

# Woman's Realm Social and Personal Fashions Literature



**GIVE MORE THOUGHT TO YOUR BREAKFAST**

**WHEAT GERM**

**THE NEW WHOLE WHEAT CEREAL CONTAIN THE VITAL**

Just watch the youngsters pile into Cub's at breakfast time. See them enjoy that tasty, nut-like flavor of mellow malt blended with whole wheat. You'll be glad this tempting food is also so sustaining. It contains the energy and goodness of whole wheat—the bran, minerals and precious vitamins. Ask your grocer for Cub's.

**SPoon-SIZE READY-TO-EAT CEREAL**

**Cubs**

A product of The Canadian Shredded Wheat Company Limited



**WHEAT GERM**

Wheat germ is recognized as an important source of Vitamin B1. Cub's are made from whole wheat in which the wheat germ is retained.

**SUCCESS W. I.**

The June meeting of Success W. I. Graham's Road, was held at the home of Mrs. J. A. Campbell. The meeting opened with singing the Ode followed by the Creed in unison. Roll call was answered by fifteen members. Some visitors were present also. The minutes of previous meeting were read and approved.

On motion a bill for seeds planted on the school grounds was paid. It was resolved that \$5.00 be donated to the "Queen Canadian Fund", and that another "War Saving Certificate" be purchased.

The Sec'y was asked to write to the Red Cross, to find out what work was most needed, also to purchase more quilting material.

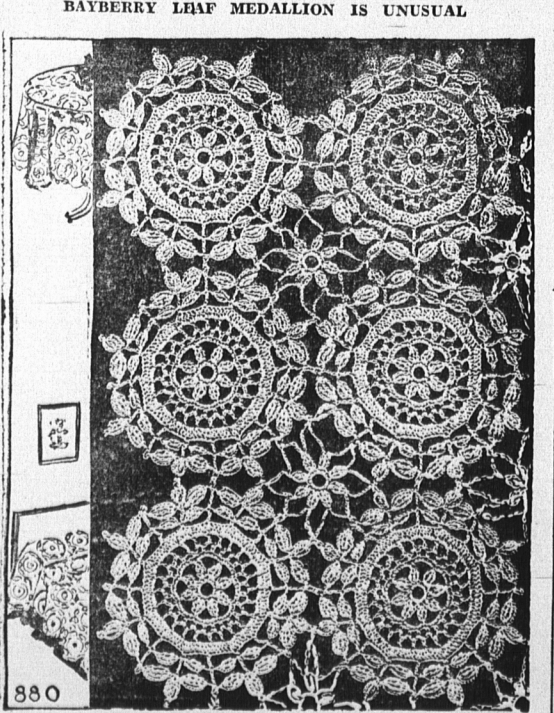
It was decided to pack boxes again for our soldier boys overseas. Mrs. Williams invited the members to her home for the packing. Some finished garments were brought in. Mrs. Roy MacLeod and Mrs. Fred Campbell were the delegates appointed to attend the Annual Con-

**The Highway Grouch**

Well, well, if it isn't our old friend of the microscope squad, Mr. Faul-Finder. This roving ambassador of ill-will is a past master in discovering the driving sins of others but for the life of him he can't find anything wrong with his own habits at the wheel. He is venerated with a double coat of conceit and it just doesn't soak through his thick hide that it would be better for all parties concerned if he would grow less about what the other fellow is doing and pay more attention to his own driving.

Take this pledge now: "I will drive safely."

**BAYBERRY LEAF MEDALLION IS UNUSUAL**



Bayberry leaf medallion for a bedspread is easy to crochet yet it is fancy enough to serve as a tablecloth, if desired. Pattern No. 880 contains list of materials needed, illustration of stitches and complete instructions.

