IMPORTANT READING MATTER SELECTED FROM THIS WEEK'S NEWS FOR THE GUARDIAN'S SATURDAY SUBSCRIBERS

A Natural and Pleasant Way to Health

TEST it for yourself! Take ENO'S "FRUIT SALT" when you are "below par" and notice how it improves your health and spirits and brightens your whole outlook on life. And it is pleasant to take, too. A spoonful of

ENO'S FRUIT SALT

in water makes a delightful drink—cool, sparkling and effervescent. ENO'S "FRUIT SALT" is the best tonic and digestive regulator ever prepared—a safe and valuable remedy at all times. Be prepared for emergencies by always having a bottle in the house. Ask your Druggist for ENO'S—the only genuine "FRUIT SALT"—and beware of imitations!

Prepared only by
J. C. ENO, Ltd., "Fruit Salt" Works, LONDON, Eng.
Sole Agents for North America
HAROLD F. RITCHIE & CO. LIMITED
43 McCAUL STREET, TORONTO
(4)

Beware of Substitutes

ROCKY POINT FERRY
S. S. HILLSBORO

Leave Ch.Town	Leave R. Point
7.00 A. m.	7.30 A. M.
8.00 "	8.30 "
9.30 A. M.	10.00 A. M
11.00 "	11.30 "
1.30 P. M.	2.00 P. M
2.30 "	3.00 "
3.30 "	4.00 "
4.30 "	5.00 "
6.30 "	7.00 "
SUNDAY.	
9.30 A. M.	10.00 A. M.
12.45 P. M.	1.00 P. M.
2.00 "	2.30 "
3.00 "	3.30 "
4.00 "	5.00 "

9893-5-23MmwflMo.

CANADIAN PACIFIC

EXCURSIONS
From Ch'town
$18.85 Montreal and Return
TICKETS ON SALE
September 21st 22nd and 23rd
Ret. October 9th.
September 28th, 29th and 30th
Ret. October 16th.

$18.00 Boston and Return
TICKETS ON SALE
September 16th to October 14th.
Good for Thirty Days.

M. G. MURPHY, D. P. A., C. P. R.
St. John, N. B.
2011-9-13Mtf.

CANADIAN GOVERNMENT RAILWAYS

Round trip tickets will be sold $18.85.
CHARLOTTETOWN
to
MONTREAL
Good going September 28th, 29th, 30th, returning October 16th.
..All tickets must be validated at Montreal before commencing the return journey.
2159-9-21M6i.

S. S. Harland

Next week being Exhibition Week, the Victoria trips will be made on Monday and Saturday as customary at such times. Sailing from Victoria on Monday at 7 a. m. and from Charlottetown Saturday at 8 a. m.

West River trips will be on Wednesday instead of Saturday. Sailing hours same as usual.

The Orwell and East River Service will not be disturbed and will be on the usual days and at usual hours.
2188-9-22-M2i.

PLANT LINE

AUTUMN EXCURSIONS TO BOSTON VIA PLANT LINE
Commencing September 12th, until October 10th, and good for return within 30 days from date of issue.

CHARLOTTETOWN TO BOSTON AND RETURN $13.00
Steamer sails from Charlottetown Tuesdays at midnight
For further particulars apply to
JAS. CARRAGHER, Agent
Charlottetown, P. E. I.

CANADA STEAMSHIP LINES LIMITED

Prince Edward Island----Pictou----Montreal
Fast freight and passenger service via
S. S. Cascapedia Fortnightly Sailings

DOWNWARD		UPWARD	
From Montreal at 4.00 P. M. and from Quebec the next day (Friday at 12.00 noon		From Charlottetown	Thursday, Aug. 24
Arrive Charlottetown Tuesday at 4.00 P. M.	Thursday, Aug. 17		Thursday, Sept. 17
	Thursday, Aug. 31		Thursday, Sept. 21
	Thursday, Sept. 14		Thursday, Oct. 5
	Thursday, Sept. 28		

Subject to change without notice.
Carvell Bros., Agents. Charlottetown, P. E. I.
118-6-1MthStutl Sep. 21.

