are the recollections of things forgotten.

NASAL IRRITATION

Star Staged Health Medication does not irritate the nose. It is a safe, effective remedy for nasal irritation. It is available in all drug stores.

LAPLÉ ORNAMENTS FROM ODD BITS OF WOOL



Design No. 1271

Dutch dolls are gay lapel ornaments crocheted in a few minutes of time. Pattern No. 1271 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

Design No. 1271

NAME _____

STREET ADDRESS _____

CITY _____ PROVINCE _____

The Suprising Sanctuary

By LESLIE CARGILL

"Science! Bah! Who do you think would run the world if everybody spent their time watching corncoakes? Goeh, I shouldn't know, one if it walked into this room."

"There are plenty of people running the world, and I don't know they're doing it very big, but I wasn't talking of politicians, my boy. What about business?"

"Well, we provide food and clothing and that sort of thing?"

"My birds do that, without bothering with chromium-plated shops."

"Don't you run down my modern fittings."

"Worid's dream of it. No doubt they're all right in their place. As it happens I don't regard it as my place."

"Hock, we'll be quarrelling next!"

"Nif I can help it, Father."

"That reminds me, brock in the older man. 'Others aren't so stilled in the family circle.'"

"Very well, I ad, if you prefer it."

"No, I don't. Not wrung out with an effort. Hugi, my boy, you are a bit of a prig. There I go and getting personal. One thing I can say is that you stand on your own feet."

"Another thing I'm not, Father—Dad, it's 'cuckoo' with me."

"Credit where due. Yet you're welcome to a handsome allowance if only you'll accept."

"Thanks, but I'm managing nicely."

Mr. Everard regarded him sturdily. "This job you mentioned. Eminentlly suited to my requirements! My hat, you talk like a professor."

"That's up my street."

"That's better. No, by George, I'm not sure if it is! Not a light-housekeeper, after all!"

"I've outgrown that, phase. Besides, the scope is limited. Nothing but marine species and occasional migrants."

"Hush, shut up, and shook his head without answering."

"Something at the zoo, then?"

"Not exactly. I'm not a collector and others who might find a profitable field for activities which were minimal to bird life."

"Still, he made up his mind to accept. There was a paragraph in the newspapers reporting the appointment, together with romantic comments on the secluded existence of a modern Alexander Selkirk."

"Bird sanctuary. In effect, it means living alone on a tiny island off the Scottish coast. Ovarn, they call it."

"Never heard of it."

"Neither had I," Hush admitted. "Not until I came across the advertisement in the paper. It said on it I shall be able to live my own life secure from unwanted interruption, to pursue my studies, and do all the things I want to do."

"One of these fine days, my boy, the world will catch up with you. Don't you want to do bigger and better things?"

"I shall be satisfied to be left in peace and quiet, Dad."

"I'm before we're much older we may all of us find that impossible. The international situation, has been steadily deteriorating."

"That has nothing to do with me."

"Oh yes it has. Never mind. Perhaps you'll recollect this chat in the days to come."

CHAPTER II

FROM LIMELIGHT TO SHADOWS

Support for the project came, surprisingly, from Mrs. Everard, on the typical maternal principle that it would keep the boy out of mischief. Her modified enthusiasm almost made Hush change his

SWIFT'S WEEKLY FOOD HINTS

Martha Logan, Swift's famed home economist, whose weekly, wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday.

by Martha Logan

"Waste Not—Want Not"



Every scrap of food saved is a step toward the home-front victory.

Grandmother used to say "wifful waste makes woful want." Today we say "Buy wisely; cook correctly; eat it up." Right now when we need so much food for our armed forces, our Allies and the Red Cross, it's up to us not to waste a spoonful of anything. One of our "kitchen police" duties is to use up scraps of food in attractive dishes.

Those teaspoons of left-over vegetables, vegetable water, meat, and dried ends of bread can be made into a tasty meat loaf. Serve it hot for supper—then slice the leftovers for the sandwich box carried by your family war worker.

In the panel you'll find a honey of a left-over meat dish, called "Western Ranch Meat Loaf" because those hardy western men of our land swear by it.

