All the Latest and Most Important Reading Matter Selected From This Week's News for The Charlottetown Guardian's Saturdays Subscribers

GUARD AGAINST THE 'FLU

Serious Outbreaks of Influenza all over Canada

GOOD HEALTH IS THE SUREST SAFEGUARD

"FRUIT-A-TIVES" Brings Vigor and Vitality and Thus Protects Against Disease

There can be no doubt that the situation regarding the spread of Influenza throughout Canada is one of grave concern. It is quite true that the number of cases does not constitute an epidemic such as caused the suffering and sorrow during the terrible days of 1918. Yet there is no disguising the fact that everyone should be on their guard against the disease.

In Montreal alone, from January 20th to February 21st, *three thousand, one hundred and twenty-two cases* of Influenza and 139 deaths from the disease were reported to the Health Department.

If the outbreak had come at the beginning of the winter instead of the end, we might reasonably feel that the very cold weather would check the spread of the disease. But coming as it has, at the end of the winter, there is grave fear that an epidemic may occur. For spring, with its slush and rain under foot, its dampness and chill, its constant changing from cold to warm and back again, is a prolific source of coughs and colds, pleurisy and pneumonia.

The best protection, in fact, the only safeguard against the 'Flu, is, GOOD HEALTH.

Those who are not as well and strong as they should be; those who are underweight; those who are "run-down" through overwork or sickness; should build up at once. What they need is a Blood-purifier, a body-builder, a strength-giver, like "Fruit-a-tives", the wonderful fruit medicine.

"Fruit-a-tives" regulates the kidneys and bowels, causing these organs to eliminate waste regularly and naturally as nature intended. "Fruit-a-tives" keeps the skin active, and insures an abundant supply of pure, rich blood. "Fruit-a-tives" tones up and strengthens the organs of digestion, sharpens the appetite, brings restful sleep and renews the vitality of the nervous system. "Fruit-a-tives" contains everything that an ideal tonic should have; to purify the blood, to build up strength and vigor, and to regulate the eliminating organs, so that the whole system would be in the best possible condition to resist disease.

Now is the time to build up your health and strength, not only as a precaution against the ravages of Influenza, but also to protect you against "spring fever" and the inevitable reaction which comes with the appearance of warmer weather. Get a box of "Fruit-a-tives" today and let this fruit medicine keep you well.

"Fruit-a-tives" is sold by all dealers at 50c a box, 6 boxes for $2.50, trial size 25c, or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

DR. DeVAN'S FRENCH PILLS
Areliable Regulating Pill for Women, $5 a box. Sold at all Drug Stores, or mailed to any address on receipt of price. The Scobell Drug Co., St. Catherines, Ontario.

PHOSPHONOL FOR MEN
Restores Vim and Vitality for Nerve and Brain; increases "gray matter". Tonic—will build you up, $3 a box, or two for $5, at drug stores, or by mail on receipt of price. The Scobell Drug Co., St. Catherines, Ontario. SOLD AT FOSTER'S DRUG STORE

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FRIDAY

SEVERE INJURY.—Dr. Carruthers returned yesterday morning from Carleton where he was visiting his brother Mr. Robert Carruthers, who sustained severe injuries in a fall the previous day.

SESSIONS. CONCLUDED.—The meetings in connection with the Diocesan Church Society were brought to a conclusion yesterday morning, followed by luncheon of the delegates in St. Paul's Parish Hall which proved a very enjoyable function.

FINE MARE AND COLT.—Idral McKinney, owned by Mr. W. S. McKie won first prize in her class at yesterday's horse show. Her 1919 filly Soldier's Maid, took, first prize also the championship in standard bred registered. The judge pronounced this filly the best piece of horseflesh shown.

The death occurred at Hopefield on Tuesday February 11th ult of Charles Melville Stewart at the early age of thirty seven years. The deceased contracted a heavy cold which later developed into pneumonia. Although medical assistance was difficult to obtain it was apparent the hand of the grim reaper could not be stayed. He leaves behind to cherish his memory a wife and three small children; also an aged father and aunt besides two sisters and two brothers to all of whom the many friends extend sincerest sympathy. The funeral services were conducted by the Rev. J. D. McKenzie, pastor of the Presbyterian church Montague. Interment being in the cemetery at Lower Montague.

