

Woman's Realm Social and Personal Fashions Literature

Living & Leisure

—THE WOMAN'S REALM—

We just shake hands at meeting with many that come nigh. We nod the head in greeting to many that go by— But welcome through the gateway our few old friends and true; Their hearts leap up, and straightaway There's open house for you, old friends, There's open house for you!

—Gerard Massey.

SUMMER TAN MAKES LIVING COAT A FASHION 'MUST' FOR TODAY

The coat you wear this Summer, all Summer, will be a satin coat, a sleek coat, a coat of pure sun. "Vogue" tells its readers in an article this month.

Its color may be honey tan or cake cream, or sepià or gold. But the neo-fashion for bareness lets Fashion make this ancient point, the most beautiful texture the eye knows is the living texture of skin. And this year, skin becomes a cloth in itself. Think of arms and legs and shoulders and backs, showy and shining and free. Think of sandals—a few straps, nothing more. Think of yourself on the beach in scant top and tight little pants.

But look; you see that a skin that has been sprayed with sea and gilded by sun is never a nude-skin. It wears a covering so subtly dyed, that no dress designer can improve on it. So this year the supplements to it, instead of New Summer fashions for town and country and all hours are accessories to your very own Summer color, are designed and should be chosen by you, with the idea that tanned skin is part of the costume. If you tan at all, almost anyone can tan, your skin for Summer clothes should be part of the same plan. Now you will be dressed, no only for the tan—but by the sun.

Your coat of sun is at least two-thirds of your beach costume. This is the largest fraction Summer clothes require of a tan—your other costumes divide the same two-thirds into a variety of smaller percentages. The small fractions (a sandaled foot, a deep décolletage, a bronze face) are part of the same tan-part of the sum of Summer's fashions.

Beating with forks was not known in England until the reign of James I.

CONSERVING FOOD

Make clean plates the order of the day. Stirve the garbage can. Serve that cup of tea with friendliness, instead of with cake. Let refresh-

ments err on the side of too little rather than too much.

Ducks waddle because their legs are placed so far back on their bodies.

The Indians of Guatemala may purchase their wives on the installment plan. If a husband decides not to keep a wife he may return her and get his money back.

RABIES ALLOWED TO PICK OWN FOOD.

In the shadow of the yellow-wood and stinkwood giants of Cape Province's famous Knysna forests, a young South African doctor is attracting the attention of the medical world abroad. He is Dr. W. Harding le Riche, medical officer in charge of the Knysna Health Centre, which looks after the cutters who work deep in the forest glades.

Dr. le Riche is extending the experiments made in the United States by Dr. Clara M. Davis. Both have reached the conclusion that newly-weaned babies, from five months old upwards, are perfectly able to select their own foods in such quantities and of such a variety as to maintain themselves in perfect health.

The experiments allow babies to pick exactly what they want, without any interference or persuasion from adults. The foods are not prepared in any way except for putting where necessary into manageable portions. In only a few cases are they cooked, but apart from that they are absolutely untouched, unpurified and unseasoned. They include ordinary meats, liver, kidneys, fish, a wide selection of vegetables, fruits, eggs, milk, cereals and other materials.

It has been shown that the children have some instinctive means of taking out only what they like but out what their bodies require in a perfectly balanced diet.

Morning Smile

JUST LIKE A HUSBAND

Adjuster—What's the matter with the lamp, kidam?
Lady—It has all the faults of my husband, with none of his virtues.
Adjuster—Please explain yourself.
Lady—Well, it has a good deal of brass about it, it is not remarkably brilliant, requires a good deal of attention, flares up occasionally, is always out at bedtime, and is bound to smoke.

Better English

D. C. Williams

1. What is wrong with this sentence? "Are we going to go this evening?"
2. What is the correct pronunciation of "audition"?
3. Which one of these words is misspelled? Jubilee, juice-harp, jujitsu.
4. What does the word "litigation" mean?
5. What is a word beginning with "o" that means "easily seen"?

ANSWERS

1. Omit to go. Merely say, "Are we going this evening?"
2. "A" is the correct pronunciation of "audition".
3. "Jubilee" is misspelled.
4. "Litigation" means "a lawsuit".
5. "Obvious".

