Woman's Realm/Social and Personal/Fashions/Literature

DOROTHY DIX SAYS-

Heartless Daughter

Woman Resents Fact That She Must Care For Aged Father

DEAR DOROTHY DIX: I am a housewife and have a very kind and good-natured husband; in fact, he is just about ideal. But I am of a very nervous disposition, and here is the question I wish to ask you: Should my husband and I have to go on taking care of my aged father when there are several brothers and sisters in the family? Sometimes I feel as though I just cannot stand up and take it. Friends think I am mean and heartless.

MRS. X.

ANSWER: It seems to me they have got your number if that is the way you feel about taking care of your poor old father. Believe me, Mrs. X., that while the attentions you have to give him may be a burden to you now and his fussy, old-fashioned ways may get upon your nerves, they are nothing to the load of remorse that will weight you down and the torture your conscience will give you some day when you remember that you begrudged him a place at your table and that you made his last days sad by showing him that you were tired of him and wanted to be rid of him.

CONSIDER FUTURE PROSPECTS

And some day, Mrs. X., you will be old yourself. Perhaps you will be dependent upon your own children for shelter. Certainly you will have to look to them for affection and attention and whatever happiness and interest in life you have. How will you like it if you are paid back in your own coin and if your children treat you as you are treating your father? As we sow we reap. The ideas you implant in your own children of filial devotion or disloyalty, of duty and respect to one's parents, or regarding them as burdens from which one tries to escape, will grow and ripen in their minds and you will reap the harvest of what you have planted.

Of course, your brothers and sisters should help you take care of your father. It is their obligation as well as yours, but because they fail in their duty does not excuse you from doing yours. Nor does your nervous disposition, which is generally an alibi for selfishness.

DEAR DOROTHY DIX: My wife and I are unhappy because we have nothing in common. She does not like the things I care for, nor do I care for the things she likes. We don't even care for the same people, therefore have not even one friend in common. We get on each other's nerves if we are together any length of time. What is your advice in the matter?

M. B.

ANSWER: Of course, the very foundation stone of a happy marriage is congeniality. It should be the first consideration in men's and women's minds in picking out their mates.

But strangely enough, they apparently give it no consideration whatever. And after they are married they find out that they bore each other and get on each other's nerves because one wants to do one thing and the other wants to do the other.

Many people make this mistake of marrying those with whom they have nothing in common, but if they have enough intelligence and determination and really want to make a success of their marriages they can adapt themselves to their mates if they will. Because you can cultivate tastes and learn to find interest in new things and to enjoy things that once bored you.

When we say we have no interest in a certain subject it is nearly always because we have closed our minds against it and are ignorant of it. Any husband can interest himself in his wife's pursuits if he will. Any woman can get enthused over her husband's hobbies if she will go into them with a determination to like them.

And surely it is worth taking this trouble of trying to get together in order to save a marriage.

DEAR DOROTHY DIX: What are the qualities of a good homemaker? How can these qualities be developed in a girl? Which makes the better homemaker, a girl from the city or a country girl?

PAL

ANSWER: The first requisite of a home maker is a taste for domesticity. To be a good homemaker, then, a woman must love her work. She must feel that making a beautiful and artistic home is as exciting as painting a picture, and that to keep it clean and neat and comfortable and set good meals before her family is the most worth-while work that any woman can do.

Whether a girl comes from the city or the country has nothing to do with her ability as a homemaker. It all depends on the girl herself.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Historical and Biblical Data

By F. H. MacArthur

Afghanistan is a country with about 4,000,000 people, most of whom are Mohammedans; but Hindoos., Jews and Christians are tolerated. Missionaries have gained a foothold during the present generation, and the first native convert was baptized in 1859.

Both the Old and New Testament indorse the giving of alms to the poor. In the early church, collections for the poor are mentioned as a bond of unity and the expression of spiritual faith. The message given to Cornelius shows the divine recognition of this service of love. "Thy prayers and thine alms are come up for a memorial before God." (Acts X. 4)

"First fruits" was originally a tax paid to the pope before the separation of the Church of England from the Church of Rome. Later it was paid to the crown, but in the reign of Queen Anne this revenue was placed in the hands of a commission, under the name of "Queen Anne's Bounty," to increase the income of poorly endowed benefices.