To order pattern: Write or send above picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian Needlework Department

Design No. 880

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

## THE COOK'S CORNER

**RHUBARB ORANGE PIE**

1-2 tablespoons quick-cooking tapioca, 1-3 cups sugar, 1-4 teaspoon salt, 1 teaspoon grated orange rind, 1 tablespoon butter, 4 cups cubed rhubarb, pastry.

Method: Combine tapioca, sugar, salt, and orange juice and blend well. Cream in butter, then stir into rhubarb and let stand for 15 minutes. Line 9-inch pie pan with rich pastry (1 part shortening to 3 parts flour) and rolled 1-8 inch thick, having it come 1 inch beyond the pan edge. Fold edge back to give high rim. Fill with rhubarb and mixture. Moisten pie rim and cover top with lattice strips of pastry about 1-2 inch wide. Flute edge as usual. Bake 15 minutes in hot oven, 450 deg. F. then 30 minutes more in moderate oven, 350 deg. F.

**PUMPKIN CHIFFON PIE**

1 tablespoon plain gelatine, 4 tablespoons cold water, 1 cup brown sugar, packed firmly, 3 eggs, 1-2 cup milk, 1-2 cups canned pumpkin, 2 teaspoons cinnamon, 1-2 teaspoon ginger, 1-4 teaspoon allspice, 1-2 teaspoon salt, 1-4 cup white sugar, baked pastry shell, 1 cup whipping cream.

Method: Soak gelatine in water for 5 minutes. Combine brown sugar slightly beaten egg yolks, milk, pumpkin, and spices and cook in double boiler until mixture coats the spoon. Add gelatine and stir until dissolved. Cool to lukewarm. Beat egg whites and salt, then beat in white sugar and fold into cooled custard. Pour over pumpkin mixture. Bake in baked pie shell (9-inch) and set. Top with whipped cream. If desired, cream may be garnished with chopped nuts or bits of candied orange peel or ginger.

**CARAMEL NUT PIE**

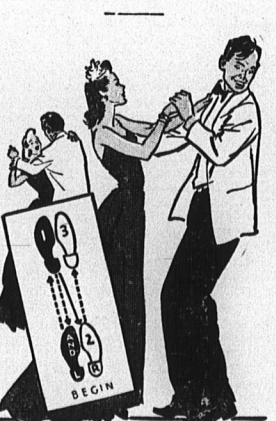
1-2 cups ground Brazil nuts, 1 cup sugar, 2 cups milk, 1 tablespoon plain gelatine, 3 eggs, 1-2 teaspoon salt, 1 teaspoon vanilla, 1-4 cup sliced Brazil nuts.

Method: Combine ground nuts and 3 tablespoons of the sugar thoroughly, then press over 9-inch pie pan. Bake 5 minutes in hot oven, 450 deg. F. Combine milk and gelatine and bring to scalding point slowly, in top of double boiler. Brown 6 tablespoons of sugar in small skillet until golden and syrupy. Add browned sugar to milk stirring constantly. Pour over egg yolks beaten slightly with 2 tablespoons of the sugar and cook, stirring constantly, until custard coats the spoon. Add salt and vanilla and cool until partly set. Beat egg whites stiff, beat in remaining sugar. Beat custard until foamy, then fold in egg white mixture. Pour into cooled shell, sprinkle with sliced nuts and chill until set.

**DIES AT 103**

**OWMBY, England** — (CP) — Eliza Kirk, 103, who gave away all her mirrors because she said she did not want to see her face since she was getting old, died recently. She was Lincolnshire's oldest resident.

## Men Who "Can't Dance" Learn With Diagrams



**No Way To Please a Partner!**

The minute he said, "I hope you won't mind my dancing," she knew it would be like this! His tango is a tangle.

Why do so many of you attractive males let yourselves look ridiculous on a dance floor? If you'd only consult footprint diagrams before going dancing! You could learn to be really smooth and expert in every step.

The Tango Change is one you may have seen and thought just out of your class. Our diagram shows it's easy.