Modern Etiquette

By Roberta Lee

Q. Should Mrs. Robert Brown have name in that way, or should she sign Martha M. Brown?
A. In formal correspondence and for business purposes, the name should be signed Mrs. Robert Brown. To intimate friends it should be Martha M. Brown.

Q. Is it possible to place the dinner guests too far apart at the table?
A. Yes; it makes it somewhat awkward if one's dinner partner is too far away, though even this is better than to be too crowded.

Q. Does it show bad taste to have scrolls and ornate trimmings on engraved invitations of any kind?
A. Yes, it is very poor taste to do this.

Ellen's Diary

By an Island Farmer's Wife

We gathered the rest of the cherries today. Some of the trees in the garden in the leisure that comes briefly to farm women engaged in part-time assistance at the haying, and known to them as "between loads". It comes to them when the man folk with their teams (or tractors) and hay-wagons have gone along the farm-lane to a field for the loads. We at home were especially favored in our time off today for the scenery of the hay-gathering lay near to the farm lanes, at the end of the road through the stumps—where our flock of ewes and their lambs now find their sustenance. There we have a stable acreage, which I regard as particularly belonging to James for he it was, who stumped it and planted there the virgin crop. I remember now the great labor left extended its clearing. I recall the delight of the burning and also the joy when finally it was plowed. Not the entire area at one time but in three or four extended over several years adding to the cleared space as time permitted by "clearing out that corn-pasture had been so bequilling" until a nice field was there, which lory since has lost its newness among the other arable farm acres. From there, the creaking farm-wagons bore their fragrant burden today.

I could appreciate the charm of the trip, even if it was my lot to remain at home. The Summer sky was never clearer or bluer than today and there would be the smallest rustle of sound in the maples there where the lane skirts out of mine. We first gathered the sparkle of the pond would appear through a screen of leaves and there would be the lazy shimmer of heat above the farm-lane. I could all thought of the frost and cold of Winter slip altogether away out of mine. We first gathered the sparkle of the pond would appear through a screen of leaves and there would be the lazy shimmer of heat above the farm-lane. I could all thought of the frost and cold of Winter slip altogether away out of mine. We first gathered the sparkle of the pond would appear through a screen of leaves and there would be the lazy shimmer of heat above the farm-lane.

TELLING THE TRUTH

As an example, take just the ordinary, everyday sins—lying, for instance. Don't we make liars of all about us? Telling the truth is so much simpler and easier and less strain on our imaginations that we would prefer to be Truthful James if we could, but it just can't be done. We wouldn't have a friend in the world by the end of the first day if we were tried it.

By the time little Johnny gets out of the cradle he has learned to lie about what happened to the cookie jar. And it doesn't take newly-weds long to discover that one of the luxuries they are never going to be able to indulge themselves in is telling each other exactly what they think.

When a wife develops into a nagger and a shrew, her husband attributes it to his guardian angel having been on a strike when he got married, but often that not the husband made her one by not taking the trouble to know how to handle her or by his neglect and fault-finding.

And what starts husbands to roaming? Isn't it nearly always because they are fleeing from peevish, complaining wives who never give them a decent meal or try in any way to make their homes a pleasant place to stay in?

Just now the child problem is the headache of the world. So many children are doing things that disgrace their decent parents. So many boys and girls are running away from home. So many teen-agers are on the war and the times, but it is their own fault.

Sometimes it is because the children had no homes, only a house in which they were supposed to stay while Father and Mother were out enjoying themselves or running "causes." Often it is because they could. Sully couldn't have her dates at home, so she had them at the drugstore, where she picked up boys she shouldn't have known and lied about the places to which she went. And when a girl has to do what her parents have thrown her to the wolves.

So, perhaps, we should all echo the little priest's prayer: "May God forgive you and me for that man's sins." And especially for our children's ruined lives.

DOROTHY DIX SAYS—

Accessory Before Crime

Parents Should Take Responsibility For Training of Their Children

I WONDER HOW many husbands and wives who fight their way through an unhappy marriage to the divorce court and how many parents who are heartbroken over delinquent children ever face the bitter truth that they are accessory before the crimes that they so much deplore.

