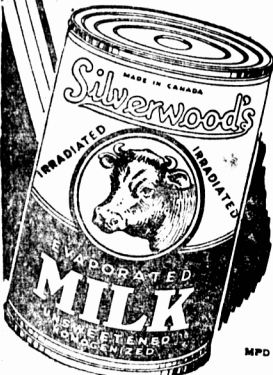


Woman's Realm / Social and Personal / Fashions / Literature

YOU CAN taste THE DIFFERENCE

There really is a big difference in milk. The one with fresh-milk flavor is Silverwood's. Have you tasted it?



Silverwood's
Evaporated Milk

Better English

D. C. Williams

1. What is wrong with this sentence? "We calculate to go next week."
2. What is the correct pronunciation of "promenade"?
3. Which one of these words is misspelled? Drainage, hemorrhage, marriage.
4. What does the word "fluent" mean?
5. What is a word beginning with "t" that means "lightheaded, airy; hence, flippant"?

ANSWERS

1. Say, "We plan to go next week." Primary meaning of calculate is to determine by mathematical process. 2. Pronounce promenade as in on, e as in me unstressed, a as in ah, accent on last syllable. 3. Hemorrhage. 4. Ready in the use of words. "Mr. Brown is a fluent speaker." 5. Volatile.

That Body of Yours

By James W. Barton M. D.

SHORTSIGHTEDNESS IS NOT A DISEASE OF THE EYE

It has been found that some children who appear to be "backward" at school have some defect of eyesight or hearing; when the defect has been corrected their progress is normal for their age.

One of the defects which may alarm parents is shortsightedness which looms large in their minds and may interfere with the progress of the child mentally and physically. In the "Canadian Medical Journal," Dr. A. Lloyd Morgan, surgeon-in-chief, Eye Department, Sick Children's Hospital, Toronto, states that there are many mistaken ideas about shortsightedness or myopia, as it is known in medicine.

From surveys and investigations, Dr. Morgan believes that myopia is not a disease of the eye but a normal process of development. After mentioning at least a dozen theories as to the cause of shortsightedness is caused by the shape of the eyeball. In farsightedness the eyeball is too short and in shortsightedness it is too long.

Because no disease is present and shortsightedness is simply due to a long eyeball, the following advice is timely. "The shortsighted child should not be considered to have a terrible eye disease and the parents should not be told that he may become blind. True shortsightedness is merely an eye with a refraction error which can be corrected. The child should not be treated as an invalid."

Unfortunately, in past years and even today, some eye specialists, if the child shows evidences of shortsightedness, stop all reading, the child is taken out of school for a year, and must avoid all sports. While this method stops the shortsightedness in 50 per cent of cases, Dr. Morgan points out that allowing the youngster to continue at school and correcting his vision stopped the progress of shortsightedness in 70 per cent of nearly 500 cases observed in private practice and in an eye clinic.

Further, a youngster that is taken out of school, told not to read or engage in sports, will develop an eye-invalid complex besides withdrawing into himself and missing all the benefits of group games, which is the greatest factor in preventing odd behavior or other symptoms. Where shortsightedness is a symptom of actual eye disease, the disease causing it must be treated.

SCOURGE

We should all know as much as possible about the two dreaded social diseases—gonorrhoea and syphilis. Send 10 cents and a 3 cent

SMALL FRY by Stig

FRESH!



4 OUT OF 5 SAY THEY PREFER KELLOGG'S YOUR FAMILY WILL TOO. ASK FOR KELLOGG'S WHEN YOU BUY CORN FLAKES!



stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for The Barton Booklet entitled "Scourge."

Household Scrapbook

By Roberta Lee

Salads

When fruits and vegetables that are to be used for salads drain the juice before arranging them on the plates. The food is placed in a colander for a few minutes the juices will drain off quickly.

Wet Shoes

When the tops of shoes are wet stuff them with tissue paper, and they will keep their shape. They should not be dried too quickly because it will make the leather stiff and weak.

Washing Crotonne

Crotonne washed and then rinsed in water in which rice has been cooked will retain their original body.

Modern Etiquette

By Roberta Lee

Q. If a girl does not wish to dance with someone of her acquaintance, is it permissible for her to refuse?

A. Yes, if she has some good reason, but she must make some polite excuse and not dance with anyone else during that dance.