TUXIS BOYS MEET.—The regular meeting of the Tuxis Boys took place in the Y. M. C. A. on Tuesday evening at 7.30 The first period from 7.30 to 8 was taken up with the denominational class meetings. In the second period all the classes met together and conducted a debate, the subject being "Resolved that military training should be made compulsory between the ages of sixteen and twenty" The speakers were: Pro—Chas. McInnis, John McDonald, Walter Hyndman, Con.—Robert Weeks, Keith Clark. An invitation to the Tuxis boys to a social on Thursday night given by the young ladies of the C. G. I. S. classes of Zion and the Baptist churches was received and heartily accepted In the last period some activities were conducted in the gymnasium in preparation for the big Athletic meet in April. Next week it is hoped to have a talk from Mr. Doull on electricity.

At the regular weekly luncheon of the Rotary Club held at the Davies Hotel yesterday, Rotarian Murdock Ross presided.

Among visitors present were Messrs. B. S. Abbott, of Toronto, E. H. Clark, International Student Secretary of the Y. M. C. A., Toronto, Pope Barnes, St. John, John S. Ackhurst, Halifax and Prof. Fletcher, organist of the Methodist Church.

During the course of the luncheon the proceedings were enlivened by the spirited singing of Rotary songs, followed by a couple of vocal selections by Mr. Charles Earle given in that gentleman's best style.

Then came the address of the day, the speaker Rev. George Taylor whose subject was "Our Contribution."

Any address by Rev. Mr. Taylor is bound to enlist the closest attention of his hearers and in that of yesterday he struck a new keynote and one which certainly found a responsive chord in the hearts of everyone who had the pleasure of hearing him.

WOMEN'S AUXILIARY.—At the meeting of the Women's Auxiliary of the Church of England held in St. Peter's Schoolroom on Wednesday reports submitted showed receipts during the year of over $1400 while bales of clothing, costing $217, were sent to needy missions. The retiring president, Mrs. Simpson, gave a most interesting address giving a resume of the work of the society since its beginning here in 1897. Mrs. Simpson was presented with a complimentary address and a Dominion Life Membership certificate and badge by the members throughout the Province in loving appreciation of her years of service. Diocesans Life Memberships were presented to Mrs. A. B. Warburton, Miss Audrey DeBlois, Mrs. W. E. Hyndman, Mrs. Chester Acorn, Mrs. A. B. Cosh and Miss Margaret Cotton. The following officers were elected for the coming year:—Hon. President, Mrs. Simpson, President, Mrs Raymond, 1st Vice Pres., Mrs. W. L. Cotton, 2nd Vice Pres, Mrs A. W. Holroyd, 3rd Vice Pres, Mrs. C. A. Woodman, Rec. Secretary, Mrs. Bousfield, Cor. Secretary, Mrs Cosh, Dorcas Secretary, Miss Haviland, Thank offering Secretary, Mrs. J. Profit, Cent-a-week Sec, Mrs. John Pierce, Babies Branch Secretary, Mrs. A. D. W. White, Junior Secretary, Miss M. Essory, Treasurer, Miss Elaine Aitken, Leaflet Editor, Miss M. Cotton, Prayer Partners Secretary, Mrs. T. J. Harris.

STIFF JOINTS

Limber Up After Being Rubbed With "ABSORBINE JR."

A stiff knee, due to rheumatism—or a stiff ankle, the result of a sprain—or a stiff arm, because of a fall—can be relieved of pain and stiffness, by the use of "ABSORBINE JR."

Many people who have limped and suffered for years, now have free use of their limbs since treating themselves with "ABSORBINE JR."

This successful home treatment gives prompt relief from Rheumatic Pain, Lumbago, Sciatica, Inflammation of the Joints, Weeping Sinew and Lameness and Stiffness.

No matter what else you have tried, get a bottle of "ABSORBINE JR." and see what relief it will give you.