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Ancient weapons for waging war consisted of the sword, spear, javelin, dart, bow and arrow, sling and dagger. You will remember that in King David's army a company of slingers was used. Wonder what David's army would think of our tanks, subs, planes, atomic bombs, etc.? Civilization has made a fine job of making war weapons.

Articles of faith are the points of doctrine drawn up to express the belief of churches and congregations. But oh, how the methods of their acceptance differ!

Ash Wednesday, the first day of Lent, is supposed to have gotten its name from a custom in the church of sprinkling ashes on the heads of penitents then taken into the church.

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The tower of Babel is mentioned only once in the Bible (Gen. XI 4. 5). It was built of brick and a kind of mortar. Local tradition identifies it with the "Temple of the Seven Lights of the Earth," near ancient Babylon, but its exact location has never been established.

The ringing of bells in churches is a very old custom. The invention of church bells is generally ascribed to Paulinus, Bishop of Nola, a city of Campania. They were introduced into France as early as 550. They were known in England as early as the seventh century.

Catacombs are to be found in Rome, Naples, Syracuse, Greece, Syria and Egypt. Paris, too, has its catacombs, as have also Peru and other parts of South America. These subterranean passages are made mostly through rock which is soft and easily excavated. They consist of long narrow galleries, usually about eight feet high and five feet wide, which twist and wind in all directions, much the same as a tunnel in modern mines. They were sometimes used as burial places for the dead, as well as places of hiding for the living.

The privilege of Roman citizenship was originally acquired in various ways, namely: by military services, by favor,etc. Once obtained, the right or privilege was passed from father to son. Among the privileges attached to citizenship, it is interesting to note that a person could not be bound or thrown into prison without a formal trial.

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The artificial colors mentioned in the Bible are purple, blue, scarlet and vermillion. Purple robes were worn by kings and other high officers. Scarlet was the cloth of wealth. Other, natural colors mentioned in the Book of Books are white, black, yellow, red and green.

Embalming, as practiced by the Egyptians, was probably learned by the Jews in Egypt. The only cases of embalming mentioned in the Old Testament are those of Jacob and Joseph. In the time of Christ the custom was quite common.

"Feast of Fools," a festival celebrated in many countries during the Middle Ages. Young folk played the chief roles, choosing one of their number to act the part of a bishop or archbishop of fools, as he was called. They often mocked the scared services and engaged in indecent song and dances.

Foot-washing was one of the most obligatory of the rites of Eastern hospitality. It was practiced in Christ's day and for many years later by large masses of people. In the days of the czars of Russia, the emperor of Austria and the kings of Spain, Portugal and Bavaria used to wash the feet of twelve beggars, and the pope on the same day sprinkled the feet of thirteen poor men. The ceremony is intended to illustrate Christian humility.

Gates were used at the entrances of all important Biblical cities. They were often fitted with heavy locks. A warden accompanied by his attendants stood guard by the gates to open and close them when travelers entered or left the cities.

AT LAST ! —

As the first real snow of 1950 came to southern Ontario, ski enthusiasts flocked to local trails to take full advantage of the long awaited snow. Lynn Kerruish, seven, member of the Toronto Ski Club Tapole division, gets some help from Instructress Joan Weal during an outing on the snow covered Summit slopes.

Air Force Bonnet For 15,000 Girls Is Style Puzzler

By MURIEL NARRAWAY
Canadian Press Staff Writer

LONDON, Jan. 13—(CP)—London's top-line milliners are competing to design a hat style that will suit 13,000 women.

It won't be a rumptuous fur felt or rakish baku straw—just a plain air force blue barathea.