WESTERN RANCH MEAT LOAF

1 medium-sized onion, chopped
1/4 cup diced celery
4 tbsps. dipping
3 cups cooked meat
3 cups soft bread crumbs
1/4 cup finely-chopped green pepper
1 tsp. salt
1 egg, beaten
1/4 cup vegetable water
1/4 cup tomato juice or meat stock
2 tbsps. cooking fat

Cook onion and celery in dripping, over low heat, until lightly browned. Mix onion, celery, bread crumbs, green pepper, salt, beaten egg and vegetable water; add half this stuffing mixture to the meat, mixing well. Put half the meat mixture into a greased loaf pan and cover with remaining stuffing then the last of the meat mixture. Bake in a moderate oven (350° F.) 1 1/2 hours. Baste twice during cooking, with the tomato juice or meat stock and fat which has been heated together, to keep loaf moist.

Victories Homecoming
You can help bring the boys home by buying War Savings Stamps from your Food Dealer every time you shop.

SWIFT CANADIAN CO. LIMITED

Makers of Premium Quality Products; Brookfield Butter, Eggs and Cheese; Jewel Shortening and Silverleaf Lard.

mind. Suddenly he realized that there was a certain responsibility attaching to the post. He must guard against professional egg collectors and others who might find a profitable field for activities which were minimal to bird life. Still, he made up his mind to accept. There was a paragraph in the newspapers reporting the appointment, together with romantic comments on the secluded existence of a modern Alexander Selkirk.

"Ovarn," wrote one commentator, is intrinsically cut off from contact with the mainland during the stormy winter season. The warden must have supplies to tide

him over considerable periods during which he will have no sight of other human beings. The island is fifteen miles from the mainland, barren, except for a tiny cove capable of cultivation, and the haunt of cororants, gulls of all kinds, kittiwake, and other species of wild fowl. As a venue for a honeymoon it is held to be ideal.

The flight of romantic fancy suggested Hugi. He wished they had refrained from making so much fuss over the appointment.

To make matters worse photographers clustered at the station on his departure from London, and

(Continued on page 8)

PIMPLES CUTICURA SOAP AND OINTMENT

Try prompt relief of skin troubles with Cuticura. Great world-wide remedy for pimples, sanday, skin, dandruff, etc. Buy now!

Preferred for its NATURAL Goodness!

BAKER'S is full of the chocolatey goodness of real cocoa. Mothers appreciate the wholesome nourishment Baker's Cocoa gives to family meals—the grand flavor it contributes to all kinds of baking!

Baker's high quality is the result of 175 years' experience in making better cocoa. Gives invariable satisfaction because of its unvarying goodness.

For fullest strength and finest flavor, make Baker's Cocoa according to package directions. The big one-pound package gives you up to 90 servings. Ask your grocer for Baker's Cocoa—and learn for yourself why Baker's has been a family favorite for generations.

BAKER'S COCOA

A Product of General Foods

THIS HEARTENING BLEND GIVES YOU MORE DELICIOUS FLAVOR PER OUNCE!

Rule No. 1 for getting more deep-down, whole-hearted coffee satisfaction! Insist on superb Chase & Sanborn Coffee. Roasted in Canada to reach you at the peak of its superb flavor.

CHASE & SANBORN COFFEE

Needlecraft For The Home

DATE DRESS

When his turlough is over, he'll remember the way you looked in this heart-catching frock with its adorable sweetheart neckline and the trim, waist-cincher to make your waist look ring-size!

No. 2097 in size 16 requires 2 1/2 yards 36-inch fabric, 5 inch square for applique, 1 yard ruffling. Applique included in pattern.

Send 30c for pattern, which includes complete sewing guide, Print number plainly. Be sure to state size you wish.

Address, Pattern Department, the Charlottetown Guardian.

Name _____
Street Address _____
City _____ Province _____

THE SERMON

Like grip stick
Shall I sit:
Eyes fixed on far small eyes,
Full of it:
On the old, broad face,
The hung chin:
Heavy arms, surplus
Worn through and worn thin:
Probe it the hid mind
Under the gross flesh:
Clutch at poetic words,
Follow their mead:
Scour heaving breath:
Clutch, marvel, wonder,
Till the words end.

SHALL the muttering thunder:
The hard few people wake,
Gather their books, and go:
Whether their hearts could break:
How can I know?

—Richard Hughes.

2097
SIZES
12-20