

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

CANADA'S KOW

**Nestle's MILK**

The whole world knows NESTLE'S for its richness and purity.

Write for free Nestle's Milky Way Recipe Book

Prepared by the makers of Nestle's Baby Food.

Nestle's Food Company of Canada Limited, Toronto

9 SHADES, PLATED THREAD SILK

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There are 9 shades offered in this wonderful value. You will see a good many lines at \$1.00 that are not so good as this very remarkable bargain value. Over the counter or by mail, your order by mail filled the day it is received. Enclose .69 price and avoid delay.

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A Fashion Hint



2933

STRAIGHT FROM PARIS

The Style No. 2933 illustrates what smart folks are now doing with attractive cotton prints. A perfectly charming effect is obtained in the new tones of capucine in printed



**Was In Bed All Summer**

"I have to work in the store and do my own housework, too, and I got nervous and run-down and was in bed nearly all summer. The least noise would make me nervous. I was told to take Lydia E. Pinkham's Vegetable Compound and I have taken seven bottles. It has made me stronger and put more color into my face. I am looking after my store and my housework and my four children and I am getting along nicely now."

—Mrs. J. Malin, R. R. No. 3, Barton St. East, Hamilton, Ontario, Canada.

**Lydia E. Pinkham's Vegetable Compound**

Holds Caresse Responsible Mothers

**Dorothy Dix**

Who is to Blame for the Wild Modern Girl?

**"You Can't Start to Enforce Discipline on an 18-Year-Old Girl—But You Can Bring Her Up in the Way She Should Go, and When She is 18, or 28, She Will Not Depart From it."**

How far are mothers responsible for the conduct of their daughters? How much are their mothers to blame for the jazz life of the girls who pet and neck and drink and go on wild parties and sit out in parked automobiles with boys until nearly morning? This is a problem that an unofficial jury of women in Chicago has been appointed to solve after an automobile accident in which a boy was killed when a car filled with roistering youngsters making whoopee skidded and turned over and at which, at the coroner's inquest, a girl, who had been in the merry crowd, testified that they had been only doing what all the other young people did. Just have a good time and drinking bootleg hooch. And, of course, she drank. A girl had to if she wanted to have dates. No boy would come the second time to see a girl who didn't drink. And she wouldn't bother with a boy who didn't carry a flask on his hip. She would consider him a flat tire.



It was these cynical revelations from the lips of an 18-year-old girl that made the investigators sit up and take notice and ask where are the mothers and what are they doing while their wandering girls are out at night hitting it up with boys whose names they do not even know, and how far should the mothers be held accountable for what these girls do?

Of course, one's first impulse is to hold the mothers entirely responsible for their daughters' conduct. The girl baby comes into its mother's hands a tiny bundle of plastic clay that she can mold as she will. She has those first few years of a child's life in which, as behaviorists tell us, and as we all know from our personal experience, the life pattern of conduct is set, when we form the habits, when we have the ideals and the impressions stamped into our consciousness, that determine the sort of men and women we are going to be—and that guide us in everything we do.

The mother, then, in those early, formative years can teach her little girl to be modest, to hold her honor above her life, to be careful of her good name. She can teach her self-control. She can teach her to respect her womanhood, and if she does teach her these things there is not one chance in a thousand, no, not one chance in ten thousand, that such a girl will ever depart from the principles of decency she has learned at her mother's knee. She will be better chaperoned by her own sense of right than she would be by all the duennas in the world.

Unfortunately, most mothers take it for granted that their own daughters are made of some sort of superior clay so that they will not be tempted to do the things that the girls do who get themselves talked about and, therefore, they spend more time curling Mamie and Sadie's hair and dolling them up than they do in trying to cultivate a high ethical sense in them. It is safe to say that the average mother devotes far more thought to beautifying her daughter's bodies than she does to beautifying their souls.