Bilious Headache

The liver gets sluggish, the bowels constipated and then comes the bilious spell with headache and stomach troubles.

Dr. Chase's Kidney-Liver Pills relieve this condition most promptly and thoroughly by reason of their combined action on liver, kidneys and bowels.

One pill a dose, 25 cts. a box, all dealers.

Dr. Chase's Kidney-Liver Pills

TUESDAY

MR. MARIN GALLANT is at present visiting the West Prince Acadian schools. The Board of Education is very fortunate in selecting so competent a man as Mr. Gallant, who takes so deep an interest in the welfare of his schools, and whose kind and suggestive helps are always appreciated by the teachers who have the privilege of being in his inspectorate.—Y.

—WEDDING BELLS.—A very happy and pleasing event took place last Tuesday evening at 7.30 in the Church of England, Kildare Cape, when Miss Florence Getson became the bride of Mr. Richard Masher, Rev. Mr. Miller and Rev Mr. Windfield officiating. The Church was beautifully decorated for the occasion with flowers and ferns. White bells suspended by white ribbons draped the walls and pillars of the Church. The bride was charmingly gowned in white silk and carried a boquet of white roses and maidenhair ferns. She was attended by her sister Irene who wore pink and carried pink roses. The groom was ably supported by Mr. Willie Feakes also of Kildare Cape. Miss Lottie Feakes, sister of the groomsman presided at the organ. After the marriage ceremony the happy couple and a few of their immediate friends repaired to the bride's home for supper. They were the recipients of many beautiful and useful gifts.—Y.

HER "BEGGING LEG."—The Moncton police have received a letter from a nearby district, asking them to be on the lookout for a certain girl who is expected home soon from Prince Edward Island, and who is claimed to be a professional beggar and fakir. It seems that some years ago the girl lost a leg, and now goes about the country using a rude wooden affair and soliciting money with which to buy a proper artificial limb, while it is claimed that all the while she has one of the latest design at her residence in the country. While on the road she carries only her "begging leg." It is claimed that her father is a prosperous farmer, and that the object of her present tour is to obtain funds for the purchase of an automobile. It is also alleged that the same girl was recently arrested in Amherst for begging, but was allowed to go on condition that she would get out of town. An account of her arrest appeared in the Amherst papers. The local authorities will keep an eye out with the object of preventing her from victimizing local people.

Don't Forget—

that when constipation, biliousness or indigestion is neglected, it may cause a serious illness. Act upon the first symptom—keep your digestive organs in good order by the timely use of

BEECHAM'S PILLS

Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 25 cents.

Eastern Steamship Lines

ALL-THE-WAY BY WATER.
INTERNATIONAL LINE.
STEAMSHIPS CALVIN AUSTIN AND GOVERNOR COBB.
FALL EXCURSIONS.
SEPTEMBER 11 to OCTOBER 13.
LOW FARES——TRAVEL NOW.
RETURN LIMIT 30 DAYS.
ST JOHN TO BOSTON.....$7.00.
ST JOHN TO PORTLAND.....$6.50.
Leaves St. John Mondays, Wednesdays and Fridays at 9.00 a. m., for Eastport, Lubec, Portland and Boston
Return— Leave Central Wharf, Boston, Mondays, Wednesdays and Fridays at 9.00 a. m., for Portland Eastport, Lubec and St. John.
MAINE STEAMSHIP LINE.
Direct between Portland and New York. Steamship North Land and North Star.
Leave Franklin Wharf, Portland Tues., Thurs., and Sat., at 6.30 p. m
Return leave New York, Pier 19 North River, same days at 5 p. m.
METROPOLITAN LINE.
Direct between Boston and New York.
13½ Hours.
Route via Cape Cod Canal.
Express Steel Steamships Massachusetts and Bunker Hill.
Leave North Side India Wharf, Boston week days and Sundays at 6 p. m. Same Service returning from Pier 18, North River, Foot of Murray St. New York City.
St. John City Ticket Office, 47 King St.
A. C. Currie, Agent, St. John, N. B.
A. E. Fleming, T.F. & P. A. St. John N. B.