Q. How should a girl secretary refer to her employer?

A. She may say, "Mr. Grant, for whom I work," "Mr. Grant, my employer," or merely, "Mr. Grant," if he does not require identification.

Q. If a guest brings a box of candy to his hostess, should she pass it around to the other guests?

A. Yes, always.

Morning Smile

SOME SALESMAN

The young salesman was looking very depressed on his second day on his new job.

"Come, come!" said the sales manager. "Don't look so down in the mouth. I know it's difficult at first, but you'll soon get into it. When you've had a little more experience you'll get along all right."

"It isn't that," said the young man. "When I got home last night I practiced that sales talk on my wife, and now I've got to buy her a new vacuum cleaner."

How Can I...!

By Anne Ashley

Q. How can I make use of worn bed spreads?

A. Heavy, worn bed spreads make excellent sounding cloths. Fold them to fit the dining room table and then stretch around the edges and through the center several times.

Q. How can I relieve a headache?

A. A headache can often be relieved by placing a pinch of salt on the tongue and allowing it to dissolve. In about ten minutes take a drink of cold water.

Q. How can stains be removed from enamelware?

A. By rubbing with salt moistened with vinegar.

DOROTHY DIX SAYS—

Separate Vacations

Husband, Wife Appreciate Other More After Short Absence

DEAR MISS DIX: How long a vacation should a wife take in the summer?

MRS. R. T.

ANSWER: Long enough for her husband to miss her, but not long enough for him to find out that he can do without her. Or to put it a little more specifically: Long enough for the house to get all cluttered up, all the dishes in the sink and all the towels soiled and all his shirts and collars lost, but not long enough for him to learn how to cook bacon without scorching it, and to remember to send out the laundry. Long enough for him to get lonesome, but not long enough for him to find companionship.

In spite of all that is said by the complacent wives who believe that their husbands never draw a happy breath away from them, I am strong for husbands and wives taking their vacations separately in most cases. For a vacation should be a vacation and it isn't a vacation if it doesn't give us a change.

MARTYRED SPOUSE

Of course, a woman may sacrifice herself, drag off to the woods and spend a miserable time with the mosquitoes and red bugs in order to take the kind of vacation her husband likes. Or the man may martyrize himself by going to a resort hotel with his wife because she wants to show off her new clothes. But in either case the victim is peevish and fault-finding and spoils the pleasure of the other one, as well as being personally wretched.

So why not use a little common sense in deciding the vacation question, and each do what he or she likes and leave the party of the other part to do the same?

DEAR DOROTHY DIX: I am involved in a triangle of circumstances. I am 23, in love with a fellow of the same age who was married to a girl while he was in the service. His father, who was recently divorced because of me, loves me, not knowing I am in love with his son.

Should I marry the father so as to be near his son, hoping that the son and his wife will some day get a divorce and then he can be mine? Or shall I find other interests and give up the man I love?

DESPERATE.

ANSWER: You certainly must be a fast worker, and uninhibited by any morals, if at 23 you already have gotten on my nerves as an elderly man and his wife and are planning to separate his son and his wife. Evidently you must specialize in wrecking families.

Don't you think you have done enough harm in taking Grandpa away from Grandma, without adding to it the appalling crime of marrying the old man so that you may be near his married son for whom you seem to cherish an unwholesome passion? A fiend from hell could think up no more diabolical plot. It makes me feel that you are wasting your talents in home-wrecking. You should go in for writing the sexy novels that are so popular at present. You could add new touches to their plots.

DEAR DOROTHY DIX: I am married to a man who is a very good provider, but he has a fault that has gotten on my nerves so that I can't stand it much longer. He has a vile temper and every time he gets mad he orders me out of the house. I am getting tired of having to pack my bag every time he gets angry.

How can I cure him of this fault?

J. B.

ANSWER: By simply leaving. The next time he orders you out of the house put on your hat and go and don't leave any address behind you. By the time he cools off and gets hungry and comes home to a cold cooking stove and no wife, he will begin to look for you and send out a SOS call for you.

The Stars Say -

By GENEVIEVE KEMBL

For Saturday, July 26

THE astral indications are for a sudden and most propitious move in the direction of expansive and productive events, in which it is justifiable to count upon the cooperation of important personages for increased assets, as well as enhanced prestige and popularity. This may emphasize the social, professional and domestic stability, in which joint efforts and strokes of brilliant performance call for a show of hospitality or celebration.