Also, mothers are so crazy for their daughters to be admired and sought after by men and to have good times that only too often they shut their eyes to how they get them. It is only the exceptional mother who ever tries to find out anything about the boys that her girls go with. They get such a kick out of bragging that Mamie and Sadie have had a dozen dates for every night that they ignore the fact that Mamie and Sadie may be running around with rotters and roués.

And if boys won't come to see girls who will not pay for their society and for their every attention by permitting personal liberties, mother simply turns her back on amorous scenes—that would have made her blush her head off when she was young. And if boys won't take girls out who have to punch the home time clock at any decent hour, mother may be awake in an agony of anxiety and apprehension waiting for Mamie and Sadie's return, but she leaves the front door on the latch so that they can get in without waking up father.

Why, not long ago the mother of two pretty and clever young girls who are modest, who neither smoke nor drink and who will not stand for being pawed over, told me that when she saw her daughters passed over for girls not half so attractive, but who had no reserve and who actually bragged about getting soused, she felt like telling her daughters simply to go the limit and do as the other girls did.

Certainly as long as mothers feel that a few dates with college sheiks and drug-store cowboys is worth the price of a girl's soul and that it is better for her to stay out at night until she is a scandal in the neighborhood than for her to sit at home, they are no moral restraint upon their daughters. On the contrary, they are accelerators rather than brakes on their girls who are starting out on the wild pace, for their teaching, that is implied if not expressed, is: "Get the attentions of men properly and conventionally if you can. But get them."

Of course, the mothers say in their own defense that they can't control their daughters, that Mamie and Sadie simply flout them and defy them and tell them that it is none of their business where they are going nor when they are coming home when they start out in an automobile with a youth whom mother has never seen before. But whose fault is that but the mother's who has not reared her daughter to respect and obey her?

You can't start to enforce discipline on an 18-year-old girl. It is just exactly seventeen years, eleven months and twenty-seven days too late, but you can bring up any girl in the way she should go, and when she is 18 or 28 she will not depart from it.

So, I think we may justly blame the weak mothers, the indifferent mothers, the lazy mothers, the mothers who are so anxious for their daughters to have good times and dates that they are willing to buy them at any price for the wild, modern girl.

DOROTHY DIX.

For The Cook

WHITE BREAD SPONGE METHOD

One compressed yeast cake, 2 table-spoons sugar, 1 1/2 quarts lukewarm water, 4 dessertspoons lard or butter, 2 teaspoons salt, about 9 pints flour (sifted). Dissolve the yeast and sugar in 2 pints of the lukewarm water, and then add enough flour to make a sponge, about 3 pints. Beat well, cover, place in a warm place and let rise for one and one-half hours. Then add the remaining warm water, the lard, and the salt, and enough flour to make a firm dough. This will take

about 3 quarts sifted flour. Knead well, place in large, well greased vessel, and allow to rise from one and a half to two hours. When light, mould into loaves, place in well-greased baking tins, cover, set in warm place, and let rise about one hour. Bake about 45 minutes. Have the oven hot for the first 10 minutes, then reduce the heat somewhat. If desired, milk may be used in place of the water, and of course, it makes a richer loaf. This process takes about five and a half or six hours.

Nearly 30 per cent of all the people in Germany are now engaged in industrial pursuits.

The United States led all other countries in sending products to Italy last year.

Milady Beautiful



BEAUTY QUESTIONS ANSWERED

Coiffure to Wear With Glasses

Dear Miss Leeds—(1) How may I dress my black straight hair? I wear glasses and have a rather prominent nose. I have a windblown bob now. (2) I am 14 1/2 years old, 5 feet 5 inches tall and weigh 115 pounds. Is this correct? (3) How can I make my eyelashes grow longer? (4) I wear size 5 in shoes. Have I a big foot? (5) I have hazel eyes and usually wear bright red. Is this becoming?

MARIO.