You count 1, 2 AND 3, and on

- (1) Step forward on left foot
- (2) Shift weight back to right foot and bring left foot back to right foot, rising slightly on balls of both feet.
- (AND) Shift weight back to left foot.
- (3) Step forward on right foot.

To dance in real tango style, to be in tune with the haunting Argentine music—move with a definite catlike tread. Partially lift the foot before stepping precisely on the beat.

Instructions and diagrams in our 32-page booklet show men and girls how to do all the smart steps, and variations, gracefully. Has the rumba, Conga, tango, fox-trot, waltz, Westchester and shag. Leading and following, too.

Send 20c in coins for your copy of Home Course In New Ballroom Dances To The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

## Dorothy Dix Says—

### GIRLS FOOLISH TO SELECT ROLES; BEING NATURAL ATTRACTIVE

#### Baby Talk Or Clown Capers Often Out Of Character — Draft Offers No Easy Problem To Loving Couples

Dear Miss Dix—There are some girls who are sweet and gentle; others who are cute and witty; others who are vamps. I know girls of each class who are attractive to men. I have tried to play the part of each, but in none of the roles have I succeeded in making myself popular with boys. I enjoy acting a fool and cutting up, but that doesn't seem to please the men either, yet I know girls who act like idiots and who are wild women and the men are crazy about them.

Why is this? Why am I not attractive to men when I am doing just the things that they find attractive in some other girl? JANET.

#### Men Recognize a Copy-Cat

ANSWER — It is because you are not the real thing. You are an imitation and you find, false, and men instinctively know this. The greatest mistake that a girl can make is to be a copy-cat and yet it is a blunder that thousands of girls commit.

A staid, sober girl sees some other girl who has quicksilver in her veins, who always is laughing and dancing and full of animation and who is much admired by men, and she thinks the thing to do is to be vivacious. So she begins jumping and hopping around and giggling incessantly and screaming at the top of her voice, but instead of attracting men they flee from her.

Yet this same girl would have been attractive enough if she had just been herself—dignified, practical and sensible. She would have had a relief and restful after the girl who was always talking and always on her tiptoes.

Or a girl sees another girl who is little and cute, and who always sits curled up like a kitten on a sofa, who rolls her eyes at men and asks them fool questions, and who always has a string of dates. So the big girl tries to imitate her, with the result that she looks like a performing elephant, when she does babyish tricks, and when she tries to make sweet eyes she looks like a dying calf.

Yet this girl might have won the admiration of all beholders if she had kept to the staid part in life that Nature assigned her when it made her a daughter of the gods, divinely tall.

And remember this for your comfort — that there is no one particular type that men admire. There are just as many men who like sensible, practical girls as there are those who admire fancy ruffies; just as many who like quiet girls as those who like vivacious girls; just as many men who admire modest girls as those who fall for vamps.

So if you want to be popular don't copy-cat another girl. Be yourself.

#### Should Couples Marry Before Draft?

Dear Miss Dix—We are 24 and 25 years of age. Both have job paying small salaries, but together we could be self-supporting by both working for a while. There are two major difficulties. The first is that he may be drafted. Also, he is attending night school in order to fit himself for advancement in his chosen line of work. Would our being married hamper him in his studies? And also should we wait until he is more certain about whether he will be drafted? We are tired of waiting, but we don't want to rush into a marriage to worry over it. Are we going into it before we are ready for it. Are we mistaken in our desire to take our happiness while we are still young, especially since in view of the world's situation the future and its possibilities are so uncertain?

JACK AND JILL.

ANSWER—I wish I knew how to answer that question, because every man brings me scores of letters from other troubled young lovers who ask whether it is better to marry or not to marry when the bridegroom must go from the altar to the army. But it is beyond my poor abilities to solve that problem. It needs one with the wisdom of Solomon and the gift of prophecy and who is, besides, a dispenser of good luck to know whether to tell these youngsters to listen to the voice of prudence, or to the cry of their own hearts.