It's the new "walking-out" hat for air force women, requested by Dame Felicity Hanbury, director of the W. R. A. F. Her orders to the hatmakers are these:

"I want something smart, but essentially feminine. It must stand up to hard wear, not lose shape, not fall off in a howling gale. It must be suitable for all climates from the tropics to the Antarctic."

Designers have a clear field. They can produce what they like—with two musts; a mohair band and a gold service badge.

The present hat is made of soft air force blue barathea., the circular crown gathered into a stiffened head-band, mounted by a black mohair band and gold service badge. The heavy, green-backed patent-leather peak is topped by a black patent chin-strap.

"It's a shocker," groan the girls in general.

"Right," says Dame Felicity. "We'll cut out the patent peak and the chin-strap—provided it doesn't blow off in a gale."

One Woman Judge

Closing date of the competition is Jan. 26. Designs submitted will then be judged by the Duchess of Gloucester, two senior R. A. F. officers and Aage Thaarup, royal milliner.

Thaarup, who has designed hats for Princess Margaret, says. "What girls in the service want is something which does not hide their face and hair, something which is uniform yet chic."

The judges will choose three designs which will be worn on duty by three chosen air force women—"to find out the candid opinions of other ranks."

When the final choice is made, it will be nine months to a year before the new headgear reaches service stores, depending on the speed with which old stocks are used up.

Meanwhile the King has approved a new tropical dress for the Women's Royal Naval Service. Designed for ceremonial occasions and social functions, in white bleached mercerized drill with a belt of the same material it has an open-neck collar with revers.

There are four buttons instead of the previous five and the skirt is slightly flared with a single pocket insert. Officers, chief petty officers and petty officers have gilt buttons while other ranks wear white horn buttons.

That Body Of Yours

By James W. Barton, M.D.

HEADACHE

"Of all the symptoms which trouble mankind, headache, mild or severe, occurs more often than any other. The term 'trouble' is used intentionally, since headache, because of its untouchable character, so often interferes with the thinking or judgment of the afflicted; headache also appears to influence unfavorably any emotional disturbance already disturbing the body processes."

I am quoting Drs. Stuyvesant Butler and F. R. Hall, Chicago, in the Massachusetts General Hospital number of "Medical Clinics of North America."

These physicians point out that the average physician does not take headache seriously enough, considering its depressing effect on the mind and body of the patient. They state that the usual experience of the doctor is this: the patient comes complaining of pain in the abdomen, pain in the knee, shortness of breath ,and headache.

What happens?

The gall bladder is removed for the pain in the abdomen, teeth removed for pain in the knee, digitalis is given for the heart (shortness of breath), but the headache remains.

As a matter of fact, it is the headache in many cases that causes the patient to consult the physician, and the physician should give it the careful investigation given any other symptom. Headache should not be dismissed with a "quieting" drug. Thus the kind or character of the headache should be learned, where and how it starts, how it comes on and disappears, if any other head symptoms (eye, ear, sinuses, teeth) are present if the patient is allergic to various substances, and the relation of emotional disturbances, worry, loss of sleep, to the headache.

Although there are not less than 150 known causes of headache, Drs. Bulter and Hall state that headache develop in four principal ways. (1) distension of arteries inside or outside the skull; (2) traction (pulling) on the blood vessels inside the skull; (3) swelling) (edema) and spasm of back of neck and scalp muscles, and (4) direct irritation of pain-carrying nerves or structures by inflammation or pressure.

Don't take a pain-relieving drug just before you consult your doctor about your headache. It may hide the cause.

ELLEN'S DIARY

By An Island Farmer's Wife

Over the week-end, Winter claimed field and woodland, grove and farmstead, wrapping the countryside in a coverlet of white, and bedding down the buildings most comfortably amid their snowy surroundings. When a snowfall has descended to isolate farmfolks, ringing them in temporarily behind ramparts of white, then it is that we are made aware that we must be more or less sufficient unto ourselves. All about, when we came to our living this morning, reaches of unbroken white stretched away to the heights of the hills and downward towards the valley depths, and presently lit by a million lights, these sparkled in the glow of the Winter sun. "That was quite a storm!" James commented slipping into jacket and high boots and, in a funny way he has, drawing down his cap of Fall to take in the tips of his ears, and altogether preparing to meet the handicaps of digging-out.