$1.25 a bottle—at most druggists or sent postpaid by W. F. YOUNG, INC., Lyman Building, Montreal. 33

FINE CONTRIBUTORS.— The Church of England congregation of Crapaud and Springfield although they thought, at first, that their financial objective to the Forward Movement could not be attained today are congratulating themselves in that they not only met their objective but have gone well over "over the top."

P. W. C. DEBATE.—At the P. W. C. Debating Society on Tuesday the subject for the debate was "Resolved that Agriculture did more to bring about Civilization than did Commerce." The leaders being Pro., Homer Norton, Con., Harry Pierce. The resolution however was defeated, the Con side proving victorious. The speeches by the various speakers were particularly good. G.

COLLEGE SOCIAL.—A very enjoyable social was given by the members of the Cabinet of the Student Y. W. C. A. in St. Paul's Hall on Tuesday night. A large number of invited guests were present. A feature of the programe was a "Cake Contest" won by Miss McDonald and Mr. McLeod, while the booby prize was won by Miss MacLean and Mr. McLean. The remainder of the evening was pleasantly spent in games and music while ice cream and cake were served in abundance to all. When the National Anthem was sung, it closed one of the most successful socials of the season, and much credit is due the members of the Cabinet, for their splendid entertainment. G.

The Provincial Horse Show opened at 1 o'clock yesterday with a splendid array of horses, over 100 entries being shown.

The attendance was very good considering the weather and roads and the fact that there had been a delay in the time of holding the show due to the non-arrival of the judges the day before.

The principal showing was in the Clydesdales of which there was a very creditable lot, of animals displayed.

The grade mares also made a good show reflecting credit upon their owners.

Mr. Scharfe, the judge of the Clydesdales stated that the animals in this class shown were very good specimens but in some cases they lacked fit, as was often the case at this time of year.

Keen interest was exhibited in the standard bred class, the exhibitors including Geo. H. Reddin, W. S. McKie; P. S. Brown, Wm. Bateman, City and Roy Moreside, North Milton.

In the Hackney or Coach class there was but one entry that of Mr. David Reid of Victoria Cross who showed a very fine stallion.

Of grade carriage mares there was an exceptionally fine showing. Among the exhibitors in this class are A. MeBeath, Marshfield; W. A. Wright, City; H. J. Kennedy, Southport; Rev. J. B. McIntyre; Tracadie; Wm. MacPherson, City; Cecil H. Stewart, Hampshire; John Crabbe, Milton; Geo. Chandler, City; M. J. Kelly, Elliotvale.

There was also a fine show of roadsters. Among the exhibitors in this class were: Henry Jones, Hazelbrook; D. N. McDonald, Springton; Keith Boswell, Victoria E. C. White, City; B. C. Hardy, Union Road; Harry Jenkins, Hazel brook; Frank McKay, City; W. H. Aitken, City; Gordon Hughes, City; Ernest Leonard, Cornwall; Herbert Lewis, York.

Only one Percheron was shown, that of Mr. Boswell, of French Fort.

Judging continued until 5 o'clock and was concluded last night.

Following is a list of the prize winners of the animals judged in the afternoon:—

PRIZE LIST

Following is the prize list up to 5 o'clock yesterday.

CLYDESDALES

Aged stallion.—1 Roper Bros. Royalty; 2 W. H. Godfrey, Marshfield; 3 Edmond Vickerson, North River; 4 H. J. Burgoyne, Bradalbane.

Clyde Stallion, foaled 1916.—1 J. H. Crosby, Marshfield;

Clydesdale Stallion foaled 1917.—1 Wm. McRae, Wheatley River.

Clydesdale Stallion, foaled 1918.—1, A. H. Boswell, York; 2 W. W. Crosby, Cornwall.

Clydesdale colt foaled 1919.—1 J. Heber Crosby, Marshfield; 2 Wm. M. McRae, Wheatley River. 3 J. Walter Jones.

Clydesdale mare, aged.—1 Brenton Younker, North River; 2 Garfield Warren, North River; 3 Wm. M. McRae, Wheatley River; 4 J. H. Crosby, Marshfield.

Clydesdale mare, foaled 1917.—1 Experimental Farm,; 2 John R. Munn; 3 J. Heber Crosby.