Prudence says: Wait. Don't load yourselves down with more and heavy responsibilities when you are entering upon a new phase of life in which you cannot foretell what is going to happen to you from day to day, but we have rush into a marriage to worry over it. Are we going into it before we are ready for it. Are we mistaken in our desire to take our happiness while we are still young, especially since in view of the world's situation the future and its possibilities are so uncertain?

JACK AND JILL.

## Your Individual HOROSCOPE

By Frances Drake

**Fri. Thursday, July 17th**

**MARCH 21 to APRIL 20 (Aries)** — Especially favored this friendly day: Romance, domesticity, entertainment, theatre interests, shopping, wearing apparel and toilet accessories, travel, vacation activities.

**APRIL 21 to MAY 20 (Taurus)** — General business and personal affairs are sponsored in today's friendly aspects. Between 10 a.m. and 1:30 p.m. unfriendly Moon-Neptune rays advise great caution in shipping and other maritime interests and in handling chemicals.

**MAY 21 to JUNE 21 (Gemini)** — Very good indications for industrial and financial business; matters pertaining to military and national defense, arduous activities; your particular line of endeavor, and ROMANCE.

**JUNE 22 to JULY 23 (Cancer)** — Your own planet, the Moon, is in benefic aspect to three planets in the a.m. and again to Jupiter, the Sun and Mars after 1:30 p.m. This is indeed an auspicious day for your happiness and achievement.

**JULY 24 to AUGUST 22 (Leo)** — An especially fruitful day for you, Leoites. Difficult problems, tedious details, persevering efforts are favored equally with money-making in commercial and useful enterprises. Amusements, travel, vacation activities okay.

**AUGUST 23 to SEPTEMBER 23 (Virgo)** — You may not find today particularly interesting intellectually or easy for mental work but all other lines of industry and social interests, romance, amusements also sponsored.

**SEPTEMBER 24 to OCTOBER 23 (Libra)** — The things in which you are interested, work for which you are especially adapted, and realization of cherished hopes are on the favored star list. General improvement shown.

**OCTOBER 24 to NOVEMBER 22 (Scorpio)** — This should be a delightful diverting and productive day for you and your activities. If on vacation or toiling away at your desk or bench, friendly rays encourage you.

**NOVEMBER 23 to DECEMBER 22 (Sagittarius)** — Some care needed to avoid mental confusion, too quick judgment, lightly made promises. Otherwise today can bring excellent results from the right kind of effort.

**DECEMBER 23 to JANUARY 21 (Capricorn)** — It's tops for you in personal and general lines. Just be careful not to make unpremeditated changes or decisions in weighty matters. Be hopeful, confident.

**JANUARY 22 to FEBRUARY 20 (Aquarius)** — A friendly, inspiring period, especially opportune for scientists, researchers, engineers, draughtsmen, salesmen (and saleswomen), technicians, brokers, bankers, manufacturers, army, navy and airman.

**FEBRUARY 21 to MARCH 20 (Pisces)** — Your opportunities may come through other lines that you own and from unexpected sources. Be ready to act quickly. Extend the circle of your acquaintances. Mr. O'Rourke has told you the honest truth.

"And have you hop it while I'm at the telephone? Not likely!"

"I'll promise not to make a move. Lock the door if you like."

**STRANGE BIRTHMARKS**

The constable considered the request thoughtfully. After all, mistakes were made in the best-regulated police circles. "Perhaps it won't do any harm," he conceded. "But I can't afford to take chances. Come over here—both of you."

Fumbling in the tail-pocket of his coat, he produced a pair of shining handcuffs, with which he carefully shackled Jerry and Elise side by side. They sat close together on the settee while the telephone conversation was in progress, watching with interest the changing expression of the face of P. C. Willis.

Headquarters knew all about Jerry O'Rourke. It appeared they had made inquiries and verified the fact that he could not possibly be an American crook. Furthermore, the possibility of additional complications had not been overlooked so that as he lived in the area covered from that particular police station, special warning had been given. This had not been passed on to all the men as the message was of recent origin.