Those whose birthday it is may be prepared for a year of exceptional promise, in which affairs move into most progressive and expanding lines, with the happiest of results, in financial, professional, social and domestic relations. Enhanced prestige and popularity may incline to celebrations, with much cordiality and hospitality. The mentality as well as sentimental instincts should bring much growth and personal gratification.

A child born on this day possesses much versatility, efficiency and prestige for putting over its cherished objectives, enjoying a pleasant life.

SATIN AND LACE

NEW YORK — One collection

shows a dinner gown of black silk and black Spanish lace, the neck cut high and round, the sleeves long and tightly molded to the arms, the skirt held out with hidden crinolines below the hips to complete a graceful silhouette.

SOMETHING BLUE

NEW YORK — Something blue for the bride in the matter of a headdress may be of pale forget-me-nots used for a little halo, which poses over a short veil. This is the only touch of color with an all-white gown.



Finest YOU CAN BUY

BUTTER-NUT BREAD "Always fresh"

Eastern Baking Limited

Ellen's Diary

By an Island Farmer's Wife

"Could you tell me what little ducks eat?" Jamie wanted to know by phone in a concerned voice this morning. We were at breakfast at the time so James too listened to our chatting. It would take an extremely smart person to carry on a conversation by telephone in a manner satisfactory to all interested, if James be present. In fact, I believe it would baffle even the youngster's Superman. For it is actually carried on between James in his chair and relayed by me with odd additions or subtractions to the one at the far end of the wire. So it was this morning.

"Not ducks!" I exclaimed to Jamie. "Ellen, ask him how many!" James insisted. "Three!" I told him in a low tone, collecting my wits to answer James' queries. "Bread and milk!" I began and "soak it in milk!" James replied. And I had scarcely replaced the receiver when James remembered something in connection with this branch of poultry raising from past years. "Ah, Ellen," he said, passing me his cup then to be replenished "you forgot to tell him to grease their heads!" However, "Karoly!" I heard him contact her presently "be sure to tell him to grease their heads with butter—his grand-mother neglected to tell him that." I could hear Karoly's amused chuckle, then James' answer "I don't know—for lice or something. Many a time I've seen it done. And there's only three! I guess we'll have to give up the duck business!" So Jamie's settin' of Pekin duck eggs is hatched. Almost simultaneously, came news that Jeanie's young black and white Muscovy, daughter to Mattie, of the line of Peter, now resident in another district was abroad with a clutch of seven.

In the conservation these later were surrounded and confined to a pen. At latest reports all are doing nicely.

Our young lady visitor came gaily to her ninth birthday this morning. "Happy Birthday to You, Happy Birthday to You, I sang in cracked and quavery tones when she came down, tardily to her breakfast, her afternoon at the shore lent additional sleep to her pillow. Jamie happened along, when Bob came to continue our hay cutting and soon her mother and small sister arrived to spend the day at Alderlea. Our plan to celebrate the day by eating out of doors was set aside when a shower nearing the table-spreading time sent the youngsters scurrying indoors for shelter. It also brought our workers hastening from the fields, their clothing soaked from the down-pour. I added chips to the fire, in an effort to hurry the dinner and prodded and turned the cooking food hopefully. Jeanie carried a toothsome cake and her daughter from the house across the lane, and at last with her assistance we were able to eat. There was one mildly disturbing incident which for the moment bothered me, but then was lost in a hearty laugh that went the rounds of the family. James upstairs changing into dry clothes, called down to ask for "those old pants, Ellen." "Old pants?" I repeated, my face flushed from my hurrying "why—burnt them!" "Burnt them!" James echoed my words, his voice trailing off at the last.

Then I heard him sink heavily to the edge of the old bed. "And what in?" he commenced and I sprang to close the stair foot door for a hush. Almost unexpectant, had I called down to ask for "those old pants, Ellen." "Old pants?" I repeated, my face flushed from my hurrying "why—burnt them!" "Burnt them!" James echoed my words, his voice trailing off at the last.