Answer—(1) A few waves about the face are usually more becoming to the girl who wears glasses than are perfectly straight coiffures. Center-part coiffures should be avoided in most cases. The low side part with one or two deep waves on the forehead is suitable. If you do not care to wave your hair you may fasten it up with wire clips to give a waved effect on the brow. (2) Try to gain at least five pounds. (3) Apply white vaseline every night for six months or more. (4) No. (5) Yes. LOIS LEEDS.

Buttermilk Bleach

Dear Miss Leeds—I read in your column that buttermilk is a good bleach for the skin. May this be used alone or does something have to be mixed with it?

SUNBEAM.

Answer—The buttermilk may be used alone as a wash or lotion for the skin. Leave it on until dry. You may also make a bleaching pack by mixing the buttermilk with some substance that will make a paste. Cornmeal is good for this purpose. Use it after cleansing the skin and leave it on for an hour, keeping it moist. The buttermilk is the bleaching agent, however. LOIS LEEDS.

Reducing the Bust

Dear Miss Leeds—Is there any kind of solution or paste one could apply to the bust to reduce it? Would an Epsom salts paste help in my case?

MRS. J. C.

Answer—When the bust has once become large and flabby there is little hope of ever making it small and firm again. You have not told me your bust measure. External applications of astringents may help in some cases, but do not expect a miraculous improvement. If you wish to try a "reducing" lotion, mix two cakes of camphor finely shaved with a quart of rubbing alcohol. Let the mixture stand in a corked bottle for twenty-four hours. Bathe the parts several times a day with the astringent. I do not think that the Epsom salts would be as effective as the lotion just given. Swimming is a good exercise for making the bust firmer, since it combines exercise with immersion in cold water, which is astringent in its action.

LOIS LEEDS.

Red, Cold Hands

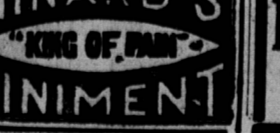
Dear Miss Leeds—(1) Are red, cold hands due to poor circulation? I have tried hand lotions. How can I make my hands whiter? (2) I am 17 years old and have enlarged pores. Does applying ice on the face every night reduce the pores?

SUE.

Answer—(1) Yes, poor circulation and underweight are common causes of this trouble. Build up your weight to normal. Be outdoors in the fresh air at least two hours a day. When your hands feel cold, give them a massage treatment holding the fingers upward, elbow bent. Take each finger in turn, gently shaking and pinching it. Relax your hands and shake them loosely at the wrists. Use a food cream for the massage. (2) You may use the ice after cleansing

In The Locker Room

Minard's is the stand-by of those who take care not to suffer from stiffness and aching muscles.



your skin thoroughly at bedtime; it is a fine astringent for enlarged pores. Dry your skin well afterward and pat on witch-hazel. A coarse skin is sometimes caused by digestive troubles.

LOIS LEEDS.

A Morning Smile

The Radio Rug

"Do you carry B eliminators?"

"No, sir, but we have roach powder and some fly swatters."

One taxicab line in San Salvador is advertising that it uses French cars exclusively.

A plan to widen the Pyramids Road between Cairo and the Pyramids is proposed by the Egyptian Government.

Buy Your Table Silver on the Holman Budget Plan!

Lack of ready money need not prevent you from owning the Silverware you want, for Holman's Budget Plan enables you to buy complete sets of the pattern you desire at the regular cash price—and pay for the set on easy terms.

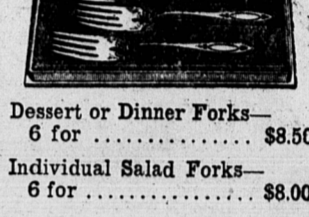
- Sugar Tongs ..... \$2.50
- Tea Spoons—Set of 6 .. \$4.25
- Dessert Spoons—Set of 6 \$8.50
- Cream Soup Spoons—Set of 6 ..... \$8.5

A Small Payment Puts the Silver in Your Home—Then Easy Payments to Suit Your Needs—at NO HIGHER PRICE Than the Cash Pays!