145th's CHAPLAIN WELL.—Capt. G. A. Lawson, Chaplain to the 145th Westmorland and Kent Battalion, in the course of a brief letter to a member of The Moncton Daily Times' staff, says: "We are having great weather these days. I am enjoying everything, and never had better health. This will be good news for Chaplain Lawson's many friends throughout the Maritime Provinces and elsewhere.

RECRUITING IN AUGUST.—About seven battalions were recruited in the Dominion during the month of August. The exact number was 7,247. Of this number, military district No. 6, which is made up of New Brunswick, Nova Scotia and Prince Edward Island, contributed 762 men. The results from the remaining districts are as follows: Military district No. 1, 572 men; No. 2, 985; No. 3, 991; No. 4, 956; No. 5, 205; No. 10, 993; No. 11 1,155, and No. 13, 628 men.

WEDNESDAY

HAS RECOVERED.—Mr. Jos. White of the Custom's Department, Alberton, has completely recovered from the injuries sustained by his horse's running away. Mr. White's many friends are pleased to see him out again.—A.

A PLUCKY RESCUE— A serious accident was averted yesterday afternoon about 4:30 by the quick action of Mr. George Dockendoff. An elderly lady was stepping from the York Point Ferry boat, "Dolphin" on to the wharf when she fell overboard. Mr. Dockendoff lost no time in rescuing her and she was taken home none the worse for her experience.

POST NUPTIAL RECEPTION.—Mrs. Paul A. Murphy, wife of the Plant Pathologist for Prince Edward Island and Nova Scotia, held her first post nuptial reception yesterday afternoon from four to six o'clock at her residence, No. 71 Prince Street. The bride, who was becomingly gowned in blue crepe de chene, received her friends in the drawing room which was decorated with palms and ferns. The dining room was very attractive with smilax and sweet peas daintily trailing from the elegant centre piece to each corner of the table, over which Mrs. Donald Nicholson and Mrs. W. R. Reek, presided, assisted by the Misses Emma Nicholson, Louise Lyons and Vera Taylor. Little Miss Margaret Full ushered the guests to the Drawing Room. Mrs. Murphy will in future be at home to her friends on the first Friday of each month.

ANTI AUTO MEETING— A well-attended meeting of those in the vicinity of Fredericton was held on the 16th inst to consider the automobile question. The meeting was organiged with Rufus Stevenson as chairman, and the undersigned as secretary. After several present, spoke, all resenting the continual violations of the laws, stating that the cars would not be servicable to the residents of this country, owing to the short season they run. That the roads are not fit for autos and the people are not at present ready for the necessary expenditure of money to make them suitable. The following resolution was carried unanimously. That whereas the running of automobiles on the public roads of the province is not in the interests of the public generally, they being destructive to roads unless paved. And whereas, the public by the plebiscite taken at the school meeting was postively against their running on the public roads and that said plebiscite should have been respected. Therefore resolved that this meeting wishes to place itself on record again as being unalterably opposed to their running on the public roads. A committee of five was appointed to attend the anti-auto association meeting in Charlottetown the evening of the 27th inst. Sgd. B. H. RACKHAM, Sec'y.

The Magdalen Islands S. S. Co. Ltd

The S. S. Amelia carrying H. M. mails, passengers and freight leaves Pictou every Monday and Thursday after arrival of morning express from Halifax, for the Magdalen Islands calling, going and coming at Souris.
CHAS. W. IVES, Agent, Pictou
W. H. Starratt, Manager, Amherst, Harbor. M. I.