In the above the Experimental Farm's mare was merely placed. Mr. Munn being awarded first prize money.

Clydesdale mare, 1918.—1 Louis Roper, Royalty.

Clydesdale filly 1919.—1 Garfield Warren, North River; 2 W. H. Godfrey, Marshfield.

Clydesdale stallion, special prize—1 Roper Bros. Royalty.

PERCHERONS

Mare, any age.—1 Albert Boswell, French Fort.

DRAFTS.

Grade Draft mare.—1 Edison Mutch, 2 Russell Hyde, Cornwall; 3 and 4 Horne Bros. Winsloe Station.

Mare foaled 1917.—John B. Matheson, Highfield.

Special prize.—Best three, get of one registered stallion—1 Roper Bros; 2 J. H. Crosby.

Special prize given by Clydesdale Association of Canada to best Clydesdale stallion any age—1 Roper Bros., 2 J. Heber Crosby.

Special prize by same for best Clydesdale mare any age—1 Garfield Warren, North River; 2 Brenton Younker.

The annual meeting of the Prince Edward Island Racing Association was held in the office of Mr. J. Stanley Wedlock on Tuesday night There was a large attendance of horsemen and race track managers.The President Mr. Hammond Kelly addressed the meeting as follows:—

PRESIDENT'S ADDRESS

Gentlemen:—

A little over a year ago we met in this office for the purpose of organizing an Association of horsemen and track owners to try and improve the status of horse racing and to give both the track owners and campaigning horsemen a better chance to engage in the sport without incurring financial loss. It is a recognized fact that horsemen throughout the world are sportsmen in the truest sense of the word and in no country in the world is that truer than in this beautiful Province of Prince Edward Island. Here we find men in all walks of life engaging in the sport of kings, purely for the sport of it. We find others that are preparing tracks and horse race meets practically without the incentive of any financial gain, merely making an effort to keep alive the finest sport in the world. Conditions being in this state a few men connected with sport conceived the idea of forming a racing association which would bring horsemen and track owners together so that plans could be made to improve conditions for both. An notice of meeting was sent out and the result was the meeting of a year ago which was so highly successful.

Gentlemen. I think we can look back on our first year with a great deal of pride and pleasure. By our organization we have elevated the sport and it is certainly today the premier sporting pleasure of this Province. We have adopted a uniform admission fee thereby improving the financial conditions of the race tracks. We have increased the purses at the various race meets thereby helping the campaigning horsemen to make ends meet. We have encouraged the attendance of automobile owners with gratifying success and by our newspaper publicity we have secured the sympathy of the public and avoided friction with any section of it. By mutual good will and consideration we have maintained harmony between owners of race tracks and visiting horsemen. I feel safe in saying that all are on the best of terms. It is a source of satisfaction, therefore, to meet you tonight and thank you for your sympathy, encouragement and help during the past year. May we continue to keep our Association in the forefront and maintain its dominant position in the sporting world is my sincere wish.

After the reading of the President's report Mr. P. S. Brown congratulated him on the success of the Association during the past year, spoke of the great benefits of unity and recommended a forward policy for 1920. He was followed by other speakers who all eulogized the work of the Association and the necessity of keeping it intact. A discussion took place regarding the advisibility of joining the National Trotting Association and on motion it was decided that all the tracks would this year become members of the National Trotting Association. To encourage early racing and to enable horses at races in June to take part in classes later on in the season it was decided that every track would include in its conditions that records made previous to July 1st would be no bar. A lively discussion took place as to the classes for the summer racing. It was pointed out that there was a large number of troters eligible to the 2.40 trot and it was the general opinion that 2.40 class trot would be popular class. Other classes which met with considerable approval were 2.25 class mixed and 2.20 class mixed. Resolution was passed asking all tracks to publish on their forms of advertisements that they are members of the National Trotting Association. The speakers were all enthusiastic as to the prospects for this year's racing. It was felt that with the present admission fee of fifty cents that good racing could be carried on and tracks kept in shape without the old risk of incurring a big financial loss. All speakers were unanimous in the encouragement of the attendance of automobile owners. It was felt that this was the solution of long distance transportation on the Island to the races as the railway rates for special trains are prohibitive. Every facility will be afforded the automobilists and special parking arranged at each track.