Not many, if any, for we are all adept at passing the buck and laying our sins at someone else's door. The first man started it when he blamed Eve for getting us evicted from our happy home and all of his sons since have used the same old alibi when they got into trouble. A shrewish wife holds her husband responsible for her temper. And you never see a houseful of children who are a scandal to the neighborhood whose mother doesn't tell what a good mother she has been.

None of us are willing to shoulder our own personal load of responsibility for our acts. We want to shift the burden to someone else's back. Yet if we had the courage to be honest with ourselves, we would realize that we practically forced others into wrongdoing and that we might well say with the little priest in Cable's story:—"May God forgive you and me for that man's sins."

CREAM PUFFS

Summer brings visitors and we often like to entertain, either for our own, or our friend's company. This year we will all want to be very careful of the amount of bread and butter we use. Have you ever used tiny cream puffs as a substitute for sandwiches? I made them for a tea recently and judging from the comments they proved popular. They are not difficult to make nor do they take long. The chief thing to watch is the temperature of your oven. I have always filled them with either a lobster or chicken salad mixture, using about a third as much finely chopped celery as lobster or chicken. If you want to make large cream puffs and fill them with a cream filling or ice cream, this recipe will make about 20. If you make the little ones you will need about 60. Half the quantity may be sufficient.

MOLASSES RAISIN PIE

1 1/2 cups raisins
1/2 cup sugar
4 tablespoons flour
1/2 cup molasses
1/2 cup water

Cook the first four ingredients in the top of the double boiler for 15 minutes. Thicken with the flour rubbed smooth with a little cold water and cook for 10 minutes longer, stirring occasionally. Let cool and turn into an ungreased 9 inch pie or tart shell, and bake in a hot oven of 450 degrees for 10 minutes, then reduce the heat to 350 degrees and bake for 30 minutes longer.

EASY STITCHERY

Q. How can I make one pound of butter equal two pounds?
A. By adding gradually to one pint of milk and a little salt, beating it with an egg-beater until smooth. Put in a mold and set in a cool place.

Q. How can I relieve sun-burn?
A. For severe sunburn, when blisters scrape raw potatoes, make a plaster on soft sterilized linen and apply as a poultice, renewing as it dries.

Q. How can I prevent the annoying buzz when using an electric fan?
A. Slip a thick newspaper or magazine under the base and the noise will usually cease.

WOMEN WHO SUFFER MONTHLY PAIN

should try this very effective medicine to relieve pain and tired, nervous, cranky feelings, of such days—when due to female troubles, mostly disturbances. Work trying!

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

So busy we have been of all this lovely day, from the time that the sun made his quivering patterns on the wall in the morning until the quiet restful shades of evening closed in Jamie himself, next to the youngest of who slept a goodly part of the day, the valued helper. He could see if the baby is crying and he it was—when the white nipping drake was at a safe distance, who fetched cooling drinks from a pump to the workers. Then sat on a fence-rail, swinging into the lot or now Aunt to him, a city girl, who loves to drive horses found a thrill in being allowed to help by guiding the mare in the hay-field. When look back through the hours, I

that ours has been an enjoyable day. Rob took his family home on a hay-wagon when the glow that remained from the sunset had faded from western window and the coolness of evening had come to refresh the hot-worn. And where is that James of mine? He has just come indoors from helping take the horses to their night pasture. As he unties his boots that have gone up hill and down dale in our behalf today, he chances to remember something. "Ellen" he asks me in dulcet tones "Would you have a few of those cherries handy?"

Until tomorrow. Diary. Good-night.

Household Scrapbook

By Roberta Lee

The Complexion

When the complexion is sallow, and there are dark circles under the eyes, it is more sleep, more water and fruit, more air and exercise, then notice the beneficial results.

Files

Put a few drops of lavender oil on a cloth and fasten to the top of the screen door where the files collect, and see how quickly they disappear.

Cake Frosting

A delicious frosting for cakes can be made during the summer months by using crushed berries and mixed with confectioners' sugar and milk.