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We recalled the wind of yesterday, that blew us along such times as we had made our way with some extra offering of food to the fowls, or to visit at the house across the lane, the frosty air, and the gust-blown drifts against the windows. And now the calm and sun-light — the peace after storm. "But there's no depth to the snow," we offered, peering out a corner of a pane to see the smoke billowing frostily from the chimney of the house across the lane. "You'll find that out!" he returned, opening a door that creaked, reminding one of the sound of the sleigh-runners of past years, as they followed some snowy trail — a refrain that entered ones consciousness unwittingly, to become a part and parcel forever of frost-bitten, Wintry days.

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As James had insinuated we found a considerable depth when in the wake of the pack of dogs we made our way to lane's end at mail-time. Neither car nor truck could make the distance of roadway which lies the mile to the corner-store, and indeed our younger farmer found difficulty in making the trip thither along a route now lightly powdered and again holding depths of snow, by horse and sleigh this morning. "Sufficient unto ourselves" we said, but nowadays not without benefit of mail and telephone and radio, these fine links with the outside world which contribute to the frosting on the cake of country living uniting distance and making widely separated folks, kin.

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But grounded in truth, we found we were, as we followed the trail to the mail-box, marked out by Pard the leader of our three. A plane derisive of all such earth-bound mortals as we in the circumstance of today, beat its way with casual sound overhead and presently passed out of sight above a hilltop leaving us to the chickadees in the alders of streamside, the covey of partridge that would have none of our company, but flew off into the neighboring woodlands, and the pair of dark ravens that make excursions on Wintry days, we know not why, from their habitat in more distant reaches with harsh and lonely cry.

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And in spite of the snowy roads, though with spells of clearing theirs, Rob saw that Jamie reached his school this morning and it was worth James 'trip to the other farm with his sons to collect loads of bedding-straw this afternoon, to meet him and other schoollads "glad in the freedom of school let out" on the homeward trek. It is a sentiment of James, left over from his own experience, that he prefers to meet them at this time rather than when as he fancies it they go at morning "with dogged steps and slow." Not that thus far Jamie ever finds other than a pleasurable anticipation over the prospect of his day in school.

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And what of Hilda-granddaughter of ours? As she will tell you, along the dam, past the mill, and skipping up along the hill we trust, she too is going to school "some day!"

Until tomorrow — Diary—Goodnight . . . .

ENGINEERING PIONEER

ROOKEE, India — (CP) — India's first engineering university comes into being this year when the Thomason Engineering College here is raised to the status of a university. Prime Minister Nehru will attend the inauguration.

Needlecraft

— FOR THE HOME —

SMART SIMPLICITY

A smart style for either a practical washable or pretty print — and a very simple one to make! Scalloped left-of-center closing below a square neck. Easy skirt in six gores.

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Morning Smile

SECOND THOUGHT

Little Warren was embarking upon his first venture in saving. He had deposited fourteen cents in his piggy bank, but with the acquirement of each penny was finding the discipline of the task more and more arducus.

The youngster was sitting on the front step, peering expectantly down the street, when his mother was moved to inquire: "What are you looking for, Warren?"

"I'm looking for the popsicle man," he replied. And then, realizing the import of what he had said, quickly added: 'I certainly hope he doesn't come down this street!"

Household Scrapbook

By Roberta Lee

Shellac

When shellac is to be used as an interior finish where the natural color of the wood is to be retained, apply it in thin coats and give plenty of time to dry. Apply the first coats about six hours apart, and then two days should be allowed between additional coats. No rubbing is required.

Frosted Glass

Glass can be given a frosted appearance by covering it with a mixture composed of six ounces of magnesium sulphate, two ounces of dextrin, and twenty ounces of water.

Healthy Teeth

Give the children crusts of bread and rusks as soon as they are able to eat them, as this will harden the teeth and gums and induce a healthy mouth.