Election of officers resulted as follows:

President H. Kelly, Charlottetown, Vice President J. F. Arnett, Summerside, Secretary Treasurer, Major D. A. MacKinnon.

Executive Committee:—J. A. Lyman Tryon; P. Ranahan, Kinkora; J. Pendergast, New Annan; G. Ives, Montague, P. S. Brown, Charlottetown,; Dr. Church, Summerside; A. W. McLeod, Garfield.

The following dates for the Island circuit were approved of.

Charlottetown open dates in June, Summerside, July 1st. North Tryon; July 7th, Kensington July 14th, Kinkora July 21st, Garfield July 28th, Montague August 11th, New Annan, August 18th.

BERLIN, March 18.—Following the resignation of Dr. Wolfgang Kapp, self proclaimed Imperial Chancellor, and General Baron Von Liettwitz, de factor Minister of Defence, General Von Seckt took over the command of the loyal troops this afternoon and preparations began for the removal from Berlin of the Baltic troops, but their departure was suddenly halted for at 7 o'clock tonight the supreme battle for possession of Berlin began with a terrific concerted attack by the Spartacans who captured the railway stations of Strausburg and Vogelburg, two Berlin suburbs; and are reported steadily gaining headway. The Spartacans have annihilated an entire battalion of the national guard and captured a battery of artillery in the Ruhr district.

Dr. Kapp asked the French to march in and subdue the Red revolt but the French military command refused.

GENEVA, March 18.—News arriving today from across the frontier especially from Stuttgart and Munich, proves that Dr. Kapp's government has failed and that President Ebert is likely to return to Berlin shortly but will face a new strong situation from Southern Germany which, tired of coups d'etat, wants to be independent of Berlin's central rule. The governments of the four biggest states of the south, headed by Bavaria, want complete independence from Prussian rule and domination.

(Special to The Guardian.)

NEW YORK, March 18.—The New York Times in its financial gossip will say tomorrow "It is reported that the Canadian Minister of Finance is anxious to have the finesse of Canadian Silver coins reduced from 935-1000 to 800-1000, the idea being to make it less profitable for individuals to export or melt down the coins for the bullion value. This is of course debasement, a thing much deplored by all sound money advocates, but after all silver has lost much of its money value.

The Latin union virtually is a thing of the past and except in the far east silver is not in demand as bank money.

(Dom. Press Special.)

LONDON March 18.—Despite the former Kaiser's reported assurance to the Dutch government that he will refrain from all political activities, the opinion prevailed in official circles here today that the Entente will demand that Holland exile him to Curacao or Dutch East Indies. Although the Kapp Coup was short lived it was said to have furnished Holland with evidence that it will be impossible for Wilhelm to remain in Europe because of endless trouble of guarding him both from enemies and friends.

Now Facing Spartacan Danger.

LONDON, March 18.—Gustav Noske, President Ebert's Minister of Defence, has sufficient loyal troops with which to restore order in Germany within six or eight days, he said in an interview at Stuttgart. According to dispatches here today Noske admitted that the worst danger threatening the fatherland is the Spartacan communistic outbreak. He believed, however, that his forces will be able to down the radicals as they have in the past.

Kapp's Ministry Ends and Minister's Arrest Ordered.

BERLIN, March 18.—Kapp counter revolutionary dictatorship ended last night. Following the resignation of Chancellor Von Kapp and General Von Leuttwitz, Eugene Schaffer, Vice Chancellor under President Ebert, took over the government at six p. m. Simultaneously the Red, White and Black flag was hoisted over the government buildings as a symbol of the defeat of the monarchist movement.

The central committee railway workers at the same time decided to end their strike immediately.

The Ebert government, restored to power, has ordered the arrest of Von Kapp, Von Luettwitz, Police Chief Von Jagow, Admiral Von Trotha, Dr. Bredereck, Col. Bauer and Captain Gorheardt.

(Special to The Guardian.)

OTTAWA, March 18.—Latest information as to the health of Sir Robert Borden is that the Prime Minister is rapidly regaining his former health and that his recovery is being maintained. He will likely be in Ottawa about May 1. The session is expected to continue for a couple of weeks after that date.