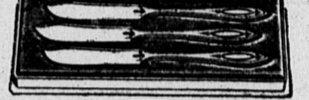
**Sale Starts June 15th and Ends June 22nd**

**Make Your Selection Today**

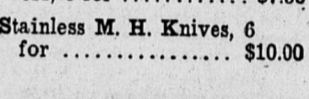
Our showing of Community Plate and Tudor Plate is complete, but limited to a certain number of sets. You can readily understand that the early shopper has every advantage, particularly when this Budget Plan will be positively withdrawn June 22nd.



Cream Soup Spoons—Set of 6 ..... \$8.5



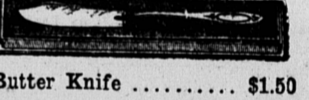
Individual Salad Forks—6 for ..... \$8.00



Stainless M. H. Knives, 6 for ..... \$10.00



3 Piece Carving Set ... \$20.00



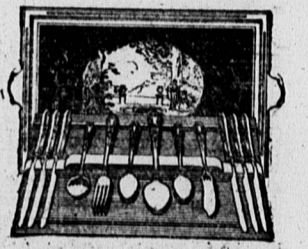
Butter Knife ..... \$1.50



Pastry Server ..... \$4.50

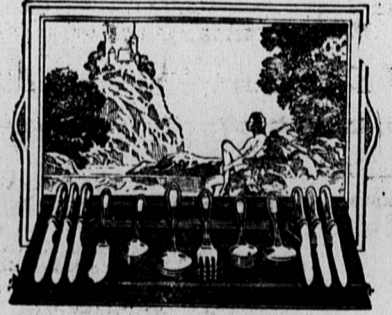


Oyster Forks—6 for .... \$6.00



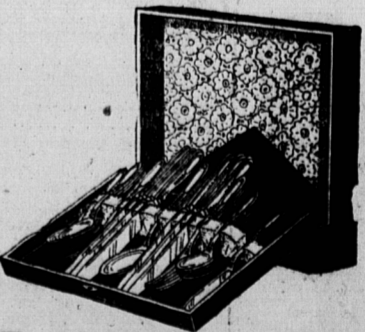
26-Piece Set TUDOR PLATE in Queen Bess, Marquis or Mary Stuart Patterns. Complete for ..... \$20.75

\$1.00 DOWN—\$1.00 A WEEK



26-Piece Set COMMUNITY PLATE in either Paul Revere or Adam Pattern. Complete for .... \$35.50

\$1.50 DOWN—\$1.50 A WEEK

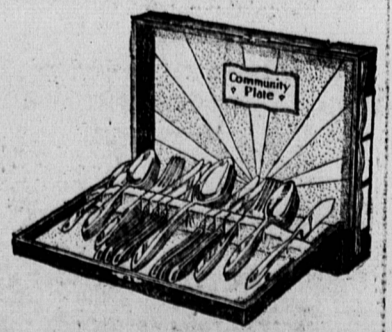


**The Color-Mode Chest \$19.50**

This beautiful Chest is given FREE when purchased with contents. It is red and black and lined with black velvet.

The 26 pieces of Tudor Plate include 6 teaspoons, 6 Dessert Spoons, 6 Stainless Knives, 6 Forks, Sugar Spoon and Butter Knife. Complete for ..... \$19.50

\$1.00 DOWN—\$1.00 A WEEK



**The Modernist Set \$34.25**

Silver against black, with touches of blue—that's the color scheme. It's hard to imagine anything more effective. And the chest is given FREE when purchased with contents.

The 26 pieces Community Plate include 6 Teaspoons, 6 Dessert Spoons, 6 de Luxe Stainless Knives, 6 Forks, Sugar Spoon, Butter Knife. Complete for .... \$34.25

\$1.50 DOWN—\$1.50 A WEEK

**R. T. HOLMAN, Limited**

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