Cook's Corner

CREAM PUFFS

MOLASSES RAISIN PIE

EASY STITCHERY

WOMEN WHO SUFFER MONTHLY PAIN

WOMEN WHO SUFFER MONTHLY PAIN

WOMEN WHO SUFFER MONTHLY PAIN

WOMEN WHO SUFFER MONTHLY PAIN

WOMEN WHO SUFFER MONTHLY PAIN

WOMEN WHO SUFFER MONTHLY PAIN

WOMEN WHO SUFFER MONTHLY PAIN

WOMEN WHO SUFFER MONTHLY PAIN

WOMEN WHO SUFFER MONTHLY PAIN

WOMEN WHO SUFFER MONTHLY PAIN

WOMEN WHO SUFFER MONTHLY PAIN

WOMEN WHO SUFFER MONTHLY PAIN

FLATTERING SHADES

HAIRING FRAGRANCES

CLINGING QUALITY

Helena Rubinstein

FACE POWDERS

● Finely-milled for long-lasting loveliness, Helena Rubinstein Face Powders offer you a choice of six warm natural shades individualized to complement different complexions. Each shade comes in two special textures, one for dry and one for oily skin, and in four delicate fragrances.

Apple Blossom, 1.25 Water Lily, 2.00
Flower Petal, 1.25 Town and Country, 3.75

Helena Rubinstein Rouge, 1.25. Lipsticks, 1.25, 1.65.

Moore & McCord

Needlecraft

FOR THE HOME

WIDE SHOULDERS

For that wide shouldered look— which cleverly whittles down your waistline—try this frock with the raglan shoulders and smooth flowing lines accented by smart "watch dog" ribbon trimmings.

No. 2612 is cut in sizes 12, 14, 16, 18, 20, 42, 44 and 46. Size 36 requires 2 1/2 yards 39-inch and 1 1/2 yards 1-inch ribbon.

Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian.

Pattern No. 2612

Name _____
Address _____
City _____ Province _____

How Can I!!

By Anne Ashley

fastier CINNAMON BUNS

GET FLEISCHMANN'S ACTIVE FRESH YEAST

Light, luscious hot buns if you bake with Fleischmann's Active Fresh Yeast gives you full value, because it's full-strength, fast-acting. Bakes better bread, tastier buns.

IF YOU BAKE AT HOME, order Fleischmann's Fresh Yeast from your grocer today. This dependable yeast with the familiar yellow label has been Canada's favorite for over 70 years.

Always fresh... at your grocers

"TWO STRIKE" SUNBURN IS SWEET SUE NOW!

WAIT 'TILL YOU SEE THE DATE! MY GIRL FRIEND GOT FOR YOU... SHE'S A KNOCK-OUT!

I WANT YOU TO MEET SUE!

M-M-M! I BET THEY CALL YOU "SWEET SUE"!

HE THINKS: SWEET SUE, BAH! (MUMBLE-MUMBLE) MORE LIKE "TWO-STRIKE" SUSIE! (MUMBLE-MUMBLE)

SHE THINKS: GOSH! WHY DOESN'T HE STOP MUMBLING TO HIMSELF AND ASK ME TO DANCE AGAIN?

SOME DATE! ONE DANCE AND HE SAT THERE MUMBLING SOMETHING ABOUT "TWO-STRIKE" SUSIE! WHAT COULD HE MEAN?

WELL, ER, SUE, THAT'S A QUICK WAY OF SAYING PEOPLE HAVE "TWO STRIKES" AGAINST THEM IF THEY DON'T HAVE DOUBLE PROTECTION FROM "B.O."

NOBODY WILL EVER CALL ME "TWO-STRIKE" SUSIE AGAIN! LIFEBOUY'S MILD, PURIFYING LATHER GIVES ME BOTH LASTING AND ALL-OVER PROTECTION FROM "B.O." MY-A LIFEBOUY SOAP IS SO REFRESHING... IT MAKES ME FEEL EXTRA FRESH AND CLEAN!

ONLY NEW LIFEBOUY GIVES YOU THESE 3 BIG ADVANTAGES

1. EXCLUSIVE INGREDIENT!
2. WASHING SCENT!
3. EXTRA-PROTECTIVE LATHER!

New Lifebuoy in your bath gives you both all over, and lasting protection against "B.O." Ask for new Lifebuoy—the soap we've been wanting to give you for years.

A FEW WEEKS LATER

SUE, YOU'RE THE SWEETEST GIRL IN THE WORLD!

TO HERSELF! THANK GOODNESS JANE TOLD ME ABOUT LIFEBOUY'S DOUBLE PROTECTION IN TIME!

LIFEBOUY

EVERY PRODUCT