"Seems you were right after all," Willis said ruefully, hanging up the phone. "Well, well, well! But it doesn't alter the fact that there's an engine left running against the regulations."

"There's the question of wrongful arrest, you know," Jerry murmured significantly. "Let's strike a bargain. You forget about the car and we'll say nothing about the handcuffs."

## A Morning Smile

**THE PUPIL'S VIEW**

Father—That is a portrait of the founder; he was a prominent philanthropist. He gave large sums to this school.

Son—Well, why didn't he work them out himself?

**WELL EXPLAINED**

Sandy was a leader of the kirk. His increasing redness of nose very much alarmed his brother elders, and a delegation waited on him to inquire the reason for the increasing color. Sandy explained thus: "It is glowing 'til' pride at never putting itself in anybody else's business."

A clean milking machine produces cleaner milk than a dirty hand milker.

## End Complexion Problems



**Silk-smooth lather freshens and tones your skin**

**Cleanses without the slightest irritation**

**Keeps your complexion "Schoolgirl" all over**

**Made with Olive and Palm Oils**

**Two of Nature's finest beautifiers**

## Was It Montelli?

By LESLIE GARGILL

"What have you got to say about it, Miss?"

"Well, really, I don't care to express an opinion."

"I mean was he trying to do it against your wish?"

"That isn't a question, either."

P. C. Willis pushed back his helmet to scratch his head. "Something funny about this," he mused. "Now I come to think about it, there was something about a woman probably being in the company of this Montelli person."

"Slim Annie," Jerry reminded him. "She's Tony's wife, I believe."

"This here lady," began the constable when Elise cut him short with a cold stare.

"This was the time to begin explanations. O'Rourke did his best, though conscious that the story sounded so incredible that it was hardly likely to make a favourable impression. Starting at the beginning, he related how he had returned from a business trip to America and been mistaken for the notorious Tony Montelli. By now he was getting the whole yarn out of his heart, although the incident with Slim Annie was still one he regarded as a secret not to be shared with anyone—least of all Elise. It was so capable of being misunderstood.

By the time he had finished the decenter was empty, and P. C. Willis was mellowed but not convinced.

"It's a beautiful piece of work, mister," he pronounced admiringly. "Best I've ever heard and some of my—my customers can spill real gems. No, never have I heard anything equal to it. You ought to write instead of helping yourself to other people's diamonds."

"You don't believe me?"

"Not a word—but it's been a treat to listen."

"Have another drink?"

"No, thank you. 'Tisn't the least use your trying to get me bottled in the champion dart's player of the division."

Jerry stared. Ostensibly the two statements did not seem to have any connection.

"Winner has to drink a lot of beer," P. C. Willis explained. "Come along, we must be going."

"Wait a minute!" Elise interposed. "Suppose you ring up your office—or whatever it's called. They may know something about the business of the doubles. Mr. O'Rourke has told you the honest truth."

"And have you hop it while I'm at the telephone? Not likely!"

"I'll promise not to make a move. Lock the door if you like."

## Living & Leisure

### The Woman's Realm

Nothing in the world can take the place of persistence. Talent will not—nothing is more common than unsuccessful men with talent. Genius will not—unrewarded genius is almost a proverb. Education will not—the world is full of educated derelicts. Persistence and determination alone are omnipotent. —Calvin Coolidge.

In the manufacture of some perfumes.

Practice of laying a new kitchen roof over an old is recommended since it improves resistance to heat, cold and rain.

The top part of a new two-tier dressing table consists of a mirror that can be turned to any desired angle.

A banana developed in New South Wales is 12 inches long, five inches around and weighs half a pound.

John James Audubon made his first banding experiment with North American wild birds in April 1804.