Over the Top

$1365 F.O.B. CHATHAM WAR TAX EXTRA

GRAY-DORT

When the Gray-Dort was designed, our engineers had two definite orders.

"Build an economical, simple, low-priced car."

"Build a light car at least 50% stronger and finer and greater value than light-car purchasers have been getting."

The original Gray-Dort was built to these orders. Every improvement and refinement since that time has been in line with this policy.

And yet the price is only $1365. Note what you get in to-day's Gray-Dort for $1365.

A big motor—3½-inch bore and 5-inch stroke—finely finished and smooth running. A forty-pound crankshaft, against the usual twenty-five pounds or so. *Three*-ringed pistons, instead of two-ringed. *Cellular* radiator, instead of tube and finn. Newly improved *Carter* carburetor. Improved Connecticut ignition. The starting and lighting system is Westinghouse, a big-car feature.

We designed a bigger and better rear axle for light cars—and we are having it built exclusively for the Gray-Dort here in Chatham. We solved the spring problem in the same way—and you'll realize what we've done when you see the long, cantilever rear springs of the Gray-Dort. We've set a new standard of safety by using Thermoid brake-lining. We've increased safety by building a steering gear 50% bigger and stronger. We've put in a bigger gas tank—and put it in the rear, with a vacuum feed system.

Your comfort in driving or riding has been attended to. With a shorter cowl, there is more room in the driving department. There are several inches more leg-room in the tonneau. The side-curtains open with the doors. You sink into the seats at the most comfortable angle. The top is really a *one-man* top. The gears can be shifted with two fingers' pressure. The emergency brake is now on a lever. The instruments are handy.

The Gray-Dort is just as outstanding in appearance. Its lines are the lines of the really fine big cars—reduced in proportion. It has big car style. There is not a line nor an angle which is extreme. And it has what no other car ever can have—the wonderful Gray-Dort finish which had its beginning 60 years ago in our body plant.

There are other style touches—many of them new this year. French-pleated upholstery. A hood with many long, narrow louvres. A particularly smart top, hand-tailored in our own shops. Lamps raised to a new location. Short, smart cowl. Straight top-edge to the body.

So much does the Gray-Dort dominate the field, that our production, doubled this year, will probably not meet the demand. We would advise you to see the Gray-Dort dealer now.

PRICES

The Gray-Dort 5-passenger car, finished in Gray-Dort green and black, and with standard equipment, is $1365 f.o.b. Chatham. War tax extra.

The roomy 2-passenger roadster is the same price.

The Gray-Dort Special

For the man who wishes something a little extra in his car, we have built the Gray-Dort Special. Maroon body, with brown rayntite top. Plate-glass rear window. Gipsy curtains. Rookie tan wheels. Motometer. Tilting steering wheel. Real leather upholstery. Mahogany instrument board. Just the touches which lift this car above the ordinary. $150 extra on the standard.

And the Ace!

The Gray-Dort Ace—the most beautiful light car of to-day. Sapper green body with handsome California top to match.

Trouble lamp and bull's-eye flashlight. Electric cigar lighter. Rear-vision mirror. Plate-glass windows. Over-size grooved-tread tires. This is the *de luxe* car for the man who does not wish to pile up a tremendous operating cost. $255 extra on the standard.

GRAY-DORT MOTORS, LIMITED
Chatham - Ont.

Sterns, McNutt & White Ltd
159 Queen St. Phone 521.

OBSTINATE COUGHS

When resistance is lowered and you come down with a cold that runs into an obstinate cough, your trouble is more than surface deep. You need

SCOTT'S EMULSION

an easily absorbed tonic-nutrient, mixed with your blood to nourish and enable you to get a fresh hold on strength.

For nearly fifty years Scott's has been helping break up colds by building up strength. Try It!

The exclusive grade of cod-liver oil used in **Scott's Emulsion** is the famous "S. & B. Process," made in Norway and refined in our own American Laboratories. It is a guarantee of purity and palatability unsurpassed.

Scott & Bowne, Bloomfield, N. J. 19-19

BRINGING UP FATHER