CANADIAN GOVERNMENT RAILWAYS

Change In Time—P. E. I. Railway

Commencing Monday, September 25th, 1916, the morning train will leave Elmira 5.30 o'clock, Souris 6.40, Mt. Stewart 8.40 and arrive at Charlottetown 9.45 o'clock. The morning train will leave Georgetown at 6.40 o'clock, Mt. Stewart 8.35 connecting at Mt. Stewart with train from Souris at 8.35, arriving Charlottetown at 9.45 o'clock.
DISTRICT PASSENGER AGENT'S OFFICE
2093-9-18M6i.

COLONEL WILLIAMS.—Keep Friday evening for the addreses by Colonel Williams at the Prince of Wales College Hall. A musical programme and the Band of the Fourth Regiment will be in attendance.

HOME AGAIN.— Mr. Fraank Dunn, who was so severely injured by the train at Alberton "Y" on Aug. 12th inst., has returned home from Prince County Hospital. Mr. Dunn is still convalescent.—A.

PRESBYTERY COMMITTEE.—The Presbytery's Committee for the rearrangement of congregations will meet with the people on Monday next the 25th inst., at Summerfield at 10 a.m., at Clifton, 1.30 p. m., at Long River, 4 p. m., at Kensington, 7 p. m.—T. F. Fullerton, Convener.

KINDLY REMEMBERED— Mrs. (Colonel) Ings who is leaving this week for England, was waited upon at her residence Monday by the ladies' committee interested in the procuring of socks for soldiers, and presented with a complimentary address and souvenir, as a token of appreciation of the strenuous and patriotic work she has been doing in connection with this important matter.

DALTON SANATORIUM CONNECTED.—The Dalton Sanatorium has been connected with the telephone system of P. E. Island through the generosity of the Directors of the P. E. Island Telephone Company. The line was completed yesterday, and the Sanatorium may now be called up from any office in the province. The Telephone Company is deserving of the gratitude not only of the Trustees of the Sanatorium, but of the public at large for their generous donation to an institution which deserves the best from all the people.

THAT AUTO TRIP TO TIGNISH— It is only fair to all those interested that the facts should be given concerning the recent automobile trip to Tignish, over "unopened roads" and on a prohibited day. The Guardian is informed by Col. S. R. Jenkins that on Saturday, he, Col. Jenkins, was notified that a soldier of the 105th Regiment who was undergoing treatment at the Dalton Sanatorium had left the institution without permission. It was of course necessary that the man should be apprehended at once. Col. Jenkins applied to Col. Peake of the Siege Battery, the only military organization in the city, for men to go in pursuit of the fugitive. Col. Peake detached an officer and two men for the undertaking. Neither he nor Col. Jenkins suggested the mode of conveyance to be used leaving that to the discretion of the men themselves. They had resaon to believe that the man whom they wanted had gone to Tignish. It was Sunday and the only possible conveyance was an automobile. They applied to Mr. W. K. Rogers and he kindly placed himself and his car at their disposal. They went to Tignish, thence traced their man to one of the outlying districts, apprehended him and had him back to the Sanatorium by seven o'clock Monday morning. Doubtless the people along the roads traversed were surprised, but such of them as were informed of the facts were quite satisfied, as all others must be, that the military men acted in the best interests of the militia and of the people, that, in fact, there was no other way of accomplishing what they had undertaken.

BORN WITH ITCHING BURNING ECZEMA
Healed by Cuticura Trial Free

"My granddaughter was born with eczema, all parts of her body being affected. It was one large eruption and it became very itchy and burned. She was cross and irritable and for four years I lost sleep.

"She had the trouble seven years before I heard of Cuticura Soap and Ointment. Now she is healed." (Signed) Mrs. Peter Johnson, James St., W., Gravenhurst, Ontario, November 11, 1915.

Sample Each Free by Mail
With 32-p. Skin Book. Address postcard: "Cuticura, Dept. J, Boston, U.S.A." Sold throughout the world.