#### SUMMER PLACE CARDS

Nothing could bring a gayer note to your luncheon table than the place cards decorated with summer butterflies. These little creatures are posed at the ends of wires to hold them upright above the cards as if they were reading on a flower. They are vividly tinted in realistic colors, with two tiny bright flowers resting at the base of the wires, against the delicate green of the card. It is surprising to find such exquisite place cards for ten cents.

A hard-cooked egg will be more tender if allowed to cool in water before the boiling point, for at least 30 minutes. Extreme heat toughens egg-whites.

Castor oil and coal tar are used

#### HERE'S HOW YOU CAN FORECAST WEATHER FOR YOURSELF

Often before going out on a day's jaunt, it is nice to have a rough idea of whether it is necessary to carry a mac, or not. If you see a red sunset with blue clouds softening and disappearing and the birds flying high you know that it is usually a sign of fine weather. Also if you are in the country and notice white mists lying low on the meadows in the night on high ground, the fir cones open, and a heavy morning dew, it means good weather.

None of us like having our clothes drenched or having to stay in shelter waiting for the rain to stop, so here are some warnings for carrying a mac.

A great bank of cloud across the western sky in the evening gives warning, or if on looking into the clouds at sunset with your eyes screwed you see little rainbows, later on a halo round the moon the wind is high, doors are slamming, and the trees are showing the back of their leaves to the wind. If you are prepared, a mackerel sky gives you about 12 hours warning.

#### Clouds

There are sometimes great white clouds on the horizon, clear-cut and apparently motionless. These are storm clouds. If their edges soften and the clouds slowly spread sideways, then and there is no rain that day. But if these cumulus clouds grow upwards, looking like masses of glistening snow, so bright that you can hardly look at them, then a thunder-storm is not far away.

The fleecy white clouds which look like snowy streaks across the sky are formed of ice crystals about six or seven miles from the earth. If their tails point upwards the weather will be fine, but if downward, then and there will follow low. This sign is more effective in spring, at which time most signs are not very reliable.

You should now have some help in forming your mind as to what you require for your day out, providing an anti-cyclone or ridge of high pressure does not exist. A barometer falls for wind, snow and thunder, and does not necessarily mean no rain when it rises, unless well over 30 degrees.

#### GOLDEN CHIFFON TARTS

1 tablespoon plain gelatine, 1-4 cup cold water, 4 eggs, 1 cup sugar, 1-2 cup lemon rind, 1 teaspoon grated lemon rind, 1-2 teaspoon salt, 6 baked tart shells (3-inch), 3-4 cup whipping cream.

Method: Soak gelatine in water for 5 minutes. Combine slightly beaten egg yolks, 1-2 cup of the sugar, lemon juice, and lemon rind and cook in double boiler until thickened as for custard. Add gelatine and stir until dissolved. Cool until partly set. Beat egg whites and salt until stiff then beat in remaining 1-2 cup sugar and fold into custard mixture. Pour into tart shells and top with whipped cream.

## Needlecraft—For The Home

It's easy to sew and inexpensive. Get this little sewing book for your little girl. Whether she is six months or three years old, this is the dress for her. Make several in tiny cotton prints and she'll always look fresh as a daisy. Tiny cap sleeves and matching panties make this dress with either the tie neckline or the round collar the most practical dress in her wardrobe. Even if you have never sewed before, you'll love making this simple little frock.

Style No. 2914 is designed for sizes 6 months, 1, 2 and 3 years. Size 2 requires 1 1/2 yards of 35-inch fabric for dress and panties with 1-4 yard of contrasting for collar.

Send Twenty (20c) coin is preferred. Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2914 Size \_\_\_\_\_

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

**Nervous Restless Girls!** Cranky? Restless? Can't sleep? Tired? Tense? Try Lydia E. Pinkham's Vegetable Compound. Pinkham's Compound is well known for helping such weak, rundown, nervous conditions. Made in Canada. **WORTH TRYING!** Any druggist.