How Can I ! ! !

By Anne Ashley

Q. How can I make a good wall paper cleaner?

A. Put 2 cups of vinegar, ½-cup kerosene, 1 cup salt, 1 teaspoon lye in a clean granite pan and boil for 5 minutes. Then add enough flour to form a stiff, but not dry dough.

Q. How can I keep the excess oil from soiling material after oiling the sewing machine?

A. This can bt prevented by tying a small piece of cotton string tightly around the needle bar, near the place where the bar grips the needle.

Q. How can I effectively clean spinach before cooking?

A. Place the spinach in the wire dish strainer and hold under the cold water faucet. Then soak in salted cold water.

The Stars Say - -

By Genevieve Kemble

For Tuesday, January 17

INDULGENCE in impulsive, rash or erratic conduct could precipitate a disagreeable and dangerous situation, with unforseen crises. Sudden change, upset plans tension and strife may be stirred to uncontrollable heights by ungoverned impulses, feelings and wild emotions. Take time for calm consideration before making any important moves, agreements or changes. Keep firm brakes on and sidestep regrettable upheavals.

If It Is Your Birthday

Those whose birthday it is, are advised to postpone all important change, new affiliations or commitments since the feelings, emotions and impulses may be under stress, high tension and definitely erratic, and likely to lure into strange and regrettable pastures.

Postpone all decisions or moves until a more equable state of the emotional and mental attitudes. Likewise keep on guard against accidents or other disturbances.

A child born on this day may be prone to erratic and temperamental outbursts, its emotions and feelings rather than calm mentality governing its conduct. It may be subject to sudden change and accidents.

Better English

By D. C. Williams

1. What is wrong with this sentence? "I was very pleased to see her."
2. What is the correct pronunciation of "bade"?
3. Which one of these words is misspelled? Prescription, prespiration, presentation, presentiment.
4. What does the word "inevitable" mean?
5. What is a word beginning with for that means "happening by chance or accident"?

ANSWERS

1. Say, "I was very much pleased to see her." 2. Pronounce the a as in bad, not as in aid. 3. Perspiration. 4. Incapable of being avoided. "There is no such thing as an inevitable war. If war comes, it will be from failure of human wisdom." — Bonar Law. 5. Fortuitous.

Modern Etiquette

By Roberta Lee

Q. How should the invitation to act as a godparent be extended?

A. Either verbally or by formal note. The request can hardly be refused, and one should consider it an honor to be asked to stand sponsor for a child.

Q. When introducing a person to a group of people, is it necessary to repeat his name to everyone in the group?

A. Usually just once is sufficient. However, if the group is rather large and there is a chance someone did not catch the name, it may be repeated.

Q. May a bride wear a white dress and a veil when being married in a magistrate's office?

A. No. The traditional white is reserved for the church and home weddings. She should wear her going-away suit.

PLAN RECREATION CENTRE —

Municipal councils in the greater Toronto area held their first meetings in 1950 recently. Most of the meetings were taken up with the appointment of committees from their members, speeches by new members, general reviews of achievemnts of last year and plans for this year. Scale model of recreation centre proposed by Islington, Ont., is examined by Mrs. Barbara Stewart, Mrs. Lyle Gordon. Model of project, to cost $50,000, was shown to council.

Cook's Corner

ASPARAGUS SALMON

1 lb. can Salmon
Seasoning
Asparagus tips
White parsley sauce
Bread crumbs.

Place the Salmon in baking dish. Season well. Place small soft asparagus tips on top of Salmon. Pour over this thick white parsley sauce. Repeat. Sprinkle top with bread crumbs and bake in moderate oven until brown.

HEALTHFUL MEAT

In a normal diet, liver is recommended once a week.

More flavour? That's because it's better tea
"SALADA"
TEA

CANADIAN MILK SENT TO HOLY LAND—

Canadian milk is going to the Holy Land because of the United Nations International Children's Emergency fund. Arab woman, child are at distribution centre.