KENT FLOUR

assures PUFFY PASTRY
PROVE IT
by ordering
a Bag or Barrel

Heavy Sweaters
For Lumbermen and Fishermen

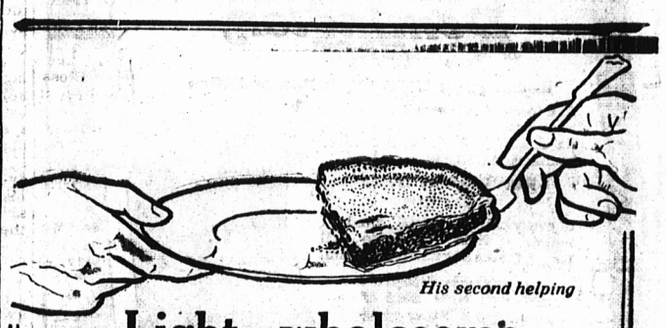
Cold-defiers; heat-conservers. Big, and thick, and heavy enough to keep you snug and warm through bitter winter weather.

ATLANTIC
SWEATERS

are designed and knitted by men who know the sweater requirements of those who blaze the trail and follow the sea.

Look for the ATLANTIC TRADEMARK on the Sweater you buy. It's a guarantee of dependable quality, sound value and true economy. 5

ATLANTIC UNDERWEAR LIMITED, MONCTON, N. B.



His second helping

Light, wholesome flaky pie-crust—

for the toothsome green apple or pumpkin filling is obtained by using the right proportions of other ingredients mixed with Diamond Flour. Let any woman who has had trouble with her pie-crust, just give Diamond Flour a trial, and it will be strange if she is not pleased with the improvement it will make. There is no secret about it. Diamond Flour is a well-proportioned blend of the choicest Ontario soft wheat and Manitoba hard wheat, and grandmother will tell you there is nothing better for making mouth-watering pastry; yes, and bread and biscuits, too.

DIAMOND FLOUR
HUNT BROS., LIMITED, LONDON, ONTARIO 7

New Links

4 Nationals

"Western National" "National Atlantic"
SHORTEST ROUTE - QUICKEST TIME
OBSERVATION SLEEPING CARS
QUEBEC, LA TUQUE, AMOS, COCHRANE, WINNIPEG

Dep. QUEBEC	2.00 p.m.	Tues.	Thurs.	Sat.	Dep. WINNIPEG	5.15 p.m.	Sun. Tues. Thur.
Arr. LA TUQUE	7.20 p.m.	"	"	"	" COCHRANE	7.15 p.m.	Mon. Wed. Fri.
" AMOS	9.44 a.m.	Wed.	Fri.	Sun.	" AMOS	1.31 a.m.	Tues. Thurs. Sat.
" COCHRANE	4.10 p.m.	"	"	"	" LA TUQUE	3.50 p.m.	" " "
WINNIPEG	4.30 p.m.	Thurs.	Sat.	Mon.	" QUEBEC	9.10 p.m.	" " "

(WEST BOUND) "THE NATIONAL" (EAST BOUND)

Dep. TORONTO	10.45 p.m.	Tues.	Thurs.	Sat.	Dep. WINNIPEG	5.15 p.m.	Sun. Tues. Thurs.
Arr. WINNIPEG	4.30 p.m.	Thurs.	Sat.	Mon.	Arr. TORONTO	12.50 p.m.	Tues. Thurs. Sat.

Maritime Provinces — Quebec — Winnipeg — Pacific Coast

Back Your Aim with Confidence

in Dominion—*the only Canadian-made ammunition.*
When the one good shot of the trip arrives you will never know the disappointment of a missfire if you use
Dominion Big Game Cartridges

At that instant when the moose or deer appears the knowledge that a true aim is backed up by true ammuninion helps mightily.

With Dominion .303 British Soft Point—or any of the other big "D" Cartridges—the sportsman is sure of ammunition with a real "hit and stop".

No matter what big game you seek there is a Dominion Cartridge to stand by your aim and give you confidence.

Send for our attractive hanger "A Chip of the Old Block".

Dominion Cartridge Co.
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730 Transportation Building, Montreal.

Charlottetown Dealers sell Dominion.