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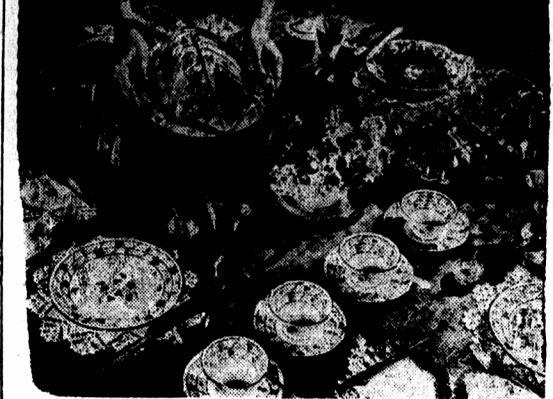
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Golden Crusted .. Delicious .. Wholesome!



STEWART BAKERIES LTD.
CHARLOTTETOWN, P. E. I.

Living & Leisure THE WOMAN'S REALM

When I'm with ordinary folk, my dear, I talk quite sensibly. Of mice and men and war and creeds.

But when you come along, my dear, I'm just the strangest thing. My tongue can't say the smallest words—

But hear my proud heart sing. —Paradise-Sara Fair.

MARSUPIAL MOLARS .. Kangaroos have six teeth in the upper jaw but only two in the lower.

BLOUSES DRESS "UP", "DOWN"

NEW YORK —Blouses, as of old can be counted on to dress a suit "up" or "down," as occasions require, and in the fall showings here there are many surprises when high-buttoned suit jackets are unfurled.

COLORS AND CORDUROY

Colors and corduroy go hand in hand whether in the sun or under a rain cloud. One coat is full length with bellows pockets, a double row of silver buttons and a cotton plaid lining. And made in such colors as cinnamon brown, hunter's green, bright red or just plain gray.

STREET-LENGTH SUIT

NEW YORK —A street-length suit is chosen if the bride must be practical on her wedding day. For

the favored touch of white there is the suit with white linen jacket and slim dark skirt. Other light on dark combinations are pink linen jacket with navy skirt and beige jacket atop a skipper blue skirt.

Prepared **ORANGE PEEL and LEMON PEEL**

Delicious for Cakes, Pies, Puddings, Custards, Cookies, Icings, etc. Distributed by **CLARKE'S Fruit Company**

Needlecrafts FOR THE HOME

STRIKING SUN DRESS

This versatile dress pattern provides for making two versions of a wonderful frock each one a sparkling interpretation of current fashions. You can cut it with a clever button-on yoke, a perfect opportunity for showing your colors in contrast... or with smart button-on shoulder straps to welcome the sun.

No. 2009 is cut in sizes 10, 12, 14, 16, 18, 20, 22, 24, 26, 28 and 30. Size 16 requires 2 1/2 yards 39-inch, 1 1/2 yards 39-inch contrast for the yoke dress; 2 1/2 yards 35-inch for the shoulder strapped dress.

Send 50c for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address Pattern Department, The Charlottetown Guardian, Pattern No. 2009

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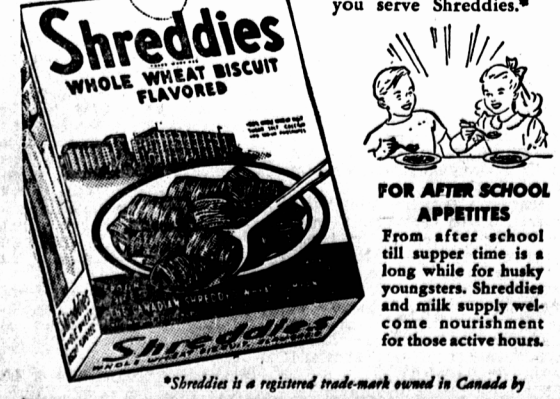
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M-M-M THEY'RE GOOD!

This bright-eyed miss has just joined the ranks of thousands of healthy happy youngsters who have discovered how tasty Shreddies can be, with their milky flavor and whole-wheat goodness. You, too, will hear "M-M-M, they're good" at your breakfast table tomorrow, when you serve Shreddies.



Shreddies WHOLE WHEAT BISCUIT FLAVORED

THE CANADIAN SHREDDED WHEAT COMPANY, LTD. NIAGARA FALLS, CANADA



FOR AFTER SCHOOL APPETITES

From after school till supper time is a long while for husky youngsters. Shreddies and milk supply welcome nourishment for those active hours.

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